

APRIL - MAY 2024

What's On



Arts and leisure
activities across the
borough of Ealing

EVENTS INSIDE THIS ISSUE

Music, Art, Crafts, Culture,
Education, Dance, Movement,
Drama, Poetry, Leisure,
Younger Years

What's On – so much to do in Ealing

After the pre-Easter rush there are may be slightly fewer performances in April and May, but you'll still find plenty to choose from in our Music and Drama sections. As some of them start rehearsing new programmes it may be a good time to think about joining one – not that they'll complain about getting enquiries at any time!

And as always our other sections offer a wide range of interests and activities, both indoors and out. Do investigate them, and see what appeals to you.

All our members are listed on the back page, whether or not they have listed events in this edition. There's more detail plus contact info at www.ealingarts.org.uk/members, or you can phone us on 020 8567 4075 to be put in touch if you're in difficulty. And the *What's On* section of our website at www.ealingarts.org.uk/events has events further ahead and any which arrived too late to get into print.

Copies of *What's On* can go quickly. See opposite if you'd like to have it delivered to you.

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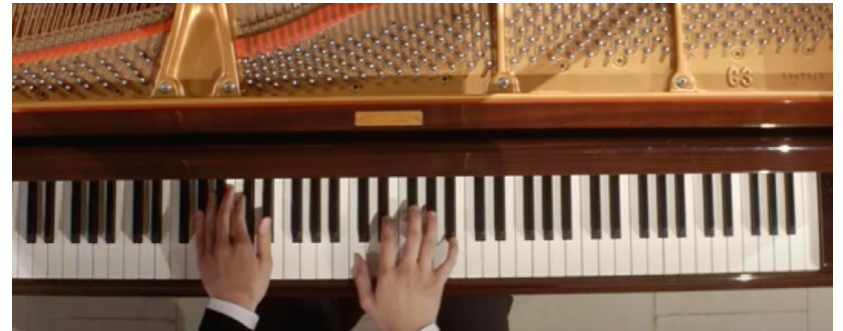
Find us online at
ealingarts.org.uk

 facebook.com/EalingArts

Want to know how to list an event
or advertise here?

Visit ealingarts.org.uk/join
or phone 020 8567 4075

Music



MUSIC AT ST MARY'S PERIVALE

Concerts by world-class soloists and ensembles are held at **2pm** each **Tuesday** and **Thursday (Sundays at 3pm)** at this 12th-century church, West London's foremost classical music venue. Plus a **jazz session** once a month. The church is in Perivale Lane, UB6 8SS.

All concerts are livestreamed in high definition: full details, plus links to previous concerts, at www.st-marys-perivale.org.uk



APRIL

Ealing Voices

OPEN REHEARSAL

THURSDAY 11 APRIL

Come and try our friendly un-auditioned choir as we start rehearsals of works by Vivaldi and Pergolesi for our June concert.

7.30 - 9.30pm. St Matthew's Church, North Common Road, W5 2QA

Info@ealingvoices.org.uk • www.ealingvoices.org.uk

Want to be sure of getting *What's On*?

Would you like to have your copy of *What's On* delivered regularly by post? If so, you will be more than welcome to join our Supporters' mailing list. The annual subscription (October - September) is £10 per household.

You can send a cheque made out to 'Ealing Arts' with your name and address, or phone or email for online bank details.

Contact: Ealing Arts Supporters, 68 Elers Road, London W13 9QD
020 8567 4075 • membership@ealingarts.org.uk

HEOS Musical Theatre

9 TO 5

WEDNESDAY-SATURDAY 10-13 APRIL

Based on the 1980 hit movie, with music and lyrics by Dolly Parton and book by Patricia Resnick, this hilarious story of friendship and revenge is thought-provoking, and even a little romantic. When three female office workers grow increasingly annoyed with their misogynistic boss, they take matters into their own hands and tie him up. But as they attempt to set things right in the office, the CEO makes an unexpected visit ...

7.30pm evenings, 2.30pm Saturday matinee. *The Questors Theatre, Mattock Lane, W5 5BQ*

Wednesday £16; Thursday-Saturday £20 (concessions £18) Box office: 020 8567 5184

Enquiries: 020 8567 4075 • info@heos.org.uk • www.heos.org.uk • Facebook: @heosmusicaltheatre

MAY

The Chamber Music Collective

CHAMBER MUSIC CONCERT

SATURDAY 11 MAY

Younger Years

A stunning line-up of world-class musicians in the heart of Ealing!

