

DECEMBER 2018 — JANUARY 2019

# What's On



Arts and leisure  
activities across the  
borough of Ealing

EVENTS INSIDE THIS ISSUE

Music, Art, Crafts, Culture,  
Education, Dance, Movement,  
Drama, Comedy, Poetry,  
Leisure, Multi-Activity

# What's On – so much to do in Ealing

This issue of *What's On* illustrates just how much arts and leisure activity is happening throughout the borough, from Christmas celebrations to events and possible new interests that will help kick-start the New Year for you.

We're delighted to welcome some more new members: check out the Art & Crafts, Dance & Movement and Music sections.

And don't forget that our website can accommodate updates between issues of this diary: check out [www.ealingarts.org.uk](http://www.ealingarts.org.uk)

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Find us online at  
[ealingarts.org.uk](http://ealingarts.org.uk)

**f** [facebook.com/EalingArts](https://facebook.com/EalingArts)

Want to know how to list an event  
or advertise here?  
Visit [ealingarts.org.uk/join](http://ealingarts.org.uk/join).

Ealing  
Arts &  
Leisure

## Music

Ealing Music and Film Festival  
7TH GLORIOUS YEAR – HOLD THE DATES!

13-17 FEBRUARY 2019

Five days of exciting concerts, film-related events and more!

Full details on website as they are confirmed, and in February-March What's On.

020 8566 0573 • [manager@ealingmusicandfilmfestival.org](mailto:manager@ealingmusicandfilmfestival.org) • [www.ealingmusicandfilmfestival.org](http://www.ealingmusicandfilmfestival.org)

## DECEMBER

Ealing Music and Film Festival  
EALING MUSIC AND FILM FESTIVAL PREQUEL CONCERT

TUESDAY 4 DECEMBER

This 'Prequel' concert will whet your appetite in advance of the next Ealing Music and Film Festival (13-17 February 2019). Come and enjoy a glorious and uplifting selection of songs by Gershwin, Lehar, Mozart, Strauss and Mahler, performed by some of the popular soloists from our 2018 Festival: Gweneth Ann Rand (soprano), Keel Watson (bass-baritone) and Julian Gallant (piano).

7.30pm. St Mary's Church, St Mary's Road, South Ealing, W5 5RH

£12 (concessions available). Tickets at the door subject to availability, or online from website.

020 8566 0573 • [manager@ealingmusicandfilmfestival.org](mailto:manager@ealingmusicandfilmfestival.org) • [www.ealingmusicandfilmfestival.org](http://www.ealingmusicandfilmfestival.org)



## MUSIC AT ST MARY'S PERIVALE

Perivale Lane  
UB6 8SS



This 12th-century church is West London's foremost classical music venue, presenting world-class soloists and ensembles in an intimate atmosphere. See listings or website for concert details.

Nearest Tube station: Perivale

[www.st-marys-perivale.org.uk](http://www.st-marys-perivale.org.uk)

Concerts Wednesday evenings and Tuesday and Sunday afternoons throughout the year

*'An impressive roster of fine musicians ... an excellent acoustic... and the audience can appreciate being closer to the musicians [than at other venues]'*

Frances Wilson ('The Cross-eyed Pianist')

## Questors Choir

### QUESTORS CHOIR CHRISTMAS CONCERT

SATURDAY 8 DECEMBER

Come and join the Choir, accompanied by the Aurelian Brass Ensemble, in singing favourite carols and other Christmas songs. We will perform many familiar tunes – plus some that may be new to you. We're sure you'll find plenty to enjoy and get you into festive mood!

7.30pm. St. Martin's Church, Hale Gardens, West Acton W3 9SQ

£14 (concessions or in advance £12, under 12s free). Complimentary drink and mince pie.

07802 720333 • more@questorschoir.org • www.questorschoir.org

## West London Sinfonia

### WEST LONDON SINFONIA'S FAMILY CHRISTMAS CONCERT 2018

SUNDAY 9 DECEMBER

West London Sinfonia presents the most popular of all pieces written for children – *Peter And The Wolf* by Prokofiev. The story will be told by John Rowe, and we will have our best Christmas playlist for this year; if you are not sure of what might be on the playlist, we are sure your children and their friends would be keen to help with their suggestions.

Conductor Philip Hesketh, Presenter John Rowe, Leader Iwona Boesche

3pm. St Michael and All Angels', Bedford Park, W4 1TT (next to Turnham Green tube station)

£10 (children £5). Buy online via website or cash / cheques at the door

020 3475 4200 • secretary@westlondon.org • www.westlondonsinfonia.org

## Ealing Symphony Orchestra

### CHRISTMAS CONCERT

SATURDAY 15 DECEMBER

An informal concert, to include William Wordsworth's *Variations on a Scottish Theme*, excerpts from Vivaldi's *Gloria*, and of course carols. Refreshments available afterwards.

5.30pm. Ealing Green Church, W5 5QT

Free with a retiring collection; proceeds to the church's night shelter for the homeless.

020 8567 4075 • secretary@ealingso.org.uk • www.ealingso.org.uk

## Petros Singers

### HODIE!

SATURDAY 15 DECEMBER

Our concert concentrates on works written specifically for Christmas Day, without a shepherd, Magi, figgy pudding or partridge to be seen or heard! Featuring music by JS Bach, Poulenc, Mendelssohn, Sweelinck, Praetorius, Bruckner and Rutter, alongside Holst's neglected carol fantasia *Christmas Day*. Bring your friends and family along for mulled wine and mince pies, join in the audience carols and get the festive season off to a great start.

7.30pm. St Peter's, Black Lion Lane, Hammersmith, W6 9BE

£17 (concessions £15, under 18s/students £5)

tickets@petrossingers.com • www.wegottickets.com/petrossingers • www.petrossingers.org

## Ealing Abbey Choir

### CAROLS BY CANDLELIGHT

SATURDAY 22 DECEMBER

Music and readings for Christmas, performed by Ealing Abbey Choir and Orchestra

7.30pm. Ealing Abbey, Charlbury Grove, London, W5 2DY

£12 (concessions £10)

ealingabbeychoir@gmail.com • www.ealingabbeychoir.org.uk



**Questors Choir Christmas Concert**  
with the Aurelian Brass Ensemble

8th December 2018  
7.30pm

St Martin's Church, Hale Gardens, W3 9SQ

£14 door, £12 concs and advance, under 12s free.  
Complimentary mince pie and drink

Book online or phone 07802 720333  
**www.questorschoir.org**  
Registered charity number 1131371





 **EALING SYMPHONY ORCHESTRA**  
Registered Charity No. 287974  
President: The Mayor of Ealing

**George LLOYD**  
1st Symphony

**Malcolm ARNOLD**  
Concerto for Two Violins

**DVOŘÁK**  
7th Symphony

7.30pm Saturday 26 January 2019  
St Barnabas Church, London W5 1QG

Peter Nall & Olivia Tan (violins)  
Conductor: John Gibbons

£14 (concessions £12, under-25/student £6, accompanied under-16 £1)  
Tickets: [www.ealingso.org.uk/tickets](http://www.ealingso.org.uk/tickets) (no booking fee),  
from 68 Elers Road, London W13 9QD (020 8567 4075), and at the door for cash  
[www.ealingso.org.uk](http://www.ealingso.org.uk)

JANUARY

Ealing Symphony Orchestra

SATURDAY 26 JANUARY

George LLOYD: Symphony No. 1 in A  
Malcolm ARNOLD: Concerto for Two Violins and Strings  
DVOŘÁK: Symphony No. 7  
Peter Nall and Olivia Tan (violins), conductor John Gibbons  
7.30pm. St Barnabas Church, Pitshanger Lane, W5 1QG  
£14 (concessions £12, under 25/student £6, accompanied child £1) – tbc  
Box office (no booking fee): [www.ealingso.org.uk/tickets](http://www.ealingso.org.uk/tickets)  
020 8567 4075 • [secretary@ealingso.org.uk](mailto:secretary@ealingso.org.uk) • [www.ealingso.org.uk](http://www.ealingso.org.uk)

REGULAR EVENTS (MORE IN YOUNGER YEARS)

