

JUNE - JULY 2023

What's On



**Arts and leisure
activities across the
borough of Ealing**

EVENTS INSIDE THIS ISSUE

Music, Art, Crafts, Culture,
Education, Dance, Movement,
Drama, Poetry, Leisure,
Younger Years

What's On – so much to do in Ealing

With the long summer days you'll want to get outside, and our Leisure section has several ideas for just that if you'd like some company.

But it's not always sunny of course, and even if it is there are music and drama performances you won't want to miss, some of them presenting you with a difficult decision as they compete for the few possible dates.

And there are many groups who meet week in week out to share an interest. Do check all of *What's On* if you're looking for something enjoyable to do.

Copies of *What's On* can go quickly. See page 8 if you'd like to have it delivered to you.

Don't forget that our website carries everything in here and more at www.ealingarts.org.uk/events, as well as any late updates. All our members are listed on the back cover, and at www.ealingarts.org.uk/members with more detail.

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Find us online at
ealingarts.org.uk

 [facebook.com/EalingArts](https://www.facebook.com/EalingArts)

Want to know how to list an event
or advertise here?

Visit ealingarts.org.uk/join
or phone 020 8567 4075

Music



MUSIC AT ST MARY'S PERIVALE

Concerts by world-class soloists and ensembles are held at 3pm every **Tuesday, Thursday** and some **Sundays** at this 12th-century church, West London's foremost classical music venue. Plus a **jazz session** once a month. The church is in Perivale Lane, UB6 8SS.

All concerts are livestreamed in high definition: full details, plus links to previous concerts, at www.st-marys-perivale.org.uk.



JUNE

West London Sinfonia WEST LONDON SINFONIA CONCERT

SATURDAY 10 JUNE

SIBELIUS: Finlandia
TAKEMITSU: Green
HOLST: The Perfect Fool
TCHAIKOVSKY: Manfred Symphony
Conductor Philip Hesketh
7.30pm. St Barnabas Church, Pitshanger Lane, W5 1QG
£15 (concessions £12, child/student £5).

Tickets now available online and at the door. Card purchase preferred.

020 3475 4200 • info@westlondonsinfonia.org • www.westlondonsinfonia.org

Facebook: www.facebook.com/westlondonsinfonia

Ealing Common Choir

THE SELFISH GIANT – A CONCERT PERFORMANCE

SATURDAY 24 JUNE

Younger Years

Trespassers will be prosecuted!

We are really delighted to be performing this wonderful story, which was set to music by Ealing's own Chris Richardson.

Chris Richardson (1949-2019) was well-known in Ealing, as well as in greater London, Yorkshire and Nouzerines in France! He taught piano to many local children (privately and at Questors Young Musicians' Club) and was the Choir Master and Organist at St Matthew's Church in Ealing for many years. He composed and arranged well-known stories and pantomimes. His musical version of *The Selfish Giant* was premiered in Ealing in 2002, and we're so excited to bring it to life again.

6.30pm. St Matthew's Church, North Common Road, Ealing, London W5 2QA

£15 including summer party in the garden. Paying bar.

www.smce.org.uk • www.facebook.com/groups/18533554000

Ealing Choral Society

A NIGHT AT THE OPERA: MUSIC FROM THE OPERA AND THEATRE

SATURDAY 24 JUNE

Join us for a summer's evening of dramatic choral favourites, celebrating music from the opera and theatre – Mozart, Verdi, Rossini, Puccini ... and more.

7.30pm. St Barnabas Church, Pitshanger Lane, Ealing, W5 1QG

£17 (concessions £15, 16 and under £3)

Box office: www.wegotickets.com/event/549536

Enquiries: 07957 923341 • tickets@ealingchoralsociety.org.uk

www.ealingchoralsociety.org.uk/concert/a-night-at-the-opera/

Facebook: www.facebook.com/EalingChoralSoc/

ES60
1962-2022

Ealing Choral Society

A night at the Opera

7:30pm, Saturday 24 June, 2023
St Barnabas Church, Pitshanger Lane,
Ealing, W5 1QG

BOX OFFICE: 07957 923341
tickets@ealingchoralsociety.org.uk
wegottickets.com/event/549536
ealingchoralsociety.org.uk

JULY

Petros Singers

THE PASSING OF THE YEARS: 40th ANNIVERSARY CONCERT

SATURDAY 1 JULY

Join us for this special concert celebrating four decades of making music together, featuring Jonathan Dove's song cycle *The Passing of the Years* along with some old favourites, and an exciting new work commissioned by Petros Singers from award-winning composer Kerensa Briggs. And, to mark the occasion, we are being joined by Ealing-based London Youth Choir West and their director Olivia Shotton.

