

JUNE — JULY 2019

What's On



Arts and leisure
activities across the
borough of Ealing

EVENTS INSIDE THIS ISSUE

Music, Art, Crafts, Culture,
Education, Dance, Movement,
Drama, Comedy, Poetry,
Leisure, Multi-Activity

What's On – so much to do in Ealing

'Leisure' means many different things to different people, but some leisure activities can make us fitter, more knowledgeable, or stretch our natural abilities in ways we might not have thought possible. And doing things in a group is known to spur us on – as well as providing a ready-made social network beyond our immediate friends and family members.

So take a look at this edition of *What's On* to see what's happening around the borough of Ealing. You might find something to broaden your horizons and enrich your life...

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Find us online at
ealingarts.org.uk

f facebook.com/EalingArts

Want to know how to list an event
or advertise here?
Visit ealingarts.org.uk/join.

Music



MUSIC AT ST MARY'S PERIVALE

Perivale Lane
UB6 8SS



This 12th-century church is West London's foremost classical music venue, presenting world-class soloists and ensembles in an intimate atmosphere. See listings or website for concert details.

Nearest Tube station: Perivale

www.st-marys-perivale.org.uk

Concerts Wednesday evenings and Tuesday and Sunday afternoons throughout the year

'An impressive roster of fine musicians ... an excellent acoustic... and the audience can appreciate being closer to the musicians [than at other venues]'

Frances Wilson ('The Cross-eyed Pianist')

JUNE

West London Sinfonia A HERO'S LIFE

SATURDAY 8 JUNE

MOZART: Piano Concerto No 22, K482

Richard STRAUSS: Ein Heldenleben

Ashley Fripp (piano), Iwona Boesche (leader and solo violin), conductor Philip Hesketh


7.30pm. St Barnabas Church, Pitshanger Lane, W5 1QG

£14 (concessions £12, child £5)

The performance will be preceded by a talk on Strauss's tone poem *Ein Heldenleben* given by Dr Bruno Bower, who is principal oboist of West London Sinfonia and an academic musicologist.

This will take place at 6.45pm in the Hall at St Barnabas, and is free of charge to concert ticket holders. No booking required.

020 3475 4200 • info@westlondonsinfonia.org • westlondonsinfonia.org



Ealing Choral Society

"Northern Lights"

Celebrating the Music of Northern Lands

including
Rachmaninov *Vespers*
Sibelius *Finlandia*
Tormis *Kord me tuleme tagasi*
Macmillan *O Radiant Dawn*
Ešenvalds *Stars*
Gjeilo *Unicornis captivator*
Grieg *Ave Maris Stella*
Andrew *Aurora Borealis* Premiere
&
ABBA *Medley*

Mezzo Soprano Eira Huse
Conductor Jonathan Williams

£17, £15 (conc), £3 (18 and under)
07957 923341
wegottickets.com/event/443672
ealingchoralsociety.org.uk Charity no. 278174

Ealing Choral Society

NORTHERN LIGHTS

SATURDAY 22 JUNE

Join us for a summer's evening to celebrate music from Northern lands featuring composers including Rachmaninov, Sibelius, Tormis, Macmillan, Ešenvalds, Gjeilo, Grieg and ABBA!
Mezzo soprano Eira Huse, organ/piano Alexander Pott
Conducted by Dr Jonathan Williams
7.30pm. *St Barnabas Church, Pitshanger Lane, Ealing, W5 1QG*
£17, (concessions £15, under 18 years £3), including programme

Box office: 07957 923341 • www.wegottickets.com/event/443672

Ealing Symphony Orchestra

BRITISH MUSIC SOCIETY 40th ANNIVERSARY CONCERT

SATURDAY 22 JUNE

Doreen CARWITHEN: Overture, *Bishop Rock*
Michael HURD: Dance Diversions
Hamilton HARTY: Ode to a Nightingale
William ALWYN: Nemesis (*Odd Man Out*)
Frank BRIDGE: Irish Tune (*Londonderry Air*)
Arnold BAX: Symphony No. 1
Helena Dix (soprano), Ealing Symphony Orchestra, John Gibbons
7pm. *St John's, Smith Square, SW1P 3HA*
£15 (senior citizens £13, all other concessions £5) + phone/online booking fee
Box office: 020 7222 1061 • www.sjss.org.uk/book?873598373
Ealing SO: 020 8567 4075 • secretary@ealingso.org.uk • www.ealingso.org.uk

Petros Singers

A LITTLE LIGHT MUSIC

SATURDAY 29 JUNE

This concert illuminates the variety of ways 'light' has proved a source of constant inspiration to composers and poets across the centuries, whether it be sunlight, moonlight, starlight or a flicker at the end of a tunnel. Featuring choruses from Elgar's oratorio *The Light of Life*, alongside music by Rachmaninov, Amy Beach, John Rutter, Duke Ellington and the Beatles.

7.30pm. *St Michael & All Angels, Bedford Park, Chiswick, W4 1TT*

£17 (concessions £15, under-18s and students £5)

Information: tickets@petrossingers.org • www.petrossingers.org

Bookings: www.wegottickets.com/petrossingers

Ealing Youth Orchestra

EYO 60th ANNIVERSARY GALA CONCERT

SATURDAY 29 JUNE

MÁRQUEZ: Danzón No. 2

Hannah KENDALL (EYO composer in residence): *weaves flowers and leaves* (world premiere)

DVOŘÁK: Symphony No. 8

Grand EYO Past And Present Finale: TCHAIKOVSKY: 1812 Overture

7pm. *St Barnabas Church, Pitshanger Lane, Ealing, W5 1QG*

£15 adult (group booking: four for the price of three,

senior citizens/concessions £12, students 11-12 £8, under 11 free).

Ticket price includes free programme, glass of fizz/soft drink and EYO60 cake

ticketing@eyo.org.uk • www.eyo.org.uk

Box office: www.eyo.ticketsource.co.uk

JULY

West London Sinfonia

SUMMER ON THE GREEN

SATURDAY 6 JULY

BRAHMS: Serenade No 2, Op.16

BEETHOVEN Symphony No 3 ("Eroica")

7.30pm. *St Anne's Church, Kew Green, TW9 3AA*

£14 (concessions £12, child £5)

020 3475 4200 • westlondonsinfonia.org

Ealing Symphony Orchestra

FREE FAMILY CONCERT!

SATURDAY 13 JULY

A short programme with younger listeners in mind

4.30-5.30pm. *St Barnabas Church, Pitshanger Lane, W5 1QG*

No charge: just come along

END-OF-SEASON CONCERT

James MACMILLAN: Stomp

BORODIN: In the Steppes of Central Asia

SCRIABIN: Piano Concerto in F# minor

Michael HURD: Overture to an unwritten comedy

TCHAIKOVSKY: Symphony No. 2

Varvara Tarasova (piano), Ealing Symphony Orchestra, John Gibbons

7.30pm. *St Barnabas Church, Pitshanger Lane, W5 1QG*

£14 (concessions £12, student £6, accompanied child £1)

Tickets: www.ealingso.org.uk/tickets and at the door

Enquiries: 020 8567 4075 • secretary@ealingso.org.uk • www.ealingso.org.uk

Questors Choir

QUESTORS CHOIR SUMMER CONCERT – 'LUCKY DIP'

SATURDAY 13 JULY

Come and enjoy the drama of well-loved, epic poems set to music, and a selection of 20th century popular songs, sung in an order to be determined on the night!

7.30pm. St Martin's Church, Hale Gardens, West Acton, W3 9SQ

£14 (concessions / advance £12), including an interval glass of wine or soft drink. Under-12s free.