The Hanwell Voice Studio

SINGING LESSONS

Singing lessons with a professional opera singer from English National Opera. Master a solid vocal technique, essential for success in performance. Tuition for all musical styles. Beginners welcome.  
The Hanwell Voice Studio, W7  
Enquiries (Lydia Marchione, AGSM): 07791 170662 • [www.lydiamarchione.com](http://www.lydiamarchione.com)

The Friends of St Mary’s Perivale

SUNDAYS

SUNDAY CONCERTS AT ST MARY’S PERIVALE

9 December: The Lipatti piano quartet  
6 January: Ashley Fripp (piano)  
13 January: The Minerva Piano Trio  
20 January: The Friern Ensemble  
27 January: Luka Okros (piano)  
3pm except as shown. St Mary’s Church, Perivale Lane, Perivale UB6 8SS  
Free with a retiring collection  
020 8997 7691 • [hmather@btopenworld.com](mailto:hmather@btopenworld.com) • [www.st-marys-perivale.org.uk](http://www.st-marys-perivale.org.uk)

Ealing Chamber Music Club

MONDAYS

New playing members (and visitors) are always welcome at our regular evenings.  
Free refreshments.  
Second Monday in the month, except August. 8pm. St Mary’s Church, Perivale  
020 3143 3206 • [ealingchambermusic@gmail.com](mailto:ealingchambermusic@gmail.com) • [www.ecmc.org.uk](http://www.ecmc.org.uk)

Capital Chorus

MONDAYS

WEEKLY REHEARSAL

We’re a friendly, diverse and welcoming group of men who love to sing close-harmony songs in the barbershop style. Whatever your age or experience, come and meet us at our weekly open rehearsal. Barbershop could be the exciting, rewarding, fun hobby you’re looking for.  
7.45 - 10.15pm. Kingsdown Methodist Church, Northfield Avenue, Ealing W13 9PR  
07963 595930 • [www.capitalchorus.co.uk](http://www.capitalchorus.co.uk)

Ealing Choral Society

MONDAYS

JOIN OUR CHOIR!

Our new year term starts on 14 January 2019, and we will be performing Bach’s St John Passion at Chelsea’s famed Cadogan Hall in March, with a Scandinavian-themed June concert *Northern Lights* to end another successful season.  
We welcome all singers of all ages with a commitment to learning and performing works to a high standard. Our current members range from their 20s to 80s. For ages 16 to 23, we offer free membership. For under 30 years, we offer a substantially reduced membership subscription. We currently offer a 50% reduced membership subscription for new tenors and basses joining us.  
If you enjoy singing, come along and join us!  
7.35pm. Ealing Green Church Hall, Ealing W5 5QT  
Membership Secretary Chris Bowles: 07932 460388 • [membership@ealingchoralsociety.org.uk](mailto:membership@ealingchoralsociety.org.uk)  
[www.ealingchoralsociety.org.uk/](http://www.ealingchoralsociety.org.uk/)

The Love2sing Choir

MONDAYS

THE LOVE2SING EALING CHOIR – DAYTIME

Take part in fun, friendly and informative rehearsals and twice-yearly concerts. Choir meets for 35 rehearsals a year (term lengths vary 10-13wks). Styles include musical theatre, pop, rock, big band, Motown, traditional choral and more.  
1-3pm. North Hanwell Baptist Church, Cuckoo Avenue, W7 1BW  
Monthly: £20.40 Termly: £70 (10 wks) - £91 (13wks)  
07989 560603 • [admin@love2sing.co.uk](mailto:admin@love2sing.co.uk) • [www.love2sing.co.uk](http://www.love2sing.co.uk)

The Friends of St Mary’s Perivale

TUESDAYS

TUESDAY AFTERNOON PIANO RECITAL SERIES

4 December: Jianing Kong  
11 December: Katarzyna Golofit  
18 December: Asagi Nakata  
8 January: Tamila Salimdjanova  
15 January: Mishka Rushdie Momen  
22 January: Konstantin Lapshin  
29 January: Anna Geniushene  
2pm. St Mary’s Church, Perivale Lane, Perivale UB6 8SS  
Free with a retiring collection  
020 8997 7691 • [hmather@btopenworld.com](mailto:hmather@btopenworld.com) • [www.st-marys-perivale.org.uk](http://www.st-marys-perivale.org.uk)

Petros Singers

TUESDAYS

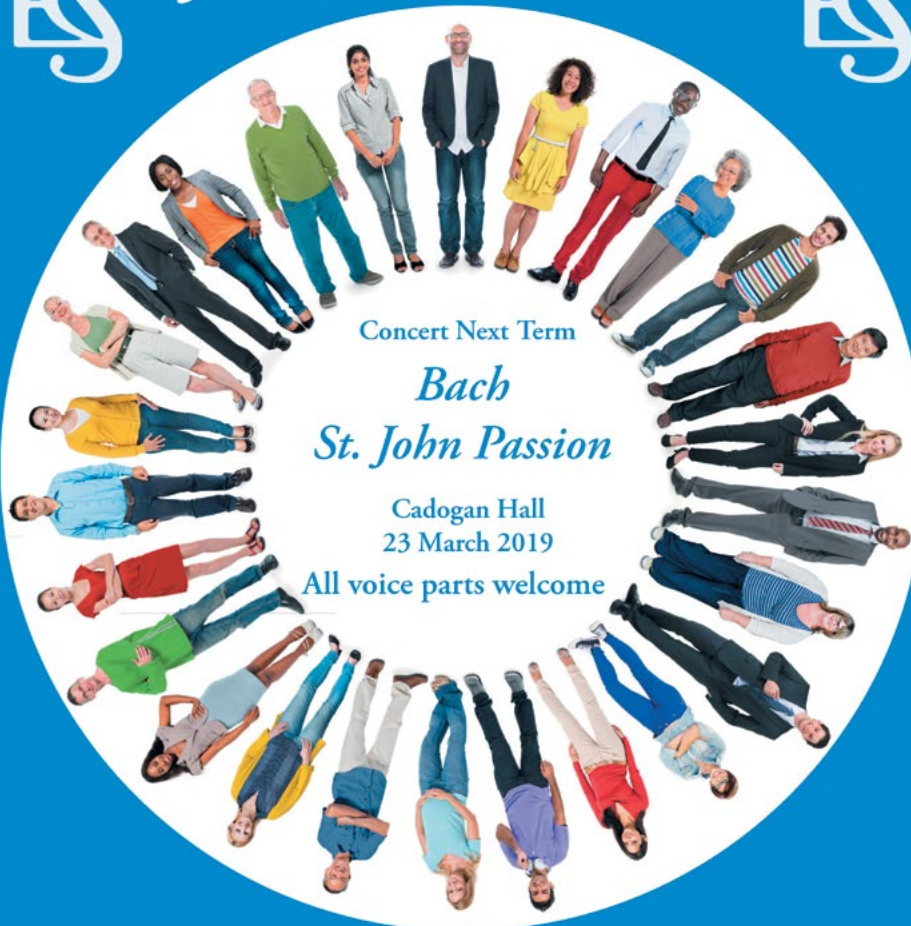
WELCOMING NEW TENORS AND BASSES

We’re a well-regarded auditioned chamber choir with a reputation for high-quality singing and innovative programmes. Check our website to see what concerts we have planned, and email our membership secretary if you’d like to join us for some trial rehearsals. We’d love to hear from tenors and basses, and also offer free bursaries to all singers age 27 and under.  
8-9.45pm. St Peter’s Church, Black Lion Lane, Hammersmith, London W6 9BE  
[membership@petrossingers.org](mailto:membership@petrossingers.org) • [www.petrossingers.org](http://www.petrossingers.org)



# Ealing Choral Society

## Join Our Choir!



www.ealingchoralsociety.org.uk Charity no. 278174  
 membership@ealingchoralsociety.org.uk 07932 460 388

Rehearsals Mondays 7.35 to 9.45pm from 14 Jan 2019 Free membership for 16 to 23 year olds  
 Ealing Green Church Hall W5 5QT Substantial reduction for under 30 years  
 Choral music from Baroque to 21st Century 50% reduced membership for new tenors and basses

