Ealing Arts & Leisure

JUNE - JULY 2018

What's On



Arts and leisure activities across the borough of Ealing

EVENTS INSIDE THIS ISSUE Music, Art, Crafts, Culture, Education, Dance, Movement, Drama, Comedy, Poetry, Leisure, Multi-Activity

What's On – celebrating summer in Ealing with activities galore

Whether you're looking for ways to keep fit or enjoy the great outdoors, sublime music, compelling drama or classes to help nurture your artistic leanings, Ealing has plenty to offer, and it's all in *What's On*.

Don't forget that you can find everything in this printed diary and more on our website as well. We recently revamped it, so take a look – you can do this on a mobile as well as a computer.

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Find us online at ealingarts.org.uk facebook.com/EalingArts

Want to know how to list an event or advertise here? Visit ealingarts.org.uk/join.

Ealing Arts &

Leisure

The Friends of St Mary's Perivale the st mary's perivale chopin festival

This major weekend festival involves 21 pianists playing most of Chopin's piano works, in5 sessions – evening sessions on Friday, Saturday and Sunday, and afternoon sessions onSaturday and Sunday. 12 hours of glorious piano music.7pm (evening sessions), 2pm (afternoon sessions)St Mary's Church, Perivale Lane, Middlesex UB6 8SS£15 per session020 8997 7691 • hmather@btopenworld.com

www.st-marys-perivale.org.uk/events-chopinfestival.shtml

CHOPIN PIANO FESTIVAL

Friday – Sunday 15–17 June 2018

All the major solo works, played by 21 outstanding pianists in 5 sessions

St Mary's Perivale Perivale Lane UB6 8SS www.st-marys-perivale.org.uk



Friday 15 June: 7–10pm Saturday/Sunday 16/17 June: 2–6pm, 7–10pm

Admission £15 per session (cash only) – no tickets sold beforehand

Ealing Choral Society MADE IN AMERICA

SATURDAY 16 JUNE

Join us for a summer's evening of choral favourites, celebrating music from a selection of some of the great American composers - Bernstein, Gershwin, Porter, Wallace and Whitacre.

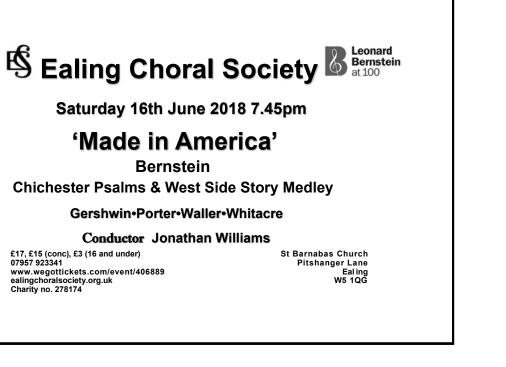
7.45pm. St Barnabas Church, Pitshanger Lane, Ealing W5 1QG £17 (concessions £15, 16 and under £3) Box office:

Box office: www.wegottickets.com/event/406889 07957 923341 • ealingchoralsociety.org.uk

JUNE

00112

FRIDAY - SUNDAY 15 - 17 JUNE



Petros Singers glad greetings and fond farewells

Our summer concert explores musical portraits of 'hellos' and 'goodbyes', whether love at first sight or burying one's beloved. The centrepiece is Parry's *Songs of Farewell*, marking the 100th anniversary of their composition and their composer's death, alongside music by Haydn, Lassus, Rutter and Stanford. Join us for an evening of beautiful and touching music.

7.30pm. St Michael & All Angels, Bedford Park, Chiswick, W4 £17 (concessions £15, students/under 18s £5)

Box office: http://www.wegottickets.com/petrossingers · Enquiries: tickets@petrossingers.org

Ealing Common Choir summer concert and bbq: the birds and the bees

SATURDAY 30 JUNE

SATURDAY 30 JUNE

Simply summery music from Byrd to bees and all in *Un Jardin Extraordinaire*. Followed by a simple BBQ in the garden, with a paying bar 6 for 6.30pm. St Matthew's Church, North Common Road, Ealing W5 2QA £12 includes post-concert BBQ; paying bar

chair@smce.org.uk • www.smce.org.uk



Questors Choir QUESTORS CHOIR SUMMER CONCERT - 'DON'T EAT STRING!'

SATURDAY 7 JULY

We hope you'll discover both favourite pieces and new ones to love in our quirky collection of unusual and familiar songs from the 20th century, and a mix of traditional British and American folk songs.

7.30pm. St Martin's Church, Hale Gardens, West Acton W3 9SQ

£14 (concessions or in advance £12, under 12s free). Complimentary glass of wine or soft drink 07802 720333 • more@questorschoir.org • www.questorschoir.org

West London Sinfonia

SATURDAY 7 JULY

'DANGEROUS ROMANTICS': WEST LONDON SINFONIA END OF SEASON LONDON CONCERT

RACHMANINOV: Piano Concerto No. 3 (soloist Viv McLean) RIMSKY-KORSAKOV: Scheherazade Conductor Philip Hesketh, leader Iwona Boesche 7.30pm. St James's Church, Piccadilly, W1J 9LL £14 (concessions £12, student or child £5). Buy at the door (cash or cheque) or online Online box office via website

020 3475 4200 · secretary@westlondonsinfonia.org · www.westlondonsinfonia.org

4 Music

Ealing Symphony Orchestra

KODÁLY: Háry János suite BRITTEN: Sinfonia da Requiem DEBUSSY: Prélude à l'après-midi d'un faune SCRIABIN: Le Poème de l'Extase (Symphony No. 4) Conductor John Gibbons 7.30pm. St Barnabas Church, Pitshanger Lane, W5 1QG £14 (concessions £12, under 25/student £6, accompanied child £1) Box office (no booking fe

Box office (no booking fee): www.ealingso.org.uk/tickets 020 8567 4075 • secretary@ealingso.org.uk • www.ealingso.org.uk

HEOS Musical Theatre MUSIC & LYRICS

FRIDAY-SATURDAY 20-21 JULY

SATURDAY 14 JULY

A review show with songs from the works of Alan Menken and Tim Rice. Songs taken from *Beauty and the Beast, Little Shop of Horrors, Chess, Jesus Christ Superstar, Evita, The Lion King, Joseph and the Amazing Technicolor Dreamcoat, Sister Act, Aladdin...*

Evenings 7.30pm, Saturday matinee 2.30pm.