07802 720333 • more@questorschoir.org • www.questorschoir.org

HEOS Musical Theatre

AND THE WINNER IS...

FRIDAY & SATURDAY 19 & 20 JULY

A summer cabaret, filled with numbers from Tony and Olivier award-winning shows.

7.30pm plus Saturday 2.30pm. St Thomas the Apostle Church Hall, 182 Boston Road, W7 2AD

£11 to 21 June; £12.50 from 22 June

Enquiries: 07758 841523 • boxoffice@heos.org.uk

Tickets (no booking fee) via www.heos.org.uk

REGULAR EVENTS

The Hanwell Voice Studio

SINGING LESSONS

Singing lessons with a professional opera singer from English National Opera. Master a solid vocal technique, essential for success in performance. Tuition for all musical styles. Beginners welcome.

The Hanwell Voice Studio, W7

Enquiries (Lydia Marchione, AGSM): 07791 170662 • www.lydiamarchione.com

The Friends of St Mary's Perivale

SUNDAY CONCERTS AT ST MARY'S PERIVALE

SUNDAYS

2 June: Luke Hsu (violin), Yehuda Inbar (piano)

16 June: Robin Michael (cello), Daniel Tong (piano)

23 June (7.30 pm): West London Sinfonia Instrumental Groups

30 June: Vitaly Pisarenko (piano)

7 July (7.30 pm): Ealing Symphony Orchestra Instrumental Groups

July 14 The Rossetti Ensemble

July 21 The Barbican Ensemble

3pm, except as above. St Mary's Church, Perivale Lane, Perivale, UB6 8SS

Free with a retiring collection

020 8997 7691 • hmath@btopenworld.com • www.st-marys-perivale.org.uk

Ealing Chamber Music Club

MONDAYS

New playing members (and visitors) are always welcome at our regular evenings.

Free refreshments.

2nd Monday in the month, except August and September. Please phone to check before coming.

8pm. St Mary's Church Perivale, UB6 8SS

020 3143 3206 • ealingchambermusic@gmail.com • www.ecmc.org.uk



Questors Choir presents

LUCKY DIP

SELECTED SUPER SONGS
IN A RANDOM ORDER

Saturday 13th July 2019
7.30pm

St Martin's Church, Hale Gardens, W3 9SQ

Book online or phone 07802 720333
www.questorschoir.org
Registered charity number 1131371

£14 door
£12 concs and advance
under 12s free



Capital Chorus

WEEKLY REHEARSAL

MONDAYS

We're a friendly, diverse and welcoming group of men who love to sing close-harmony songs in the barbershop style. Whatever your age or experience, come and meet us at our weekly open rehearsal. Barbershop could be the exciting, rewarding, fun hobby you're looking for.

7.45 - 10.15pm. Kingsdown Methodist Church, Northfield Avenue, Ealing, W13 9PR

07963 595930 • www.capitalchorus.co.uk

The Love2sing Choir

THE LOVE2SING EALING CHOIR – DAYTIME

MONDAYS

Take part in fun, friendly and informative rehearsals and twice-yearly concerts. Choir meets for 35 rehearsals a year (term lengths vary 10-13 wks). Styles include musical theatre, pop, rock, big band, Motown, traditional choral and more.

1-3pm. North Hanwell Baptist Church, Cuckoo Avenue, W7 1BW

Monthly: £20.40

07989 560603 • admin@love2sing.co.uk • www.love2sing.co.uk

COME SING WITH US

LOVE2SING
CHOIR

NEW CHOIR | SEPT 2019

THURSDAYS | 7:30PM

GRANGE PRIMARY SCHOOL

CHURCH GARDENS

SOUTH EALING W5 4HN

FREE TASTER!

BOOK ONLINE

WWW.LOVE2SING.CO.UK

07989 560 603

admin@love2sing.co.uk



The Friends of St Mary's Perivale TUESDAY AFTERNOON PIANO RECITAL SERIES

TUESDAYS

4 June: Olga Paliy

11 June: Philip Leslie

18 June: Umberto Jacopo Laureti

25 June: Aleksandar Pavlovic

2 July: Viv McLean and Tim Horton

9 July: Callum McLachlan

16 July: Maya Irgalina

23 July: Sasha Grynyuk

2pm. St Mary's Church, Perivale Lane, Middlesex. UB6 8SS

Free with a retiring collection

020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

Petros Singers

TUESDAYS

WELCOMING NEW TENORS AND BASSES

We're a well-regarded auditioned chamber choir with a reputation for high-quality singing and innovative programmes. Check our website to see what concerts we have planned, and email our membership secretary if you'd like to join us for some trial rehearsals. We'd love to hear from tenors and basses, and also offer free bursaries to all singers age 27 and under.

8-9.45pm. St Peter's Church, Black Lion Lane, Hammersmith, London W6 9BE

membership@petrossingers.org • www.petrossingers.org

The Friends of St Mary's Perivale

WEDNESDAYS

WEDNESDAY EVENING CONCERTS AT ST MARY'S PERIVALE

5 June: Julia Hwang (violin), Charles Matthews (piano) / The Fitzroy String Quartet

12 June: Royal Birmingham Conservatoire Ensembles

19 June: The Florisma Baroque Ensemble

26 June: Varvara Tarasova (piano) / The Myriad Quart

10 July: Leo Popplewell (cello), Rosie Richardson (piano) / The Aurora Trio

17 July: Meera Maharaj (flute), Dominic Degavino (piano) / Julia Pusker (violin), Renata Konyicska (piano)

7.30pm. St Mary's Church, Perivale Lane, Perivale, UB6 8SS

Free with a retiring collection

020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

Ealing Folk Club

WEDNESDAYS

Hosted by the OddFellas. Listeners, singers, players, all welcome – as long as it's unplugged, anything goes.

First Wednesday of every month, 8-11pm

Upstairs in the Reading room at the Grange pub, Warwick Road, Ealing, London W5 3XH

We also have an English(ish) Tunes session at the Grange on the last Wednesday of the month 7.30-10.30pm. Join in the playing, introduce your own tunes; any instruments welcome.

020 8567 2955 • bob_little@ntlworld.com

Questors Choir

COME AND SING WITH QUESTORS CHOIR

WEDNESDAYS

Like singing choral music? Not sure? Free on Wednesday evenings? If 'Yes', and you're over 16 years old, why not come along and try us? We're a well-established, friendly, West Acton-based, Ealing community choir of around 60 members. First three sessions are free of charge, with no obligation to join. You will not be asked to audition: just turn up, join in and do your best!

8 - 10pm. St Martin's Church hall, Hale Gardens, W3 9SQ. Just a short walk from Ealing Common tube station (Piccadilly & District lines), 207, 427, 607 and 440 bus routes, and with on-street parking outside.

£140 yearly / £130 early birds / £110 concessions. £60 (£50 for concessions) each term.

Free for 16-25s. 07802 720333 • more@questorschoir.org • www.questorschoir.org

Gregorian Chant: Ealing Abbey Lay Plainchant Choir

WEDNESDAYS

Director Fr Peter Burns OSB. Exploring the riches of the Gregorian Chant tradition. New members always welcome. We usually sing at a Parish Liturgy once each month at 12 noon. A group also sings at a local care home monthly.

6.30 for 6.40 - 8pm. Bulbeck Room of the Ealing Abbey Parish Centre

Voluntary contribution of £2 per session

020 8862 2160 • gregorianchantealing@gmail.com • www.ealpc.org

The Love2sing Choir

THE LOVE2SING EALING CHOIR - EVENING

WEDNESDAYS

Take part in fun, friendly and informative rehearsals and twice-yearly concerts. Choir meets for 35 rehearsals a year (term lengths vary 10-13wks). Styles include musical theatre, pop, rock, big band, Motown, traditional choral and more.