## The Friends of St Mary's Perivale

### WEDNESDAY EVENING CONCERTS AT ST MARY'S PERIVALE

WEDNESDAYS

5 December: Ariana Kashefi (cello), Kumi Matsuo (piano) /  
 Jacob Bettinelli (baritone), Marie Otaka (piano)  
 19 December: Savitri Grier (violin), Indira Grier (cello), Francis Grier (piano)  
 2 January: Ben Tarlton (cello), Joon Yoon (piano) / Hyeyoon Park (violin), Sholto Kynoch (piano)  
 16 January: Alena Walentin (flute), Joseph Havlat (piano) /  
 Emily Sun (violin), Caterina Grewe (piano)  
 23 January: Dominic Childs (saxophone), Simon Callaghan (piano) /  
 Cristian Grajner de Sa (violin), Somi Kim (piano)  
 31 January (NB Thursday): The Oculi String Ensemble  
 7.30pm. St Mary's Church, Perivale Lane, Perivale UB6 8SS  
 Free with a retiring collection

020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

## Questors Choir

### COME AND SING WITH QUESTORS CHOIR

WEDNESDAYS

Like singing choral music? Not sure? Free on Wednesday evenings? If 'Yes', and you're over 16 years old, why not come along and try us? We're a well-established, friendly, West Acton-based, Ealing community choir of around 60 members. First three sessions are free of charge, with no obligation to join. You will not be asked to audition: just turn up, join in and do your best! 8 - 10pm. St Martin's Church hall, Hale Gardens, W3 9SQ. Just a short walk from Ealing Common tube station (Piccadilly & District lines), 207, 427, 607 and 440 bus routes, and with on-street parking outside.

£140 yearly / £130 early birds / £110 concessions. £60 (£50 for concessions) each term.  
 Free for 16-25's.

07802 720333 • more@questorschoir.org • www.questorschoir.org

Come



Sing with us

Questors  
Choir



Do you enjoy singing?

Questors is a community choir of about 60 members based in Ealing/ Acton. We are always looking for new people to come and join us - no previous choral singing experience necessary and no auditions.

When and where:

Wednesdays 8-10pm  
 St Martin's Church Hall,  
 Hale Gardens, W3 9SQ

We perform 3 concerts per year with a wonderfully varied repertoire - so there is something for everyone.

So if you're free on Wednesday evenings come and join us - the first three sessions are free of charge!

Enquiries: 07802 720333

www.questorschoir.org

Registered charity number 1131371




## The Love2sing Choir

### THE LOVE2SING EALING CHOIR – EVENING

WEDNESDAYS

Take part in fun, friendly and informative rehearsals and twice-yearly concerts. Choir meets 35 rehearsals a year (term lengths vary 10-13wks). Styles include musical theatre, pop, rock, big band, Motown, traditional choral and more.

7.30-9.30pm. St Christopher's, Bordars Road, Hanwell, W7 1AG

Monthly: £26.25 Termly: £90 (10 wks) - £117 (13wks)

07989 560603 • admin@love2sing.co.uk • www.love2sing.co.uk

## Ealing Folk Club

WEDNESDAYS

Hosted by the OddFellas. Listeners, singers, players, all welcome – as long as it's unplugged, anything goes.

First Wednesday of every month, 8-11pm

Upstairs in the Reading room at the Grange pub, Warwick Rd, Ealing, London W5 3XH

020 8567 2955 • bob\_little@ntlworld.com

## Ealing Common Choir

### WHERE SINGERS ARE WELCOME

THURSDAYS

Experience the pleasure of singing an amazingly wide repertoire to a high standard. We give 3-4 concerts a year interspersed with workshops and social events.

You should be able to read music, sing in tune and sight-read a simple line.

7.30 - 9.30pm. St Matthew's Church, North Common Road, Ealing W5 2QA

£40 per term. Try the choir for free for your first ever 3 weeks. Concessions for all students.

chair@smce.org.uk • www.smce.org.uk

## St Barnabas Church

### FRIDAY LUNCHTIME CONCERTS AT ST BARNABAS

FRIDAYS

7 December: Ben Baker (violin), Daniel Lehardt (piano)

4 January: Matthew Lau (piano)

11 January: Peteris Sovoklovis (cello), Dina Duisen (piano)

18 January: The Bergonzi piano trio

25 January: to be confirmed

1pm. St Barnabas Church, Pitshanger Lane, London W5 1QG

Free with a retiring collection

020 8997 7691 • hmather@btopenworld.com

www.barnabites.org/page/12/friday-lunchtime-concerts

# Art & Crafts

## REGULAR EVENTS (MORE IN YOUNGER YEARS)

## Lady's Creative Centre (reg. charity no. 1041528)

Art and craft classes: Wednesdays & Thursdays 10am-12.30pm.

Sewing, knitting and crochet workshops, dolls' house museum (£1 entry) and art show: Saturdays 10am-3pm; school visits by arrangement.

Christmas bazaars: Tuesdays and Fridays, 2-7pm, Saturday 10am-4pm.

12 Haven Green, Ealing, W5 2UU or locally. Membership £20/year; classes extra

020 8998 8236 • lcccharity@aol.com • www.ladyscreativecentre.co.uk

## Pamela Lloyd-Jones Art Classes

### LIFE DRAWING

SATURDAYS

Great models and tuition. All materials included though welcome to bring your own. Bring own easel and drawing board if available, as well as coffee mug! All levels of experience welcome.

4 December, 12 January, 9 February, 9 March, 13 April: 10am -1pm

The large hall at The Brentham Club, 38a Meadvale Road, Ealing W5 1NO

£22 including all materials as well as tea/coffee and biscuits

07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

## The Ealing Lacemakers

MONDAYS

A small, friendly group making a variety of laces, independently run, some tuition available

Every Monday except for bank holidays: no meetings in August

7.30 - 9.30pm.

Room 2, Northfields Community Centre, 71a Northcroft Road, W13

020 8991 9338 • cathyadams@ntlworld.com

## Ealing Art Group

MONDAYS

Passionate about art in all its forms? Join Ealing Art Group! We offer a lively programme of life drawing, lectures on art history and demonstration techniques, group outings to exhibitions and places of artistic interest, together with the opportunity to exhibit with the group.

For further information and details of how to join us, please contact our Secretary.

020 8998 5662 • www.ealingartgroup.co.uk

## St Andrew's Art Workshops

### TUTOR-LED WORKSHOPS FOR OIL PAINTING AND MIXED MEDIA

MONDAYS - THURSDAYS

Materials supplied for all groups at small additional charge. Oil painting workshops include structured courses for beginners. Beginners welcome. Tutor: ex-college lecturer.

During term-time. Painting: Mon, Tue, Wed 10am - 1pm. £9 per 3hr. session

Mixed media: Thurs 10am - 12.30pm. £8 per 2½hr session

St Andrew's Church Centre, Mount Park Road, Ealing W5

020 8998 8435 • matthew2Ls@btinternet.com

## The 4020 Art Group

### DRAWING AND PAINTING CLASSES FOR ALL

MONDAYS AND TUESDAYS

We are a friendly bunch of amateur artists with our own studio and professional tutors. We offer a varied programme of high-quality teaching for adults. Beginners and more experienced artists welcome.

Monday 7 January - Tuesday 2 April (half term w/c 18 February)

Monday classes: 10am - 1pm or 2 - 5pm, Tuesday mornings: 10am - 1pm

£200 for 12 weeks

Specialist short courses and evening classes run by professional tutors

See www.4020artgroup.co.uk for details

Hanwell Community Centre, Westcott Crescent, W7 1PD

Membership enquiries: 07535 347764 • membership@4020artgroup.co.uk

**Patricia Burbidge**

TUESDAYS

**WATERCOLOUR PAINTING NORTHFIELDS COMMUNITY CENTRE**

Mixed-ability watercolour painting classes. We experiment with colour mixing, still life and landscape composition using a variety of watercolour techniques.

15 January - 26 March, 10am-12.30pm: £80 and 1-4pm: £90

Room 1, Northfields Community Centre, 71a Northcroft Road, W13 9SS

artist@patriciaburbidge.com • 020 8891 5115

**Pamela Lloyd-Jones Art Classes**

TUESDAYS

**ART CLASSES FOR ADULTS**

Very popular, friendly art classes. Painting in acrylics. Learning about Post Impressionistic styles. All levels welcome. Classes transferable.

