



Ealing Arts + Leisure

# diary of events

Drama, Music & Arts  
in the London Borough of Ealing

Issue 182

October / November 2017

[www.ealingarts.org.uk](http://www.ealingarts.org.uk)  
Registered charity no. 290432

# Ealing Arts + Leisure

5 The Knoll, Ealing, W13 8HZ

Chairman : John Hummerston  
 Secretary : Gill Rowley  
 Treasurer : Colin Easton  
 Membership Secretary : Richard Partridge  
 Diary Editor : Richard Partridge

To join Ealing Arts + Leisure, please contact the Chairman on

**Ealing Arts Line: 020 8998 4465**

For event listings (members only!) or to advertise (sizes and prices on our website) in this Diary of Events, please send your information or enquiry to:

**diary@ealingarts.org.uk**

**The copy date for entries in the December 2017 - January 2018 issue is  
 1 November 2017.**

For the latest information and details of all EA+L members, visit the website at **www.ealingarts.org.uk**

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## Watch this space!

The Diary of Events will be looking rather different very soon – perhaps as soon as the next issue. With the aid of consultants, we're dragging our appearance into the twenty-first century, and hopefully making the Diary better-looking and easier to use, both in print and online.

Even the title is going to change: "What's On" is much snappier than "Diary of Events". We'll see if we can put a contents list in the front so you can go straight to the bit you want, and hopefully the whole thing should be more readable.

If you have any ideas to improve the Diary (which can be implemented economically, of course), do let me know by dropping me a line at [diary@ealingarts.org.uk](mailto:diary@ealingarts.org.uk).

Whatever it looks like, we'll still have the same magnificent content from our members. This autumn brings an amazing choice of performances, and you'll want to take a good look at the Drama, Comedy & Poetry starting on page 15, and the Music from page 19 – not forgetting the superb regular chamber music concerts in the Long-term and Regular section from page 22 onwards. And in every section there are societies who'd love you to join – just what's needed as the evenings draw in.

Richard Partridge, Editor

# YOUNGER YEARS

**OCTOBER 2017**

**Saturday October 7th**

## West London Arts Scene (Ealing Autumn Festival)

[www.ealingautumnfestival.co.uk](http://www.ealingautumnfestival.co.uk)

### MAKING YOUR FUTURE

Call for images of People!

Photography workshop launching a community photographic project for everyone who lives, works or studies in Ealing. More details and how to enter your image free of charge at [www.ealingautumnfestival.co.uk](http://www.ealingautumnfestival.co.uk).

2-4pm. Acton Library

Free

Enquiries: 020 8567 7623 / [info@ealingautumnfestival.co.uk](mailto:info@ealingautumnfestival.co.uk)

**Tuesday October 24th**

## Ealing Libraries / West London Arts Scene

[www.ealingautumnfestival.co.uk](http://www.ealingautumnfestival.co.uk)

### THE IMPACT OF AFRICAN BLACK MUSIC ON CLASSICAL MUSIC

A talk

6-7pm. Ealing Central Library, 103 Ealing Broadway Centre W5 5JY

Enquiries: 020 8567 7623 / 020 3700 1052 / [info@ealingautumnfestival.co.uk](mailto:info@ealingautumnfestival.co.uk)

## LONG-TERM & REGULAR EVENTS

**Saturdays**

### Suzanne Gribble - Iyengar Yoga

[www.suzannegribbleyoga.com](http://www.suzannegribbleyoga.com)

[www.facebook.com/SuzanneGribbleIyengarYogaTeacher](https://www.facebook.com/SuzanneGribbleIyengarYogaTeacher)

### TEENS YOGA CLASSES

Iyengar Yoga teenage classes focusing on alignment of the body to improve flexibility, strength and stamina and a quieter mind. Beginners welcome.

12 noon - 1pm, except August (occasional Saturdays – check in advance).

The Studio, OmPhysio, Mount Park Road, W5 2RP

£7 a session (£18 for a block of three)

Enquiries: 07916 145786 / [suzanne.gribble@gmail.com](mailto:suzanne.gribble@gmail.com)

**Weekends, Mondays, Tuesdays, Thursdays**

### Madhurang Dance

#### INDIAN DANCE/ BOLLYWOOD CLASSES

Classes for children and adults. Learn classical dance form Kathak or Bollywood keep fit classes. ISTD approved exams can be taken; this is optional. You can join the classes at any time. This is a fun activity for one and all. Steps are taught slowly and gradually to the learner's ability. Great care is given and attention. Please call for a free trial class.

Northfields Community Centre, 71a Northcroft Road, West Ealing, W13 9SS

Enquiries: 07922 109289 / [crishna8@hotmail.com](mailto:crishna8@hotmail.com)

Wednesdays, Fridays and Saturdays

**Sew What?**

[www.sewwhatcafe.com](http://www.sewwhatcafe.com)

LEARN TO SEW OR GET IT FIXED

Machine sewing classes for total beginners and intermediate skill. Adult class options: Wed/ Fri/ Sat 10.30am & 12.30pm. Separate after school or holiday club classes for children 9+yrs. Repairs and alterations by quote. Call Debbie to chat sewing!  
Garden studio on Brunswick Road, W5 1AH [debbie@sewwhatcafe.com](mailto:debbie@sewwhatcafe.com) / 07946 826338

**ART & CRAFTS**

**OCTOBER 2017**

Saturday 7 October

**West London Arts Scene (Ealing Autumn Festival)**

[www.ealingautumnfestival.co.uk](http://www.ealingautumnfestival.co.uk)

*Younger Years*

MAKING YOUR FUTURE

Call for images of People!

Photography workshop launching a community photographic project for everyone who lives, works or studies in Ealing. More details and how to enter your image free of charge at [www.ealingautumnfestival.co.uk](http://www.ealingautumnfestival.co.uk).

2-4pm. Acton Library. Free

Enquiries: 020 8567 7623 / [info@ealingautumnfestival.co.uk](mailto:info@ealingautumnfestival.co.uk)

**NOVEMBER 2017**

Tuesday 7 - Saturday 11 November

**Ealing Art Group**

[www.ealingartgroup.co.uk](http://www.ealingartgroup.co.uk)

EXHIBITION & SALE OF ORIGINAL ART & CRAFT

Tuesday 7 - Thursday 9: 11am - 5pm

Friday 10th: 3 - 8.30pm

Saturday 11th: 10am - 5pm

St. Barnabas Church, Pitshanger Lane, Ealing W5 1QG

Admission free

Enquiries (secretary): 020 8998 5662 / [ealingartgroup@gmail.com](mailto:ealingartgroup@gmail.com)

**ANNOUNCEMENT**

**BEAT [Borough of Ealing Art Trail]**

[www.ealingbeat.org.uk](http://www.ealingbeat.org.uk)

BEAT is a non-selective, not-for-profit organisation run by artists for artists, holding an annual open studios event over two consecutive weekends every September, during which members open their houses or studios to the public to exhibit and sell their work. Annual membership is £5, available anytime throughout the year, but to take part in the BEAT weekends exhibiting fees are extra, payable in January/February. To exhibit, a member must live or work within the Borough of Ealing. The membership application is on-line at [www.ealingbeat.org.uk](http://www.ealingbeat.org.uk).

For further information, contact [info@ealingbeat.org.uk](mailto:info@ealingbeat.org.uk)

**LONG-TERM & REGULAR EVENTS**

**Lady's Creative Centre** (charity reg no 1041528)

[www.ladyscreativecentre.co.uk](http://www.ladyscreativecentre.co.uk)

Wednesdays: Art classes 10am - 12.30pm (£9/session), & 3-5pm, 5-7pm (£15/2hr session or £20/4hr session), English/citizenship classes 11am - 5pm (donation £2/session).

Thursdays: Art classes 10am - 12.30pm (£9/session). Computer classes (2hr session £10 or £25/person).

Saturdays: Dolls' house museum (entry with donation) & art show (free entry) 10am - 3pm. Persian dance classes 6-8.45pm (£15/session).

Also social events, art & craft shows, bazaars (stalls for hire).

12 Haven Green, Ealing, W5 2UU or locally

Membership £20/year; see event details for additional fees.