7.30-9.30pm. North Hanwell Baptist Church, Cuckoo Avenue, W7 1BW

Monthly payments £29 07989 560603 • admin@love2sing.co.uk • www.love2sing.co.uk

Julian Light Operatic Society

YEOMEN OF THE GUARD: REHEARSALS

WEDNESDAYS

Join us as we start learning music and rehearsing for our Autumn 2019 Show, *The Yeomen of the Guard* by Gilbert and Sullivan. We're a friendly group and always willing to welcome new faces. Auditions for principal parts are on 22nd May (no audition for chorus).

7.45-9.45pm. St Matthew's Church, North Common Road, Ealing, London W5 2QA

No admission charge (membership if you decide to join)

07976 577232 • inform@julianoperatic.org • www.julianopoeratic.org

Ealing Common Choir

WHERE SINGERS ARE WELCOME

THURSDAYS

Experience the pleasure of singing an amazingly wide repertoire to a high standard. We give 3-4 concerts a year interspersed with workshops and social events. You should be able to read music, sing in tune and sight-read a simple line.

7.30 - 9.30pm. St Matthew's Church, North Common Road, Ealing, W5 2QA

£40 per term. Try the choir for free for your first ever 3 weeks. Concessions for all students.

chair@smce.org.uk • www.smce.org.uk

St Barnabas Church

FRIDAY LUNCHTIME CONCERTS AT ST BARNABAS

FRIDAYS

7 June: Minkyu Kim piano recital
 14 June: The English Piano Trio
 21 June: Ellie Lovegrove (trumpet), Richard Moore (organ)
 28 June: Eriko Nagayama (violin), Mihály Berecz (piano)
 5 July: tbc
 12 July: Tessa Uys and Ben Schoeman (piano duo)
 19 July: Eleanor Corr (violin)
1pm. St Barnabas Church, Pitshanger Lane, London W5 1QG
Free with a retiring collection

020 8997 7691 • hmath@btopenworld.com • www.barnabites.org/page/12/friday-lunch-time-concerts

Art & Crafts

REGULAR EVENTS

(see also the Younger Years section)

BEAT [Borough of Ealing Art Trail]

BEAT 2019

Plans are well advanced for the 2019 Borough of Ealing Art Trail, with over 200 artists and makers opening their homes, studios and venues over two weekends, 6-8th and 13-15th September. Look out for other BEAT events before that – our annual Pop-Up shop exhibition in Ealing Broadway Shopping Centre in July [date tbc], an activity day at Ealing Jazz Festival on 28th July, and a promotional day at Brentford Festival on 1st September.

info@ealingbeat.org.uk • www.ealingbeat.org.uk

JUNE

Lady's Creative Centre

(reg. charity no. 1041528)

SATURDAY 29 JUNE

LADY'S CREATIVE CENTRE ANNUAL EVENT - INTERNATIONAL CREATIVE DAY 2019

Art & craft stalls, music, entertainment, refreshments

Stall bookings: please email Lccharity@aol.com.

12 Haven Green, W5 2UU Lccharity@aol.com • www.Ladyscreativecentre.co.uk

REGULAR EVENTS

Lady's Creative Centre

(reg. charity no. 1041528)

SATURDAYS

DOLL'S HOUSE MUSEUM

10am-2pm (opening hours can be extended on request). 12 Haven Green, W5 2UU

£1.50 entry fee – donation

Membership £20/year; classes extra lccharity@aol.com • www.ladyscreativecentre.co.uk

Pamela Lloyd-Jones Art Classes

SATURDAYS

LIFE DRAWING WORKSHOP

A taught workshop with excellent models, all materials supplied. Long established, very popular and friendly, for both the most experienced and beginners. Very experienced tutor. Useful for portfolio collation. You must book in to attend.

Monthly 10am - 1pm Saturdays 8 June, 6 July. (August date to be confirmed)

The Brentham Club, 38a Meadvale Road, Ealing, W5 1NO (near Pitshanger Lane)

£22 including tuition, model, all materials, tea/coffee and biscuits

07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

The Ealing Lacemakers

MONDAYS

A small, friendly group making a variety of laces, independently run, some tuition available

Every Monday except for bank holidays: no meetings in August

7.30 - 9.30pm. Room 2, Northfields Community Centre, 71a Northcroft Road, W13

020 8991 9338 • cathyadams@ntlworld.com

Ealing Art Group

MONDAYS

17 June: Talk by Tony Jackson – *The Glasgow School*

7.30-9.30pm. Centre For Independent Living, 1 Bayham Road, Ealing, W13 0TQ

£4 (members £1) 020 8998 5662 • ealingartgroup@gmail.com • www.ealingartgroup.co.uk

St Andrew's Art Workshops

MONDAYS, TUESDAYS, WEDNESDAYS AND THURSDAYS

TUTOR-LED WORKSHOPS FOR OIL PAINTING AND MIXED MEDIA

Materials supplied for all groups at small additional charge.

Oil painting workshops include structured courses for beginners.

Beginners welcome. Tutor: ex-college lecturer.

During term-time

Painting: Mon, Tue, Wed 10am - 1pm. £9 per 3hr. session

Mixed media: Thurs 10am - 12.30pm. £8 per 2½hr session

St Andrew's Church Centre, Mount Park Road, Ealing, W5

020 8998 8435 • matthew2Ls@btinternet.com

The 4020 Art Group

MONDAYS AND TUESDAYS

DRAWING AND PAINTING CLASSES FOR ALL

We are a friendly bunch of amateur artists with our own studio and professional tutors. We offer a varied programme of high-quality teaching for adults. Beginners and more experienced artists welcome.

Term time only:

Monday 29 April - Tuesday 23 July (half term w/c 27 May)

Weekly Monday classes: 10am - 1pm or 2 - 5pm

Tuesday mornings: 10am - 1pm

£180 for 12 weeks

Specialist short courses and evening classes run by professional tutors: see website

Hanwell Community Centre, Westcott Crescent, W7 1PD

07535 347764 • membership@4020artgroup.co.uk • www.4020artgroup.co.uk

Patricia Burbidge

TUESDAYS

WATERCOLOUR PAINTING NORTHFIELDS COMMUNITY CENTRE

Mixed-ability watercolour painting classes. We experiment with colour mixing, still life and landscape composition using a variety of watercolour techniques.

23 April - 2 July, 10am-12.30pm: £80 and 1-4pm: £90

Room 1, Northfields Community Centre, 71a Northcroft Road, W13 9SS

artist@patriciaburbidge.com • 020 8891 5115

Pamela Lloyd-Jones Art Classes

TUESDAYS

ART CLASSES FOR ADULTS

Lively friendly groups, learning painting and drawing techniques, in art history context. Very popular and engaging. Exhibitions can be seen in the coffee shop at The Brentham Club.

Tuesdays 7 May - 16 July, 10am -12 noon and 1pm - 3pm. Autumn term starts 10 September.

The Brentham Club, 38a Meadvale Road, Ealing, W5 1NO (near Pitshanger Lane)

£110 for 10-week term or £14 per session

07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

Jessica Rose (painter, printmaker & art teacher)

TUESDAYS AND WEDNESDAYS

WATERCOLOUR CLASSES

Gain the confidence to handle the wonderful medium of watercolour. Classes are at Hanwell Community Centre on Tuesdays and Wednesdays during term time.