W. A. MOZART: Sonata for Violin and Piano in E minor, K 304

G. FAURÉ: Piano Trio in D minor, Op. 120

J. BRAHMS: Sonata for Cello and Piano in E minor, Op. 38

Rosie Richardson (piano), Markella Vandoros (violin), Michael Petrov (cello).

Advance booking essential; Eventbrite link on our website.

3pm. *Ealing Green Church, Ealing Green, W5 5QT*

£13 (concessions £10, under-18s £5)

07852 690426 • thechambermusiccollective@gmail.com • www.thechambermusiccollective.com

Facebook: www.facebook.com/the_chamber_music_collective

Ealing Symphony Orchestra

SATURDAY 18 MAY

JANÁČEK: Sinfonietta

Richard STRAUSS: Four Last Songs

SCRIABIN: Symphony No. 3

Soloist tbc, Ealing SO / John Gibbons

7pm (tbc). *St Barnabas Church, Pitshanger Lane, W5 1QG*

£16 (under-25 or full-time student £6, accompanied children free), including programme

020 8567 4075 • secretary@ealingso.org.uk • www.ealingso.org.uk

REGULAR EVENTS

The Hanwell Voice Studio

SINGING LESSONS

Singing lessons with a professional opera singer from English National Opera. Master a solid vocal technique, essential for success in performance. Tuition for all musical styles. Beginners welcome. **VIRTUAL SINGING LESSONS ALSO NOW AVAILABLE.**

The Hanwell Voice Studio, W7

Enquiries (Lydia Marchione, AGSM): 07791 170662 • www.lydiamarchione.com

Music at St Mary's Perivale

TUESDAYS, THURSDAYS & SUNDAYS

ST MARY'S PERIVALE CONCERTS – AUDIENCE WELCOME, AND ONLINE

Tuesday 2 April, 2pm: Francesco Bravi and Adriano Leonardo Scapicchi (piano duo)

Tuesday 9 April, 2pm: Daniel Hyunwoo (piano)

Sunday 14 April, 3pm: The Elmore String Quartet

Tuesday 16 April, 2pm: KaJeng Wong (piano)

Thursday 18 April, 2pm: Ellen Baumring-Gledhill (cello), Sherri Lun (piano)

Sunday 21 April, 3pm: Elly Suh (violin), Yuki Negishi (piano)

Tuesday 23 April, 2pm: Magdalene Ho (piano)

Thursday 25 April, 2pm: The Matyas Gayer Jazz Trio

Sunday 28 April, 3pm: The Astatine Piano Trio

Tuesday 30 April, 2pm: Damir Durmanovic (piano)

Thursday 2 May, 2pm: Jose Navarro Silberstein (piano)

Sunday 5 May, 3pm: The Cygnus Piano Trio

Tuesday 7 May, 2pm: Misha Kaploukhii (piano)

Thursday 9 May, 2pm: Sarah Williamson (clarinet), Viv McLean (piano)

Tuesday 14 May, 2pm: Antonina Suhanova (piano)

Thursday 16 May, 2pm: Felix Rosenboom (cello), Anastasia Kubilova (piano)

Tuesday 21 May, 2pm: Youngho Park (piano)

Thursday 23 May, 2pm: Adam Dyer Jazz Ensemble

Sunday 26 May, 3pm: Sophie Rosa (violin), Ian Buckle (piano)

Tuesday 28 May, 2pm: Milda Daunoraite (piano)

Thursday 30 May, 2pm: Denis Javorsky (piano)

Times as shown. St Mary's Perivale, Perivale Lane, Middlesex, UB6 8SS

Free but donations invited, whether at the church or watching online.

020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

Ealing Chamber Music Club

MONDAYS

The club allows amateur players to find other people with similar interests and abilities, and then to put together groups for works they'd like to play. Players can perform to other club members at the monthly meeting, which takes place at 8pm on the second Monday of every month except January and August at St Mary's Perivale, Perivale Lane, UB6 8SS.

Please check our website nearer the time for further details.