St Thomas The Apostle Church Hall, 182 Boston Road, Hanwell W7 2ADTo 20 June: £11, then £12.5007758 841523 • boxoffice@heos.org.uk • www.heos.org.uk

REGULAR EVENTS

The Hanwell Voice Studio singing lessons

Singing lessons with a professional opera singer from English National Opera. Master a solid vocal technique, essential for success in performance. Tuition for all musical styles. Beginners welcome.

The Hanwell Voice Studio, W7

Enquiries (Lydia Marchione, AGSM): 07791 170662 • www.lydiamarchione.com

The Friends of St Mary's Perivale sunday concerts at st mary's perivale

SUNDAYS

24 June, 7.30pm: West London Sinfonia Instrumental Groups 1 July, 3pm: Vitaly Pisarenko piano recital 8 July, 7.30pm: Ealing Symphony Orchestra Instrumental Groups 22 July, 3pm: The Temple Ensemble play Schubert's Octet 3pm except as shown. St Mary's Church, Perivale Lane, Perivale UB6 8SS Free with a retiring collection 020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

Ealing Chamber Music Club

MONDAYS

New playing members (and visitors) are always welcome at our regular evenings. Free refreshments.

Second Monday in the month, except August.

8pm. St Mary's Church, Perivale

020 3143 3206 · ealingchambermusic@gmail.com · www.ecmc.org.uk

We're a friendly, diverse and welcoming group of men who love to sing close-harmony songs in the barbershop style. Whatever your age or experience, come and meet us at our weekly open rehearsal. Barbershop could be the exciting, rewarding, fun hobby you're looking for.

7.45 - 10.15pm. Kingsdown Methodist Church, Northfield Avenue, Ealing W13 9PR 07963 595930 • www.capitalchorus.co.uk

West London Strings

MONDAYS

Come and join us! We are a friendly, supportive string orchestra which plays classical music on Monday evenings in West Kensington. Anyone is welcome, from 18 to 80+. Grade 4 upwards, no auditions. 7.15 - 9.30pm. St Mary's Church Hall, Edith Road, London W14 £90 per term Enquiries (Sheila Metcalfe): 020 8946 6185 • www.westlondonstrings.org.uk

The Love2sing Choir THE LOVE2SING EALING CHOIR - DAYTIME

MONDAYS

Take part in fun, friendly and informative rehearsals and twice yearly concerts. Choir meets 35 rehearsals a year (term lengths vary 10-13wks). Styles include musical theatre, pop, rock, big band, Motown, traditional choral and more. 1-3pm. North Hanwell Baptist Church, Cuckoo Avenue, W7 1BW Monthly: £20.40 Termly: £70 (10 wks) - £91 (13wks)

07989 560603 · admin@love2sing.co.uk · www.love2sing.co.uk

The Friends of St Mary's Perivale TUESDAY AFTERNOON PIANO RECITAL SERIES

TUESDAYS

5 June: Alim Beisenbayev
12 June: Florian Mitrea
19 June: Michelle Candotti
26 June: Olga Stezhko
3 July: Simon Watterton
10 July: Riyad Nicolas
17 July: Andrew Yiangou
24 July: Viv McLean
2pm. St Mary's Church, Perivale Lane, Perivale UB6 8SS
Free with a retiring collection

020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

The Love2sing Choir NEW CHOIR: THE LOVE2SING SOUTH EALING CHOIR – EVENING

TUESDAYS

Due to popular demand Love2sing is opening a brand new South Ealing Choir this autumn (September 2018). Take part in fun, friendly and informative rehearsals and twice yearly concerts. Choir meets for 35 rehearsals a year (term lengths vary 10-13wks). Styles include musical theatre, pop, rock, big band, Motown, traditional choral and more. Book a free taster today.

7.15-9.15pm. The University of West London Vestry Hall, Ranelagh Road, Ealing, W5 5RJ Monthly: £26.25 Termly: £90 (10 wks) - £117 (13wks)



Love2sing South Ealing Choir

NEW CHOIR DUE TO POPULAR DEMAND

Take part in fun, friendly and informative rehearsals and twice yearly concerts

Tuesdays 7:15-9: 15 PM

The University of West London Vestry Hall, Ranelagh Road, Ealing, W5 5RJ

Styles include: Musical Theatre, POP, Rock, Big Band, Traditional, Motown and More To book a FREE TASTER contact: admin@love2sing.co.uk



f thelove2singchoir

www.love2sing.co.uk

WEDNESDAYS

The Friends of St Mary's Perivale wednesday evening concerts at st mary's perivale

6 June: Huw Wiggin (saxophone) John Lenehan (piano)
13 June: Jiafeng Chen (violin) Alexis White (piano) / The Opal Piano Trio
20 June: Nora Braun (cello) Rosie Richardson (piano) / Rosa Hartley (violin) Christine
Zerafa (piano)
27 June: Albert Lau & Yau Cheng (piano duo) / The Bridgetower String Quintet
11 July: Trio Oreade and Yuki Negishi (piano)
18 July: Caterina Grewe (piano) / The Gelachter Wind trio
7.30pm. St Mary's Church, Perivale Lane, Perivale UB6 8SS
Free with a retiring collection
020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

Ealing Folk Club

WEDNESDAYS

Hosted by the OddFellas. Listeners, singers, players, all welcome – as long as it's unplugged, anything goes. *First Wednesday of every month, 8-11pm Upstairs in the Reading room at the Grange pub, Warwick Rd, Ealing, London W5 3XH* 020 8567 2955 • bob_little@ntlworld.com

Questors Choir Come and sing with questors choir

WEDNESDAYS

Like singing choral music? Not sure? Free on Wednesday evenings? If 'Yes', and you're over 16 years old, why not come along and try us? We're a well-established, friendly, West Acton-based, Ealing community choir of around 60 members. First three sessions are free of charge, with no obligation to join. You will not be asked to audition: just turn up, join in and do your best!