Tuesdays 8 January - 9 April, 10am -12 noon and 1pm - 3pm

The large hall at The Brentham Club, 38a Meadvale Road, Ealing W5 1NO

£143 for 13-week class or £14 drop-in

07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

**Jessica Rose (painter, printmaker & art teacher)**

TUESDAYS AND WEDNESDAYS

**WATERCOLOUR CLASSES**

This course will give you the confidence to handle the wonderful medium of watercolour so you can produce paintings with transparency and glow! We will work on subject matter ranging from still life to landscapes. I also teach drawing skills during the class, which can greatly improve the composition of your paintings.

Tuesdays 1.30-4.30pm or Wednesdays 10am-1pm

Spring 2019 term: 7 January - 5 April (half term 18-22 February)

Hanwell Community Centre, Westcott Crescent, London W7 1PD

£240 per term 07790 995040 • jessicaroseartist@gmail.com • jessicaroseartist.co.uk

**Ealing Flower Club**

WEDNESDAYS

**FLORAL DESIGN DEMONSTRATIONS**

*Ealing Flower Club offers the chance to see top flower arrangers in action, appropriately in the heart of the Garden Suburb:*

12 December: We are delighted to welcome Nick Grounds, a National Demonstrator, who will be presenting his Christmas Demonstration Titled *Bah Humbug* let's see how Nick interprets this into flowers. (Please note! This month's meeting is the 2nd Wednesday) Look forward to seeing you there.

16 January: Angela Woodley's demonstration is titled *Gardens Galore*. We also have a Club Competition titled *Sparkling New Year*. So not only will you enjoy Angela's demonstration, you could possibly win one of her arrangements in our raffle – and help judge the winner of our Club Trophy.

7pm for 7.30 start. St. Barnabas Church, Pitshanger Lane, W5 1QG (buses E2 and E9 go past the door, or roadside parking). Visitors welcome: £5.50 per session, or become a member.

Enquiries: (Jenni) 07772 975554 • jennisworld48@hotmail.com  
(Christine) 020 8998 8228 • smtpearce@btinternet.com

**HCC Upholstery and Refurbishment Group**

WEDNESDAYS AND THURSDAYS

We are a friendly and supportive group of mixed-ability enthusiasts, guided by a qualified upholstery teacher, re-upholstering and refurbishing furniture of any age – armchairs, dining chairs, stools, sofas (waiting list).

Two classes a week, 10am-1pm. Hanwell Community Centre, W7 1PD (top of Cuckoo Avenue)

12-week class £195 + £5 yearly Group membership fee 07831 117294 • heringj@btinternet.com

**Ealing Quilters**

THURSDAYS

13 December: AGM and Christmas Party

17 January: Sew & Chat

7.30pm. Ealing Centre for Independent Living (ECIL), 1 Bayham Road, West Ealing, W13 0TQ

£4 (members free) 020 8998 6023 • kaisa.mills@blueyonder.co.uk

**Ealing & Hampshire House Photographic Society**

THURSDAYS

A long-established, friendly and sociable group of photographers, meeting weekly for talks, practicals and competitions, both Print and Projected. All levels welcome – come along and take your photography to the next level. See our website for details of events.

7.45 for 8-10pm. The Brentham Club, 38a Meadvale Road, W5 1NP

Very reasonable subscription: first visit free. publicity@ehhps.org.uk • www.ehhps.org.uk

# Culture & Learning

**Friends of Marcq-en-Baroeul****EALING'S TWIN TOWN IN FRANCE**

The Friends of Marcq is a local group promoting friendship and activities between Ealing and Marcq-en-Baroeul, which is close to Lille, so easily accessible. Knowledge of French is not necessary for many of the organised events. We offer exchange visits to France for language and cultural weekends, staying with French hosts. There are also French classes at various levels, and a variety of activities throughout the year in Ealing.

Enquiries: 020 8991 9685 \* 020 8568 6159 • www.fomeb.eu

**REGULAR EVENTS****The Arts Society Ealing** *(formerly EDFAS)*

MONDAYS

We are part of the umbrella organisation 'The Arts Society', and welcome anyone interested in the arts. We organise lectures, visits and overseas trips.

21 January lecture: Tony Rawlins – *Mad Men and the Artists*: how the advertising industry has exploited fine art.

We meet for a glass of wine at 7.15. Lecture at 8pm. Visitors welcome.

Warwick Building theatre, University of West London. W5 5RF

£7 non-members, £3 full-time students

www.theartsocietyealing.org.uk

## Ealing Red Lion Readers

MONDAYS

We are an informal book group and welcome new members. We read and discuss a wide variety of books including contemporary fiction. Our meetings are monthly, and once a year we visit the theatre to see a play such as Rattigan's *French Without Tears*.

*First Monday in month, 7.30pm. Red Lion, 13 St Mary's Road, W5 5RA*

Enquiries (Hazel): hazannevilliams@gmail.com • <https://redlionreadersealing.wordpress.com/>

## Historical Association: Ealing Branch

TUESDAYS

*The Historical Association is open to everyone who is interested in history – world, national and local – and its relevance to our own times. We meet regularly on the second Tuesday of each month. There will also be organised outings to places of historical interest, one in the autumn and another in the spring.*

11 December: AGM and Social

8 January: Dr Janet Dickinson, New York University, London – *The Tudors and the Tiltyard*

*7pm for 7.30pm. The Parlour, Ealing Green Church, Ealing Green, London W5 5QT*

£5 (members free) 020 8567 6554 • pierre.thomas@btinternet.com • <http://ealinghistory.org.uk/>

## Ealing National Trust Association

TUESDAYS

No lecture in December

8 January, 2pm: *Buddhism on the Chinese Silk Route* by Judith Bone

*2pm. Parish Hall, Christ Church, Ealing Broadway, W5*

£3 (members free) 020 8567 9517 • [www.ealingnt.org.uk](http://www.ealingnt.org.uk)

## Colette Wilson French Cultural Courses

WEDNESDAYS

### PARIS POST-WAR: EXISTENTIALISM, ART AND PROTEST

Travel back to Paris from the end of WW2 to the 1990s: new forms of art and literature, New Wave Cinema, Existentialist philosophy, consumer boom, end of colonisation, May 1968.

Friendly, interactive course, small group.

*9 January - 20 March 2019, 2-4pm. Venue near Pitshanger Lane, Ealing*

*£100 10-week course. £12 pay-as-you-go. Register interest/book now.*

[wilson\\_colette@btinternet.com](mailto:wilson_colette@btinternet.com)

## The Himalayan Institute of Yoga Science & Philosophy

WEDNESDAYS

### BASIC PHILOSOPHY AND MEDITATION

Suitable for those with some experience in meditation

*6.15-7.45pm Wednesdays 9 January - 10 April (no class 20 February)*

*£104 for full course or £52 for half or £8 drop-in*

*Ealing Friends' Meeting House, 17 Woodville Road, Ealing W5 2SE*

07918 622995 • [enquiries@himalayaninstitute.org.uk](mailto:enquiries@himalayaninstitute.org.uk) • [www.himalayaninstitute.org.uk](http://www.himalayaninstitute.org.uk)

## Hanwell & Ealing Heritage Museum

WEDNESDAYS AND SATURDAYS

### DISPLAY OF BRITISH-MADE DOMESTIC ARTEFACTS AND LOCAL HISTORY RESOURCE

*Open Wednesdays and Saturdays.*

*11am - 3pm. Hanwell Community Centre, Westcott Crescent (top of Cuckoo Avenue), W7*

*Adults £2, children £1 020 8579 0178 • 07889 033201 (when open) • [davidblackwell199@gmail.com](mailto:davidblackwell199@gmail.com)*

Facebook: Hanwell & Ealing Heritage Museum

## HIMALAYAN INSTITUTE of Yoga Science & Philosophy

[www.himalayaninstitute.org.uk](http://www.himalayaninstitute.org.uk)

Reg charity 1048336

## BECOMING FREE

**Saturday 26<sup>th</sup> January 2019**

**9.15am - 4.00pm**

**Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE**

By quietening ourselves, we can taste the inner freedom of simply being rather than wanting & trying. This shows what is true and not true, resolves conflict and gives life true meaning.