Tue 1.30-4.30pm, Wed 10am-1pm. Hanwell Community Centre, Westcott Crescent, W7 1PD

£240 per term 07790 995040 • jessicaroseartist@gmail.com • jessicaroseartist.co.uk

Ealing Flower Club

WEDNESDAYS

FLORAL DESIGN DEMONSTRATIONS

Do you love flowers? Why not join us for an evening of flowers?

19 June: Valerie Best is one of NAFAS's excellent judges, so we are delighted she will be coming to advise us on judging techniques (what the judges look for in competitions). So come learn what tips she will give us.

17 July: *Treasured Textiles* is Jo Bromwich's title for this month. Let's see what this really means.

We also have a club competition, titled *Treasured*, so not only could you win one of Jo's creations in our raffle, you could also help judge the winner of our trophy.

7pm for 7.30 start. St Barnabas Church, Pitshanger Lane, W5 1QG (buses E2 and E9 go past the door, or roadside parking)

Visitors welcome: £6 per session, or become a member.

Enquiries: (Jenni) 07772 975554 • jennisworld48@hotmail.com

(Christine) 020 8998 8228 • smtpearce@btinternet.com

Follow us on Facebook: Ealing Flower Club

HCC Upholstery and Refurbishment Group

WEDNESDAYS AND THURSDAYS

If you would like to learn to upholster from scratch or wish to carry on a skill you have previously learnt, with a professional instructor on hand to guide you, please come and join our friendly groups run through a not-for-profit organisation. We encourage the recycling of old chairs by recovering or completely re-upholstering (or somewhere in between) anything from a dining chair to a sofa (although there is a waiting list for sofas because of the storage space required). It is run informally and is project-led so you work at your own pace on a project of your choice.

Two classes a week, 10am-1pm. Hanwell Community Centre, W7 1PD (free parking)

12-week term £195 + £5 yearly group membership fee

Dominique Morgan: 07831 117294 • Jane Hering: heringj@btinternet.com

Ealing Quilters

THURSDAYS

20 June: Burning, Scorching and Melting

18 July: Sew and Chat

7.30pm. Ealing Centre for Independent Living (ECIL), 1 Bayham Road, West Ealing, W13 0TQ

£4 (members free)

020 8998 6023 • kaisa.mills@blueyonder.co.uk

Ealing & Hampshire House Photographic Society

THURSDAYS

A long-established, friendly and sociable group of photographers, meeting weekly for talks, practicals and competitions, both Print and Projected. All levels welcome – come along and take your photography to the next level. See our website for details of events.

7.45 for 8-10pm. The Brentham Club, 38a Meadvale Road, W5 1NP

Very reasonable subscription: first visit free.

publicity@ehhps.org.uk • www.ehhps.org.uk

Want to be sure of getting *What's On*?

Would you like to have your copy of *What's On* delivered regularly by post? If so, you will be more than welcome to join our Supporters' Mailing List. The annual subscription is £10 per household.

To join the list, please contact:
The Secretary, Ealing Arts Supporters' List,
2 Carlton Road, Ealing, London W5 2AW
020 8997 7131 / hazel@talbot68.plus.com

Culture & Learning

Friends of Marcq-en-Baroeul

EALING'S TWIN TOWN IN FRANCE

The Friends of Marcq is a local group promoting friendship and activities between Ealing and Marcq-en-Baroeul, which is close to Lille, so easily accessible. Knowledge of French is not necessary for many of the organised events. We offer exchange visits to France for language and cultural weekends, staying with French hosts. There are also French classes at various levels, and a variety of activities throughout the year in Ealing.

Enquiries: 020 8991 9685 • 020 8568 6159 • www.fomeb.eu

Colette Wilson French Cultural Courses

AUTUMN 2019

COMING SOON. Register interest/book now – limited places.

Two courses exploring literature and visual arts in Paris in their socio-historical context

'PARIS, CAPITAL OF THE NINETEENTH CENTURY': THE MODERN CITY 1848-1914

Tuesdays 1 October - 17 December 2019, 2-4pm

'PARIS POST-WAR: EXISTENTIALISM, ART AND PROTEST'

Wednesdays 2 October - 18 December 2019, 2-4pm

Both courses: venue near Pitshanger Lane, Ealing. £120 for each 12-week course

wilson_colette@btinternet.com

JULY

Vitality Leap – Fireside Lodge

SATURDAY 6 JULY

SISTER MUGWORT'S MANY GIFTS – PRACTICAL AND SPIRITUAL WORKSHOP

You will learn about the health benefits of this ancient Celtic healing and incense plant, and meditate to meet the 'spirit' of the plant.

11am - 6pm. Fireside Lodge, Hanwell (directions/joining instructions once you sign up). £60

07766 464623 • fireside.andrea@gmail.com • www.firesidelodge.co.uk/sister-mugworts-gifts.html

REGULAR EVENTS

The Arts Society Ealing (formerly EDFAS)

MONDAYS

We are part of the umbrella organisation 'The Arts Society', and welcome those interested in the arts.

17 June lecture: Alice Foster - *The Art of Partying*

We meet for a glass of wine at 7.15. Lecture at 8pm. Visitors welcome.

William Barry Theatre, University of West London, W5 5RF

£8 non-members, £3 full-time students

www.theartssocietyealing.org.uk

Ealing Red Lion Readers

MONDAYS

We are an informal book group and welcome new members. We read and discuss a wide variety of books including contemporary fiction. Our meetings are monthly, and once a year we visit the theatre to see a play such as Rattigan's *French Without Tears*.

First Monday in month, 7.30pm. Red Lion, 13 St Mary's Road, W5 5RA

Enquiries (Hazel): hazannewilliams@gmail.com • https://redlionreadersealing.wordpress.com/

Ealing National Trust Association

TUESDAYS

11 June: ENTA AGM, followed by a speaker from the National Trust (ENTA members only)
 2 July: *London's Liquid History*, by Captain William Wells – Master Mariner; former ship's captain and licensed commercial pilot; Senior River Pilot, Port of London.
 7.30pm. Parish Hall, Christ Church, Ealing Broadway, W5
 £3 (members free)

020 8567 9517 • www.ealingnt.org.uk

The Himalayan Institute of Yoga Science & Philosophy

WEDNESDAYS

BASIC PHILOSOPHY AND MEDITATION

Suitable for those with some experience in meditation

24 April to 17 July (no class on 29 May)

£96 for full course or £48 for half or £8 drop-in

6.15-7.45pm. Ealing Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE

020 8567 8889 • enquiries@himalayaninstitute.org.uk • www.himalayaninstitute.org.uk

Hanwell & Ealing Heritage Museum

WEDNESDAYS AND SATURDAYS

DISPLAY OF BRITISH-MADE DOMESTIC ARTEFACTS AND LOCAL HISTORY RESOURCE

Open Wednesdays and Saturdays.

11am - 3pm. Hanwell Community Centre, Westcott Crescent (top of Cuckoo Avenue), W7

Adults £2, children £1 020 8579 0178 • 07889 033201 (when open) • davidblackwell99@gmail.com

Facebook: Hanwell & Ealing Heritage Museum

Ealing University of the Third Age

THURSDAYS AND OTHER DAYS

WEEKLY MEETINGS AND OTHER ACTIVITIES

EALING U3A – a co-operative of older people sharing educational, creative and leisure activities. Members have access to our weekly talks on Thursday mornings, which are held at Ealing Green Church. Our talks to July are:

6 June: Dr Kim Salmons – *A Taste of Literature: the representation of food in the works of modern authors*

13 June: Ann and David Hughes – *The Mall and its History / The Guinness Brewery*

20 June: Veronica Cecil – *Experiences in the Congo*

27 June: Professor Debra Kelly – *Fishes with Funny French Names: a history of the French restaurant in London from the 19th century to the present*

4 July: Ash Mistry – *Sustainable Aviation, Aviation Growth and Congested Skies*

11 July: Graham Weeks – *History of Northern Nigeria*

Members can also participate in the various interest groups. We currently have 40 of these, covering leisure activities such as rambles, art appreciation, book circles, crafts, history, music, film, languages, table tennis, theatre outings and visits to interesting places, as well as occasional short courses. Full details are on the Ealing U3A web site.