Contact: 020 8998 8236 / [lcccharity@aol.com](mailto:lcccharity@aol.com)

Saturdays

**Pamela Lloyd-Jones**

[www.pamelalloydjones.co.uk](http://www.pamelalloydjones.co.uk)

LIFE DRAWING

Tutored workshop with wonderful models. Booking required. Boards and all materials supplied. Bring an easel if you have one.

7 October, 14 November, 2 December. 10am - 1pm. The Brentham Club, 38a Meadvale Road, W5

£22 to include all materials and tea/coffee and biscuits

Enquiries: 07941 938466

Mondays

**The Ealing Lacemakers**

A small, friendly group making a variety of laces, independently run, some tuition available

Every Monday from 11 September except for bank holidays

7.30 - 9.30pm.

Room 2, Northfields Community Centre, 71a Northcroft Road, W13

Enquiries: 020 8991 9338 / [cathyadams@ntlworld.com](mailto:cathyadams@ntlworld.com)

**Ealing Art Group**

[www.ealingartgroup.co.uk](http://www.ealingartgroup.co.uk)

16 November: Illustrated talk by Sonia Bacchus – Women Artists Through the Ages

7.30-9.30pm. Centre for Independent Living, 1 Bayham Road, Ealing, W13 9QT

£4 (members £1)

Enquiries (secretary): 020 8998 5662 / [ealingartgroup@gmail.com](mailto:ealingartgroup@gmail.com)

Mondays, Tuesdays, Wednesdays and Thursdays

**St. Andrew's Art Workshops**

TUTOR-LED WORKSHOPS FOR OIL PAINTING AND MIXED MEDIA

Materials supplied for all groups at small additional charge.

Oil painting workshops include structured courses for beginners.

Beginners welcome. Tutor: ex-college lecturer.

During term-time

Painting: Mon, Tue, Wed 10am - 1pm. £9 per 3hr. session

Mixed media: Thurs 10am - 12.30pm. £8 per 2½hr session

St Andrew's Church Centre, Mount Park Rd., Ealing W5

Enquiries: 020 8998 8435

**Mondays, Tuesdays and Saturdays****The 4020 Art Group**[www.4020artgroup.co.uk](http://www.4020artgroup.co.uk)

DRAWING AND PAINTING CLASSES FOR ALL

We are a friendly bunch of amateur artists with our own studio and professional tutors. We offer a varied programme of high quality teaching for all. Beginners and more experienced artists welcome.

Weekly term-time classes: 11 September - 5 December

Mondays: 10am - 1pm or 2 - 5pm : Tuesdays: 10am - 1pm

£200 for 12 weeks (half-term 23 - 27 October)

Art class for teenagers – Painting and drawing in the classical style

Saturday classes suitable for young people aged 12-16 years

For more information contact Joanna Broom: 07828 908582 / [jb@gmail.com](mailto:jb@gmail.com)

Specialist short courses and evening classes run by professional tutors

Hanwell Community Centre, Westcott Crescent, W7 1PD See [www.4020artgroup.co.uk](http://www.4020artgroup.co.uk) for detailsMembership enquiries: 07535 347764 / [membership@4020artgroup.co.uk](mailto:membership@4020artgroup.co.uk)**Tuesdays****Watercolour Painting at Northfields Community Centre**

Mixed ability watercolour painting classes with tutor Patricia Burbidge. We experiment with colour mixing, still life and landscape composition using a variety of watercolour techniques.

19 September - 28 November: Room 1, Northfields Community Centre, 71a Northcroft Road, W13

10am-12.30pm: £85 for 10 weeks, 1-4pm: £90 for 10 weeks

Enquiries: 020 8891 5115

**Pamela Lloyd-Jones**[www.pamelalloydjones.co.uk](http://www.pamelalloydjones.co.uk)

ART CLASSES

Following 2 exciting terms of drawing techniques, and creative practice, we are painting in acrylics.

12 September - 12 December (half term: 24 October)

10am - 12 noon or 1-3pm. The Brentham Club, 38a Meadvale Rd. Ealing W5

£116.50 for 12 week term or £13 per session

Enquiries: 07941 938466

**Wednesdays****Ealing Flower Club**

Follow us on Facebook: "Ealing Flower Club"

FLORAL DESIGN DEMONSTRATIONS and WORKSHOP

18 October: Do you need Sources of Inspiration? Join us and learn how Stephaine

Cornell gets hers – it will inspire you.

15 November: Need hands on experience? Tonight is the night. Bring red flowers

and your scissors – greenery provided. Or you can get your inspiration by just watching.

7pm for 7.30 start. St Barnabas Church, Pitshanger Lane, London W5 1QG (buses E2 or E9; parking in the road). Visitors welcome: £5.50 per session. Membership now open for new members.

Enquiries (Christine): 020 8998 8228 / [smtpearce@btinternet.com](mailto:smtpearce@btinternet.com)**Wednesdays, Fridays and Saturdays****Sew What?**[www.sewwhatcafe.com](http://www.sewwhatcafe.com)

LEARN TO SEW OR GET IT FIXED

**Younger Years**

Machine sewing classes for total beginners and intermediate skill. Adult class options:

Wed/ Fri/ Sat 10.30am &amp; 12.30pm. Separate after school or holiday club classes for

children 9+yrs. Repairs and alterations by quote. Call Debbie to chat sewing!

Garden studio on Brunswick Road, W5 1AH

[debbie@sewwhatcafe.com](mailto:debbie@sewwhatcafe.com) / 07946 826338**Thursdays****Ealing Quilters**

19 October: Foundation pieced strips into blocks

16 November: Rope Coil Pots

7.30pm. Ealing Centre for Independent Living (ECIL), 1 Bayham Road, West Ealing, W13 0TQ

£4 (members free)

Enquiries: 020 8998 6023 or 07757 911740

**Ealing & Hampshire House Photographic Society**[www.ehhps.org.uk](http://www.ehhps.org.uk)

We are a friendly and very sociable group of photographers making up one of the world's longest-established Photographic Societies.

We meet weekly for talks, practicals, and competitions, both Print and Projected.

All levels welcome - come and try us out!

7.45 for 8 - 10pm. Ealing Town Hall – with occasional exceptions: see

<http://www.ehhps.org.uk/event-calendar/>

Our membership rates are very reasonable but your first visit is free.

Enquiries: [publicity@ehhps.org.uk](mailto:publicity@ehhps.org.uk)**CULTURE AND LEARNING****ANNOUNCEMENTS****Grassroots Arts Forum**[www.ubol.com](http://www.ubol.com) / [www.adgfac.com](http://www.adgfac.com)

TRIUMPH OF THE GRASSROOTS - British Social History 1972-2012

The Vince Hines Foundation is currently showcasing its past forty years of community development work on YouTube.

See: <https://youtu.be/PIH8JWnJUyY>**Friends of Marcq-en-Baroeul**[www.fomeb.eu](http://www.fomeb.eu)

EALING'S TWIN TOWN IN FRANCE

The Friends of Marcq is a local group promoting friendship and activities between Ealing and Marcq-en-Baroeul, which is close to Lille, so easily accessible. Knowledge of French is not necessary for many of the organised events. We offer exchange visits to France for language and cultural weekends, staying with French hosts. There are also French classes at various levels, and a variety of activities throughout the year in Ealing.