8 - 10pm. St Martin's Church hall, Hale Gardens, W3 9SQ. Just a short walk from Ealing Common tube station (Piccadilly & District lines), 207, 427, 607 and 440 bus routes, and with on-street parking outside.

£140 yearly / £130 early birds / £110 concessions. £60 (£50 for concessions) each term.Free for 16-25's.07802 720333 • more@questorschoir.org• www.questorschoir.org

The Love2sing Choir The love2sing ealing choir - evening

WEDNESDAYS

Take part in fun, friendly and informative rehearsals and twice yearly concerts. Choir meets 35 rehearsals a year (term lengths vary 10-13wks). Styles include musical theatre, pop, rock, big band, Motown, traditional choral and more. 7.30-9.30pm. St Christopher's, Bordars Road, Hanwell, W7 1AG Monthly: £26.25 Termly: £90 (10 wks) - £117 (13wks)

 $07989\ 560603 \cdot admin@love2sing.co.uk \cdot www.love2sing.co.uk$

Gregorian Chant: Ealing Abbey Lay Plainchant Choir

WEDNESDAYS

Director Fr Peter Burns OSB.

Exploring the riches of the Gregorian Chant tradition. New members always welcome. We usually sing at a Parish Liturgy once each month at 12 noon. A group also sings at a local care home monthly.

6.30 for 6.40 - 8pm. Bulbeck Room of the Ealing Abbey Parish Centre

Voluntary contribution of £2 per session

020 8862 2160 · gregorianchantealing@gmail.com

Ealing Common Choir WHERE SINGERS ARE WELCOME

Experience the pleasure of singing an amazingly wide repertoire to a high standard. We give 3/4 concerts a year interspersed with workshops and social events. You should be able to read music, sing in tune and sight read a simple line. 7.30 - 9.30pm. St Matthew's Church, North Common Road, Ealing W5 2QA £40 per term. Try the choir for free for your first ever 3 weeks. Concessions for all students. chair@smce.org.uk · www.smce.org.uk

St Barnabas Church FRIDAY LUNCHTIME CONCERTS AT ST BARNABAS CHURCH

1 June: Ke Ma (piano) 8 June: The English Piano Trio 15 June: Michal Szymanowski (piano) 22 June: The Blaze Ensemble 29 June: The Anern String Trio 6 July: The Tee Piano Trio 13 July: Tim Posner (cello) 20 July: Ghislaine Reece-Trapp (organ) 27 July: Anna Hashimoto (clarinet) Florian Mitrea (piano) 1pm. St Barnabas Church, Pitshanger Lane, London W5 1QG Free with a retiring collection 020 8997 7691 · hmather@btopenworld.com www.barnabites.org/page/12/friday-lunchtime-concerts

Art and Crafts

Borough of Ealing Art Trail

BEAT is a non-selective, not-for-profit organisation run by artists for artists, holding an annual open studios event over two consecutive weekends every September, during which members open their houses or studios to the public to exhibit and sell their work. Annual membership is £5, available any time throughout the year, but to take part in the BEAT weekends exhibiting fees are extra, payable in January/February. To exhibit, a member must live or work within the Borough of Ealing.

The membership application is online at www.ealingbeat.org.uk.

info@ealingbeat.org.uk

JULY

Ealing Art Group SUNDAY 1 - FRIDAY 13 JULY EALING ART GROUP ANNUAL EXHIBITION & SALE OF ORIGINAL ART & CRAFT

Two separate exhibitions running consecutively

12 noon - 6pm. POSK Gallery, 238-246 King Street, Hammersmith, W6 0RF Free admission. Closed Saturday 7 July.

020 8998 5662 · ealingartgroup@gmail.com · www.ealingartgroup.co.uk

REGULAR EVENTS

Lady's Creative Centre

(reg. charity no. 1041528)

Art and craft classes.

Doll's house museum and art show: Saturdays 10am-3pm; school visits by arrangement. International Creative Day: Saturday 30 June, 2-7pm in front of Caspian; enquiries welcome

12 Haven Green, Ealing, W5 2UU or locally

Membership £20/year; classes and table hire extra.

020 8998 8236 · lcccharity@aol.com · www.ladyscreativecentre.co.uk

The Ealing Lacemakers

MONDAYS

A small, friendly group making a variety of laces, independently run, some tuition available Every Monday except for bank holidays

7.30 - 9.30pm. Room 2, Northfields Community Centre, 71a Northcroft Road, W13

020 8991 9338 · cathyadams@ntlworld.com

FRIDAYS

THURSDAYS

St Andrew's Art Workshops MONDAYS, TUESDAYS, WEDNESDAYS AND THURSDAYS TUTOR-LED WORKSHOPS FOR OIL PAINTING AND MIXED MEDIA

Materials supplied for all groups at small additional charge. Oil painting workshops include structured courses for beginners. Beginners welcome. Tutor: ex-college lecturer. During term-time Painting: Mon, Tue, Wed 10am - 1pm. £9 per 3hr. session Mixed media: Thurs 10am - 12.30pm. £8 per 21/2hr session St Andrew's Church Centre, Mount Park Road, Ealing W5

020 8998 8435

The 4020 Art Group MONDAYS, TUESDAYS AND SATURDAYS DRAWING AND PAINTING CLASSES FOR ALL

We are a friendly bunch of amateur artists with our own studio and professional tutors. We offer a varied programme of high quality teaching for adults. Beginners and more experienced artists welcome.