### Programme

9.15am	Registration
9.30	How to relax & meditate
10.00	<b>Finding your true Self &amp; purpose</b>
10.45	Tea / coffee
11.15	<b>Inner awareness &amp; space</b>
12.00	Relax & meditate
12.30pm	LUNCH
1.45	Walking with attention
2.00	<b>Obstacles to freedom</b>
2.45	Tea / coffee
3.00	<b>Questions &amp; Answers</b>
3.40	Relax & meditate
4.00	Depart

Easy parking      Bookstall      Light vegetarian lunch  
Members £30      Non-members £45

Book now. Contact Lisa Schlotmann at  
[enquiries@himalayaninstitute.org.uk](mailto:enquiries@himalayaninstitute.org.uk) or **020 8567 8889**.



## Ealing University of the Third Age

THURSDAYS AND OTHER DAYS

*Now in the Multi-activity section*

### The Himalayan Institute of Yoga Science & Philosophy

THURSDAYS

#### BASIC PHILOSOPHY AND MEDITATION

Suitable for those with some experience in meditation

6.15-7.45pm, Thursdays to 13 December. £112 for full course, £56 for half or £8 drop-in

Ealing Friends' Meeting House, 17 Woodville Road, Ealing W5 2SE

#### PHILOSOPHY AND MEDITATION

How to relax, breathe & meditate; some experience of meditation desirable

8-9.30pm to 13 December. £8 drop-in

8-9.30pm Thursdays 10 January- 11 April (no class 21 February)

£104 for full course or £52 for half or £8 drop-in

Ealing Friends' Meeting House, 17 Woodville Road, Ealing W5 2SE

07918 622995 • enquiries@himalayaninstitute.org.uk • www.himalayaninstitute.org.uk

# Dance & Movement

## REGULAR EVENTS

(MORE IN YOUNGER YEARS)

### Northfields Morris Dancers

SATURDAYS

#### MORRIS DANCING – HAVE FUN WITH BELLS ON!

Give Morris dancing a try with your friendly, local Morris team. Open to all; no experience necessary. Great exercise and lots of fun. Or join our band! Do get in touch.

5-6.30pm. Northfields Community Centre, W13 9SS. First time free, then £3 (concessions £2)

07952 238422 • northfieldsmorris@gmail.com • www.northfieldsmorris.com

### Pilates Studio

WEEKDAYS &amp; EVENINGS

Custom one-to-one sessions taken by a qualified physiotherapist specialising in rehabilitation, including back and chronic pain, as well as improving posture and flexibility. Held in a bright studio with full pilates equipment, reformer, trapeze table, etc., and the new 'Core Align' machine to improve gait and lower body strength.

Montpelier Road, Ealing 07796 663174 • susan@kineticconsulting.co.uk • www.pilatesw5.com

### Ealing Country Dance Club

MONDAYS

Ready for something new? If you'd like to do something different and make new friends, come and try the gentle exercise of traditional English folk dancing. Men and women, singles and couples are all welcome to our friendly club nights.

3 & 17 December, 7 & 21 January, 8-10 pm. £4.50

St Barnabas Church Hall, Pitshanger Lane, W5 1QG

020 8998 6281 • enquiries@ealingfolk.org.uk • www.ealingfolk.org.uk

## Suzanne Gribble - Iyengar Yoga

MONDAYS

General Iyengar yoga classes focusing on alignment of the body to help improve flexibility, strength and stamina and a quieter mind

9.15 - 10.45am and 11am - 12.30pm. Northfields Community Centre, W13 9SS

£66 for block of 6, £120 for block of 12, £13 drop-in. 07916 145786 • suzanne.gribble@gmail.com

http://suzannegribbleyoga.com • www.facebook.com/SuzanneGribbleIyengarYogaTeacher

### Chair Yoga

MONDAYS

With great benefits for people who are in recovery or have physical limitations

11.30am-12.45pm. St Andrew's Church Centre, Mount Park Road, Ealing, W5 2RS

(five minutes walk from Ealing Broadway station)

£10 per session

07952 668820 • mehran.ghodsi@hotmail.co.uk

### Freestyle Pilates

MONDAYS

Freestyle Pilates classes to strengthen your core and improve your overall fitness and flexibility

6.15-7.15 and 7.30-8.30pm. Northfields Community Centre, 71a Northcroft Road, W13 9SS

£8

07950 118199 / margaretpilates@hotmail.co.uk

### West London Backcare

TUESDAYS

Gentle exercise for back problems. Strengthening core muscles to improve posture, stability and flexibility, followed by relaxation. Friendly class. Bring a mat. Parking available.

10.55-11.55am to 4 December, then from 15 January

St Andrew's Church Centre, Mount Park Road, W5 2RS.

£7

020 8997 4848 • tfsawicka@yahoo.co.uk

### Yoga With Loretta

TUESDAYS

Experienced and Beginners welcomed! Join our warm and friendly class to gain strength and flexibility, improve posture and alignment, with mindfulness. You may be gently challenged to push yourself ... and keep smiling!

7.30 - 9pm. St Peter's Church Hall, 56 Mount Park Road, Ealing W5 2RU

£9 drop in; £8 if paid in a block

020 8845 7873 • shape.tone@blueyonder.co.uk • www.yogaloretta.co.uk

### West London Dancing

TUESDAYS

#### MODERN BALLROOM & LATIN AMERICAN DANCING

CLASSES FOR ALL. Starters (7.30 - 8.30pm): 6-week course £30 or £8 per session

Intermediates 1 & 2 (7.30 - 9.15pm in small ballroom): £7

SOCIAL DANCE. 7.45 - 10pm: All welcome to an outstanding and spacious ballroom with great atmosphere and music. BYO drink. Free adjacent parking. £6

Greenford Hall, Ruislip Road, UB6 9QN.

01895 632143 • info@holidayanddance.co.uk • www.holidayanddance.co.uk

### Greenford & District Caledonian Association

TUESDAYS

#### SCOTTISH COUNTRY DANCING

For beginners or experience dancers – all levels of dancing welcome

8 - 10pm. Royal British Legion Greenford, 182 Oldfield Lane South, UB6 9JS

£2 (members £1.50)

enquiries@greenfordcaledonian.net • www.greenfordcaledonian.net

## The Himalayan Institute of Yoga Science and Philosophy

TUESDAYS, WEDNESDAYS AND THURSDAYS

### MIXED-ABILITY YOGA

Suitable for those with some experience of yoga, but beginners are also welcome.

10-11.30am, Tuesdays to 18 December

10-11.30am, Tuesdays 8 January - 16 April (no class 19 February)

£6.50 drop-in fee

Ealing Friends' Meeting House, 17 Woodville Road, Ealing W5 2SE

### MINDFUL YOGA

Gentle yoga postures combined with introduction to meditation and breathing exercises for a more inclusive practice

11.30am-1pm, Tuesdays to 18 December

11.30am-1pm, Tuesdays 8 January - 16 April (no class 19 February)

£6.50 drop-in fee

Ealing Friends' Meeting House, 17 Woodville Road, Ealing W5 2SE

### MIXED-ABILITY AND BEGINNERS' AND INTERMEDIATE YOGA

This course is suitable for students with some experience of yoga and beginners as well

8-9.15pm, Tuesdays to 11 December. £11 drop-in fee

St Andrew's CC, Mount Park Road, Ealing W5 2RS

### BEGINNERS' AND MIXED-ABILITY YOGA

This course is suitable for students with some experience of yoga as well as beginners.

8-9.15pm, Tuesdays 8 January - 9 April (no class 19 February)

£117 for full course or £59 for half or £11 drop-in fee

St Andrew's CC, Mount Park Road, Ealing W5 2RS

### INTERMEDIATE YOGA

Suitable for those with some experience of yoga

8-9.30pm, Tuesdays to 11 December. £11 drop-in

8-9.30pm, Tuesdays 8 January - 9 April (no class 19 February)

£117 for full term or £59 for half or £11 drop-in

St. Barnabas Millennium Hall, Pitshanger Lane, Ealing W5 1QG

### INTERMEDIATE YOGA

Suitable for those with some experience of yoga

8-9.30pm. Wednesdays to 12 December. £11 drop-in

8-9.30pm. Wednesdays 9 January - 10 April (no class 20 February)

£117 for full term or £59 half or £11 drop-in

Ealing Friends' Meeting House, 17 Woodville Road, Ealing W5 2SE

### MIXED-ABILITY YOGA

Suitable for beginners as well as those with some experience of yoga

6.30-8pm, Thursdays to 13 December. £11 drop-in fee

6.30-8pm, Thursdays 10 January - 11 April (no class 21 February)

£117 for full term or £59 for half or £11 drop-in

Ealing Friends' Meeting House, 17 Woodville Road, Ealing W5 2SE

07918 622995 • enquiries@himalayaninstitute.org.uk • www.himalayaninstitute.org.uk

## Spritely Fitness

TUESDAYS AND FRIDAYS

Exercise class for people in their 50s, 60s, 70s and beyond. This is a fun and sociable class including dance aerobics for a healthy heart and resistance exercises for conditioning muscles and bones.