7.30pm. St Peter's Church, Black Lion Lane, Hammersmith, W6 9BE

£20 (concessions £17, under-28 £5)

Box office: www.petrosingers.org/events/the-passing-of-the-years-40th-anniversary-concert/

Enquiries: tickets@petrossingers.org • www.petrosingers.org

Ealing Symphony Orchestra

SATURDAY 8 JULY

DVOŘÁK: Hussite Overture

SHOSTAKOVICH: Piano Concerto No. 2

WALTON: Symphony No. 1

Maria Marchant (piano), Ealing SO / John Gibbons

7.30pm. St Barnabas Church, Pitshanger Lane, W5 1QG

£16 (students and under-25s £6, accompanied under-18s free) via the website and at the door

020 8567 4075 • secretary@ealingso.org.uk • www.ealingso.org.uk

West London Sinfonia

WEST LONDON SINFONIA CONCERT

SATURDAY 8 JULY

MENDELSSOHN: Overture Die Schöne Melusine

HAYDN: Sinfonia Concertante (violin Iwona Boesche, cello Rebecca Lewis, oboe Bruno Bower, bassoon Carolyn Sewell)

BEETHOVEN: Symphony No.1

7.30pm. Venue to be announced.

£15 (concessions £12, child/student £5).

Tickets now available online and at the door. Card purchase preferred.

020 3475 4200 • info@westlondonsinfonia.org • www.westlondonsinfonia.org

Facebook: www.facebook.com/westlondonsinfonia

Questors Choir

WATER MUSIC: SONGS OF THE RIVERS AND THE SEA

SATURDAY 8 JULY

A selection of riparian songs ranging from Handel to spirituals, including *Cry Me a River*, *Old Folks at Home* (aka *Swanee River*), *Shenandoah* and *Moon River*. Cool music for a hopefully warm evening – put the date in your diary.

7.30pm. St Thomas' Anglican Church, 182 Boston Rd, Hanwell, London W7 2AD

£15, including interval drink and programme. Under-12s free.

07821 587670 • more@questorschoir.org • www.questorschoir.org

Facebook: www.facebook.com/questorschoir

Ealing Symphony Orchestra CHAMBER MUSIC CONCERT

SUNDAY 16 JULY

A programme of vocal and instrumental music for small ensembles.

7.30pm. *St Mary's Perivale, Perivale Lane, UB6 8SS*

Free admission, with retiring collection

020 8567 4075 • secretary@ealingso.org.uk • www.ealingso.org.uk

HEOS Musical Theatre ON THE STREET WHERE YOU LIVE

THURSDAY - SATURDAY 20-22 JULY

'I have often walked down the street before...' But this street is like no other. Welcome to *On the Street Where You Live*.

Join the cast of HEOS Musical Theatre, and let them take you on a journey through 24 hours on 'HEOS Lane'. From sunrise, the first coffee orders, children in school, finishing the work day and heading on a night out, to ending the following morning and reliving the events of the night before. Includes iconic numbers from *Singing in the Rain*, *Waitress*, and *Beetlejuice*, to lesser-known numbers from *The Vanities*, *Bonnie & Clyde* and *Next to Normal*.

Join us to meet the wonderful residents of HEOS Lane, and let us tell you the story of our day.

Thursday & Friday 7.30pm, Saturday 2.30pm matinee only.

St Thomas the Apostle Church Hall, 182 Boston Rd, London W7 2AD

£13.50 early bird (ends 17 June), £15 from 18 June onwards

07727 448760 • info@heos.org.uk • www.heos.org.uk • Facebook: @heosmusicaltheatre

REGULAR EVENTS

The Hanwell Voice Studio SINGING LESSONS

Singing lessons with a professional opera singer from English National Opera. Master a solid vocal technique, essential for success in performance. Tuition for all musical styles. Beginners welcome. **VIRTUAL SINGING LESSONS ALSO NOW AVAILABLE.**

The Hanwell Voice Studio, W7

Enquiries (Lydia Marchione, AGSM): 07791 170662 • www.lydiamarchione.com

Ealing Chamber Music Club

MONDAYS

The club allows amateur players to find other people with similar interests and abilities, and then to put together groups for works they'd like to play. Players can perform to other club members at the monthly meeting, which takes place at 8pm on the second Monday of every month except January and August at St Mary's Perivale, Perivale Lane, UB6 8SS.

Please check our website nearer the time for further details.

020 8840 8641 • djrsmith@aol.com • www.ealingchambermusic.wordpress.com

Capital Chorus

MONDAYS

CAPITAL CHORUS - MONDAY REHEARSALS

We are a friendly male-voice choir who love to sing popular songs in Barbershop and other close-harmony styles. We perform at local events and in competition with similar groups. We're always looking for new members who believe, as we do, that singing is about working towards improvement and having fun. You're very welcome to come and meet us any Monday evening. 7.30-10pm. *Kingsdown Methodist Church, Kingsdown Avenue, Northfields, W13 9PR*
Free to attend a rehearsal.