Thursday meetings 10am. Ealing Green Church, Ealing, W5 5QT - opposite Ealing Film Studios

Annual membership £25: non-members £3 on the day

07525 141175 • EalingU3A@outlook.com • www.u3aealing.org.uk

The Himalayan Institute of Yoga Science & Philosophy

THURSDAYS

PHILOSOPHY AND MEDITATION

How to relax, breathe and meditate; some experience of meditation desirable

8-9.30pm 25 April - 18 July 2019 (no class on 30 May)

£96 for full course or £48 for half or £8 drop-in

Ealing Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE

07918 622995 • enquiries@himalayaninstitute.org.uk • www.himalayaninstitute.org.uk

Dance & Movement

(See also the Younger Years section)

REGULAR EVENTS

Northfields Morris Dancers

SATURDAYS

MORRIS DANCING – HAVE FUN WITH BELLS ON!

Give Morris dancing a try with your friendly, local Morris team. Open to all; no experience necessary. Great exercise and lots of fun. Or join our band! Do get in touch.

5-6.30pm. Northfields Community Centre, W13 9SS.

First time free, then £3 (concessions £2)

07952 238422 • northfieldsmorris@gmail.com • www.northfieldsmorris.com

Vitality Leap

SATURDAYS

NORDIC WALKING – FOUNDATION COURSE

Walking with poles uses 90% of your skeletal muscles and burns up to 46% more calories than regular walking. These fitness benefits are more easily achieved if you have good technique.

10am-12 noon. 15 June, 20 July.

Meeting point: Hanwell, W7 3QU. Contact Andrea for directions/exact meeting point.

£30 (poles included)

Andrea: 07766 464623 • vitalityleap@gmail.com • www.vitalityleap.com

Vitality Leap

SUNDAYS

NORDIC WALKING – MIXED-ABILITY WALK

Nordic pole-walking is a full body workout. It helps you get fit and enjoy the outdoors. Sociable walks with some extra challenges for faster/more experienced walkers.

10-11am. 2, 9, 16, 23 June: 7, 14, 21, 28 July.

Meet High Lane, Hanwell (near Mayfield Primary School)

£8 with your own poles, £10 with pole hire

Andrea: 07766 464623 • vitalityleap@gmail.com • www.vitalityleap.com

Pilates Studio

WEEKDAYS & WEEKDAY EVENINGS

Custom one-to-one sessions taken by a qualified physiotherapist specialising in rehabilitation, including back and chronic pain, as well as improving posture and flexibility. Held in a bright studio with full pilates equipment, reformer, trapeze table, etc., and the new 'Core Align' machine to improve gait and lower body strength.

Montpelier Road, Ealing

07796 663174 • susan@kineticconsulting.co.uk • www.pilatesw5.com

Freestyle Pilates

MONDAYS

Freestyle Pilates classes to strengthen your core and improve your overall fitness and flexibility

6.15-7.15 and 7.30-8.30pm. Northfields Community Centre, 71a Northcroft Road, W13 9SS

£8

07950 118199 / margaretpilates@hotmail.co.uk

Chair Yoga

MONDAYS

With great benefits for people who are in recovery or have physical limitations

11.30am-12.45pm. St Andrew's Church Centre, Mount Park Road, Ealing, W5 2RS

(five minutes walk from Ealing Broadway station)

£10 per session

07952 668820 • mehran.ghodsi@hotmail.co.uk

Ealing Country Dance Club

MONDAYS

Ready for something new? If you'd like to do something different and make new friends, come and try the gentle exercise of traditional English folk dancing. Men and women, singles and couples are all welcome to our friendly club nights.
3 & 17 June, 1 & 15 July, 8-10 pm. £4.50
St Barnabas Church Hall, Pitshanger Lane, W5 1QG
020 8998 6281 • enquiries@ealingfolk.org.uk • www.ealingfolk.org.uk

Suzanne Gribble - Iyengar Yoga

MONDAYS, WEDNESDAYS & FRIDAYS

General Iyengar yoga classes focusing on alignment of the body to help improve flexibility, strength and stamina and a quieter mind
Mondays 9.15-10.45am and 11am-12.30pm. Northfields Community Centre, W13 9SS
Wednesdays 9.15-10.45am. Northfields Community Centre, W13 9SS
Fridays 11am-12.30pm. 'on route', 44 - 46 South Ealing Road, W5 4QA. Beginners welcome.
£66 for block of 6, £120 for block of 12, £13 drop-in
07916 145786 • suzanne.gribble@gmail.com
http://suzannegribbleyoga.com • www.facebook.com/SuzanneGribbleIyengarYogaTeacher

West London Backcare

TUESDAYS

STRETCH AND RELAXATION CLASSES

Exercises to strengthen back and core muscles in order to improve flexibility, strength and stability, followed by short relaxation session. Please bring mat. Friendly group.
10.55-11.55am Tuesdays 4, 11, 18, 25 June: 2, 9, 16 July
St Andrew's Church Centre, Mount Park Road, W5 2RS. Parking available
£7 020 8997 4848 • tfsawicka@yahoo.co.uk

Yoga With Loretta

TUESDAYS

Experienced and Beginners welcomed! Join our warm and friendly class to gain strength and flexibility, improve posture and alignment, with mindfulness. You may be gently challenged to push yourself ... and keep smiling!
7.30-9pm. St Peter's Church Hall, 56 Mount Park Road, Ealing, W5 2RU
£9 drop in; £8 if paid in a block
020 8845 7873 • shape.tone@blueyonder.co.uk • www.yogaloretta.co.uk

West London Dancing

TUESDAYS

MODERN BALLROOM & LATIN AMERICAN DANCING

CLASSES FOR ALL. Starters (7.30 - 8.30pm): 6-week course £30, or £8 per session
Intermediates 1 & 2 (7.30 - 9.15pm in small ballroom): £7
SOCIAL DANCE. 7.45 – 10pm: All welcome to an outstanding and spacious ballroom with great atmosphere and music. BYO drink. Free adjacent parking. £6
Greenford Hall, Ruislip Road, UB6 9QN.
01895 632143 • info@holidayanddance.co.uk • www.holidayanddance.co.uk

Greenford & District Caledonian Association

TUESDAYS

SCOTTISH COUNTRY DANCING

For beginners or experience dancers – all levels of dancing welcome
8-10pm. Royal British Legion Greenford, 182 Oldfield Lane South, UB6 9JS
£2 (members £1.50) enquiries@greenfordcaledonian.net • www.greenfordcaledonian.net

Vitality Leap

TUESDAYS

NORDIC WALKING – DYNAMIC WALK (9.30-10.30am & 7-8pm)

Nordic Walking uses 90% of your skeletal muscles, and burns up to 46% more calories than normal walking. These are medium- to fast-paced walks for beginner/intermediate level.
NORDIC WALKING – GENTLE WALK (11am - 12 noon)

Nordic walking is a full-body workout with poles. These are relaxing, sociable walks at moderate speed, which improve your fitness and agility.
Both walks 1, 18 June: 2, 9, 16, 23 July. Meet High Lane, Hanwell (near Mayfield Primary School)
£8 with your own poles, £10 with pole hire
Andrea: 07766 464623 • vitalityleap@gmail.com • www.vitalityleap.com