Enquiries: 020 8991 9685 / 020 8568 6159

**OCTOBER 2017****Tuesday October 24th****Ealing Libraries / West London Arts Scene**[www.ealingautumnfestival.co.uk](http://www.ealingautumnfestival.co.uk)

THE IMPACT OF AFRICAN BLACK MUSIC ON CLASSICAL MUSIC

**Younger Years**

A talk

6-7pm. Ealing Central Library, 103 Ealing Broadway Centre W5 5JY

Enquiries: 020 8567 7623 / 020 3700 1052 / [info@ealingautumnfestival.co.uk](mailto:info@ealingautumnfestival.co.uk)



The Himalayan Institute of Yoga Science and  
Philosophy

## *A pathway to inner peace*

*Introduction to methods of relaxation, breathing concentration and meditation that, with practice, help lead towards a state of consciousness where the mind is calm, focused and free from its roaming tendencies.*

Ealing Friends Meeting House, 17 Woodville Road, W5 2SE

Course starts: Wednesday, 6<sup>th</sup> September to 15<sup>th</sup> November  
(10 weeks)

£70 full course, £35 for any 5 sessions Walk-ins: £10

Time: 6.15 – 7.45 pm

Enquiries & further information: contact Lisa 020 8567 8889

Email: [enquiries@himalayaninstitute.org.uk](mailto:enquiries@himalayaninstitute.org.uk)

### NOVEMBER 2017

Please see Himalayan Institute advert overleaf

#### LONG-TERM & REGULAR EVENTS

##### Mondays

#### **Ealing Decorative and Fine Arts Society**

[www.edfas.org.uk](http://www.edfas.org.uk)

16 October: Daniel Snowman – “The Covent Garden Piazza from Inigo Jones to Bernard Shaw”

20 November: Alan Read – “The Inventors of Christmas”

8pm. William Barry Theatre, Univ of West London. W5 5RF

Visitors welcome. £7 to non-members, full-time students £3

Further details see website: [www.edfas.org.uk](http://www.edfas.org.uk)

#### **Ealing Red Lion Readers**

<https://redlionreadersealing.wordpress.com/>

We are an informal book group and welcome new members. We read and discuss a wide variety of books including contemporary fiction. Our meetings are monthly, and once a year we visit the theatre to see a play such as Rattigan’s *French Without Tears*. First Monday in month, 7.30pm. Red Lion, 13 St Mary’s Road, W5 5RA

Enquiries (Hazel): [hazannewilliams@gmail.com](mailto:hazannewilliams@gmail.com)

#### **Colette Wilson French Cultural Courses**

PARIS THE MODERN CITY: 1848-1914

Explore how Paris became such a powerhouse for literary, artistic and technological innovation. Impressionism, Cubism, Architecture, Photography, Baudelaire, Zola, Maupassant and more. Taught in English with texts in translation plus notes.

1.45 - 3.45pm. Quaker Meeting House, 17 Woodville Rd., London, W5 2SE

POST-WAR PARIS: EXISTENTIALISM, ART AND PROTEST

Travel back to Paris from the end of the Second World War to the 1990s: new forms of art and literature, New Wave Cinema, Existentialist philosophy, consumer boom, end of colonisation, May 1968. Taught in English with texts in translation and notes provided.

4 - 6pm. Quaker Meeting House, 17 Woodville Rd., London, W5 2SE

£120 for each 10 week course, 2 hours/week

Enquiries: [wilson\\_colette@btinternet.com](mailto:wilson_colette@btinternet.com)

##### Tuesdays

#### **Historical Association: Ealing Branch**

<http://ealinghistory.org.uk/>

*The Historical Association is open to everyone who is interested in History, both world, national and local, and its relevance to our own times. We meet regularly on the second Tuesday of each month. There will also be organised outings to places of historical interest, one in the autumn and another in the spring.*

10 October: Adam Smith (Senior Lecturer U.C.L.) – “The entry of the United States into WW1”

14 November: Stephan Rigg (Lecturer and Historical Assoc. Rugby) – “Warsaw, Europe’s City of Suffering and Tears”

7pm for 7.30pm. The Parlour, Ealing Green Church, Ealing Green, London W5 5QT

£5 (members free)

Enquiries: 020 8567 6554 / [pierre.thomas@btinternet.com](mailto:pierre.thomas@btinternet.com)

Himalayan Institute of Yoga Science & Philosophy.  
[www.himalayaninstitute.org.uk](http://www.himalayaninstitute.org.uk) Reg. charity 1048336

## Understanding Ayurveda.

by Angela Hope-Murray.

MSc Ayur. MA. BSc Ost. DO. HCPC reg Pod.  
 Author of "Ayurveda for Dummies" & "Healing with Ayurveda".

**Saturday 11<sup>th</sup> November 2017.**

**9.15am – 4.30pm.**

**Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE**

A day explaining AYURVEDA – the comprehensive natural healthcare system that originated in India 5,000 years ago, and which is still used there today. This event aims to help people understand their own individual make-up and learn appropriate diet and life-style strategies for maintaining health and coping with stress.

### Programme

*Registration (9.15am)*

#### 9.30 – 10.45 Fundamentals of Ayurveda;

- # The 3 doshas (Kapha, Pitta & Vata).
- # Assessing one's Ayurvedic type.

*Coffee break*

#### 11.15 – 12.30pm Understanding disease.

- # Accumulation & spread of toxins.
- # Inner wisdom & avoiding disease.
- # Reducing insomnia. Caring for the senses

*Lunch [soup, bread & cheese]*

#### 1.45 - 3.00pm Healthy eating.

- # Flavours & emotions. Maintaining digestive fire.
- # Diet to suit your type & season.
- # Bad food combinations.

*Break*

#### 3.15 – 4.30 Remedies for common conditions;

- # Acidity, bloating, arthritis, weight gain etc.
- # Questions & Answers

.....

*Pleasant venue with easy parking. Lunch provided.*

*Bookshop; wide range of titles on Ayurveda, yoga, meditation, philosophy.*

To book, contact Lisa Schlotmann;

**[enquiries@himalayaninstitute.org.uk](mailto:enquiries@himalayaninstitute.org.uk) 020 8567 8889**

Fee £60. [Institute members; £30] [£10 deposit on booking]

### Tuesdays continued

#### Ealing National Trust Association

[www.ealingnt.org.uk](http://www.ealingnt.org.uk)

3 October, 7.30pm: "Dinefwr, a Phoenix in Wales", by Mr Gerald Morgan. A history of the home of the Dynevor family, and its salvation by the National Trust.

7 November, 2pm: "The Rebuilding of St Paul's Cathedral after the Great Fire of London in 1666", by Ms Yvonne Jackman.

Times as above. Parish Hall, Christ Church, Ealing Broadway

£3 (members free)

Enquiries: 020 8567 9517

### Wednesdays

#### Workers' Educational Association

[wea.org.uk/london](http://wea.org.uk/london)

ARCHITECTURE APPRECIATION

French architecture and interior decoration from 1100 to the present day

10am - 12 noon from 27 September. Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE

10 sessions (half-term November 1st) £84

Enquiries: 020 8571 2138

Enrol and pay online at: [enrolonline.wea.org.uk](http://enrolonline.wea.org.uk)

### Wednesdays and Saturdays

#### Hanwell & Ealing Heritage Museum

Facebook: Hanwell & Ealing Heritage Museum

DISPLAY OF BRITISH-MADE DOMESTIC ARTEFACTS

AND LOCAL HISTORY RESOURCE

Open Wednesdays and Saturdays. School visits by arrangement.

11am - 3pm. Hanwell Community Centre, Westcott Crescent (top of Cuckoo Avenue), W7

Adults £2, children £1

Enquiries: 020 8579 0178 (07889 033201 when open) / [davidblackwell99@gmail.com](mailto:davidblackwell99@gmail.com)

### Thursdays

#### Ealing University of the Third Age

[u3asites.org.uk/ealing](http://u3asites.org.uk/ealing)

LECTURES

5 October: The Questors Roadshow – "Down our High Street"

12 October: Lee Davies – "Fungi: how to save the world"

19 October: Photographic Competition

26 October: Mike Beech – "The occupations of Victorian Britain"

2 November: Michael Beacock – "The lost village of Heathrow"

9 November: Ian Richardson & Margaret Martin – "Desert Island Discs"

16 November: Angela Barnfather – "The streets of Ealing"

23 November: Sarah Turvey – "What books can do behind bars: reading groups in prison"

30 November: Ian Currie – "Storms, Tempests and Hurricanes"

11.15am - 12 noon. Ealing Green Church

£3 (members free)

Enquiries: 020 8127 5835

#### The Himalayan Institute of Yoga Science and Philosophy

MEDITATION / PHILOSOPHY

[www.himalayaninstitute.org.uk](http://www.himalayaninstitute.org.uk)

8-9.30pm, Thursdays 7 September - 14 December.

Ealing Friends' Meeting House, 17 Woodville Rd., W5 2SE

£98 for full course, or £35 for any 5 sessions

Enquiries: 020 8567 8889 / [enquiries@himalayaninstitute.org.uk](mailto:enquiries@himalayaninstitute.org.uk)

## Fridays

**Workers' Educational Association**[wea.org.uk/london](http://wea.org.uk/london)

## ART HISTORY: SELF-PORTRAITS

Why do artists paint themselves? Rembrandt, Kahlo, Freud, Van Gogh and more.