020 8840 8641 • djrsmith@aol.com • www.ealingchambermusic.wordpress.com

Dalcroze Eurhythmics Ealing

MONDAYS

DALCROZE EURHYTHMICS FOR ADULTS

Explore music through movement in this fun method developed by Emile Jaques-Dalcroze. Improve your flexibility, balance, coordination and self-expression. No prior experience necessary. Your tutor is Kaye Barker (Diplôme Supérieur, Institut Jaques-Dalcroze, Geneva, BA (Oxon), PGCE).

Weekly 15 April - 20 May except 6 May

6.30-8pm. St Andrew's Church Centre, Mount Park Road, Ealing, W5 2RS

Drop-in £15 (seniors or students £13)

£88 for any 6 sessions (students and seniors £68): no need to be on consecutive weeks

07773 461087 • dalcrozemoves@gmail.com • www.dalcrozemoves.com

Ealing Choral Society

SING WITH US

MONDAYS

A June concert with a jazz flavour will end another successful season. We welcome all singers of all ages with a commitment to learning and performing works to a high standard. Our current members range from their 20s to 80s. For ages 16 to 23, we offer free membership. For under 30 years, we offer a substantially reduced membership subscription. We currently offer a 50% reduced membership subscription for new tenors and basses joining us.

If you enjoy singing, come along and sing with us!

7.35pm from 8 April. Ealing Green Church Hall, Ealing, W5 5QT

07932 460388 • membership@ealingchoralsociety.org.uk • www.ealingchoralsociety.org.uk

Facebook: EalingChoralSoc

West London Sinfonia

WEST LONDON SINFONIA 2023-2024 SEASON

TUESDAYS

Ambitious and friendly full symphony orchestra performing six concerts per year. New members welcome, especially in upper strings. Contact us via our website or phone for information.

Rehearsals weekly on Tuesdays.

7.30-10pm. Haven Green Baptist Church Hall, Castlebar Road, W5 2UP (unless notified on website)

020 3475 4200 • info@westlondonsinfonia.org • www.westlondonsinfonia.org

Facebook: www.facebook.com/westlondonsinfonia

Questors Choir

TRY OUT YOUR VOCAL SKILLS IN OUR VARIED PROGRAMME

WEDNESDAYS

We are a friendly mixed voice group of around 70 singers. Led by our inspiring MD Paul Ayres, we love to learn and perform everything from folk to classical including opera, musical theatre, popular songs and much else besides. There are no auditions, and no previous experience is required – only enthusiasm!

Come and join us on Wednesday evenings.

8-10pm. St Martin's Church Hall, Hale Gardens, W3 9SQ

First 3 sessions free of charge

07821 587670 (musical director) • more@questorschoir.org • www.questorschoir.org

www.facebook.com/QuestorsChoir

Julian Light Operatic Society

WEEKLY REHEARSAL

THURSDAYS

The Julian Light Operatic Society put on a yearly production at Questors Theatre. We always welcome new singers, and we believe this is a fantastic opportunity to perform with a full orchestra at a high-quality venue as a principal or in the chorus.

Now every Thursday, 7.45pm. Haven Green Baptist Church, Castlebar Road, W5 2UP

inform@julianoperatic.org • www.julianoperatic.org

Ealing Voices

SING WITH US

THURSDAYS

Join our friendly, un-auditioned choir! We welcome new singers with some choral experience in all voice parts. We perform three concerts per year in Ealing – please see the website for our current programme and schedule. Music Director: Michael Veazey.

Term-time, 7.30-9.30pm. St Matthew's Church, North Common Road, W5 2QA

£50 per term (concessions available)

info@ealingvoices.org.uk • ealingvoices.org.uk

Brentham Ladies' Choir

THURSDAYS

Brentham Ladies' Choir is a small, friendly choir that always welcomes new members. We sing a variety of music including folk songs, light classical, and songs from the musicals. This choir has existed for more than 40 years, and is now under the enthusiastic direction of John Hudson. There is no formal audition, and we do not require previous experience or for you to read music, but you must be able to sing in tune! We offer a free three-week trial period, so why not find that voice again?

Next concert: 2pm Thursday 18 July, Pitshanger Methodist Church.

2-3.30pm in school term time. Pitshanger Methodist Church Hall, W5 1QS (on E2 and E9 bus routes)

£35 per term.

Secretary (Genevieve Ellis): 079797 52424

Capital Concert Brass

COME AND PLAY BRASS!