The Himalayan Institute of Yoga Science and Philosophy

TUESDAYS, WEDNESDAYS AND THURSDAYS

MIXED-ABILITY YOGA

Suitable for those with some experience of yoga, but beginners are also welcome.
10-11.30am, Tuesdays 30 April - 23 July (no class on 28 May)
£6.50 drop-in fee
Ealing Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE

MINDFUL YOGA

Gentle yoga postures combined with introduction to meditation and breathing exercises for a more inclusive practice
11.30am-1pm, Tuesdays 30 April - 23 July (no class on 28 May)
£6.50 drop-in fee
Ealing Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE

BEGINNERS' AND MIXED-ABILITY YOGA

This course is suitable for students with some experience of yoga as well as beginners.
8-9.15pm, Tuesdays 23 April - 16 July (no class on 28 May)
£108 for full course or £54 for half or £11 drop-in
St Andrew's CC, Mount Park Road, Ealing, W5 2RS

INTERMEDIATE YOGA

Suitable for those with some experience of yoga
8-9.30pm, Tuesdays 23 April - 16 July (no class on 28 May)
£108 for full course or £54 for half or £11 drop-in
St. Barnabas Millennium Hall, Pitshanger Lane, Ealing, W5 1QG

INTERMEDIATE YOGA

Suitable for those with some experience of yoga
8-9.30pm. Wednesdays 24 April - 17 July (no class on 29 May)
£108 for full course or £54 for half or £11 drop-in
Ealing Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE

MIXED-ABILITY YOGA

Suitable for beginners as well as those with some experience of yoga
6.30-8pm, Thursdays 25 April - 18 July (no class on 30 May)
£108 for full term or £54 for half or £11 drop-in
Ealing Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE
07918 622995 • enquiries@himalayaninstitute.org.uk • www.himalayaninstitute.org.uk

Spritely Fitness

TUESDAYS AND FRIDAYS

Exercise class for people in their 50s, 60s, 70s and beyond. This is a fun and sociable class including dance aerobics for a healthy heart and resistance exercises for conditioning muscles and bones.

Tuesdays: 9.45am. St Mary's Church Hall, 1 Acton High Street, London W3 9NW

Fridays: 10.30am. Ealing Green Church Hall, Ealing W5 5QT

£7

paul@gunnersbury-fitness.co.uk • www.spritely-fitness.co.uk

Abi Barber – abibiyoga

WEDNESDAYS

DYNAMIC FLOW YOGA (7.15-8.15PM)

A fast-paced, vinyasa-based class that will get the body and breath moving. Some experience of yoga would be beneficial, but options will be offered to suit different levels.

YOGA FOR RUNNERS (8.30-9.30PM)

Ease out those hip flexors and hamstrings, strengthen the glutes, improve your balance and core stability, and deepen your breathing. Suitable for all levels of experience – plenty of options on offer.

Yogis Studio, 1 Spring Bridge Mews, W5 2AB

Each class £12 per person, drop in 07944 286685 • abibarber1@gmail.com • www.abibiyoga.co.uk/

The Himalayan Institute of Yoga Science & Philosophy

WEDNESDAYS

SUMMER YOGA

Drop-in classes suitable for all levels, including beginners, for six Wednesdays.

24 July - 28 August, 8-9.30pm. Ealing Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE

£11. No need to book, just drop in.

020 8567 8889 • enquiries@himalayaninstitute.org.uk • www.himalayaninstitute.org.uk

Shape & Tone

THURSDAYS

SHAPE & TONE EXERCISE CLASS

Small friendly class for us more mature people, and others, that want to keep fit and healthy.

Varied exercises for strength, stamina and flexibility. Fun workout for all abilities.

Most Thursdays throughout the year..

7.30-8.30pm. Room No. 1, Northfields Community Centre, 71a Northcroft Road, W13

£6

020 8845 7873 • shape.tone@blueyonder.co.uk

Abi Barber – abibiyoga

THURSDAYS

VINYASA FLOW YOGA

An energising class moving through a series of linked standing poses towards calmer floor-based work and finally, a beautiful place of stillness and relaxation. Suitable for all levels of experience – plenty of options on offer.

7-8am and 6-7pm. Pilates Body Shape Studio, 20 Boston Parade, W7 2DG

£12 per person, drop in

07944 286685 • abibarber1@gmail.com • www.abibiyoga.co.uk/

Drama, Film, Comedy & Poetry

JUNE - JULY

The Questors Theatre

FRIDAY 31 MAY - SATURDAY 8 JUNE

NELL GWYNN by Jessica Swale

When Charles II grants permission for women to act, he sees Nell onstage and becomes besotted with her. Despite having a wife and a mistress, he takes her from prestigious actor Charles Hart, and they begin their own affair. Nell soon faces threats to pick the theatre or the king. But how will she choose?

Filled with bawdy jokes, comical characters, songs and dances, Nell Gwynn is a true love story set against an often farcical theatrical world.

Daily at 7.45pm (excl. Sun/Mon); Sunday at 2.30pm.

The Questors Theatre, 12 Mattock Lane, W5 5BQ.

From £7

Box office: 020 8567 5184 • www.questors.org.uk/Nell

The Questors Theatre

FRIDAY 14 - SATURDAY 22 JUNE

DI AND VIV AND ROSE by Amelia Bullmore

One is promiscuous. One focuses on her studies. One is sporty and jovial. They couldn't be more different from each other, but when Di, Viv and Rose meet at university, they join forces and discover that life together can be fun and intense. But when life-changing events threaten to shake their bond they realise that perhaps they need each other more than they thought.

Daily at 7.45pm (excl. Sun/Mon); Sunday at 2.30pm.

The Questors Theatre, 12 Mattock Lane, W5 5BQ.

From £7

Box office: 020 8567 5184 • www.questors.org.uk/DiVivRose

Conjuring at the Court

THURSDAY 27 JUNE

CELEBRATING 10 YEARS AS LONDON'S LONGEST-RUNNING MONTHLY MAGIC SHOW!

There's a fabulous line-up with Britain's top ventriloquist, Paul Zerdin, winner of *America's Got Talent*; Scott Penrose, president of the Magic Circle, presents fascinating magical automata; the vaudeville mysteries of Norvil and Josephine; and the extraordinary magician and hypnotist James Brown. And the compère is Debbie McGee!

Doors open 7.30pm. Show starts 8pm and runs to 10pm with an interval

Drayton Court, 2 The Avenue, West Ealing, W13 8PH

£11 in advance, £12 on the door

07775 587708 • mail@russell-levinson.com • www.conjuringatthecourt.com

The Questors Theatre

SATURDAY 13 - SATURDAY 20 JULY

YOU CAN'T TAKE IT WITH YOU by George S. Kaufman & Moss Hart

Alice's family is eccentric, to say the least. She doesn't quite fit in with them. There's Paul, her pyromaniac father, Penny, her delusional artist mother, plus her tax-evading grandfather and snake-loving sister, amongst others.

When she falls for banker's son Tony Kirby, she reluctantly invites her snobbish future in-laws over for dinner to meet everyone. Arriving a day earlier than expected, what will Tony's parents make of the madhouse?

Daily at 7.45pm (excl. Sun/Mon); Sunday at 2.30pm.

The Questors Theatre, 12 Mattock Lane, W5 5BQ.

From £7

Box office: 020 8567 5184 • www.questors.org.uk/YouCant

Beaufort Players

WEDNESDAY 24 - SATURDAY 27 JULY

CLOWN NATION

A dark, new drama about contemporary Britain. The changes brought about by new technologies over the last twenty years have been immense, but what have we lost in the process? Not suitable for children.