2.30 - 4.30pm from 29 September. Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE

11 sessions (half-term 3 November) £92.40

Enquiries: 020 8571 2138

Enrol and pay online at: [enrolonline.wea.org.uk](http://enrolonline.wea.org.uk)

## DANCE AND MOVEMENT

### LONG-TERM & REGULAR EVENTS

## Saturdays

**Suzanne Gribble - Iyengar Yoga**[www.suzannegribbleyoga.com](http://www.suzannegribbleyoga.com)[www.facebook.com/SuzanneGribbleIyengarYogaTeacher](http://www.facebook.com/SuzanneGribbleIyengarYogaTeacher)

## TEENS YOGA CLASSES

*Younger Years*

Iyengar Yoga teenage classes focusing on alignment of the body to improve flexibility, strength and stamina and a quieter mind. Beginners welcome.

12 noon - 1pm (occasional Saturdays - check in advance).

The Studio, OmPhysio, Mount Park Road, W5 2RP

£7 a session (£18 for a block of three) Enquiries: 07916 145786 / [suzanne.gribble@gmail.com](mailto:suzanne.gribble@gmail.com)

## Weekdays and evenings

**Susan Jervis**[www.pilatesw5.com](http://www.pilatesw5.com)

## PILATES STUDIO

Custom one-to-one sessions taken by a qualified physiotherapist specialising in rehabilitation, including back and chronic pain, as well as for people who want to improve their posture and flexibility. Held in a bright studio with full pilates equipment, reformer, trapeze table, etc. See web for more details. Introducing the new "Core-Aline" machine to improve the mechanics of walking and lower body strength.

Montpelier Road, Ealing

Enquiries: 07796 663174 / [susan@kineticconsulting.co.uk](mailto:susan@kineticconsulting.co.uk)

## Weekends, Mondays, Tuesdays, Thursdays

**Madhurang Dance**

## INDIAN DANCE / BOLLYWOOD CLASSES

*Younger Years*

Classes for children and adults. Learn classical dance form Kathak or Bollywood keep fit classes. ISTD approved exams can be taken; this is optional. You can join the classes at any time. This is a fun activity for one and all. Steps are taught slowly and gradually to the learner's ability. Great care is given and attention. Please call for a free trial class.

Northfields Community Centre, 71a Northcroft Road, West Ealing, W13 9SS

Enquiries: 07922 109289 / [crishna8@hotmail.com](mailto:crishna8@hotmail.com)

## Mondays

**Ealing Country Dance Club**[www.ealingfolk.org.uk](http://www.ealingfolk.org.uk)

50+? If you'd like to do something different and make new friends, come and try the gentle exercise of traditional English folk dancing. Men and women, singles and couples are all welcome to our friendly club nights.

2, 30 October, 6, 20 November: 8-10pm, £4.50

St Barnabas Church Hall, Pitshanger Lane, W5 1QG

Contact: 020 8998 6281 / [enquiries@ealingfolk.org.uk](mailto:enquiries@ealingfolk.org.uk)

**Shaw School of Dance**

## BALLROOM and LATIN-AMERICAN DANCE CLASSES

Beginners: 8 - 9pm

Improvers: 9 - 10pm

Monday evenings except bank holidays.

All Saints' Church Hall, Elm Grove Road, Ealing, W5 3JH

£7 per class

Enquiries (Val): 020 3638 6923

**Suzanne Gribble - Iyengar Yoga**[www.suzannegribbleyoga.com](http://www.suzannegribbleyoga.com)[www.facebook.com/SuzanneGribbleIyengarYogaTeacher](http://www.facebook.com/SuzanneGribbleIyengarYogaTeacher)

General Iyengar Yoga classes focusing on alignment of the body to help improve flexibility, strength and stamina and a quieter mind

9.15 - 10.45am and 11am - 12.30pm. Northfields Community Centre, W13 9SS

£60 for block of 6, £108 for block of 12, £12 drop in

Enquiries: 07916 145786 / [suzanne.gribble@gmail.com](mailto:suzanne.gribble@gmail.com)

## Tuesdays

**West London Backcare**

## BACKCARE EXERCISE PROGRAMME

Gentle exercise for those suffering from back problems and returning to exercise after illness. Please bring a mat.

10.55-11.55am (term-time only).

St Andrew's Church Centre, Mount Park Road, W5 2RS.

£7

Enquiries: 020 8997 4848

**Yoga With Loretta**[www.yogaloretta.co.uk](http://www.yogaloretta.co.uk)

Experienced and Beginners welcomed! Join our warm and friendly class to gain strength and flexibility, improve posture and alignment, with mindfulness. You may be gently challenged to push yourself ... and keep smiling!

7.30 - 9pm. St Peter's Church Hall, 56 Mount Park Rd, Ealing W5 2RU

£9 drop in; £8 if paid in a block

Enquiries: 020 8845 7873 / [shape.tone@blueyonder.co.uk](mailto:shape.tone@blueyonder.co.uk)

**The Himalayan Institute of Yoga Science and Philosophy**[www.himalayaninstitute.org.uk](http://www.himalayaninstitute.org.uk)

## YOGA, MIXED ABILITY AND BEGINNERS (10 - 11.30am)

General Hatha Yoga class for both experienced students and beginners

MINDFUL YOGA (11.30am - 1pm)

Gentle Yoga postures combined with learning to meditate and breathing exercises for a more inclusive practice.

to 12 December

Ealing Friends' Meeting House, 17 Woodville Rd., W5 2SE

Each class £6 per session

Enquiries: 020 8567 8889

## Tuesdays continued

**West London Dancing**[www.holidayanddance.co.uk](http://www.holidayanddance.co.uk)

## CLASSES FOR ALL &amp; NEW WEEKLY SOCIAL DANCE

Weekly classes in Ballroom and Latin American for Starters (7.30 - 8.30pm) and Intermediates (7.30 - 9.45pm) in small ballroom.

New weekly Social Dance (opening night 26 September) in the outstanding and spacious ballroom 7.45 - 10pm. Great dance music, candlelit tables and atmospheric lighting, BYO drinks and nibbles. Free parking.

Greenford Hall, Ruislip Road, Greenford, Middx. UB6 9QN.

£6/7 *Enquiries: 01895 632143 / info@holidayanddance.co.uk*

**Greenford & District Caledonian Association**

## SCOTTISH COUNTRY DANCING

[www.greenfordcaledonian.net](http://www.greenfordcaledonian.net)

All levels of dancing welcome – Beginners or Experienced

8 - 10pm. Royal British Legion Greenford, 182 Oldfield Lane South, UB6 9JS

£2 (members £1.50) *Enquiries: enquiries@greenfordcaledonian.net*

## Tuesdays, Wednesdays and Thursdays

**The Himalayan Institute of Yoga Science and Philosophy**[www.himalayaninstitute.org.uk](http://www.himalayaninstitute.org.uk)

## MIXED ABILITY AND BEGINNERS' YOGA

8-9.15pm. Tuesdays 5 September - 12 December. £112 for full course, £40 for any 5 sessions

St. Andrew's CC, Mount Park Road, Ealing W5 2RS

## INTERMEDIATE YOGA

8-9.30pm, Tuesdays 5 September - 12 December. £112 for full course, £40 for any 5 sessions

St Barnabas CC, Pitshanger Lane, Ealing W5 1112

## INTERMEDIATE YOGA

8-9.30pm, Wednesdays 6 September - 13 December. £112 for full course, £40 for any 5 sessions

Ealing Friends' Meeting House, 17 Woodville Road, Ealing W5 2SE

## MIXED ABILITY YOGA

6.30-8pm, Thursdays 7 September - 14 December. £112 for full course, £40 for any 5 sessions

Ealing Friends' Meeting House, 17 Woodville Road, Ealing W5 2SE

*Enquiries: 020 8567 8889 / enquiries@himalayaninstitute.org.uk*

## Tuesdays and Fridays

**Spritely Fitness**[www.spritely-fitness.co.uk](http://www.spritely-fitness.co.uk)

Exercise class for people in their 50's, 60's, 70's and beyond. This is a fun and social class including dance aerobics for a healthy heart and resistance exercises for conditioning muscles and bones.