- Weekly Monday classes, term-time only to Tuesday 9 July
- 10am 1pm or 2 5pm, Tuesday mornings: 10am 1pm or 2 5pm. £200 for 12 weeks

· Art classes for teenagers - Painting, drawing and graphics

Thursdays after school, 4 - 6 pm

Saturdays for young people aged 12-16 years

Contact Joanna Broom: 07828 908582 • jb@gmail.com • www.4020artgroup.co.uk

· Specialist short courses and evening classes run by professional tutors

See www.4020artgroup.co.uk for details

Hanwell Community Centre, Westcott Crescent, W7 1PD

Membership enquiries: 07535 347764 • membership@4020artgroup.co.uk

Patricia Burbidge WATERCOLOUR PAINTING CLASS

TUESDAYS

A friendly mixed ability group led by tutor Patricia Burbidge. We experiment with colour mixing, still life and landscape composition using a variety of watercolour techniques. 17 April - 3 Julv and 18 September - 27 November: 10am-12.30: £8 per session and 1-4pm: £9 per session Room 1, Northfields Community Centre, 71a Northcroft Road, W13 9SS artist@patriciaburbidge.com · 020 8891 5115

Ealing Flower Club FLORAL DESIGN DEMONSTRATIONS - AND AN ANNIVERSARY

WEDNESDAYS

20 June: Round the Solar System is the title of Christine Long's demonstration. Please come and join us for the evening, and who knows, you might win one of her wonderful flower creations in our raffle.

18 July is our Coral Anniversary, and we are delighted to welcome Patricia Dibben, a Nafas National Demonstrator who will be with us to celebrate our Club's 35 years of life with flowers, with her demonstration. Come join our celebrations with tea, coffee and cake, and help judge our club's competition; Coral Anniversary.

7pm for 7.30 start. St. Barnabas Church, Pitshanger Lane, W5 1QG

(buses E2 and E9 go pass the door, or roadside parking)

Visitors welcome: £5.50 per session. Membership open.

07772 975554 • jennisworld48@hotmail.com • Follow us on Facebook: Ealing Flower Club

or (Christine) 020 8998 8228 · smtpearce@btinternet.com

Sew What? LEARN TO SEW OR GET IT FIXED

WEDNESDAYS, FRIDAYS AND SATURDAYS

Younger Years

Machine sewing classes for total beginners and intermediate skill. Adult class options: Wed / Fri / Sat 10.30am & 12.30pm. Separate after school or holiday club classes for children 9+yrs. Repairs and alterations by quote. Call Debbie to chat sewing! Garden studio on Brunswick Road. W5 1AH

debbie@sewwhatcafe.com · 07946 826338 · www.sewwhatcafe.com

Ealing Quilters

THURSDAYS

21 June: Sew & Chat

19 July: Marbling with Shaving Foam 7.30pm. Ealing Centre for Independent Living (ECIL), 1 Bayham Road, West Ealing, W13 0TQ £4 (members free) 020 8998 6023

Ealing & Hampshire House Photographic Society

THURSDAYS

We are a friendly and very sociable group of photographers making up one of the world's longest-established photographic societies.

We meet weekly for talks, practicals, and competitions, both Print and Projected.

All levels welcome - come and try us out!

7.45 for 8 - 10pm. Ealing Town Hall - with occasional exceptions: see

http://www.ehhps.org.uk/event-calendar/

Our membership rates are very reasonable but your first visit is free.

publicity@ehhps.org.uk · www.ehhps.org.uk

Culture & Learning

Friends of Marcq-en-Baroeul EALING'S TWIN TOWN IN FRANCE

The Friends of Marcq is a local group promoting friendship and activities between Ealing and Marcq-en-Baroeul, which is close to Lille, so easily accessible. Knowledge of French is not necessary for many of the organised events. We offer exchange visits to France for language and cultural weekends, staying with French hosts. There are also French classes at various levels, and a variety of activities throughout the year in Ealing.

Enquiries: 020 8991 9685 * 020 8568 6159 • www.fomeb.eu

Colette Wilson French Cultural Courses WEDNESDAYS FROM OCTOBER ORIENTALISM TO POSTCOLONIALISM IN FRENCH LITERATURE AND THE VISUAL ARTS

Explore how French artists, writers and film-makers have represented 'the other', with particular emphasis on Algeria. Then look at how the 'empire strikes back', through the work of postcolonial writers, photographers and film directors up to the present. 10 October - 19 December 2018, 10am - 12 noon. Pitshanger Lane area, Ealing £100 10-week course. £12 pay-as-you-go wilson_colette@btinternet.com

REGULAR EVENTS

The Arts Society Ealing (formerly EDFAS) LECTURES

MONDAYS

18 June: Tasha Marks – Food and Art Warwick building theatre, University of West London, W5 5RF Visitors welcome, £7 non-members, full-time students £3

www.theartssocietyealing.org.uk

Ealing Red Lion Readers

MONDAYS

We are an informal book group and welcome new members. We read and discuss a wide variety of books including contemporary fiction. Our meetings are monthly, and once a year we visit the theatre to see a play such as Rattigan's *French Without Tears*. *First Monday in month, 7.30pm. Red Lion, 13 St Mary's Road, W5 5RA*

Enquiries (Hazel): hazannewilliams@gmail.com • https://redlionreadersealing.wordpress.com/

Ealing National Trust Association

TUESDAYS

5 June (members only): AGM and Alan's Big Picture Show, by Alan Copeland 3 July: The Anglo-Saxons, An Enduring Legacy, by the Revd Dr Nicholas Henderson 7.30pm. Parish Hall, Christ Church, Ealing Broadway £3 (members free) 020 8567 9517 • www.ealingnt.org.uk

Colette Wilson French Cultural Courses PARIS: THE MODERN CITY 1848-1914

WEDNESDAYS

Explore how Paris became such a powerhouse for literary, artistic and technological innovation. Texts in translation. Notes provided. Friendly, interactive sessions. 11 July - 12 September 2018, 10am - 12 noon. Pitshanger Lane area, Ealing £100 10-week course. £12 pay-as-you-go wilson_colette@btinternet.com

Culture & Learning - Dance & Movement 13

Hanwell & Ealing Heritage Museum WEDNESDAYS AND SATURDAYS DISPLAY OF BRITISH-MADE DOMESTIC ARTEFACTS AND LOCAL HISTORY RESOURCE

Open Wednesdays and Saturdays.