John Beesley (Chorus PRO): 07963 595930 • www.capitalchorus.co.uk • Facebook: @CapitalChorus

Music at St Mary's Perivale

SUNDAYS, TUESDAYS, THURSDAYS, etc

ST MARY'S PERIVALE CONCERTS AT 3pm - AUDIENCE WELCOME, AND ONLINE

Sunday 28 May: The Paddington Piano Trio

Tuesday 30 May: Victor Maslov (piano)

Thursday 1 June: Daniel Shao (flute), Annie Yim (piano)

Sunday 4 June: Peter Donohoe (piano)

Tuesday 6 June: Nikita Lukinov (piano)

Thursday 8 June: Stephanie Tang (piano)

Sunday 11 June: The Trio Primo piano trio

Tuesday 13 June: Daniel Hyunwoo (piano)

Thursday 15 June: Jiafeng Chen (violin), Jianing Kong (piano)

Sunday 18 June: Natalia Lomeiko & Yuri Zhislin (violins)

Tuesday 20 June: Dmitrii Kalashnikov (piano)

Thursday 22 June: Matyas Gayer (jazz piano)

Sunday 25 June: Andrzej & Krzysztof Wiercinski (piano)

Tuesday 27 June: Dinara Klinton (piano)

Thursday 29 June: Simone Tavoni (piano)

Sunday 2 July, 7.30 pm: West London Sinfonia Instrumental Ensembles

Tuesday 4 July: Domonkos Csabay (piano)

Thursday 6 July: Tomoki Park (piano)

Friday 7 July, 7.30 pm: Ealing Youth Orchestra Instrumental Ensembles

Sunday 9 July: Julian Gallant (piano)

Tuesday 11 July: Ke Ma (piano)

Thursday 13 July: Henry Tozer (jazz piano)

Sunday 16 July, 7.30 pm: Ealing Symphony Orchestra Instrumental Ensembles

Tuesday 18 July: Simon Mulligan (piano)

Thursday 20 July: Emmanuel Bach (violin)

Sunday 23 July: Hugh Mather (piano)

3pm unless stated otherwise.

St Mary's Perivale, Perivale Lane, Middlesex, UB6 8SS

Free but donations invited, whether at the church or watching online.

020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

West London Sinfonia

TUESDAYS

WEEKLY REHEARSAL

New members welcome: get in touch through our website or phone for information.

7.30-10pm. *Haven Green Baptist Church Hall, Castlebar Road, W5 2UP (unless notified on website)*

020 3475 4200 • info@westlondonsinfonia.org • www.westlondonsinfonia.org

Questors Choir

TRY OUT YOUR VOCAL SKILLS IN OUR VARIED PROGRAMME

WEDNESDAYS

We are a friendly mixed voice group of around 70 singers. Led by our inspiring MD Paul Ayres, we love to learn and perform everything from folk to classical including opera, musical theatre, popular songs and much else besides. There are no auditions, and no previous experience is required – only enthusiasm!

Come and join us on Wednesday evenings.

8-10pm. *St Martin's Church Hall, Hale Gardens, W3 9SQ*

First 3 sessions free of charge

07821 587670 (musical director) • more@questorschoir.org • www.questorschoir.org

www.facebook.com/QuestorsChoir

Julian Light Operatic Society

WEEKLY REHEARSAL

WEDNESDAYS

The Julian Light Operatic Society put on a yearly production at Questors Theatre; our October 2023 production will be Gilbert and Sullivan's *Iolanthe*; rehearsals are under way. We always welcome new singers, and we believe this is a fantastic opportunity to perform with a full orchestra at a high-quality venue as a principal or in the chorus.

Every Wednesday, 7.45pm. *Haven Green Baptist Church, Castlebar Road, W5 2UP*

inform@julianoperatic.org • www.julianoperatic.org

Ealing Common Choir

SING WITH US!

THURSDAYS

We are a friendly, sociable and welcoming SATB choir. Our Musical Director Phiroz Dalal inspires us to stretch ourselves, and we are proud to perform a varied and beautiful repertoire of major choral works and songs that are not often tackled by amateur choirs. No auditions, but you must be able to read music well, sight-sing a simple line, and sing in tune! If you'd like to join us email chair@smce.org.uk.

Term-time (see website), 7.30-9.30pm. *St Matthew's Church, North Common Road, W5 2QA*
£40 per term (concessions available)

chair@smce.org.uk • www.smce.org.uk • www.facebook.com/groups/18533554000

Art & Crafts

SEPTEMBER

Borough of Ealing Art Trail

9-10 AND 16-17 SEPTEMBER

200 artists showing work in 60 free-to-enter locations around the Borough - buy or browse
11am - 6pm. *Ealing Borough*

www.ealingbeat.org.uk

LONG-TERM AND REGULAR EVENTS

Pamela Lloyd-Jones Art Classes

SATURDAYS

LIFE DRAWING WORKSHOP

Monthly Saturday morning workshop – fun, longstanding, supportive group. Tuition as required. Students preparing for art school portfolios very welcome. Great models, large airy room. All materials and refreshments supplied and included. Monthly dates on request.