Tuesdays: 9.45am. St Mary's Church Hall, 1 Acton High Street, London W3 9NW

Fridays: 10.30am. Ealing Green Church Hall, Ealing, W5 5QT

£6 *Enquiries: paul@gunnersbury-fitness.co.uk*

## Wednesdays

**Suzanne Gribble - Iyengar Yoga**[www.suzannegribbleyoga.com](http://www.suzannegribbleyoga.com)[www.facebook.com/SuzanneGribbleIyengarYogaTeacher](http://www.facebook.com/SuzanneGribbleIyengarYogaTeacher)

General Iyengar Yoga classes focusing on alignment of the body to help improve flexibility, strength and stamina and a quieter mind.

9.15 - 10.45am. Northfields Community Centre, W13 9SS

£60 for block of 6, £108 for block of 12, £12 drop-in

*Enquiries: 07916 145786 / suzanne.gribble@gmail.com*

## Thursdays

**Shape & Tone**

## SHAPE &amp; TONE EXERCISE CLASS

Varied exercises for strength, stamina and flexibility. Fun workout for all abilities.

Most Thursdays throughout the year.

7.15 - 8.30pm. Room No. 1, Northfields Community Centre, 71a Northcroft Road, W13

£6 *Enquiries: 020 8845 7873 / shape.tone@blueyonder.co.uk*

## Fridays

**Suzanne Gribble - Iyengar Yoga**[www.suzannegribbleyoga.com](http://www.suzannegribbleyoga.com)[www.facebook.com/SuzanneGribbleIyengarYogaTeacher](http://www.facebook.com/SuzanneGribbleIyengarYogaTeacher)

General Iyengar Yoga classes focusing on alignment of the body to help improve flexibility, strength and stamina and a quieter mind. Beginners welcome.

10.30am - 12 noon. The Studio, OmPhysio, Mount Park Road, W5 2RP

£60 for block of 6, £108 for block of 12, £12 drop in

*Enquiries: 07916 145786 / suzanne.gribble@gmail.com*

**DRAMA, COMEDY AND POETRY**

## OCTOBER - NOVEMBER 2017

## Friday 29 September - Saturday 7 October

**The Questors Theatre**[www.questors.org.uk](http://www.questors.org.uk)

## ENDGAME

Hell really is other people in this bleak comedy by master of the absurd Samuel Beckett. Hamm and his servant Clov are trapped together in an apparently post-apocalyptic world where almost everything outside has died. How better than to while away time than in driving each other mad? A dark comedy indeed.

7.45pm (Sunday 2.30pm, no performance Monday). The Questors Theatre, Mattock Lane, Ealing

From £7 (see website for details) *Box office: 020 8567 5184*

## Thursday 26 October

**Conjuring at the Court**[www.conjuringatthecourt.com](http://www.conjuringatthecourt.com)

Witness the impossible as top magicians take to the stage! Vintage magic from Will Houstoun; beautiful astonishment from Michael Vadini; mind-reading by Roberto Forzoni; and magic with dance from Sabine van Diemen. Compere Russell Levinson.

Doors open 7.30pm. Show 8-10pm with an interval.

Drayton Court, 2 The Avenue, West Ealing, W13 8PH

£11 in advance, £12 on the night *Enquiries: 07775 587708 / tickets@conjuringatthecourt.com*



Friday 27 October - Saturday 4 November

**The Questors Theatre**[www.questors.org.uk](http://www.questors.org.uk)

## THE EFFECT

Tristan and Connie are guinea-pigs in a clinical trial for a new anti-depressant. Locked in for the duration of the trial, they develop intense feelings for each other, but is it love or a side-effect? Does it matter? Lucy Prebble's *The Effect* asks us, are we more than the sum total of our chemistry?

7.45pm (Sunday 2.30pm, no performance Monday). The Questors Theatre, Mattock Lane, Ealing  
From £7 (see website for details) *Box office: 020 8567 5184*

Friday 3 - Saturday 11 November

**The Questors Theatre**[www.questors.org.uk](http://www.questors.org.uk)

## SEASON'S GREETINGS

It's Christmas at the Bunkers'. The men watch TV and go down the pub. The women cook and look after the kids. It's the same every year. Except this year Rachel has brought a (handsome, male) friend and hilarity ensues. Alan Ayckbourn's *Season's Greetings* is the perfect antidote to forced Christmas cheer.

7.45pm (Sunday 2.30pm, no performance Monday). The Questors Theatre, Mattock Lane, Ealing  
From £7 (please see website for details) *Box office: 020 8567 5184*

Thursday 9 - Saturday 11 November

**Popup Theatre**

THIS MAY HURT A BIT – a play by Stella Feehily

The play starts with Nye Bevan speaking for the NHS. Then a modern briefing for PMs questions which attempts to justify the Health and Social Care Act of 2013 but the senior civil servant, in a moment of rare honesty, says it's "utter b\*\*\*\*\*s". From here we enter the Harrington Hospital and chart the experiences of one family, two other patients, one corpse and the overworked staff. There are surreal moments where the Grim Reaper, Nye Bevan and Churchill join in the action and Maggie Thatcher appears in a strange guise. This play is an unashamed call to save our NHS, with a blend of extreme anger and dark comedy.

7.45pm. Questors Studio Theatre, 12, Mattock Lane, Ealing, W5 5BQ  
£8 (concessions £7) *Box office: 020 8567 5184 / www.questors.org.uk*  
*Enquiries: beewolfie@talk21.com*

Tuesday 21 - Saturday 25 November

**Theatre West 4**[www.theatrewestfour.co.uk](http://www.theatrewestfour.co.uk)

## Oliver Goldsmith's SHE STOOPS TO CONQUER

7.30pm (Saturday matinee 2.30pm). Questors Studio Theatre  
£13 (concessions and matinee £10)

*Box office: 020 8567 5184*

Thursday 30 November

**Conjuring at the Court**[www.conjuringatthecourt.com](http://www.conjuringatthecourt.com)

Fabulous magic from amazing performers! Stylish Edwardian magic from Alexander Wells; subtle mysteries from A J Green; magic with ballet by Megan Knowles-Bacon; and ventriloquial hilarity from John Kimmons.

Doors open 7.30pm. Show 8-10pm with an interval.  
Drayton Court, 2 The Avenue, West Ealing, W13 8PH  
£11 in advance, £12 on the night *Enquiries: 07775 587708 / tickets@conjuringatthecourt.com*

## LONG-TERM &amp; REGULAR EVENTS

Tuesdays

**Rainbow Poetry Group**

If you enjoy poetry on a wide range of subjects, we invite you to our informal monthly meetings at Hanwell Library (on the second Tuesday). We read and discuss published poems, usually with a specific theme each month.

Next meetings: 10 October (theme to be confirmed), 14 November (Matthew Arnold).  
2.30pm. Hanwell Library, Cherington Road, W7 *Enquiries: 020 8567 4397 / donkennedy@f2s.com*

## LEISURE

OCTOBER 2017

Friday 6 October

**North Ealing Wine Tasting Society (NEWTS)**[www.newtsealing.org](http://www.newtsealing.org)

## THE FAMILY OF TWELVE NEW ZEALAND WINEMAKERS

Join us for a tasting of wines from The Family of Twelve New Zealand Winemakers with Deborah Zbinden.

8pm. St Barnabas Millennium Hall, Pitshanger Lane, W5 1QG  
£20. Admission by prior application.

*Enquiries: 020 8566 7373 / 020 8997 8132 / newtsealing@gmail.com*

Monday 16 October

**Charlemagne Wine Club**[www.charlemagnewineclub.co.uk](http://www.charlemagnewineclub.co.uk)

## TEJO

Succulent wines from the vineyards of the River Tagus in the heart of Portugal. Presented by Andrew Price.

8pm. The Forester, 2 Leighton Road, W13 9EP  
Admission by prior application

*Enquiries: cwc@charlemagnewineclub.co.uk*

Sunday 22 October

**West London Birders**

Facebook "West London Birders"

Join us for a car outing to Frensham Ponds, Surrey for heathland birds including Woodlark, Dartford Warbler and Stonechat.