 11am - 3pm. Hanwell Community Centre, Westcott Crescent (top of Cuckoo Avenue), W7

 Adults £2, children £1
 020 8579 0178 • 07889 033201 (when open) • davidblackwell99@gmail.com

 Facebook: Hanwell & Ealing Heritage Museum

Ealing University of the Third Age LECTURES

THURSDAYS

7 June: Colin Lomas – The Failure Of Modern Art: why is it difficult to understand? 14 June: Buz Loveday – Alzheimer's Disease and Other Dementias

21 June: George Chesman – Lasting Power Of Attorney

28 June: David Evans - Arriba Espana Y Viva Franco (Spain 1940's)

5 July: Jane Cox - My Grandmother's Letters and London's East End

12 July: Robert Gibson, British High Commissioner/Ambassador, Bangladesh (title to be announced)

10am - 12 noon. Ealing Green Church

£3 (members free)

020 8127 5835 • u3asites.org.uk/ealing • www.ealingu3a.org.uk

Dance & Movement

Suzanne Gribble - Iyengar Yoga SATURDAYS

Suzanne Gribble - Iyengar Tog	a SATURDAYS
TEENS YOGA CLASSES	Younger Years

Yoga classes for teenagers focusing on improving flexibility, strength and stamina and a quieter mind. Beginners welcome.

4.30-5.30 (please check dates in advance). Northfields Community Centre, W13 9SS

£7 a session (£30 for a block of five) 07916 145786 • suzanne.gribble@gmail.com

http://suzannegribbleyoga.com • www.facebook.com/SuzanneGribblelyengarYogaTeacher

Pilates Studio

WEEKDAYS, EVENINGS, SATURDAYS

REGULAR EVENTS

Custom one-to-one sessions taken by a qualified physiotherapist specialising in rehabilitation, including back and chronic pain, as well as improving posture and flexibility. Held in a bright studio with full pilates equipment, reformer, trapeze table, etc., and the new 'Core Align' machine to improve gait and lower body strength. *Montpelier Road, Ealing* 07796 663174 • www.pilatesw5.com

Madhurang Dance WEEKENDS, MONDAYS, TUESDAYS, THURSDAYS INDIAN DANCE / BOLLYWOOD CLASSES Younger Years

Classes for children and adults. Learn classical dance form Kathak or Bollywood keep fit classes. ISTD approved exams can be taken; this is optional. You can join the classes at any time. This is a fun activity for one and all. Steps are taught slowly and gradually to the learner's ability. Great care is given and attention. Please call for a free trial class. *Northfields Community Centre, 71a Northcroft Road, West Ealing, W13 9SS*

14 Dance & Movement

Ealing Country Dance Club

50+? If you'd like to do something different and make new friends, come and try the gentle exercise of traditional English folk dancing. Men and women, singles and couples are all welcome to our friendly club nights.

4, 18 June; 3, 17, 21 July: 8-10pm, £4.50

St Barnabas Church Hall, Pitshanger Lane, W5 1QG

020 8998 6281 • enquiries@ealingfolk.org.uk • www.ealingfolk.org.uk

Suzanne Gribble - Iyengar Yoga

MONDAYS

MONDAYS

General lyengar Yoga classes focusing on alignment of the body to help improve flexibility, strength and stamina and a quieter mind 9.15-10.45am and 11am-12.30pm. Northfields Community Centre, W13 9SS

£66 for block of 6, £120 for block of 12, £13 drop in 07916 145786 • suzanne.gribble@gmail.com http://suzannegribbleyoga.com • www.facebook.com/SuzanneGribblelyengarYogaTeacher

West London Backcare BACKCARE EXERCISE PROGRAMME

Gentle exercise for back problems, strengthening core muscles, improving posture and flexibility. Followed by relaxation. Friendly class, term time only. 10.55-11.55am. St Andrew's Church Centre, Mount Park Road, W5 2RS. £7 020

020 8997 4848

TUESDAYS

Yoga With Loretta

TUESDAYS

TUESDAYS

Experienced and Beginners welcomed! Join our warm and friendly class to gain strength and flexibility, improve posture and alignment, with mindfulness. You may be gently challenged to push yourself ... and keep smiling! 7.30-9pm. St Peter's Church Hall, 56 Mount Park Road, Ealing W5 2RU £9 drop in; £8 if paid in a block

020 8845 7873 • shape.tone@blueyonder.co.uk • www.yogaloretta.co.uk

The Himalayan Institute of Yoga Science and Philosophy TUESDAYS YOGA, MIXED ABILITY AND BEGINNERS (10 - 11.30AM)

General Hatha Yoga class for both experienced students and beginners MINDFUL YOGA (11.30AM - 1PM)

Gentle postures combined with learning to meditate and breathing exercises for a more inclusive practice.

17 April - 10 July (no class 29 May)

Ealing Friends' Meeting House, 17 Woodville Road, W5 2SE£6.50 drop-in fee020 8567 8889 • www.himalayaninstitute.org.uk

West London Dancing CLASSES FOR ALL & NEW WEEKLY SOCIAL DANCE

Weekly classes in Ballroom and Latin American for Starters (7.30 - 8.30pm) and Intermediates (7.30 - 9.45pm in small ballroom). Weekly Social Dance in the outstanding and spacious ballroom 7.45 - 10pm. Great dance music, candlelit tables and atmospheric lighting, BYO drinks and nibbles. Free parking. *Greenford Hall, Ruislip Road, Greenford, Middx. UB6 9QN.*

£6/7 01895 632143 • info@holidayanddance.co.uk • www.holidayanddance.co.uk

Greenford & District Caledonian Association scottish country dancing $% \mathcal{L}^{(1)}$

All levels of dancing welcome - Beginners or Experienced

8 - 10pm. Royal British Legion Greenford, 182 Oldfield Lane South, UB6 9JS

£2 (members £1.50) enquiries@greenfordcaledonian.net • www.greenfordcaledonian.net

The Himalayan Institute of Yoga Science and Philosophy

TUESDAYS, WEDNESDAYS AND THURSDAYS

MIXED ABILITY AND BEGINNERS' YOGA

• 8-9.15pm, Tuesdays 17 April - 10 July (no class 29 May) £108 for full course, £54 half or £12 drop-in