THURSDAYS

CCB is a small group mostly playing brass instruments, plus other instruments too sometimes. Our aim is to enjoy ourselves and entertain others. We welcome brass players, including 'rusty' ones, music readers interested in learning brass, and others with compatible instruments.

Weekly at 8pm. Holy Cross Church, Ferrymead Gardens, Greenford, UB6 9NJ

Modest subscription

alan@capitalconcertbrass.co.uk • www.capitalconcertbrass.co.uk

Art & Crafts

LOOKING AHEAD

Borough of Ealing Art Trail (BEAT)

SATURDAY 14 - SUNDAY 22 SEPTEMBER

In 2023 BEAT had over 200 participating artists showing their work in 70 different venues around Ealing Borough, and we hope to surpass those numbers this year. Work to be exhibited (and for sale) will include painting, printmaking, ceramics, textiles, glass, jewellery, mosaic, metalwork and woodwork.

Two weekends: 14-15 & 21-22 September 2024, generally 11am to 6pm. Confirm venue opening times on our website. 70-plus venues across the Borough of Ealing.

Free admission

07934 773098 or 020 8992 0366 • info@ealingbeat.org.uk • www.ealingbeat.org.uk

LONG-TERM AND REGULAR EVENTS

Ealing Art Group

VARIOUS DATES AND TIMES

Love art and would like to be part of a lively local group interested in all aspects of art? Ealing Art Group offers the opportunity to exhibit regularly, as well as participate in lectures/demonstrations and occasional visits to places of artistic interest. Visit our website for further information.

Secretary: 020 8998 5662 • ealingartgroup@gmail.com • www.ealingartgroup.org.uk

Facebook: www.facebook.com/ealingartgroup

Pamela Lloyd-Jones Art Classes

LIFE DRAWING WORKSHOP

SATURDAYS

Three hours of tutored life drawing with great models. Materials all included as well as refreshments. Fun, friendly group suitable for all levels of experience.

Saturday 6 April and monthly thereafter

10am-1pm. The Brentham Club, 38a Meadvale Road, Ealing, W5 1NP

£25 inclusive, payable by cash or card

Enquiries: 07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

Patricia Burbidge Watercolour Classes

WATERCOLOUR PAINTING CLASSES

TUESDAYS

Enjoy mixing colour, composing landscapes and working from still-life. A mixed-ability and friendly group of watercolour painters.

Tuesdays 16 April - 2 July, 10.15-12.30 and 1.15-4pm. £100 for 10 classes.

Northfields Community Centre, 71 Northcroft Road, W13 9SS

020 8891 5115 • patricia.burbidge@gmail.com • www.patriciaburbidge.com

Pamela Lloyd-Jones Art Classes

ART CLASSES FOR ADULTS

TUESDAYS

Longstanding tutored programmes of art education in a fun, friendly environment. It is possible to move between classes to accommodate life events. Happy, comfortable environment for genuine learning.

Classes run in 3 terms, following school terms approximately.

10am-12 noon or 1-3pm on Tuesdays. The Brentham Club, 38a Meadvale Road, Ealing, W5 1NP

£162 for 12-week term or £16 weekly

07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

Ealing Flower Club

FLORAL DESIGN DEMONSTRATIONS

WEDNESDAYS

17 April: Our very own Vijay Bhatia will be our demonstrator for the evening with her title: *Inspired By*, and I'm sure you too will be 'inspired' with her lovely creations.

15 May: Our guest demonstrator Angela Woodley will be entertaining us with her title, *Travellers Tails*. Now that could be interesting!

7pm for 7.30 start. St Barnabas Hall, Pitshanger Lane, W5 1QG (buses E2 & E9 go past the door, or roadside parking).

Visitors: First visit free; thereafter £6.50 per session (£7 from April), or you could become a member.

Enquiries: (Jenni) 07772 975554 / 020 8998 0186 • jennisworld48@hotmail.com

www.flowerarranginglondon.org.uk/area-clubs • Facebook: Ealing Flower Club

Ealing Quilters

THURSDAYS

18 April: Siddi Patchwork

16 May: Crumb and Crazy Patchwork

7.30pm. St Andrew's Church Centre (1st floor Training Room), Mount Park Road, Ealing, W5 2RS

£4 (members free)

020 8998 6023 • kaisa.mills@blueyonder.co.uk

Culture & Learning

Friends of Marcq-en-Baroeul

EALING'S TWIN TOWN IN FRANCE

The Friends of Marcq is a local group promoting friendship and activities between Ealing and Marcq-en-Baroeul, which is close to Lille, so easily accessible. Knowledge of French is not necessary for many of the organised events. We offer exchange visits to France for language and cultural weekends. There are also French classes at various levels, and a variety of activities throughout the year in Ealing.