Tuesdays: 9.45am. St Mary's Church Hall, 1 Acton High Street, London W3 9NW

Fridays: 10.30am. Ealing Green Church Hall, Ealing, W5 5QT

£7

paul@gunnersbury-fitness.co.uk • www.spritely-fitness.co.uk

## Suzanne Gribble - Iyengar Yoga

WEDNESDAYS

General Iyengar yoga classes focusing on alignment of the body to help improve flexibility, strength and stamina and a quieter mind.

9.15 - 10.45am. Northfields Community Centre, W13 9SS

£66 for block of 6, £120 for block of 12, £13 drop-in 07916 145786 • suzanne.gribble@gmail.com

http://suzannegribbleyoga.com • www.facebook.com/SuzanneGribbleIyengarYogaTeacher

## Shape & Tone

THURSDAYS

### SHAPE & TONE EXERCISE CLASS

Small friendly class for us more mature people, and others, that want to keep fit and healthy.

Varied exercises for strength, stamina and flexibility. Fun workout for all abilities.

Most Thursdays throughout the year.

7.15 - 8.30pm. Room No. 1, Northfields Community Centre, 71a Northcroft Road, W13

£6

020 8845 7873 • shape.tone@blueyonder.co.uk

## Suzanne Gribble - Iyengar Yoga

FRIDAYS

General Iyengar yoga classes focusing on alignment of the body to help improve flexibility, strength and stamina and a quieter mind. Beginners welcome.

11 - 12.30. on route, 44 - 46 South Ealing Road W5 4QA

£66 for block of 6, £120 for block of 12, £13 drop-in 07916 145786 • suzanne.gribble@gmail.com

http://suzannegribbleyoga.com • www.facebook.com/SuzanneGribbleIyengarYogaTeacher

# Drama, Film, Comedy & Poetry

DECEMBER - JANUARY

## The Questors Theatre

MOST DAYS FRIDAY 14 - MONDAY 31 DECEMBER

### SLEEPING BEAUTY CHRISTMAS PANTO

Younger Years

Come along this Christmas for our fun, laugh-out-loud family pantomime. Sing along and shout at the wicked fairy – if you dare!

Join us for some very messy cake-baking, jokes by the bucket-load, plenty of songs, and lots to shout about as our heroes fight to keep the Princess safe from the clutches of the wicked fairy and her very naughty cat, Spindleshanks. It's the panto of your dreams!

Our hugely popular Christmas panto is performed in our 350-seat Judi Dench Playhouse and is great fun for all the family. Tickets sell quickly, so book early.

Evening performances start at 7pm.

See website for matinee performances and full dates and show times.

The Questors Theatre, 12 Mattock Lane W5 5BQ.

Family tickets from £44

Box office: 020 8567 5184 • www.questors.org.uk

## The Questors Theatre

### ABSENT FRIENDS

TUESDAY 18 DECEMBER - SATURDAY 5 JANUARY

A 1975 period piece of masterful dark comedy by Alan Ayckbourn, *Absent Friends* is a bittersweet, hysterical look at love, friendship and the realisation of middle age. Colin's fiancée has recently passed away. His estranged friends never met her, but a gathering has been organised to cheer him up. Some aren't too enthusiastic about the reunion, however... The old gang try their best to console their pal through his grief, but there is huge tension in the air. Dodgy deals, extramarital affairs, trivial illness and a paper towel holder all hinder the group as the cracks in their friendships begin to appear. In fact, it's poor Colin who is the happiest of the lot!

Daily at 7.45pm (excl. Sun/Mon); Sunday at 2.30pm; Saturday 5 January at 2.30pm.

No performances on 25, 26, 27 December and 1 January

The Questors Theatre, 12 Mattock Lane W5 5BQ.

From £7

Box office: 020 8567 5184 • [www.questors.org.uk](http://www.questors.org.uk)

## Conjuring at the Court

### CHILDREN'S MAGIC SHOW

THURSDAY 27 DECEMBER

Younger Years

Let your children enjoy the magic of Christmas with a special Christmas magic show! Fun and magic from Britain's most popular children's entertainer, Colonel Custard. Children and adults will be thrilled by Scott Penrose's fabulous magic – performed for the last time! This wonderful show is brought to you for the 10th year running by the producers of *Conjuring at the Court*, London's longest-running monthly magic show; it's a wonderful afternoon of magic for the family. Children must be accompanied by an adult.

Doors open 2pm. Show starts 2.30pm and runs to 4pm with an interval.

£9 (children under 16, £7)

### EVENING CHRISTMAS SHOW

Witness the impossible as top magicians take to the stage! *Conjuring at the Court* brings you its 10th annual Christmas show – magic of the highest quality and great entertainment for all. A host of great magicians but, best of all, the show features the last-ever performance of Scott Penrose's superb visual act. Please don't miss it; you'll never see this glorious piece of magic ever again!

Doors open 7.30. Show starts 8pm and runs to 10pm with an interval.

£11 in advance, £12 on the night

Both shows at the Drayton Court, 2 The Avenue, W13 8PH

07775 587708 • [tickets@conjuringatthecourt.com](mailto:tickets@conjuringatthecourt.com) • [www.conjuringatthecourt.com](http://www.conjuringatthecourt.com)

## HEOS Musical Theatre

### CINDERELLA

SATURDAY &amp; SUNDAY 29 &amp; 30 DECEMBER

Younger Years

This family-friendly traditional pantomime is packed with adventure and excitement. Cheer Cinderella, boo and hiss her stepmother and stepsisters who treat her so badly, and help Prince Charming find the girl of his dreams. There is fun, slapstick, a ghost scene, stunning costumes, magical song and dance, romance, but above all, lots of participation from you, the audience. In fact, something for everyone – just what you expect from a traditional family pantomime – and ideal entertainment for the festive period.

2pm & 6.30pm daily. Greenford Hall, Ruislip Road, Greenford, UB6 9QN

£8, £9, £13.50. No booking fee, no hidden extras.

Enquiries and box office: 07758 841523 • [boxoffice@heos.org.uk](mailto:boxoffice@heos.org.uk) • [www.heos.org.uk](http://www.heos.org.uk)



## Conjuring at the Court

THURSDAY 24 JANUARY

London's longest-running monthly magic show promises a cracking evening of New Year magic with Claire Lenahan, Russell Levinson and other top performers! Enjoy a night of dazzling magic and fun at the Drayton Court – it's something different and good!

Doors open 7.30pm. Show starts 8pm and runs to 10pm with an interval.

Drayton Court, 2 The Avenue, West Ealing W13 8PH

£11 in advance, £12 on the door

07775 587708 • [mail@russell-levinson.com](mailto:mail@russell-levinson.com) • [www.conjuringatthecourt.com](http://www.conjuringatthecourt.com)

## The Questors Theatre

### THAT FACE

FRIDAY 25 JANUARY - SATURDAY 2 FEBRUARY

Who's Martha's worst enemy? Alcohol? Her ex-husband? Herself?

Martha's falling apart. Alcohol seems to help, and so do prescription drugs. Except when her 15-year-old daughter borrows them. Her son is her only hope of sanity, but he's only just 18 and has dropped everything to try and help her. And her rich ex-husband has now decided to fly over from Hong Kong to sort everyone out...

Written by Polly Stenham, *That Face* is a modern drama about family life slowly spiralling out of control.

Daily at 7.45pm (excl. Sun/Mon); Sunday at 2.30pm. Questors Theatre, 12 Mattock Lane W5 5BQ.