10am - 1pm (3 hours)

The Brentham Club, 38a Meadvale Road, Ealing, W5 (near Pitshanger Lane)

£25 inclusive

Enquiries: 07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

4020 Art Group

MONDAYS & TUESDAYS

High-quality teaching in drawing and painting to all, regardless of ability, with professional tutor Vicky Saumarez

17/18 April - 22/23 May, 5/6 June - 17/18 July (exc bank holidays, half term 29 May - 2 June)

Hanwell Community Centre, Westcott Crescent, W7 1PD

10am - 1pm both days, plus 2-5pm Mondays.

We have a few vacancies; please email to enquire.

£220 per 12-week term

membership@4020artgroup.co.uk • www.4020artgroup.co.uk

Patricia Burbidge Watercolour Classes

TUESDAYS

WATERCOLOUR PAINTING

Enjoy mixing colour, composing landscapes and working from still-life. A mixed-ability and friendly group of watercolour painters.

18 April - 4 July, 10.15am-12.30pm and 1.15-4pm. £90 for 10 classes

19 September - 24 November, 10.15-12.30 and 1.15-4pm. £100 for 10 classes

Northfields Community Centre, 71 Northcroft Road, W13 9SS

020 8891 5115 • patricia.burbidge@gmail.com • www.patriciaburbidge.com

Pamela Lloyd-Jones Art Classes

TUESDAYS

ART CLASSES FOR ADULTS

Painting and drawing focussing on creative approaches in all media, often relating to current exhibitions. Suitable for all abilities. Longstanding, welcoming, friendly group, guided by professional artist and tutor Pamela Lloyd-Jones.

10am - 12 noon or 1-3pm on Tuesdays. You can move between the 2 classes.

The Brentham Club, 38a Meadvale Road, Ealing, W5 1NP

£150 for 12 week term or £15.50 weekly (inc tea/coffee and biscuits)

07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

Ealing Flower Club

FLORAL DESIGN DEMONSTRATIONS

WEDNESDAYS

21 June: Jilly Griffin is our guest demonstrator this month with her title *Whatever Next*. That sounds interesting; come find out what it is!

19 July: It's our club's 40th anniversary, and we plan to celebrate in style with our very special guest Gill McGregor, a well-known international floral art designer, author, demonstrator and teacher, who will be entertaining us with her wonderful arrangements. It is an 'open meeting' to everyone when anniversary cake, party nibbles, wine and soft drinks will be served, so please come and join us to celebrate our special day.

7pm for 7.30 start. St Barnabas Church Hall, Pitshanger Lane, W5 1QG (buses E2 & E9 go past the door, or roadside parking).

Visitors £6.50 per session (19 July £12)

Enquiries: (Jenni) 07772 975554 / 020 8998 0186 • jennisworld48@hotmail.com
www.flowerarranginglondon.org.uk/area-clubs • Facebook: Ealing Flower Club

Ealing Quilters

THURSDAYS

15 June: Improv Piecing

20 July: Sew and Chat

7.30pm. St Andrew's Church Centre (1st floor Training Room), Mount Park Road, Ealing, W5 2RS
£4 (members free)

020 8998 6023 • kaisa.mills@blueyonder.co.uk

Culture & Learning

EALING TALKING NEWSPAPERS

A weekly recording of local news and information for blind and partially-sighted people, available online and by mail in the Borough of Ealing

Volunteers needed
to help for a few hours a week

e-mail info@ealingtalkingnews.org.uk
or phone Brian on 07802 706424

Thank you!

Colette Wilson French Cultural Courses

OCTOBER - FEBRUARY

AUTUMN/WINTER 2023-24 COURSES ON FRENCH LITERATURE AND VISUAL ARTS

- Paris Between the Wars: Literature, Arts, Spectacle
2.30-4.30pm, Mondays 30 Oct 2023 - 19 Feb 2024. 14 weeks, £170
- *Back to Black*: French Film Noir and Noir aesthetics in photography and art
2.30-4.30pm, Tuesdays 31 Oct 2023 - 6 Feb 2024. 12 weeks, £150

Small, friendly groups. Tutor presentations and group discussion. Notes and loan of DVDs included. Knowledge of French not required.

Online via Zoom

To register or for more information contact Colette Wilson: wilson_colette@btinternet.com

Friends of Marcq-en-Baroeul

EALING'S TWIN TOWN IN FRANCE

The Friends of Marcq is a local group promoting friendship and activities between Ealing and Marcq-en-Baroeul, which is close to Lille, so easily accessible. Knowledge of French is not necessary for many of the organised events. We offer exchange visits to France for language and cultural weekends, staying with French hosts. There are also French classes at various levels, and a variety of activities throughout the year in Ealing.

Enquiries: 07887 877630 • 020 8568 6159 • info@fomeb.eu • www.fomeb.eu

Want to be sure of getting *What's On*?

Would you like to have your copy of *What's On* delivered regularly by post? If so, you will be more than welcome to join our Supporters' Mailing List. The annual subscription (October - September) is £10 per household.