Enquiries: 07887 877630 • 020 8568 6159 • info@fomeb.eu • www.fomeb.eu

Facebook: Les Amis d'Ealing/Friends of Marcq • www.facebook.com/groups/3139986216275513

APRIL

Ealing Yoga, Meditation & Philosophy Centre

SATURDAY 27 APRIL

GATEWAYS TO ONE'S TRUE BEING (see advert overleaf)

REGULAR & CONTINUING EVENTS

Ealing Over 60 Network (EON)

MONDAYS

FRIENDLY INFORMAL OLDER PERSONS' SOCIAL CLUB

We offer a varied programme of talks, films, discussions, arts/crafts, poetry appreciation, quizzes, etc. Disabled-friendly venue near Ealing Broadway. Free car park. Free tea/coffee from 1.30pm. Main Event 2-3.15pm followed by tea/coffee and informal social time. Everyone welcome. Email or phone for latest programme.

1.30 for 2pm. Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

£5 optional donation to cover expenses

020 8810 6753 • arratoon.arratoon@gmail.com

Historical Association: Ealing Branch

TUESDAYS

9 April: Emeritus Professor Penny Corfield, *Who Formed Britain's 'New Aristocracy of Talent' in the Eighteenth Century – and What Did Their Advent Signify?*

14 May: Professor Marisa Linton, Professor Emerita, Kingston University London, *Robespierre and the French Revolutionary Terror*

7.30pm. Ealing Green Church, W5 5QT. Members and students free, visitors £5.

Enquiries (secretary): 020 8579 2174 • philipgwoods@outlook.com • www.ealinghistory.org.uk

Rainbow Poetry Group

TUESDAYS

If you enjoy poetry on a wide range of subjects, we invite you to our informal monthly meetings (on the second Tuesday). We bring, read and discuss published poems, with a specific theme each month. Next meetings: 9 April (*Gardens*), 14 May (*Ted Hughes*).

2.30pm. Hanwell Community Library, Cherington Road, W7 3HL

Enquiries: 020 8567 4397 • donkennedy@f2s.com

Ealing Yoga, Meditation & Philosophy Centre (EYMPC)



www.ealingyogamedpc.org.uk Reg. charity 1048336

Saturday 27 April 2024

9.15am – 3.45pm

At Friends' Meeting House, 17 Woodville Road, Ealing, W5 2SE

'Gateways to one's true Being'



Programme

9.15am	Registration
9.30	Meditation
9.45	'The Inner Body'
10.45	Tea & coffee
11.00	'The Inner Body / Gateways to one's true being'
12.00	Qi Gong Practice
1.00	Lunch
2.00	Mindful Walking
2.15	'Portals into the Unmanifested'
3.15	Tea & coffee / Q&A / Closing Remarks
3.30	Meditation and Close

Pleasant venue with easy parking. Light lunch provided.

Bookstall; titles on yoga, meditation & philosophy.

Fee £70 [EYMPC Members £55]

Ealing Yoga, Meditation & Philosophy Centre

WEDNESDAYS & THURSDAYS

MEDITATION AND PHILOSOPHY

Learn to relax your body and breath, focus your mind, and rest in a place of stillness. Meditation is an inward journey and a systematic process to calm mental chatter and manage the stress of everyday life.

6-7.30pm Wednesdays 17 April - 3 July (no class on 29 May)

£132 for full course or £66 either half (£110 or £55 for members) or £13 drop-in

Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

MEDITATION AND PHILOSOPHY

How to relax, breathe and meditate; the causes of stress and how to reduce it. Yoga's view of mind, emotions, breath and body. Some experience of meditation desirable. This class is live and on Zoom. Details on our website.