8am. Depart from Longfield Avenue by Ealing Town Hall

*Enquiries (Nigel Dodd): 020 8998 3284 / nigel125@btinternet.com*

NOVEMBER 2017

Friday 3 November

**North Ealing Wine Tasting Society (NEWTS)**[www.newtsealing.org](http://www.newtsealing.org)

Join us for a tasting of quality wines.

8pm. St Barnabas Millennium Hall, Pitshanger Lane, W5 1QG  
£20. Admission by prior application.

*Enquiries: 020 8566 7373 / 020 8997 8132 / newtsealing@gmail.com*

**Monday 20 November****Charlemagne Wine Club**[www.charlemagnewineclub.co.uk](http://www.charlemagnewineclub.co.uk)

A selection of fine wines to tickle your palate. See our website or Facebook page for more details.

8pm. The Forester, 2 Leighton Road, W13 9EP

Admission by prior application

Enquiries: [cwc@charlemagnewineclub.co.uk](mailto:cwc@charlemagnewineclub.co.uk)

**LONG-TERM & REGULAR EVENTS****Saturdays and Sundays (some weekdays)****West London Group of Ramblers Association**[www.westlondonramblers.org.uk](http://www.westlondonramblers.org.uk)

Make new friends, improve your health and enjoy our lovely town and countryside.

Walks are 4-14+ miles, led by volunteers and carefully graded. Railway station start, usually lunchtime pub stop. No charge, but after a couple of 'tasters' you will need to join the RA. For details see website, phone or email.

Contact: 020 8863 6523 / [westlondongroup@yahoo.co.uk](mailto:westlondongroup@yahoo.co.uk)

**Sundays****Ealing Outdoor Club**[www.ealingoutdoorclub.org.uk](http://www.ealingoutdoorclub.org.uk)

We are a friendly walking group and have full day walks on Sundays led by experienced walkers, and we organise walking trips away. We have a monthly evening social event. We walk in the countryside in the Chilterns and Surrey, and have local walks. Walks range from 8-16 miles in length with a pub or picnic stop for lunch. We have walks where we meet in Ealing and then drive to the starting place, and walks that use public transport. Please see our website for the current programme of events.

Enquiries: [ealingoutdoorclub@hotmail.com](mailto:ealingoutdoorclub@hotmail.com)

**Club West**[www.clubwest.org.uk](http://www.clubwest.org.uk)

PUB LUNCHES and COFFEE MORNINGS for UNATTACHED OVER-50s

We meet every Sunday for lunch and drinks in a pub somewhere in Ealing, Chiswick, Hammersmith or Richmond. We also meet midweek for coffee, quizzes and other activities. The *Club West* sign will be on one of our tables. No need to book.

12.30. A pub in West London

Enquiries: 020 8992 6134

**Mondays - Fridays****StayActive4Life**[StayActive4Life.co.uk](http://StayActive4Life.co.uk)

REDUCE YOUR RISK OF FALLING

with the EALING STRENGTH AND BALANCE PROGRAMME!

- This is a programme for people with self-reported concerns about balance or a fear of falling, and for people with a desire to improve their strength and balance.
- The programme is free, but all participants must be able to commit to attending the full 10 weeks.
- Please contact us for your local class.

Enquiries: 020 8574 7785 / [Admin@StayActive4Life.co.uk](mailto:Admin@StayActive4Life.co.uk)

**Wednesdays****CLAN Social Club**

Are you single? Over 50? Enjoy socialising? Come and find out more over a cup of coffee. Meet members and see a programme of current events.

1st Wednesday of the month, 11am at a coffee shop near you, in Ealing and surrounding areas.

Free Enquiries: Keith 020 8571 2145 or Bette 07446 300007

**Thursdays****CLAN Social Club**

Another chance to find out more about our friendly social club for unattached over 50's. Come along for a chat and find out about our current programme of events.

2nd Thursday every month, 8pm.

The Royal (Harvester) pub, Boston Road (nearest station Boston Manor)

Enquiries: Keith 020 8571 2145 or Bette 07446 300007

**MUSIC****OCTOBER 2017****Saturday 7 October****Ealing Symphony Orchestra**[www.ealingso.org.uk](http://www.ealingso.org.uk)

*Apocalypse Now*

SHOSTAKOVICH: October

Barbara THOMPSON: Concerto for Saxophones

HOLST: The Perfect Fool suite

PROKOFIEV: Symphony No. 4

Jess Gillam (saxophones), Ealing Symphony Orchestra, conductor John Gibbons

7.30pm. St Martin's Church, Hale Gardens, London W3 9SQ

£14 (concessions £12, under-25/student £6, accompanied child £1)

Online tickets: [www.ealingso.org.uk/tickets](http://www.ealingso.org.uk/tickets)

Enquiries: 020 8567 4075 / [secretary@ealingso.org.uk](mailto:secretary@ealingso.org.uk)

**Saturday 14 October****West London Sinfonia**[www.westlondonsinfonia.org](http://www.westlondonsinfonia.org)

*Visions of Eternity*

WEBERN: Passacaglia Op. 1

RICHARD STRAUSS: Four Last Songs (soloist Nadine Benjamin)

MAHLER: Symphony No 4

Conductor Philip Hesketh, Leader Iwona Boesche

7.30pm. St Michael & All Angels W4 1TT (Turnham Green station)

£14 (concessions £12, child/student £5)

Box office: 020 3475 4200

Enquiries: [www.westlondonsinfonia.org](http://www.westlondonsinfonia.org)

**Tuesday 24 October****Ealing Libraries / West London Arts Scene**[www.ealingautumnfestival.co.uk](http://www.ealingautumnfestival.co.uk)

THE IMPACT OF AFRICAN BLACK MUSIC ON CLASSICAL MUSIC

**Younger Years**

A talk

6-7pm. Ealing Central Library, 103 Ealing Broadway Centre W5 5JY

Enquiries: 020 8567 7623 / 020 3700 1052 / [info@ealingautumnfestival.co.uk](mailto:info@ealingautumnfestival.co.uk)



**EALING SYMPHONY ORCHESTRA**  
 BARBARA THOMPSON  
 SAXOPHONE CONCERTO

SHOSTAKOVICH  
 OCTOBER

HOLST  
 THE PERFECT FOOL

PROKOFIEV  
 SYMPHONY NO. 4

SATURDAY 7 OCTOBER 2017 7.30PM

ST MARTIN'S WEST ACTON  
 HALE GARDENS, LONDON W3 9SQ

www.ealingso.org.uk | @ealingSO | facebook.com/ealingso

SAXOPHONE: JESS GILLAM  
 CONDUCTOR: JOHN GIBBONS  
 LEADER: PETER NALL

NOVEMBER 2017


**JULIAN OPERATIC EALING**

**PATIENCE**

of  
**Bunthorne's Bride**  
 by  
**W.S. Gilbert & Arthur Sullivan**

**The Questors Theatre Ealing**  
 15-18 November 2017 at 7.45pm  
 Saturday Matinée at 2.30pm

Tickets £12 - £18 (Concessions available)  
 from Questors Box Office 020 8567 5184 or www.questors.org.uk



**ES Ealing Choral Society**

Saturday 18th November 2017  
 7.45pm

**Mozart Solemn Vespers**

**Handel Te Deum**  
**Rameau Overture to Les fêtes de Polymnie**  
**Purcell Come Ye Sons of Art**

**Sinfonia Britannica** Conductor **Jonathan Williams**

£17, £15 (conc), £3 (16 and under)  
 07957 923341  
 wegottickets.com/event/406873  
 ealingchoralsociety.org.uk  
 Charity no. 278174

St Barnabas Church  
 Pitshanger Lane  
 Ealing  
 W51QG

Saturday 18 November

**Ealing Choral Society**

www.ealingchoralsociety.org.uk

MOZART: Solemn Vespers

HANDEL: Te Deum

RAMEAU: Overture to Les fêtes de Polymnie

PURCELL: Come Ye Sons of Art

with Sinfonia Britannica. Conductor Jonathan Williams

7.45pm. St Barnabas Church, Pitshanger Lane, Ealing, W5 1QG

£17 (concessions £15, 16 and under £3)