8pm. Church of the Ascension Hall, Beaufort Road, Ealing, W5 3EB

janequill@yahoo.com

Conjuring at the Court

THURSDAY 25 JULY

Witness the impossible as top magicians take to the stage! An evening of mystery and fun at London's longest-running monthly magic show.

Doors open 7.30pm. Show starts 8pm and runs to 10pm with an interval

Drayton Court, 2 The Avenue, West Ealing, W13 8PH

£11 in advance, £12 on the door

07775 587708 • mail@russell-levinson.com • www.conjuringatthecourt.com

REGULAR EVENTS**Rainbow Poetry Group**

TUESDAYS

If you enjoy poetry on a wide range of subjects, we invite you to our informal monthly meetings at Hanwell Library (on the second Tuesday). We bring, read and discuss published poems, with a specific theme each month.

Next meetings: 1 June ('Freedom'), 9 July ('Home and Away')

2.30pm. Hanwell Library, Cherington Road, W7

Enquiries: 020 8567 4397 • donkennedy@f2s.com

Popup Theatre

TUESDAYS & THURSDAYS

DRAMA GROUP RECRUITING NEW MEMBERS

Weekly Tuesday meetings for readings, recording radio plays, and drama games, but most of all to prepare some new writing for a theatre performance. As we get under way meetings will also be on Thursdays.

We need new members to take part in a new play – in the early stages to work with the writer, and later to rehearse and perform the play.

8pm. Johnston Lounge, St Andrews Church Centre, Mount Park Road, Ealing, W5 2RS

020 8578 9082 • beewolfiek2@gmail.com

The West London Fantastic Film Society

THURSDAYS

Dedicated to the strange and exciting world of fantasy films on reel celluloid film

First Thursday each month, February - November. 7.30pm - 11pm.

The Royal Harvester Restaurant, Boston Manor Road, London W7 2AX

£5 per show / £1 Lifetime Film Society Membership Card

Enquiries: 07939 395128 • filmhorror@yahoo.co.uk

Leisure**JUNE****North Ealing Wine Tasting Society (NEWTS)**

FRIDAY 7 JUNE

MEXICAN WINES WITH RICHARD BOST

Sombreros at the ready as we head down Mexico way for our June tasting guided by Richard Bost.

8pm. St Barnabas Millennium Hall, Pitshanger Lane, W5 1QG

£20. Admission by prior application

020 8566 7373 • 020 8997 8132 • newtsealing@gmail.com • www.newtsealing.org

Charlemagne Wine Club

MONDAY 17 JUNE

SOUTHERN ITALY - CAMPANIA

Postponed from last month – from the Bay of Naples, across the slopes of Vesuvius to the hills beyond, Quentin Sadler will take us on a vinous and historical tour of the Italian wine region of Campania.

8pm. The Forester, 2 Leighton Road, Ealing, W13 9EP

£20 by prior application

cwc@charlemagnewineclub.co.uk • www.charlemagnewineclub.co.uk

JULY**North Ealing Wine Tasting Society (NEWTS)**

FRIDAY 5 JULY

GEORGIAN WINES WITH ANDREW PRICE

Our final tasting of the 2018/19 season takes us to Georgia, one of the world's oldest wine producing countries.

8pm. St Barnabas Millennium Hall, Pitshanger Lane, W5 1QG

£20. Admission by prior application

020 8566 7373 • 020 8997 8132 • newtsealing@gmail.com • www.newtsealing.org

REGULAR EVENTS

StayActive4Life

At StayActive4Life we believe that everybody deserves the help and support to live a more active and healthy life. We know you want to keep on the move, feel better and have more energy.

To stay fit, healthy and active for longer we can help you to:

- Strengthen your muscles and become more flexible
- Maintain your balance so that you feel steady on your feet and reduce your risk of falls
- Have greater stamina and more energy so that you can live your life to the full.

We are in the process of establishing Pilates, Tai Chi for Arthritis and Fall Prevention, Stretch and Tone and Dance4Health Classes.

We are currently able to offer the first four Strength & Balance sessions for free at the venues below when bringing your copy of Ealing Arts *What's On*:

- St Mary's Church, 1 The Mount, High Street, Acton, W3 9NW (Mon, 10:45-11:15)
- St Mary's Church Hall, 62 Greenford Ave, Hanwell, W7 3QP (Tue, 12:30-13:15)
- William Hobbayne Centre, 45 Lower Boston Road, Hanwell, W7 3TP (Tue, 13:45-14:30)
- Pitshanger Methodist Church Pitshanger Lane, Ealing, W5 1QP (Wed, 10:30-11:15)
- Haven Green Baptist Church, Castlebar Road, Ealing, W5 2UP (Thu, 12:00-12:45)
- St Mary's Church, 1 The Mount, High Street, Acton, W3 9NW (Fri, 11:45-12:30)
- St Paul's Church, Ridley Ave, Ealing, W13 9XW (Fri, 12:30-1:15)

For your nearest class please contact us or see our full list of classes on the website.

01753653836 • 07715 170207 • Admin@StayActive4Life.co.uk • www.careplace.org.uk Services/14856

West London Group of Ramblers Association

SATURDAYS, SOME SUNDAYS AND VARIOUS WEEKDAYS

Make new friends, improve your health and enjoy our lovely town and countryside. Walks are 4-14+ miles, led by volunteers and carefully graded. Railway station start, usually lunchtime pub stop. No charge, but after a couple of 'tasters' you will need to join the RA. For details see website, phone or email.

020 8863 6523 • westlondongroup@yahoo.co.uk • www.westlondonramblers.org.uk

Club West

SUNDAYS

PUB LUNCHES AND COFFEE MORNINGS FOR UNATTACHED OVER-50S

We meet every Sunday for lunch and drinks in a pub somewhere in Ealing, Chiswick, Hammersmith or Richmond. We also meet midweek for coffee, quizzes and other activities. The Club West sign will be on one of our tables. No need to book.

12.30. *A pub in West London*

020 8992 6134 • www.clubwest.org.uk

Hanwell Table Tennis Club

MONDAYS

TABLE TENNIS FOR OVER-55s

Beginners: we want you! Played before: very welcome! Retired: this is the place for you!

Wear plimsolls or trainers. We have spare bats and balls for starters. Just pop in and give it a go. 2-4pm, except bank holidays. Rear entrance of Hanwell Methodist Church, Church Road, W7 1DJ

£3.50 per session

Ealing Over 60 Network (EON)

MONDAYS

A wide range of activities run by members for members throughout the day (stay for whatever suits you), also a 'bring and share' lunch. Feel free to turn up – we're a friendly group. All ideas for the weekly programme welcome; email us for the latest bulletin.

Mondays except public holidays. Ealing Quaker Meeting House, 17 Woodville Road, W5 2SE

No membership fees; donate on the day

Andrée (Secretary) 077611 04609 • ealingover60network@gmail.com

CLAN Social Club

WEDNESDAYS

Are you single? Over 50? Enjoy socialising? Come and find out more over a cup of coffee. Meet members and see a programme of current events.

1st Wednesday of the month, 11am at a coffee shop near you, in Ealing and surrounding areas.

Free

Keith 020 8571 2145 or Bette 07446 300007

CLAN Social Club

THURSDAYS

Another chance to find out more about our friendly social club for unattached over-50s. Come along for a chat and find out about our current programme of events.

2nd Thursday every month, 8pm.