St Andrew's CC, Mount Park Road, Ealing W5 2RS

INTERMEDIATE YOGA

• 8-9.30pm, Tuesdays 17 April - 10 July (no class 29 May) £108 for full course, £54 for half or £12 drop-in

St Barnabas CC, Pitshanger Lane, Ealing W5 1QG INTERMEDIATE YOGA

• 8-9.30pm. Wednesdays 18 April - 11 July (no class 30 May) £108 for full course, £54 for half or £12 drop-in

Ealing Friends' Meeting House, 17 Woodville Road, Ealing W5 2SE MIXED ABILITY YOGA

• 6.30-8pm, Thursdays 19 April - 12 July (no class 31 May) £108 for full course, £54 half or £12 drop-in

Ealing Friends' Meeting House, 17 Woodville Road, Ealing W5 2SE

020 8567 8889 • www.himalayaninstitute.org.uk

Spritely Fitness

TUESDAYS AND FRIDAYS

Exercise class for people in their 50s, 60s, 70s and beyond. This is a fun and sociable class including dance aerobics for a healthy heart and resistance exercises for conditioning muscles and bones. *Tuesdays: 9.45am. St Mary's Church Hall, 1 Acton High Street, London W3 9NW Fridays: 10.30am. Ealing Green Church Hall, Ealing, W5 5QT* £7 paul@gunnersbury-fitness.co.uk • www.spritely-fitness.co.uk

Suzanne Gribble - Iyengar Yoga

WEDNESDAYS

General lyengar Yoga classes focusing on alignment of the body to help improve flexibility, strength and stamina and a quieter mind.

9.15 - 10.45am. Northfields Community Centre, W13 9SS

£66 for block of 6, £120 for block of 12, £13 drop in 07916 145786 • suzanne.gribble@gmail.com http://suzannegribbleyoga.com • www.facebook.com/SuzanneGribbleIyengarYogaTeacher

The Himalayan Institute of Yoga Science and Philosophy WEDNESDAYS SUMMER YOGA

Yoga drop-in classes suitable for all levels including beginners

8-9.30pm. Ealing Friends' Meeting House,17 Woodville Road, Ealing W5 2SE

£11 drop-in 020 8567 8889 • enquiries@himalayaninstitute.org.uk • www.himalayaninstitute.org.uk

TUESDAYS

16 Dance & Movement - Drama, Film, Comedy & Poetry

Shape & Tone shape & tone exercise class

Small friendly class for us more mature people, and others, that want to keep fit and healthy. Varied exercises for strength, stamina and flexibility. Fun workout for all abilities. Most Thursdays throughout the year.

7.15 - 8.30pm. Room No. 1, Northfields Community Centre, 71a Northcroft Road, W13£6020 8845 7873 • shape.tone@blueyonder.co.uk

Suzanne Gribble - Iyengar Yoga

FRIDAYS

THURSDAYS

General lyengar Yoga classes focusing on alignment of the body to help improve flexibility, strength and stamina and a quieter mind. Beginners welcome.

- 11 12.30. on route, 44 46 South Ealing Road W5 4QA
- £66 for block of 6, £120 for block of 12, £13 drop in 07916 145786 suzanne.gribble@gmail.com http://suzannegribbleyoga.com www.facebook.com/SuzanneGribblelyengarYogaTeacher

Drama, Film, Comedy & Poetry

JUNE & JULY

The Questors Theatre DAISY PULLS IT OFF

FRIDAY 1 - SATURDAY 9 JUNE

Denise Deegan's comic parody of 1920's schoolgirl adventure stories – a thrill from start to finish

The Questors Theatre, 12 Mattock Lane W5 5BQ.

1, 2, 5, 6, 7, 8, 9 June at 7.45pm, Sunday 3 June 2.30pm

£14 (£12 conc, £7 under-16/student). Final Friday and Saturday: £18 (£15 conc, £9.50 under-16/ student). First night only: £7

Box office: 020 8567 0011 · Questors.org.uk Enquiries: info@questors.org.uk

The Questors Theatre EVENTIDE

TUESDAY 26 - SATURDAY 30 JUNE

A tragi-comic story of three people whose lives are changing. Behind the back of The White Horse Inn John, Liz and Mark drink, chat and joke – about a ferret that can perform miracles for single men, and the true value of alcoholism. Is it all missed chances and disappearing dreams or will change bring new opportunities their way?

The Questors Theatre, 12 Mattock Lane W5 5BQ.

7.45pm Tuesday - Saturday plus 2.30pm Saturday matinee

27, 28 June £14 (£12 conc, £7 under-16/student), 29, 30 June: £18 (£15 conc, £9.50 under-16/ student). First night only: £7

Box office: 020 8567 0011 • Questors.org.uk Enquiries: info@questors.org.uk

Conjuring at the Court

TUESDAY 26 JUNE

Witness the impossible as top magicians take to the stage. A terrific line-up of miracleworkers led by the UK's top comedy magician Mel Mellers. 8pm. Drayton Court, 2 The Avenue, West Ealing, W13 8PH £11 in advance, £12 on the door

07775 587708 · tickets@conjuringatthecourt.com · www.conjuringatthecourt.com

The Questors Theatre ALBERT MAKE US LAUGH

SATURDAY 14 - SATURDAY 21 JULY

At first glance, you might think that Albert Nuttal is backward. But look again. He is a poet and a visionary. As the boy grows into manhood he inspires depths of emotion in those he comes into contact with; his classmates, teachers, social worker and family. When you're different you make a difference. The graduating performance of The Questors Academy Advanced Performance Course students. The Questors Theatre, 12 Mattock Lane W5 5BQ.