Enquiries: 07957 923341 / www.wegottickets.com/event/406873

Saturday 25 November

**Ealing Symphony Orchestra**

www.ealingso.org.uk

Matthew TAYLOR: Symphony No. 4

KORNGOLD: Violin Concerto

WAGNER: The Ride of the Valkyries

NIELSEN: Symphony No. 4 ("Inextinguishable")

Fenella Humphreys (violin), Ealing Symphony Orchestra, conductor John Gibbons

7.30pm. St Barnabas Church, Pitshanger Lane, Ealing, London W5 1QG

£14 (concessions £12, under-25/student £6, accompanied child £1)

Online tickets: www.ealingso.org.uk/tickets

Enquiries: 020 8567 4075 / secretary@ealingso.org.uk

**Saturday 25 November continued****West London Sinfonia**[www.westlondonsinfonia.org](http://www.westlondonsinfonia.org)*Passing the Reformation Baton*

BACH / STOKOWSKI: Ein feste Burg ist unser Gott

CECILIA McDOWELL: Floreat Oriana

WAGNER: Parsifal – Prelude &amp; Good Friday Music

MENDELSSOHN: Symphony No 5 (The Reformation)

Guest conductor Marc Dooley, Leader Iwona Boesche

7.30pm. St Michael &amp; All Angels W4 1TT (Turnham Green station)

£14 (concessions £12, child/student £5)

Box office: 020 3475 4200

Enquiries: [www.westlondonsinfonia.org](http://www.westlondonsinfonia.org) or at the door**early DECEMBER 2017****Friday 1 - Saturday 2 December****HEOS Musical Theatre**[www.heos.org.uk](http://www.heos.org.uk)

A CHRISTMAS CONCERT

Enjoy a varied concert of Christmas carols and songs, interspersed with festive readings.

7.30pm + Sat matinee 2.30pm (tbc). Northolt Methodist Church, Church Road, Northolt, UB5 5AE

Enquiries: 020 8567 4075 / [mhpartridge@par.me.uk](mailto:mhpartridge@par.me.uk)

Box office: 07558 841523

**LONG-TERM & REGULAR EVENTS****The Hanwell Voice Studio**[www.lydiamarchione.com](http://www.lydiamarchione.com)

SINGING LESSONS

Singing lessons with a professional opera singer from English National Opera. Master a solid vocal technique, essential for success in performance. Tuition for all musical styles. Beginners welcome.

The Hanwell Voice Studio, W7

Enquiries (Lydia Marchione, AGSM): 07791 170662

**Sundays****The Friends of St Mary's Perivale**[www.st-marys-perivale.org.uk](http://www.st-marys-perivale.org.uk)

SUNDAY CONCERTS AT ST MARY'S PERIVALE

1 October, 3pm: The Temple Ensemble

8 October, 3pm: Mishka Rushdie Momen (piano)

22 October, 3pm: Tamila Salimdjano (piano)

29 October, 3pm: The Rautio Piano Trio

12 November, 7.30pm: Trio Isimsiz (please note later time)

19 November, 3pm: Jianing Kong (piano)

Days and times as above. St Mary's Church, Perivale Lane, Perivale UB6 8SS

Free with retiring collection

Enquiries: 020 8997 7691 / [hmather@btopenworld.com](mailto:hmather@btopenworld.com)**Mondays****Ealing Chamber Music Club**[www.ecmc.org.uk](http://www.ecmc.org.uk)

New playing members (and visitors) are always welcome at our regular evenings. Free refreshments.

Second Monday in the month.

8pm. St Mary's Church, Perivale

Enquiries: 020 3143 3206 / [ealingchambermusic@gmail.com](mailto:ealingchambermusic@gmail.com)**Mondays continued****Capital Chorus**[www.capitalchorus.co.uk](http://www.capitalchorus.co.uk)

WEEKLY REHEARSAL

We're a friendly, diverse and welcoming group of men who love to sing close-harmony songs in the barbershop style. Whatever your age or experience, come and meet us at our weekly open rehearsal. Barbershop could be the exciting, rewarding, fun hobby you're looking for.

7.45 - 10.15pm. Kingsdown Methodist Church, Northfield Avenue, Ealing W13 9PR

Enquiries: 07963 595930

**West London Strings**[www.westlondonstrings.org.uk](http://www.westlondonstrings.org.uk)Come and join us! We are a friendly, supportive string orchestra which plays classical music on Monday evenings in West Kensington. Anyone is welcome, from 18 to 80+. Grade 4 upwards, no auditions. To find out more, visit [www.westlondonstrings.org.uk](http://www.westlondonstrings.org.uk) or call Sheila Metcalfe on 020 8946 6185.

7.15 - 9.30pm. St Mary's Church Hall, Edith Road, London W14

£90 per term

Enquiries (Sheila Metcalfe): 020 8946 6185

**HEOS Musical Theatre**[www.heos.org.uk](http://www.heos.org.uk)

NEW SEASON

Come and join one of the premiere musical theatre groups in west London for our exciting new season. We will be giving a Christmas concert in early December, followed by our family Christmas pantomime; and in early April we will be performing *Made In Dagenham* at The Questors Theatre in Ealing. There are no auditions to join the chorus, and no previous experience is necessary. Rehearsals are on Monday and Thursday evenings in Northolt; principals' auditions will be late September/early October. We are a very friendly group, and look forward to welcoming you.

7.30pm. Northolt Methodist Church Hall, Church Road, Northolt, UB5 5AE (just off the target roundabout on the A40).

Enquiries: 020 8567 4075 / [memsec@heos.org.uk](mailto:memsec@heos.org.uk)**The Love2sing Choir**[www.love2sing.co.uk](http://www.love2sing.co.uk)

THE LOVE2SING EALING CHOIR

Come and sing with us at the Love2sing Ealing Choir. Take part in fun, friendly and informative weekly rehearsals and twice yearly concerts. The choir meets for 35 rehearsals per year (terms vary 10-13wks). You will make new friends, raise money, learn and Love2sing. Styles include: Pop, Musical Theatre, Big Band, Rock, Motown, Traditional, World Music and more. Terms run from Sept (Autumn), Jan (Spring) and April/May (Summer).

3pm. North Hanwell Baptist Church, Cuckoo Avenue, W7 1BW

Monthly subscription: £20.40 Termly: £70 (10 wks) - £91 (13wks).

Terms vary. Check term lengths at: [www.love2sing.co.uk/term-dates](http://www.love2sing.co.uk/term-dates)Enquiries: 07989 560603 / [info@love2sing.co.uk](mailto:info@love2sing.co.uk)**Mondays - Thursdays****Ealing Guitar Classes**[www.nevhawkins.com](http://www.nevhawkins.com)

GUITAR COURSES FOR ADULTS

12-week Beginners and Intermediate guitar courses for adults. See website for full details, or contact Nev Hawkins.

8-9.30pm. Ealing venues. Fees vary depending upon which course you take.

Enquiries: 020 8621 3336 / 07906 328273 / [info@nevhawkins.com](mailto:info@nevhawkins.com)

**Tuesdays****The Friends of St Mary's Perivale**[www.st-marys-perivale.org.uk](http://www.st-marys-perivale.org.uk)

TUESDAY AFTERNOON PIANO RECITAL SERIES

3 October: Ilya Kondratiev

10 October: Rokas Valuntonis

17 October: (no recital)

24 October: Mengyang Pan

31 October: Sandro Russo

7 November: Konstantin Lapshin

14 November: Alexander Pavlovic

21 November: Sasha Grynyuk

28 November: Jamina Gerl

2pm. St Mary's Church, Perivale Lane, Perivale. UB6 8SS

Free with retiring collection

*Enquiries: 020 8997 7691 / hmather@btopenworld.com***Wednesdays****The Friends of St Mary's Perivale**[www.st-marys-perivale.org.uk](http://www.st-marys-perivale.org.uk)

WEDNESDAY EVENING CONCERTS AT ST MARY'S PERIVALE

4 October: Soloists from the Purcell School

11 October: Kamila Bydlowska (violin) Lucy Colquhoun (piano) / The Opal Piano Trio

25 October: Alisa Liubarskaya (cello) Harry Nowakowski-Fox (piano) /

Alena Lugovkina (flute) Miloš Milivojevic (accordion)

1 November: Zsuzsa Vamosi-Nagy (flute) Anne Marshall (piano) /

Florian Arnicans (cello) Arta Arnican (piano)

8 November: Caterina Grewe (piano) / The Milgram Piano Trio

15 November: Samuel Queen (baritone) Audrey Hyland (piano) /

The Behn String Quartet

22 November: Julia Hwang (violin) Charles Matthews (piano) /

Irene Veneziano (piano)

29 November: Jeanette Ager (soprano) Viv McLean (piano) / The Armored Piano Trio

7.30pm. St Mary's Church, Perivale Lane, Perivale. UB6 8SS

Free with retiring collection

*Enquiries: 020 8997 7691 / hmather@btopenworld.com***Questors Choir**[www.questorschoir.org.uk](http://www.questorschoir.org.uk)

COME AND SING WITH QUESTORS CHOIR

Don't be shy – come along and see what you make of us. Newcomers can attend up to three sessions on a free trial basis. There are no auditions, and all abilities and voice parts are welcome. Try us out and you'll soon have a passion for choral singing!