8-9.30pm, Thursdays 18 April - 4 July (no class on 30 May)

£132 for full course or £66 either half (£110 or £55 for members) or £13 drop-in

Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

07918 622995 • enquiries@ealingyogamedpc.org.uk • www.ealingyogamedpc.org.uk

Facebook: Ealing Yoga Meditation & Philosophy Centre

Ealing u3a

THURSDAYS & OTHER DAYS

TALKS PROGRAMME and 40 INTEREST GROUPS

U3A is an organisation for those retired or no longer in full-time work. Members organise activities for each other. U3A offers the opportunity for those with a thirst for knowledge and learning to continue their educational, creative and social interests in a friendly, encouraging atmosphere.

Talks programme, visits and 40 interest groups meeting in venues around Ealing.

Talks: most Thursdays 10am. Ealing Green Church, W5 5QT

Visitors £3

07504 667005 • membership@u3aealing.org.uk • www.u3asites.org.uk/ealing/home

Dance & Movement

REGULAR & CONTINUING EVENTS

(see also Younger Years)

StayActive4Life

MONDAYS - FRIDAYS

At StayActive4Life we believe that everybody deserves the help and support to live a more active and healthy life. We know you want to stay fit, healthy and active for longer.

We deliver a range of exercise classes to help:

- Strengthen your muscles and become more flexible
- Improve your fitness and have greater stamina and more energy so that you can live your life to the full.
- Maintain your balance so that you feel steady on your feet and reduce your risk of falls

We deliver classes across the borough so please contact us for your local class and current prices.

The class times vary as we have so many classes.

We deliver classes in Acton, Ealing, Greenford and Northolt.

07715 170207 • 01753 653836 • Admin@StayActive4Life.co.uk • www.bookwhen.com/sa4l

VitalityLeap NORDIC WALKING COURSE

SATURDAYS

Nordic Walking is a whole-body workout that engages 90% of your muscles and burns up to 40% more calories than regular walking. Invented by the Finnish Olympic cross-country team, it is high-impact sport, but gentle on your joints. Besides its benefits for general fitness, heart health, weight management and rehab, it also fosters mental well-being. We are in nature all year round with a friendly group of people. The course is 2 hours, then you can join our group walks. 20 April, 4 or 11 May, 9.30-11.30am. Outdoors in Hanwell
£49 (pole hire included)

07766 464623 • vitalityleap@gmail.com • www.vitalityleap.com/nordiccourses.html

Chair Yoga

MONDAYS

Enjoy the gentle yoga exercises and relaxation from the comfort and safety of your chair. This yoga class is practised sitting or standing, using the chair for support. Every Monday, 11.30am-12.45pm. St Andrew's Church Centre, Mount Park Road, Ealing, W5 2RS
£12 per session

07952 668820 • mehran.ghodsi@hotmail.co.uk

Yoga with Loretta

TUESDAYS

We are a friendly group of all levels. You will leave the cares of the day behind and just let any tension roll off your shoulders. Then do some wonderful work to stretch and re-align your body. I'll help you progress and improve your postures and focus on your individual needs.

7.30-9pm. St Peter's Church Hall, 56 Mount Park Road, Ealing W5 2RU

£54 for a block of 6 classes or £11 drop-in

020 8845 7873 • LorettaYoga6@gmail.com • www.yogaloretta.co.uk

Ealing Yoga, Meditation & Philosophy Centre

TUESDAYS, WEDNESDAYS & THURSDAYS

MIXED-ABILITY YOGA

Suitable for everyone, although some experience of Yoga is beneficial

- 10-11.15am and 11.30am-1pm, Tuesdays 16 April - 16 July (no class on 28 May)
£144 for full course or £72 for either half (£120 or £60 for members) OR £13 drop-in
- 8-9.30pm, Wednesdays 17 April - 3 July (no class on 29 May)
£132 for full course or £66 either half (£110 or £55 for members) or £13 drop-in

Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

YOGA FOR ALL

Suitable for everyone; no prior experience necessary

- 6.30-8pm, Thursdays 18 April - 4 July (no class on 30 May)
£132 for full course or £66 for each half (£110 or £55 for members) or £13 drop-in

Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

07918 622995 • enquiries@ealingyogamedpc.org.uk • www.ealingyogamedpc.org.uk

Facebook: Ealing Yoga Meditation & Philosophy Centre

Patricia Lajtai – Pilates

TUESDAYS, THURSDAYS & FRIDAYS

Would you like to improve your posture, and enhance your mobility and strength? You're welcome to join our friendly group and begin your journey of feeling more at ease and empowered in your body. Classes are suitable for over-60's.