14, 17, 18, 19, 20 July 7.45pm, Sunday 15 July 2.30pm

£10 (£5 conc, under-16/student). First night only: £5

Box office: 020 8567 0011 • Questors.org.uk Enquiries: info@questors.org.uk

Conjuring at the Court

THURSDAY 26 JULY

London's longest-running monthly magic show with a different line-up every night! Enjoy magical entertainment for all ages from top professional performers. 8pm. Drayton Court, 2 The Avenue, West Ealing, W13 8PH £11 in advance, £12 on the door

07775 587708 · mail@russell-levinson.com · www.conjuringatthecourt.com

REGULAR EVENTS

Rainbow Poetry Group

TUESDAYS

If you enjoy poetry on a wide range of subjects, we invite you to our informal monthly meetings at Hanwell Library (on the second Tuesday). We read and discuss published poems, with a specific theme each month. *Next meetings: 12 June (Pablo Neruda), 10 July (Sappho)*

2.30pm. Hanwell Library, Cherington Road, W7 Enquiries: 020 8567 4397 • donkennedy@f2s.com

The West London Fantastic Film Society

THURSDAYS

Dedicated to the strange and exciting world of fantasy films on reel celluloid film First Thursday each month, February - November. 7.30pm - 11pm. The Royal Harvester Restaurant, Boston Manor Road, London, W7 2AX £5 per show / £1 Lifetime Film Society Membership Card

Enquiries: 07939 395128 • filmhorror@yahoo.co.uk

Drama, Film, Comedy & Poetry 17

18 Leisure

Leisure

JUNE

FRIDAY 1 JUNE

North Ealing Wine Tasting Society (NEWTS) PACIFIC NORTH WEST WITH IAN MCLAREN

Join us to explore the wines of the American Pacific North West. 8pm. St Barnabas Millennium Hall, Pitshanger Lane, W5 1QG £20. Admission by prior application.

020 8566 7373 • 020 8997 8132 • newtsealing@gmail.com • www.newtsealing.org

West London Birders

SUNDAY 10 JUNE

SUNDAY 8 JULY

www.fomeb.eu

Join us for a car outing to Brecklands & RSPB Lakenheath in Norfolk to discover the birds of the heathland and the recently created wetlands. We expect to see Stone Curlew. Crane and Cuckoo together with other summer migrants.

8am. Depart from Longfield Avenue by Ealing Town Hall 020 8998 3284 • nigel125@btinternet.com

JULY North Ealing Wine Tasting Society (NEWTS) FRIDAY 6 JULY

SICILY IN A GLASS WITH ALVINI WINES

Join is for a tasting of the wines of the Mediterranean island of Sicily. Surely an offer you can't refuse!

8pm. St Barnabas Millennium Hall, Pitshanger Lane, W5 1QG

£20. Admission by prior application.

020 8566 7373 • 020 8997 8132 • newtsealing@gmail.com • www.newtsealing.org

The Friends of Marcq-en-Baroeul BOULES

Come and join members of Ealing's town twinning association for a friendly afternoon playing boules. No booking or experience required – just come along and share in the fun. Bring something to sit on and a picnic if you wish, or you can buy food from the Will to Win cafe.

1-5pm. Will to Win, Lammas Park Enclosure, Culmington Road, W5 9NJ Free

REGULAR EVENTS

West London Group of Ramblers Association

SATURDAYS AND SUNDAYS (SOME WEEKDAYS)

020 8863 6523 • westlondongroup@yahoo.co.uk • www.westlondonramblers.org.uk

Leisure 19

Ealing Outdoor Club

SUNDAYS

We are a friendly Ealing based walking group. Most Sundays we have walks led by experienced leaders. Walks are 6 - 16 miles and we walk in the Chilterns and in Surrey. We regularly organise walking trips away. See our website for more details.

ealingoutdoorclub@hotmail.com · www.ealingoutdoorclub.org.uk

Club West

SUNDAYS

PUB LUNCHES AND COFFEE MORNINGS FOR UNATTACHED OVER-50S

We meet every Sunday for lunch and drinks in a pub somewhere in Ealing, Chiswick, Hammersmith or Richmond. We also meet midweek for coffee, guizzes and other activities. The Club West sign will be on one of our tables. No need to book. 12.30. A pub in West London 020 8992 6134 · www.clubwest.org.uk

CLAN Social Club

WEDNESDAYS

Are you single? Over 50? Enjoy socialising? Come and find out more over a cup of coffee. Meet members and see a programme of current events.

1st Wednesday of the month, 11am at a coffee shop near you, in Ealing and surrounding areas. Free Keith 020 8571 2145 or Bette 07446 300007

The Himalayan Institute MEDITATION AND ITS PRACTICE

WEDNESDAYS

An introduction to meditation. The course will provide you with basic tools for beginning and developing meditation. 6.15-7.45pm, 18 April - 11 July 2018 (no class on 30 May) Ealing Friends' Meeting House, 17 Woodville Road, W5 2SE £96 for full course, £48 half or £10 drop-in 020 8567 8889 · www.himalayaninstitute.org.uk

CLAN Social Club

THURSDAYS

Another chance to find out more about our friendly social club for unattached over-50s. Come along for a chat and find out about our current programme of events. 2nd Thursday every month, 8pm.

The Royal (Harvester) pub, Boston Road (nearest station Boston Manor)

Keith 020 8571 2145 or Bette 07446 300007

The Himalayan Institute MEDITATION/PHILOSOPHY

THURSDAYS

• 8-9.30pm, 19 April - 12 July (no class 31 May) £96 for full course, £48 half or £8 drop-in Ealing Friends' Meeting House, 17 Woodville Road, W5 2SE

020 8567 8889 · www.himalayaninstitute.org.uk

Make new friends, improve your health and enjoy our lovely town and countryside. Walks are 4-14+ miles, led by volunteers and carefully graded. Railway station start, usually lunchtime pub stop. No charge, but after a couple of 'tasters' you will need to join the RA. For details see website, phone or email.

20 Multi-activity

Multi-activity

JULY

SATURDAY 21 JULY

IMPACT Theatre and Outreach Network IMPACT MASSIVE INCLUSIVE CARNIVAL DAY

A celebration of Carnival Arts with music and performances, open to the public. Admission is free. Suitable for families. Funded by Arts Council England.