Our repertoire is deliberately varied. Past concert performances include major works ranging from Baroque to contemporary, as well as folk songs, spirituals and carols.

Above all, we aim to enjoy ourselves through singing. In addition to performing in three to four concerts a year, we also organise or take part in open singing days, choral workshops and singing festivals. Each Christmas we sing for a national or local charity selected by choir members.

8 - 10pm. St Martin's Church, Hale Gardens, W3 9SQ

Full year £140 or £130 early bird or £110 concessions; term £60 or £50 concessions.

Anyone over 16 can join, and if you are 25 or under your annual membership is free of charge.

*Enquiries: 020 8816 7734 / 07802 720333 or see [www.questorschoir.org.uk](http://www.questorschoir.org.uk)***Wednesdays continued****Ealing Folk Club**

Listeners, singers, players, all welcome. As long as it's unplugged, anything goes! See [ealingsessions.wordpress.com](http://ealingsessions.wordpress.com) in Blogroll section for more information.

First Wednesday of every month, 8-11pm

The Grange, Warwick Road, Ealing W5 3XH

Free entry

*Enquiries (Bob): bob\_little@ntlworld.com***The Love2sing Choir**[www.love2sing.co.uk](http://www.love2sing.co.uk)

THE LOVE2SING EALING CHOIR

Come and sing with us at the Love2sing Ealing Choir. Take part in fun, friendly and informative weekly rehearsals and twice yearly concerts. The choir meets for 35 rehearsals per year (terms vary 10-13wks). You will make new friends, raise money, learn and Love2sing. Styles include: Pop, Musical Theatre, Big Band, Rock, Motown, Traditional, World Music and more. Terms run from Sept (Autumn), Jan (Spring) and April/May (Summer).

7.30-9.30pm. St Christopher's, Bordars Road, Hanwell, W7 1AG

Monthly subscription: £26.25 Termly: £90 (10 wks) - £117 (13wks).

Terms vary. Check: [www.love2sing.co.uk/term-dates](http://www.love2sing.co.uk/term-dates)*Enquiries: 07989 560603 / info@love2sing.co.uk***Ealing Abbey Lay Plainchant Choir**

Director Fr Peter Burns OSB.

Exploring the riches of the Gregorian Chant tradition. New members always welcome. We meet to practice on Wednesday 6.40-8pm. We usually sing at a Parish Liturgy once each month at 12 noon. A group also sings at a local care home monthly.

*Enquiries: 020 8862 2160 / parishoffice@ealingabbey.org.uk***Thursdays****Ealing Common Choir**[www.smce.org.uk](http://www.smce.org.uk)

WEEKLY REHEARSALS

Musical Director: Phiroz Dalal. Phiroz has lived in Ealing all his life. He studied piano with Eileen Rowe and gained a Masters in choral education at Roehampton. He currently sings with the BBC Symphony Chorus.

If you have sung on and off all your life, can sing in tune, read music and sight-read a simple line then you'll enjoy our friendly choir.

We give three concerts a year, one per term. We sing everything from the Brahms Requiem to songs written by living composers like Howard Goodall and Eric Whitacre.

7.30 - 9.30pm. St Matthew's Church, North Common Road, Ealing W5 2QA

Unbelievably only £40 per term

*Enquiries: info@smce.org.uk*

## Fridays

## St Barnabas Church

[www.barnabites.org/concerts](http://www.barnabites.org/concerts)

## FRIDAY LUNCHTIME CONCERTS AT ST BARNABAS CHURCH

6 October: Emily Sun (violin) Maria Tarasewicz (piano)

13 October: Ashley Fripp (piano)

20 October: The Bernadel String Quartet

27 October: Callum McLachlan (piano)

3 November: Ben Tarlton (cello) Rosie Richardson (piano)

10 November: The Nicolo piano quintet

17 November: The London Panufnik trio

24 November: Irene Veneziano (piano)

1pm. St Barnabas Church, Pitshanger Lane, London W5 1QG

Free with voluntary donations

Enquiries: 020 8997 7691 / [hmather@btopenworld.com](mailto:hmather@btopenworld.com)

## Ealing Arts Supporters

Would you like to have your Diary of Events delivered regularly by post? If so, you will be more than welcome to join our Supporters' Mailing List. The annual subscription is £10 per household.

To join the list, please contact:

**The Secretary, Ealing Arts Supporters' List,**  
42a Bradley Gardens, Ealing, London. W13 8HF

### ART & CRAFTS

The 4020 Art Group

BEAT (Borough of Ealing Art Trail)

Diana Braybrook – artist

Dinesh Studio London

Ealing and Hampshire House Photographic Society

Ealing Art Group

Ealing Flower Club

Ealing Lacemakers

Ealing Quilters

Lady's Creative Centre

Pamela Lloyd-Jones Art Classes

St Andrew's Art Workshops

Sew What?

Timothy Robinson Photography

Watercolour Painting at

Northfields Community Centre

### CULTURE & LEARNING

Anglo Italian Circle of Ealing

Campaign for an Ealing Performance and Arts Centre (CEPAC)

Colette Wilson French Cultural Courses

Ealing National Trust Association

Ealing Red Lion Readers

Ealing University of the Third Age (U3A)

Friends of Marcq-en-Baroeul

Hanwell & Ealing Heritage Museum

Historical Association: Ealing Branch

Workers' Educational Association, Ealing Branch

### DANCE & MOVEMENT

Ealing Country Dance Club

Greenford & District Caledonian Association

Madhurang Indian Dance

Orthopaedic Centre UK

The Pilates Studio

Shape & Tone / Yoga with Loretta

Shaw School of Dance

Spritely Fitness

Suzanne Gribble - Iyengar Yoga

West London Backcare

West London Dancing

### DRAMA, COMEDY & POETRY

Beaufort Players

Conjuring at the Court

Impact Theatre

Pisces Players (PopUp Theatre)

The Questors Theatre

Rainbow Poetry Group

Theatre West 4 (TW4)

### LEISURE

Charlemagne Wine Club

CLAN Social Club

Club West

Ealing Outdoor Club

The Gardening Club

North Ealing Wine Tasting Society (NEWTS)

StayActive4Life LLP

West London Birders

West London Group of Ramblers Association

### MUSIC

Brentham Ladies' Choir

Capital Chorus

Ealing Abbey Choir

Ealing Abbey Lay Plainchant Choir

Ealing Chamber Music Club

Ealing Choral Society

Ealing Common Choir

Ealing Folk Club

Ealing Guitar Classes

Ealing Junior Music School

Ealing Symphony Orchestra

Ealing Youth Orchestra

Friends of St Mary's Perivale Music Section

The Hanwell Voice Studio

HEOS Musical Theatre

Julian Light Operatic Society

Love2sing Choirs

Petros Singers

The Questors Choir

Songbyrds

St Barnabas Church concerts

West London Sinfonia

West London Strings

### MULTI-ACTIVITY

The Arts Society Ealing (formerly EDFAS)

Ealing Music & Film Festival

Grassroots Arts Forum

Himalayan Institute of Yoga Science and Philosophy

West London Arts Scene (Ealing Autumn Festival)

For further information and contact details for all members, see the EA+L website [www.ealingarts.org.uk](http://www.ealingarts.org.uk) or phone the Arts Line on 020 8998 4465.