Tuesdays & Fridays 1-2.15pm in person, £60 for 5 classes or £13 drop in.

Innovation Dance Studio, Pitslinger Lane, W5 1QX.

Thursdays 11am-12pm online via Zoom, £10 per class.

07816 760502 • patricia.lajtai@btinternet.com

Cath Barnes-Holt Iyengar Yoga

FRIDAYS

Lovely friendly Iyengar yoga class for all levels (beginners welcome) – to help release and re-align the body, calm the mind, raise energy levels, ease stiff joints, improve posture and flexibility, plus more! The class is live-streamed so you can join from home if you prefer.

Cath also teaches private sessions on other days at her home studio.

10-11.30am. Ealing Personal Training, 2 St James Avenue, W13 9DJ (above Sainsbury's car park)

07909 995408 • cath@cathbarnesholt.co.uk • www.cathbarnesholt.co.uk

Facebook: <https://www.facebook.com/cathyogabee>

Drama

SPRING 2024 ONWARDS

Drama Studio London

MONDAYS - SATURDAYS

ADULT ACTING CLASSES AND SUMMER SCHOOLS

Spring and Autumn adult evening classes for 18+, and 1- or 2-week Summer Schools for both 16-18 years and 18+, all delivered by industry professionals. Details and booking online.

Drama Studio London, Grange Court, Grange Road, Ealing, W5 5QN

020 8579 3897 • info@dramastudiolondon.co.uk • www.dramastudiolondon.co.uk/part-courses/

Facebook: www.facebook.com/dramastudiolondon

MAY 2024

Gloc Musical Theatre

WEDNESDAY - SATURDAY 8-11 MAY

YOUNG FRANKENSTEIN

Experience the electrifying charm of the Broadway sensation *Young Frankenstein*.

Grandson of the infamous Victor Frankenstein, Frederick Frankenstein inherits his family's estate in Transylvania. With the help of a hunchbacked sidekick, Igor, and a leggy lab assistant, Inga, Frederick finds himself in the mad scientist shoes of his ancestors. 'It's alive!' he exclaims as he brings to life a creature to rival his grandfather's. Eventually, of course, the monster escapes and hilarity continuously abounds.

7.45pm. The Questors Theatre, 12 Mattock Lane, London W5 5BQ

£20

Box office: 020 8567 5184 • boxoffice@questors.org.uk

Information: www.glocmt.co.uk • Facebook: www.facebook.com/glocmusicaltheatre

IMPACT Theatre THE GALLERY

MONDAY - FRIDAY 20-24 MAY

Further performances of our immersive show *The Gallery*, which tells the story of an art gallery where the paintings come alive.

Matinee and evening performances. IMPACT Community Arts Centre, Ealing Central Sports Ground, Horsenden Lane South, Perivale UB6 8GP

020 8997 8979 • info@impacttheatre.co • www.impacttheatre.co

Facebook: www.facebook.com/impacttheatreuk/

Leisure

APRIL

Charlemagne Wine Club AUSTRALIA VS THE WORLD

MONDAY 15 APRIL

A comparative tasting of Australian wines with other countries

8pm. The Forester, 2 Leighton Road, W13 9EP

£25. *By prior application*

cwc@charlemagnewineclub.co.uk • www.charlemagnewineclub.co.uk

www.facebook.com/charlemagnewineclub

MAY

Charlemagne Wine Club

MONDAY 20 MAY

Join us for a tasting of fine wines. See our Facebook page for details.

8pm. The Forester, 2 Leighton Road, W13 9EP

£25. *By prior application*

cwc@charlemagnewineclub.co.uk • www.charlemagnewineclub.co.uk

www.facebook.com/charlemagnewineclub

REGULAR EVENTS

Ealing Outdoor Club

SUNDAYS

Walk in the countryside, experience wild places and connect up with nature. Organised walks on most Sundays of typically 8 to 12 miles. Several residential walking trips every year in the UK and sometimes abroad. Regular social events, for example pub nights, meals, theatre trips, climbing wall visits. Please see our website for more information and our current programme of events.

ealingoutdoorclub@hotmail.com • www.ealingoutdoorclub.org.uk

West London Group of Ramblers Association

SATURDAYS, SOME SUNDAYS & VARIOUS WEEKDAYS

Make new friends, improve your health and enjoy our lovely town and countryside. Walks are 4-14+ miles, led by volunteers and carefully graded. Railway station start, usually lunchtime pub/ cafe stop. No charge, but after a couple of 'tasters' you will need to join the RA. For details see website, phone or email.