11am-4pm. IMPACT Community Arts Centre, Ealing Central Sports Ground, Horsenden Lane South, Perivale

Free entry

020 8997 8979 • info@impacttheatre.co • www.impacttheatre.co

IMPACT Theatre

IMPACT Theatre is a theatre company for adults with learning disabilities. The lives of our members are enriched by a wealth of activities across the performing and creative arts. IMPACT Community Arts Centre is a fully equipped accessible arts centre with facilities such as a studio theatre, recording/rehearsal room and meeting rooms. These facilities are also available for hire, which further supports provision of training, volunteering and work experience opportunities for people with learning disabilities.

IMPACT Community Arts Centre, Perivale UB6 8GP

020 8997 8979 · info@impacttheatre.co · www.impacttheatre.co

Phototechne International SOCIAL MEDIA COURSES

Are you looking to use social media? Learn how social media can be used to communicate with your target audience. An in-depth look at tools and techniques you can use to market your organisation, business on the internet. You will examine Search Engine Optimisation (SEO), web advertising and social media marketing among other topics along with the management tools needed to measure success.

Greater London area, 2 hours £45

To register and enquiries contact: Joseph Carrera

 $CarreraJ@gmx.co.uk \bullet 07851 \ 507858 \bullet linkedin.com/in/josephcarrera \bullet @phototechne$

Younger Years

Younger Years 21

SATURDAYS

Younger Years

REGULAR EVENTS

Suzanne Gribble - Iyengar Yoga TEENS YOGA CLASSES

Yoga classes for teenagers focusing on improving flexibility, strength and stamina and a quieter mind. Beginners welcome.

4.30 - 5.30 (please check dates in advance). Northfields Community Centre, W13 9SS £7 a session (£30 for a block of five)

07916 145786 · suzanne.gribble@gmail.com

 $http://suzannegribbleyoga.com \cdot www.facebook.com/SuzanneGribblelyengarYogaTeacherwares and the second statement of the secon$

Madhurang Dance

WEEKENDS, MONDAYS, TUESDAYS, THURSDAYS

Classes for children and adults. Learn classical dance form Kathak or Bollywood keep fit classes. ISTD approved exams can be taken; this is optional. You can join the classes at any time. This is a fun activity for one and all. Steps are taught slowly and gradually to the learner's ability. Great care is given and attention. Please call for a free trial class. *Northfields Community Centre, 71a Northcroft Road, West Ealing, W13 9SS*

07922 109289 · crishna8@hotmail.com

Sew What? Learn to sew or get it fixed

WEDNESDAYS, FRIDAYS AND SATURDAYS Younger Years

Machine sewing classes for total beginners and intermediate skill. Adult class options: Wed/ Fri/ Sat 10.30am & 12.30pm. Separate after school or holiday club classes for children 9+yrs. Repairs and alterations by quote. Call Debbie to chat sewing! *Garden studio on Brunswick Road, W5 1AH*

debbie@sewwhatcafe.com • 07946 826338 • www.sewwhatcafe.com

Want to be sure of getting What's On?

Would you like to have your copy of *What's On* delivered regularly by post? If so, you will be more than welcome to join our Supporters' Mailing List. The annual subscription is £10 per household.

To join the list, please contact: The Secretary, Ealing Arts Supporters' List, 2 Carlton Road, Ealing, London. W5 2AW 020 8997 7131 / hazel@talbot68.plus.com

Our Members

ART & CRAFTS

The 4020 Art Group BEAT (Borough of Ealing Art Trail) Diana Braybrook - artist **Dinesh Studio London** Ealing & Hampshire House Photographic Society Ealing Art Group Ealing Flower Club Ealing Lacemakers Ealing Quilters Lady's Creative Centre Pamela Lloyd-Jones Art Classes St Andrew's Art Workshops Sew What? Timothy Robinson Photography Watercolour Painting at Northfields Community Centre

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CULTURE & LEARNING Campaign for an Ealing Performance and Arts Centre (CEPAC)

Colette Wilson French Cultural Courses

Ealing National Trust Association Ealing Red Lion Readers Ealing University of the Third Age Friends of Marcq-en-Baroeul Hanwell & Ealing Heritage Museum Historical Association: Ealing Branch Phototechne International

Workers' Educational Association, Ealing Branch

DANCE & MOVEMENT

Ealing Country Dance Club Greenford & District Caledonian Association

Madhurang Indian Dance The Pilates Studio + Adult Floor Barre

Shape & Tone / Yoga with Loretta Spritely Fitness Suzanne Gribble - Iyengar Yoga West London Backcare West London Dancing

DRAMA, FILM, COMEDY & POETRY

Beaufort Players Conjuring at the Court Impact Theatre Pisces Players (Popup Theatre) The Questors Theatre Rainbow Poetry Group Theatre West 4 (TW4) West London Fantastic Film Society

LEISURE

Charlemagne Wine Club CLAN Social Club Club West Ealing Outdoor Club The Garden Club North Ealing Wine Tasting Society (NEWTS) StayActive4Life LLP

West London Birders

West London Group of Ramblers Association

MUSIC

Capital Chorus Ealing Chamber Music Club Ealing Choral Society Ealing Common Choir Ealing Folk Club Ealing Guitar Classes Ealing Junior Music School Ealing Symphony Orchestra Ealing Youth Orchestra Friends of St Mary's Perivale Music Section Gregorian Chant: Ealing Abbey Lay Plainchant Choir The Hanwell Voice Studio **HEOS Musical Theatre** Julian Light Operatic Society Love2sing Choirs Petros Singers The Questors Choir St Barnabas Church concerts West London Sinfonia West London Strings

MULTI-ACTIVITY

The Arts Society Ealing Ealing Music & Film Festival Himalayan Institute of Yoga Science and Philosophy

West London Arts Scene (Ealing Autumn Festival)

Interested in listing your club or event in Ealing Arts & Leisure? Visit ealingarts.org.uk or call 020 8567 4075

Ealing Arts & Leisure 68 ELERS ROAD, LONDON. W13 9QD Chairman: Gill Rowley Secretary: Diana Braybrook Treasurer: Colin Easton Membership Secretary: Richard Partridge Diary Editor: Richard Partridge

> NOTE TO MEMBERS: Final entry for the August - September 2018 issue is 1 July 2018.