The Royal (Harvester) pub, Boston Road (nearest station Boston Manor)

Keith 020 8571 2145 or Bette 07446 300007

Multi-activity

IMPACT Theatre

IMPACT Theatre is a theatre company for adults with learning disabilities. The lives of our members are enriched by a wealth of activities across the performing and creative arts. IMPACT Community Arts Centre is a fully equipped accessible arts centre with facilities such as a studio theatre, recording/rehearsal room and meeting rooms. These facilities are also available for hire, which further supports provision of training, volunteering and work experience opportunities for people with learning disabilities.

IMPACT Community Arts Centre, Perivale, UB6 8GP

020 8997 8979 • info@impacttheatre.co • www.impacttheatre.co

Younger Years

REGULAR EVENTS

Suzanne Gribble - Iyengar Yoga TEENS YOGA CLASSES

SATURDAYS

Yoga classes for teenagers focusing on improving flexibility, strength and stamina and a quieter mind. Beginners welcome.

4.30-5.30pm (please check dates in advance). Northfields Community Centre, W13 9SS

£7 a session (£30 for a block of five)

07916 145786 • suzanne.gribble@gmail.com

<http://suzannegribbleyoga.com> • www.facebook.com/SuzanneGribbleIyengarYogaTeacher

Ealing Junior Music School

SATURDAYS

EJMS is a Saturday morning music school for 3-18 year olds; we are based at Twyford C of E High School in Acton. We provide individual instrumental tuition on almost every instrument of the orchestra, as well as guitar and singing lessons, in a relaxed and fun environment. We run some 20 orchestras and ensembles and three choirs, including one for parents, along with musicianship classes for our youngest pupils. Parents can relax in the café. Ensemble-only pupils are welcome. Sorry, we do not do piano lessons.

8.30am - 1.30pm. Twyford CofE High School, W3 9PP.

Charges vary, depending on course taken

admin@ejms.org.uk • www.ejms.org.uk

Madhurang Dance

WEEKENDS, MONDAYS, TUESDAYS, THURSDAYS

INDIAN DANCE/ BOLLYWOOD CLASSES

Classes for children and adults. Learn classical dance form Kathak or Bollywood keep-fit classes. ISTD-approved exams can be taken; this is optional. You can join the classes at any time. This is a fun activity for one and all. Steps are taught slowly and gradually to the learner's ability. Great care and attention are given. Please call for a free trial class.

Northfields Community Centre, 71a Northcroft Road, West Ealing, W13 9SS

07922 109289 • crishna8@hotmail.com

Joanna Broom Art Classes THE TEENAGER ART CLASSES

TUESDAYS, WEDNESDAYS, THURSDAYS, SATURDAYS

10-week courses

Week and weekend days in term-time

Hanwell Community Centre and the Brentham Club

From £130

07828 908582 • joanna.broom.jb@gmail.com

Sew What?

WEDNESDAYS, FRIDAYS AND SATURDAYS

LEARN TO SEW OR GET IT FIXED

Machine sewing classes for total beginners and intermediate skill. Adult class options: Wed/ Fri/ Sat 10.30am & 12.30pm. Separate after school or holiday club classes for children 9+yrs. Repairs and alterations by quote. Call Debbie to chat sewing!

Garden studio on Brunswick Road, W5 1AH

debbie@sewwhatcafe.com • 07946 826338 • www.sewwhatcafe.com

Save Ealing's Victoria Hall



Ealing Council wants to sell off Ealing Town Hall to a hotel developer.

What's At Stake

Part of the scheme includes the Victoria Hall and related spaces which were paid for by public subscription more than 100 years ago. These areas are protected by a Trust Deed which says they must be kept for use by the local community for "meetings, entertainments, balls, bazaars and other gatherings," with all profits going to charity.

After Ealing Council announced its plan last year, public consultation showed overwhelming support for the view that the Victoria Hall public areas should not be handed to a private company, but the Council has said that it can no longer maintain them.

Oppose the Sell-Off

The Council has applied to the Charity Commission to vary the terms of the Trust to allow it to sell off the Trust's property to the hotel developer.

The Campaign for an Ealing Performance & Arts Centre (CEPAC) along with other community groups is opposing this move.

Back Our Scheme

We've come up with a better idea which keeps this publicly owned amenity available to all. Convert the Victoria Halls into a multi-purpose auditorium, rehearsal studios, meeting rooms and cafe/bar at the heart of Ealing.

Find Out More

<http://www.cepac.org.uk>

<https://www.facebook.com/EalingArtsCentre/>

info@cepac.org.uk



Our Members

ART & CRAFTS

The 4020 Art Group
 BEAT (Borough of Ealing Art Trail)
 Diana Braybrook – artist
 Dinesh Studio London
 Ealing & Hampshire House
 Photographic Society
 Ealing Art Group
 Ealing Flower Club
 Ealing Lacemakers
 Ealing Quilters
 HCC Upholstery &
 Refurbishment Group
 J Broom Art
 Jessica Rose – painter,
 printmaker & art teacher
 Lady's Creative Centre
 Pamela Lloyd-Jones Art Classes
 St Andrew's Art Workshops
 Sew What?
 Timothy Robinson Photography
 Watercolour Painting Northfields

CULTURE & LEARNING

CEPAC - Campaign for an Ealing
 Performance and Arts Centre
 Colette Wilson French
 Cultural Courses
 Ealing National Trust Association
 Ealing Red Lion Readers
 Ealing University of the Third Age
 Friends of Marcq-en-Baroeul
 Hanwell & Ealing Heritage Museum
 Historical Association:
 Ealing Branch

DANCE & MOVEMENT

abibiyoga
 Ealing Country Dance Club
 Freestyle Pilates
 Greenford & District
 Caledonian Association
 Madhurang Indian Dance
 Mehran Ghodsi Chair Yoga
 Northfields Morris Dancers
 The Pilates Studio
 Shape & Tone / Yoga with Loretta
 Spritely Fitness
 Suzanne Gribble - Iyengar Yoga
 Vitality Leap
 West London Backcare
 West London Dancing

DRAMA, FILM, COMEDY & POETRY

Beaufort Players
 Conjuring at the Court
 Impact Theatre
 Pisces Players (Popup Theatre)
 The Questors Theatre
 Rainbow Poetry Group
 Theatre West 4 (TW4)
 West London Fantastic Film Society

LEISURE

Charlemagne Wine Club
 CLAN Social Club
 Club West
 Ealing Over-60 Network (EON)
 Hanwell Table Tennis Club

North Ealing Wine Tasting
 Society (NEWTS)
 StayActive4Life LLP
 West London Group of
 Ramblers Association

MUSIC

Capital Chorus
 Ealing Abbey Choir
 Ealing Chamber Music Club
 Ealing Choral Society
 Ealing Common Choir
 Ealing Folk Club
 Ealing Junior Music School
 Ealing Symphony Orchestra
 Ealing Youth Orchestra
 Friends of St Mary's Perivale
 Music Section
 Gregorian Chant: Ealing Abbey
 Lay Plainchant Choir
 Hanwell Voice Studio
 HEOS Musical Theatre
 Julian Light Operatic Society
 Love2sing Choirs
 Petros Singers
 Questors Choir
 St Barnabas Church concerts
 West London Sinfonia
 West London Strings

MULTI-ACTIVITY

The Arts Society Ealing
 Ealing Music & Film Festival
 Himalayan Institute of Yoga
 Science and Philosophy

Interested in listing your club or event in Ealing Arts & Leisure?
Visit ealingarts.org.uk or call 020 8567 4075

**Ealing
Arts &
Leisure**

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 Diary Editor: Richard Partridge

NOTE TO MEMBERS:

Final entry for the August - September 2019 issue
 is 1 July 2019.

NB: Display ads may also be placed by non-members.
 See www.ealingarts.org.uk/help