Contact: Ealing Arts Supporters,
68 Elers Road, London W13 9QD
020 8567 4075 • membership@ealingarts.org.uk

JUNE

VitalityLeap REIKI LEVEL 1 COURSE

SATURDAY & SUNDAY 10 & 11 JUNE

Reiki is an ancient Japanese meditation, healing and personal development system. It fosters balance and tension release. After the course, you can use it on yourself, friends and family. You may also join our monthly Reiki Shares on Sunday afternoons.
Saturday: 10-5.30pm, Sunday: 1.30-5.30pm. Fireside Lodge, Hanwell
 £145 Andrea: 07766 464623 • andrea.firesidelodge@gmail.com • www.firesidelodge.co.uk/reiki1.html

REGULAR & CONTINUING EVENTS

Ealing Readers

MONDAYS

We are an informal book group and welcome new members to our monthly meetings. We read and discuss a wide variety of books including contemporary fiction. Once a year we have a theatre visit. We have now branched out into Zoom.
First Monday of the month, 7.30pm. The Castle Inn, 36 St Mary's Road, Ealing, W5 5EU
 Hazel Williams: hazannewilliams@gmail.com

Ealing Over 60 Network (EON)

MONDAYS

FRIENDLY INFORMAL OLDER PERSONS' SOCIAL CLUB

We get together every Monday afternoon except bank holidays at the Ealing Quaker Meeting House for a varied programme of talks, films, discussions and creative activities. Disabled-friendly facilities, free car park, access for Community Transport. Free tea/coffee from 1.30pm. Main event 2pm to (approx) 3.30pm followed by tea/coffee and informal social time. Everyone welcome. Email or phone for further details and copy of programme.

No meetings on Bank Holidays.

5 June: The Centre for Ageing Better – Jenny Manchester, Head of Communications

12 June: Painting on Silk with Lorraine Reed

19 June: Film *The Garden of Allah* presented by David Evans

26 June: Poetry Appreciation – topic to be announced

3 July: First Aid Workshop with Carrie Reed from the Red Cross

10 July: The Story of Capel Manor Environmental College – Dr Steve Dowbiggin OBE

17 July: The Ealing-Kathmandu Friendship Association – Lynne Babbington

24 July: Midsummer Meditation with Khema

31 July: The Friends of Marq-en-Baroeul – Suzanne Rust, Penny Duszynski

1.30 for 2pm. Ealing Quaker Meeting House, 17 Woodville Road, W5 2SE

£5 arratoon.arratoon@gmail.com • 020 8810 6753

Rainbow Poetry Group

TUESDAYS

If you enjoy poetry on a wide range of subjects, we invite you to our informal monthly meetings (on the second Tuesday). We bring, read and discuss published poems, with a specific theme each month. Next meetings: *13 June ('Celtic poems'), 11 July ('Childhood')*.
2.30pm. Hanwell Community Library, Cherington Road, W7
 Enquiries: 020 8567 4397 • donkennedy@f2s.com

Ealing Yoga, Meditation & Philosophy Centre MEDITATION

WEDNESDAYS & THURSDAYS

Suitable for those with some experience of meditation
Level 2: 6-7.30 pm; Level 1: 8-9.30 pm, Wednesdays 19 April - 19 July (no class on 31 May)
Ealing Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE
Level 1 or Level 2: £130 for full course or £65 for each half (13 weeks in total) or £10 drop-in

MEDITATION AND PHILOSOPHY

How to relax, breathe and meditate; the causes of stress and how to reduce it. Yoga's view of mind, emotions, breath and body. Some experience of meditation desirable. This class is live and on Zoom. Details on our website.

8-9.30pm, Thursdays 20 April - 20 July 23 (no class on 1 June)

Ealing Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE

£130 for full course or £65 for each half (13 weeks in total) or £10 drop-in

07918 622995 • enquiries@ealingyogamedpc.org.uk • www.ealingyogamedpc.org.uk

Facebook: Ealing Yoga Meditation & Philosophy Centre

Ealing u3a

THURSDAYS & OTHER DAYS

TALKS PROGRAMME and 40 INTEREST GROUPS

U3A is an organisation for those retired or no longer in full-time work. Members organise activities for each other. U3A offers the opportunity for those with a thirst for knowledge and learning to continue their educational, creative and social interests in a friendly, encouraging atmosphere.

Talks programme, visits and 40 interest groups meeting in venues around Ealing.

Talks: most Thursdays 10am. Ealing Green Church, W5 5QT

Visitors £3

07504 667005 • membership@u3aealing.org.uk • www.u3asites.org.uk/ealing/home

Dance & Movement

REGULAR & CONTINUING EVENTS

VitalityLeap

SATURDAYS

NORDIC WALKING FOUNDATION COURSE

A full-body workout in nature (invented by the Finnish Olympic cross-country team). Fitness, weight loss, rehab, stress release. To get the benefits you need to use the right technique, which is very different from trekking with poles. After the 2-hour course, you may join our group walks. Private lessons also available.

3 June, 8 or 22 July, 9.30-11.30am. Outdoors, Hanwell and Brent Valley

£45 (pole hire included)

Andrea: 07766 464623 • vitalityleap@gmail.com • www.vitalityleap.com/nordiccourses.html

Suzanne Gribble – Iyengar Yoga

MOST DAYS

YOGA CLASSES

Younger Years

Iyengar yoga classes to help improve flexibility, strength and stamina and a quieter mind. Suzanne teaches a general level class in Ealing and West Kensington. Please visit her website for details and booking.