From £7

Box office: 020 8567 5184 • [www.questors.org.uk](http://www.questors.org.uk)

## REGULAR EVENTS

## Rainbow Poetry Group

TUESDAYS

If you enjoy poetry on a wide range of subjects, we invite you to our informal monthly meetings at Hanwell Library (on the second Tuesday). We read and discuss published poems, with a specific theme each month.

*Next meetings: 11 December, 8 January*

*2.30pm. Hanwell Library, Cherington Road, W7* Enquiries: 020 8567 4397 • donkennedy@f2s.com

## Leisure

## DECEMBER

## Charlemagne Wine Club

MONDAY 3 DECEMBER

## WINES FOR CHRISTMAS

Will Parker presents a selection of wines to see you through the festive season.

*8pm. The Forester, 2 Leighton Road, Ealing, W13 9EP*

*Admission by prior application* cwc@charlemagnewineclub.co.uk • www.charlemagnewineclub.co.uk

## North Ealing Wine Tasting Society (NEWTS)

FRIDAY 7 DECEMBER

## CHRISTMAS TASTING INCLUDING FESTIVE NIBBLES

Join us with Douglas Harrison for our Christmas tasting accompanied by festive nibbles from Harrison's Deli.

*8pm. St Barnabas Millennium Hall, Pitshanger Lane, W5 1QG*

*£25. Admission by prior application*

020 8566 7373 • 020 8997 8132 • newtsealing@gmail.com • www.newtsealing.org

## JANUARY

## North Ealing Wine Tasting Society (NEWTS)

FRIDAY 4 JANUARY

## BURGUNDY WITH PAUL MAPPLEBECK

Paul Mapplebeck delves into his cellar to show us wines from Burgundy across all levels.

*8pm. St Barnabas Millennium Hall, Pitshanger Lane, W5 1QG*

*£20. Admission by prior application*

020 8566 7373 • 020 8997 8132 • newtsealing@gmail.com • www.newtsealing.org

## Charlemagne Wine Club

MONDAY 21 JANUARY

## AUSTRIA

Nick Forth presents some exciting wines from the sunny vineyards of Austria. Sparkling, white, red, lusciously sweet. What more could you want?

*8pm. The Forester, 2 Leighton Road, Ealing, W13 9EP*

*£20 by prior application* cwc@charlemagnewineclub.co.uk • www.charlemagnewineclub.co.uk

## REGULAR EVENTS

## Club West

SUNDAYS

## PUB LUNCHES AND COFFEE MORNINGS FOR UNATTACHED OVER-50S

We meet every Sunday for lunch and drinks in a pub somewhere in Ealing, Chiswick, Hammersmith or Richmond. We also meet midweek for coffee, quizzes and other activities. The Club West sign will be on one of our tables. No need to book.

*12.30. A pub in West London*

020 8992 6134 • www.clubwest.org.uk

## StayActive4Life

At StayActive4Life we believe that everybody deserves the help and support to live a more active and healthy life. Since October 2015 we have helped more than 3,500 people to build their strength and balance. We know you want to keep on the move, feel better and have more energy. To stay fit, healthy and active for longer we can help you to:

- Strengthen your muscles and become more flexible
- Maintain your balance so that you feel steady on your feet and reduce your risk of falls
- Have greater stamina and more energy so that you can live your life to the full.

Please contact us for our latest list of classes and current prices.

Speak to a health professional (GP, physiotherapist or consultant) for a referral, as we are currently able to offer the first 4 sessions for free for patients who are referred to us.

*For your nearest class please contact us or see our full list of classes on the website*

020 8574 7785 • 07715 170207 • Admin@StayActive4Life.co.uk • www.careplace.org.uk

## West London Group of Ramblers Association

SATURDAYS, SOME SUNDAYS AND VARIOUS WEEKDAYS

Make new friends, improve your health and enjoy our lovely town and countryside. Walks are 4-14+ miles, led by volunteers and carefully graded. Railway station start, usually lunchtime pub stop. No charge, but after a couple of 'tasters' you will need to join the RA. For details see website, phone or email.

020 8863 6523 • westlondongroup@yahoo.co.uk • www.westlondonramblers.org.uk

## Hanwell Table Tennis Club

MONDAYS

## TABLE TENNIS FOR OVER-55s

Beginners: we want you! Played before: very welcome! Retired: this is the place for you!

Wear plimsolls or trainers. We have spare bats and balls for starters. Just pop in and give it a go.

*2-4pm, except bank holidays. Rear entrance of Hanwell Methodist Church, Church Road, W7 1DJ*

*£3.50 per session*

## CLAN Social Club

WEDNESDAYS

Are you single? Over 50? Enjoy socialising? Come and find out more over a cup of coffee.

Meet members and see a programme of current events.

*1st Wednesday of the month, 11am at a coffee shop near you, in Ealing and surrounding areas.*

*Free*

Keith 020 8571 2145 or Bette 07446 300007



## CLAN Social Club

THURSDAYS

Another chance to find out more about our friendly social club for unattached over-50s.

Come along for a chat and find out about our current programme of events.

*2nd Thursday every month, 8pm.*

*The Royal (Harvester) pub, Boston Road (nearest station Boston Manor)*

Keith 020 8571 2145 or Bette 07446 300007

# Multi-activity

## Ealing University of the Third Age WEEKLY MEETINGS AND OTHER ACTIVITIES

EVERY DAY EXCEPT SUNDAY

EALING U3A - a co-operative of older people sharing educational, creative and leisure activities. The motives for joining are a desire to improve and share your knowledge and experience, to keep your mind active, to enjoy leisure pursuits and to socialize with like-minded people. No qualifications are needed, and none are given. You share learning and leisure experiences across a wide range of activities through a network of self-managed groups.

Members have access to our weekly talks, which are held at Ealing Green Church (W5 5QT).

These talks cover a wide range of topics.

Members can also participate in the various interest groups. We currently have 40 of these covering leisure activities such as rambles, art appreciation, book circles, crafts, history, music, film, languages, table tennis, theatre outings and visits to interesting places, as well as occasional short courses. Full details are on the Ealing U3A web site.

*Thursday meetings 10am. Ealing Green Church, Ealing W5 5QT - opposite Ealing Film Studios*

*Annual membership £25 07525 141175 • EalingU3A@outlook.com • <http://u3asites.org.uk/ealing/home>*

# Younger Years

DECEMBER

## The Questors Theatre SLEEPING BEAUTY CHRISTMAS PANTO

MOST DAYS FRIDAY 14 - MONDAY 31 DECEMBER

Come along this Christmas for our fun, laugh-out-loud family pantomime. Sing along and shout at the wicked fairy – if you dare! Join us for some very messy cake-baking, jokes by the bucket-load, plenty of songs, and lots to shout about as our heroes fight to keep the Princess safe from the clutches of the wicked fairy and her very naughty cat, Spindleshanks. It's the panto of your dreams! Our hugely popular Christmas panto is performed in our 350-seat Judi Dench Playhouse and is great fun for all the family. Tickets sell quickly, so book early.

*Evening performances start at 7pm.*

*See website for matinee performances and full dates and show times.*

*The Questors Theatre, 12 Mattock Lane W5 5BQ.*

*Family tickets from £44*

Box office: 020 8567 5184 • [www.questors.org.uk](http://www.questors.org.uk)

## Conjuring at the Court

THURSDAY 27 DECEMBER

### CHILDREN'S MAGIC SHOW

Let your children enjoy the magic of Christmas with a special Christmas magic show! Fun and magic from Britain's most popular children's entertainer Colonel Custard. Children and adults will be thrilled by Scott Penrose's fabulous magic – performed for the last time! This wonderful show is brought to you for the 10th year running by the producers of *Conjuring at the Court*, London's longest-running monthly magic show; it's a wonderful afternoon of magic for the family. Children must be accompanied by an adult.

*Doors open 2pm. Show starts 2.30pm and runs to 4pm with an interval.*

*£9 (children under 16, £7). The Drayton Court, 2 The Avenue, W13 8PH*

07775 587708 • [tickets@conjuringatthecourt.com](mailto:tickets@conjuringatthecourt.com) • [www.conjuringatthecourt.com](http://www.conjuringatthecourt.com)

## HEOS Musical Theatre CINDERELLA

SATURDAY &amp; SUNDAY 29 &amp; 30 DECEMBER

This family-friendly traditional pantomime is packed with adventure and excitement. Cheer Cinderella, boo and hiss her stepmother and stepsisters who treat her so badly, and help Prince Charming find the girl of his dreams.

There is fun, slapstick, a ghost scene, stunning costumes, magical song and dance, romance, but above all, lots of participation from you, the audience. In fact, something for everyone – just what you expect from a traditional family pantomime – and ideal entertainment for the festive period.

*2pm & 6.30pm daily. Greenford Hall, Ruislip Road, Greenford, UB6 9QN*

*£8, £9, £13.50. No booking fee, no hidden extras.*

Enquiries and box office: 07758 841523 • [boxoffice@heos.org.uk](mailto:boxoffice@heos.org.uk) • [www.heos.org.uk](http://www.heos.org.uk)

## REGULAR EVENTS

## Suzanne Gribble - Iyengar Yoga TEENS YOGA CLASSES

SATURDAYS

Yoga classes for teenagers focusing on improving flexibility, strength and stamina and a quieter mind. Beginners welcome.

*4.30 - 5.30 (please check dates in advance). Northfields Community Centre, W13 9SS*

*£7 a session (£30 for a block of five)*

07916 145786 • [suzanne.gribble@gmail.com](mailto:suzanne.gribble@gmail.com)

<http://suzannegribbleyoga.com> • [www.facebook.com/SuzanneGribbleIyengarYogaTeacher](https://www.facebook.com/SuzanneGribbleIyengarYogaTeacher)

## Ealing Junior Music School

SATURDAYS

EJMS is a Saturday morning music school for 3-18 year olds; we are based at Twyford C of E High School in Acton. We provide individual instrumental tuition on almost every instrument of the orchestra, as well as guitar and singing lessons, in a relaxed and fun environment. We run some 20 orchestras and ensembles and three choirs, including one for parents, along with musicianship classes for our youngest pupils. Parents can relax in the café. Ensemble-only pupils are welcome. Sorry, we do not do piano lessons.

*8.30am - 1.30pm. Twyford CofE High School W3 9PP.*

*Charges vary, depending on course taken*

[admin@ejms.org.uk](mailto:admin@ejms.org.uk) • [www.ejms.org.uk](http://www.ejms.org.uk)

## Madhurang Dance INDIAN DANCE/ BOLLYWOOD CLASSES

WEEKENDS, MONDAYS, TUESDAYS, THURSDAYS

Classes for children and adults. Learn classical dance form Kathak or Bollywood keep-fit classes. ISTD-approved exams can be taken; this is optional. You can join the classes at any time. This is a fun activity for one and all. Steps are taught slowly and gradually to the learner's ability. Great care and attention are given. Please call for a free trial class.

*Northfields Community Centre, 71a Northcroft Road, West Ealing, W13 9SS*

07922 109289 • crishna8@hotmail.com

## Joanna Broom Art Classes THE TEENAGER ART CLASSES

TUESDAYS, WEDNESDAYS, THURSDAYS, SATURDAYS

10-week courses

*Week and weekend days in term-time*

*Hanwell Community Centre and the Brentham Club*

*From £130*

07828 908582 • joanna.broom.jb@gmail.com

## Sew What? LEARN TO SEW OR GET IT FIXED

WEDNESDAYS, FRIDAYS AND SATURDAYS

Machine sewing classes for total beginners and intermediate skill. Adult class options: Wed/ Fri/ Sat 10.30am & 12.30pm. Separate after school or holiday club classes for children 9+yrs. Repairs and alterations by quote. Call Debbie to chat sewing!

*Garden studio on Brunswick Road, W5 1AH*

debbie@sewwhatcafe.com • 07946 826338 • www.sewwhatcafe.com

## Want to be sure of getting What's On?

Would you like to have your copy of *What's On* delivered regularly by post? If so, you will be more than welcome to join our Supporters' Mailing List. The annual subscription is £10 per household.

To join the list, please contact:  
The Secretary, Ealing Arts Supporters' List,  
2 Carlton Road, Ealing, London. W5 2AW  
020 8997 7131 / hazel@talbot68.plus.com

## Our Members

### ART & CRAFTS

The 4020 Art Group  
BEAT (Borough of Ealing Art Trail)  
Diana Braybrook – artist  
Dinesh Studio London  
Ealing & Hampshire House  
Photographic Society  
Ealing Art Group  
Ealing Flower Club  
Ealing Lacemakers  
Ealing Quilters  
HCC Upholstery &  
Refurbishment Group  
J Broom Art  
Jessica Rose – painter,  
printmaker & art teacher  
Lady's Creative Centre  
Pamela Lloyd-Jones Art Classes  
St Andrew's Art Workshops  
Sew What?  
Timothy Robinson Photography  
Watercolour Painting Northfields

### CULTURE & LEARNING

Colette Wilson French  
Cultural Courses  
Ealing National Trust Association  
Ealing Red Lion Readers  
Ealing University of the Third Age  
Friends of Marcq-en-Baroeul  
Hanwell & Ealing Heritage Museum  
Historical Association:  
Ealing Branch

### DANCE & MOVEMENT

Ealing Country Dance Club  
Freestyle Pilates  
Greenford & District  
Caledonian Association  
Madhurang Indian Dance  
Mehran Ghodsi Chair Yoga  
Northfields Morris Dancers  
The Pilates Studio +  
Adult Floor Barre  
Shape & Tone / Yoga with Loretta  
Spritely Fitness  
Suzanne Gribble - Iyengar Yoga  
West London Backcare  
West London Dancing

### DRAMA, FILM, COMEDY & POETRY

Beaufort Players  
Conjuring at the Court  
Impact Theatre  
Pisces Players (Popup Theatre)  
The Questors Theatre  
Rainbow Poetry Group  
Theatre West 4 (TW4)  
West London Fantastic Film Society

### LEISURE

Charlemagne Wine Club  
CLAN Social Club  
Club West  
Hanwell Table Tennis Club  
North Ealing Wine Tasting

Society (NEWTS)  
StayActive4Life LLP  
West London Group of  
Ramblers Association

### MUSIC

Capital Chorus  
Ealing Abbey Choir  
Ealing Chamber Music Club  
Ealing Choral Society  
Ealing Common Choir  
Ealing Folk Club  
Ealing Junior Music School  
Ealing Symphony Orchestra  
Ealing Youth Orchestra  
Friends of St Mary's Perivale  
Music Section  
Hanwell Voice Studio  
HEOS Musical Theatre  
Julian Light Operatic Society  
Love2sing Choirs  
Petros Singers  
Questors Choir  
St Barnabas Church concerts  
West London Sinfonia  
West London Strings

### MULTI-ACTIVITY

The Arts Society Ealing  
Ealing Music & Film Festival  
Himalayan Institute of Yoga  
Science and Philosophy

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Visit [ealingarts.org.uk](http://ealingarts.org.uk) or call 020 8567 4075

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Chairman: Gill Rowley  
Treasurer: Colin Easton  
Membership Secretary: Richard Partridge  
Diary Editor: Richard Partridge

NOTE TO MEMBERS:  
Final entry for the February - March 2019 issue  
is 1 January 2019.  
NB: Display ads may also be placed by non-members.  
See [www.ealingarts.org.uk/help](http://www.ealingarts.org.uk/help)

# CAROLS BY CANDLELIGHT

A SEQUENCE OF MUSIC AND READINGS FOR CHRISTMAS  
AT EALING ABBEY

Ealing Abbey Choir & Orchestra

Christopher Eastwood Conductor



SATURDAY, 22ND DECEMBER  
7.30PM

Doors open 7pm

Concert starts 7.30pm

Tickets Adults £12 Concessions £10<sup>†</sup>

Box Office [www.seetickets.com](http://www.seetickets.com) or 0871 230 0010

Reservations 020 8862 2100 or [abbeychoir@ealingabbey.org.uk](mailto:abbeychoir@ealingabbey.org.uk)

See



[www.ealingabbeychoir.org.uk](http://www.ealingabbeychoir.org.uk)

<sup>†</sup>Students and over-65s