Monday, Tuesday, Wednesday and Saturday mornings in Ealing

Tuesday evenings and Thursday evenings (also online)

Friday mornings (online)

Teenagers – Monday afternoons and Saturday mornings

Venues: Northfields Community Centre W13, The Garden Studio W5, The Bhavan W14

07916 145786 • suzanne.gribble@gmail.com • suzannegribbleyoga.com

www.facebook.com/SuzanneGribbleIyengarYogaTeacher/

Madhurang Dance

WEEKENDS, MONDAYS, TUESDAYS, THURSDAYS

INDIAN DANCE / BOLLYWOOD CLASSES

Younger Years

Classes for children and adults. Learn classical dance form Kathak or Bollywood keep-fit classes. ISTD-approved exams can be taken; this is optional. You can join the classes at any time. This is a fun activity for one and all. Steps are taught slowly and gradually to the learner's ability. Great care and attention are given. Please call for a free trial class.

Northfields Community Centre, 71a Northcroft Road, West Ealing, W13 9SS

07922 109289 • crishna8@hotmail.com

Chair Yoga

MONDAYS

Enjoy the gentle yoga exercises and relaxation from the comfort and safety of your chair. This yoga class is practised sitting or standing, using the chair for support.

Every Monday, 11.30am-12.45pm. St Andrew's Church Centre, Mount Park Road, Ealing, W5 2RS

£12 per session

07952 668820 • mehran.ghodsi@hotmail.co.uk

Forys Physio

PILATES CLASSES

MONDAYS & WEDNESDAYS

Take care of your spine and join our new face-to-face pilates classes in Ealing. At Forys Physio a qualified physiotherapist teaches you how to improve your posture, and how to achieve perfect balance between strength and flexibility. Suitable for men and women. All levels welcome.

Monday and Wednesday (online), 10am

Wednesday (in person): 7pm. YMCA, 25 St Mary's Road, London W5 5RE

07585 299156 • forysphysio@gmail.com • www.forysphysio.co.uk

Yoga with Loretta

TUESDAYS

We are a friendly group of all levels. You will leave the cares of the day behind and just let any tension roll off your shoulders. Then do some wonderful work to stretch and re-align your body.

I'll help you progress and improve your postures and focus on your individual needs.

7.30-9pm. St Peter's Church Hall, 56 Mount Park Road, Ealing W5 2RU

£54 for a block of 6 classes or £11 drop-in

020 8845 7873 • shape.tone@blueyonder.co.uk • www.yogaloretta.co.uk

Ealing Yoga, Meditation & Philosophy Centre

TUESDAYS & THURSDAYS

MIXED-ABILITY YOGA

Suitable for everyone, although some experience of Yoga is beneficial

• Tuesdays 10-11.15am and 11.30am-1pm, 18 April - 25 July (no class on 30 May)

Ealing Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE

£112 for full course or £56 for each half (14 weeks in all) or £10 drop-in

• Tuesdays 8-9.30pm, 18 April - 25 July (no class on 30 May)

St Barnabas Church, Pitshanger Lane, Ealing, W5 1QG

£112 for full course or £56 for each half (14 weeks in all) or £10 drop-in

YOGA FOR ALL

Suitable for everyone; no prior experience necessary

Thursdays 6.30-8pm, 20 April - 27 July 23 (no class on 1 June)

Ealing Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE

£112 for full term or £56 for each half (14 weeks in all) or £10 drop-in

07918 622995 • enquiries@ealingyogamedpc.org.uk • www.ealingyogamedpc.org.uk

Facebook: Ealing Yoga Meditation & Philosophy Centre

Greenford & District Caledonian Association

THURSDAYS

SCOTTISH COUNTRY DANCING

For beginners or experienced dancers – all levels of dancing welcome.

8-10pm. Royal British Legion Greenford, 182 Oldfield Lane South, UB6 9JS

£3 (non-members £3.50)

enquiries@greenfordcaledonian.net • www.greenfordcaledonian.net

Drama

JULY

IMPACT Theatre THE GALLERY

TUESDAY - FRIDAY 11-14 JULY

Who knew that great art could be so much fun for the family? *The Gallery* is an immersive variety show about an art gallery where the subjects of the paintings on display bring a wealth of surprises. It features original dance, drama and music by our learning-disabled performers and artists.

Tuesday 1pm, Wednesday 3pm. Groups and concessions £6

Thursday and Friday 7pm. £12 (no concessions)

IMPACT Community Arts Centre, Ealing Central Sports Ground, Perivale UB6 8GP

020 8997 8979 • info@impacttheatre.co • www.impacttheatre.co • www.facebook.com/impacttheatreuk/

Beaufort Players

WEDNESDAY - SATURDAY 19-22 JULY

POTTED SHAKESPEARE by PAUL SMITH: OTHELLO and THE TWO GENTLEMEN OF VERONA

Come and enjoy these clever, shortened versions of Shakespeare's great plays in contemporary language.

19-21 July at 8pm, 22 July at 7pm. Church of the Ascension Hall, Beaufort Road, London W5 3EB

Please book via the website: www.beaufortplayers.org.uk

AUGUST

Drama Studio London

MONDAY - FRIDAY 7-11 and/or 14-18 AUGUST

DRAMA STUDIO LONDON'S ADULT ACTING SUMMER SCHOOL

The DSL Summer School provides you with an exciting and diverse range of classes led by highly experienced professional practitioners.

Our Acting Summer School is open to beginners and intermediate actors who may be looking to develop their skills or learn something completely new. What we can guarantee is that you will have fun, make new friends and meet a range of skilled industry professionals.

DRAMA STUDIO LONDON'S YOUNG ACTORS' SUMMER SCHOOL

Younger Years

The DSL Young Actors' Summer School is an exciting new course which covers core acting skills for 16- to 18-year-olds.

Whether you are looking to develop a new skill outside of school or are considering full-time training, you will be provided with an exciting and diverse range of classes led by highly experienced professional practitioners.

Emphasis is given to audition technique, benefiting those applying to full-time drama schools.

BOTH COURSES cover many aspects of actor training, including stage, screen, audio and movement. By the end of the course, you can expect to be more confident in your use of your body and voice for performance, enjoy interpreting text and understand ways to make bold character choices.

The courses have been designed in such a way that participants may book for just one week or both. However, if you have little or no previous experience, we recommend that you do both weeks of your chosen course to get the most benefit.

Both courses: 9.45am – 5.15pm daily. Grange Court, 1 Grange Road, Ealing, London W5 5QN

£450 (1 week) / £900 (2 weeks)

020 8579 3897 • marketing@dramastudiolondon.co.uk • www.dramastudiolondon.co.uk

Facebook: Drama Studio London

Leisure

JUNE

North Ealing Wine Tasting Society (NEWTS) RETURN OF MOLDOVA

FRIDAY 2 JUNE

We welcome back the wines from Moldova presented by Irina Hraplivii.

8pm. St Barnabas Millennium Hall, Pitshanger Lane, W5 1QG

£20. Admission by prior application only.

020 8578 1206 / 020 8997 8132 • newtsealing@gmail.com • www.newtsealing.org

Charlemagne Wine Club

MONDAY 19 JUNE

HOW THE WINE TRADE WORKS

A selection of fine wines from the UK's largest importer, Enotria and Coe

8pm. The Forester, 2 Leighton Road, Northfields, London W13 9EP

£20 by prior application

cwc@charlemagnewineclub.co.uk • www.charlemagnewineclub.co.uk

Facebook: www.facebook.com/charlemagnewineclub

JULY

North Ealing Wine Tasting Society (NEWTS)

FRIDAY 7 JULY

Join us for our final tasting of the season.

8pm. St Barnabas Millennium Hall, Pitshanger Lane, W5 1QG

£20. Admission by prior application only.

020 8578 1206 / 020 8997 8132 • newtsealing@gmail.com • www.newtsealing.org

REGULAR EVENTS

Ealing Outdoor Club

SUNDAYS

Walk in the countryside, experience wild places and connect up with nature. Organised walks on most Sundays of typically 8 to 12 miles. Several residential walking trips every year in the UK and sometimes abroad. Regular social events, for example pub nights, meals, theatre trips, climbing wall visits.

Please see our website for more information and our current programme of events.

ealingoutdoorclub@hotmail.com • www.ealingoutdoorclub.org.uk

West London Group of Ramblers Association

SATURDAYS, SOME SUNDAYS & VARIOUS WEEKDAYS

Make new friends, improve your health and enjoy our lovely town and countryside. Walks are 4-14+ miles, led by volunteers and carefully graded. Railway station start, usually lunchtime pub/ cafe stop. No charge, but after a couple of 'tasters' you will need to join the RA. For details see website, phone or email.

Please see our website for our current programme of local small group walks.

020 8863 6523 • westlondongroup@yahoo.co.uk • www.westlondonramblers.org.uk

Club West

SUNDAYS

PUB LUNCHEAS AND COFFEE MORNINGS FOR UNATTACHED OVER-50s

We meet every Sunday for lunch and drinks in a pub somewhere in Ealing, Chiswick, Hammersmith or Richmond. We also meet midweek for coffee and other activities. The *Club West* sign will be on one of our tables. No need to book.

12.30pm. A pub in West London

020 8992 6134 • www.clubwest.org.uk

Perivale Social Group

THURSDAYS

We are a recent welcoming, happy group – not just in Perivale, but all surrounding areas. Would you like to join us? We engage in important, gentle, healthy exercise, friendship, quizzes, bingo, games and refreshments.

Every Thursday, 10am - 12 noon. Perivale Community Centre, Horsenden Lane South, UB6 7NP

£3 per session.

Irene McQuillan: 07958 707253

Younger Years

JUNE

Ealing Common Choir

SATURDAY 24 JUNE

THE SELFISH GIANT – A CONCERT PERFORMANCE

Trespassers will be prosecuted!

We are really delighted to be performing this wonderful story, which was set to music by Ealing's own Chris Richardson.

Chris Richardson (1949-2019) was well-known in Ealing, as well as in greater London, Yorkshire and Nouzerines in France! He taught piano to many local children (privately and at Questors Young Musicians' Club) and was the Choir Master and Organist at St Matthew's Church in Ealing for many years. He composed and arranged well-known stories and pantomimes. His musical version of *The Selfish Giant* was premiered in Ealing in 2002, and we're so excited to bring it to life again.

6.30pm. St Matthew's Church, North Common Road, Ealing, London W5 2QA

£15 including summer party in the garden. Paying bar.

www.smce.org.uk • www.facebook.com/groups/18533554000

AUGUST

Drama Studio London

MONDAY - FRIDAY 7-11 and/or 14-18 AUGUST

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£450 (1 week) / £900 (2 weeks)

020 8579 3897 • marketing@dramastudiolondon.co.uk • www.dramastudiolondon.co.uk

Facebook: Drama Studio London

REGULAR EVENTS

Suzanne Gribble – Iyengar Yoga

MOST DAYS

YOGA CLASSES

Iyengar yoga classes to help improve flexibility, strength and stamina and a quieter mind. Suzanne teaches a general level class in Ealing and West Kensington. Please visit her website for details and booking.

Monday, Tuesday, Wednesday and Saturday mornings in Ealing

Tuesday evenings and Thursday evenings (also online)

Friday mornings (online)

Teenagers – Monday afternoons and Saturday mornings

Venues: Northfields Community Centre W13, The Garden Studio W5, The Bhavan W14

07916 145786 • suzanne.gribble@gmail.com • suzannegribbleyoga.com

www.facebook.com/SuzanneGribbleIyengarYogaTeacher/

Madhurang Dance

WEEKENDS, MONDAYS, TUESDAYS, THURSDAYS

INDIAN DANCE/ BOLLYWOOD CLASSES

Classes for children and adults. Learn classical dance form Kathak or Bollywood keep-fit classes. ISTD-approved exams can be taken; this is optional. You can join the classes at any time. This is a fun activity for one and all. Steps are taught slowly and gradually to the learner's ability. Great care and attention are given. Please call for a free trial class.

Northfields Community Centre, 71a Northcroft Road, West Ealing, W13 9SS

07922 109289 • crishna8@hotmail.com

Our Members

ART & CRAFTS

The 4020 Art Group
Borough of Ealing Art
Trail (BEAT)
Ealing & Hampshire House
Photographic Society
Ealing Art Group
Ealing Flower Club
Ealing Quilters
Pamela Lloyd-Jones
Art Classes
Patricia Burbidge
Watercolour Classes
Sew What?

CULTURE & LEARNING

CEPAC - Campaign for
an Ealing Performance
and Arts Centre
Colette Wilson French
Cultural Courses
Ealing National Trust
Association
Ealing Over-60 Network (EON)
Ealing Readers
Ealing u3a

Friends of Marcq-en-Baroeul
Historical Association:
Ealing Branch
Rainbow Poetry Group

DANCE & MOVEMENT

Dalcroze Eurhythmics Ealing
Forys Physio
Greenford & District
Caledonian Association
Madhurang Indian Dance
Mehran Ghodsi Chair Yoga
StayActive4Life LLP
Suzanne Gribble - Iyengar Yoga
Vitality Leap / Fireside Lodge
Yoga with Loretta

DRAMA & FILM

Beaufort Players
Drama Studio London
Impact Theatre
Pisces Players (Popup Theatre)
The Questors Theatre

LEISURE

Charlemagne Wine Club
Club West

Ealing Outdoor Club
North Ealing Wine Tasting
Society (NEWTS)
Perivale Social Group
West London Ramblers

MUSIC

Capital Chorus
The Chamber Music Collective
Ealing Chamber Music Club
Ealing Choral Society
Ealing Common Choir
Ealing Junior Music School
Ealing Symphony Orchestra
Ealing Youth Orchestra
GLOC Musical Theatre
Hanwell Voice Studio
HEOS Musical Theatre
Julian Light Operatic Society
Music at St Mary's Perivale
Petros Singers
Questors Choir
West London Sinfonia

MORE THAN ONE ACTIVITY

Ealing Yoga, Meditation
& Philosophy Centre

**Interested in listing your club or event in Ealing Arts & Leisure?
Visit ealingarts.org.uk/join or call 020 8567 4075**

68 ELMERS ROAD, LONDON W13 9QD
Chairman: Gill Rowley
Secretary: Dorrie Baker
Treasurer: Colin Easton
Membership Secretary: Richard Partridge
Diary Editor: Richard Partridge

NOTE TO MEMBERS:

Final entry for the August-September 2023 issue is 1 July 2023.
NB: Display ads may also be placed by non-members.
See www.ealingarts.org.uk/help