Please see our website for our current programme of local small group walks.

020 8863 6523 • westlondongroup@yahoo.co.uk • www.westlondonramblers.org.uk

Club West

SUNDAYS

PUB LUNCHEAS AND COFFEE MORNINGS FOR UNATTACHED OVER-50s

We meet every Sunday for lunch and drinks in a pub somewhere in Ealing, Chiswick, Hammersmith or Richmond. We also meet midweek for coffee and other activities. The *Club West* sign will be on one of our tables. No need to book.

12.30pm. A pub in West London

020 8992 6134 • www.clubwest.org.uk

Perivale Social Group

THURSDAYS

We are a recent welcoming, happy group – not just in Perivale, but all surrounding areas. Would you like to join us? We engage in important, gentle, healthy exercise, friendship, quizzes, bingo, games and refreshments.

11am - 2pm. Perivale Community Centre, Horsenden Lane South, UB6 7NP

£3 per session.

Irene McQuillan: 07958 707253

Younger Years

MAY

The Chamber Music Collective CHAMBER MUSIC CONCERT

SATURDAY 11 MAY

A stunning line-up of world-class musicians in the heart of Ealing!

W. A. MOZART: Sonata for Violin and Piano in E minor, K 304

G. FAURÉ: Piano Trio in D minor, Op. 120

J. BRAHMS: Sonata for Cello and Piano in E minor, Op. 38

Rosie Richardson (piano), Markella Vandoros (violin), Michael Petrov (cello).

Advance booking essential; Eventbrite link on our website.

3pm. Ealing Green Church, Ealing Green, W5 5QT

£13 (concessions £10, under-18s £5)

07852 690426 • thechambermusiccollective@gmail.com • www.thechambermusiccollective.com

Facebook: www.facebook.com/the_chamber_music_collective

REGULAR EVENTS

Suzanne Gribble – Iyengar Yoga

MOST DAYS

YOGA CLASSES

Iyengar yoga classes to help improve flexibility, strength and stamina and a quieter mind. Suzanne teaches a general level class in Ealing and West Kensington. Please visit her website for details and booking.

Monday, Tuesday, Wednesday and Saturday mornings in Ealing

Tuesday evenings and Thursday evenings (also online)

Friday mornings (online)

Teenagers – Monday afternoons and Saturday mornings

Venues: Northfields Community Centre W13, The Garden Studio W5, The Bhavan W14

07916 145786 • suzanne.gribble@gmail.com • suzannegribbleyoga.com

www.facebook.com/SuzanneGribbleIyengarYogaTeacher/

EA&L Members

ART & CRAFTS

Borough of Ealing Art Trail (BEAT)

Ealing Art Group

Ealing Flower Club

Ealing Quilters

Pamela Lloyd-Jones Art Classes

Patricia Burbidge Watercolour Classes

CULTURE & LEARNING

CEPAC - Campaign for an Ealing Performance and Arts Centre

Ealing Over-60 Network (EON)

Ealing u3a

Friends of Marcq-en-Baroeul

Historical Association: Ealing Branch

Rainbow Poetry Group

DANCE & MOVEMENT

Cath Barnes-Holt Iyengar Yoga

Dalcroze Eurhythmics Ealing

Mehran Ghodsi Chair Yoga

Patricia Lajtai – Pilates

StayActive4Life LLP

Suzanne Gribble - Iyengar Yoga

Vitality Leap / Fireside Lodge

Yoga with Loretta

DRAMA & FILM

Beaufort Players

Drama Studio London

Impact Theatre

Pisces Players (Popup Theatre)

The Questors Theatre

LEISURE

Charlemagne Wine Club

Club West

Ealing Outdoor Club

Perivale Social Group

West London Ramblers

MUSIC

Brentham Ladies' Choir

Capital Chorus

Capital Concert Brass

The Chamber Music Collective

Ealing Chamber Music Club

Ealing Choral Society

Ealing Junior Music School

Ealing Symphony Orchestra

Ealing Voices

Ealing Youth Orchestra

GLOC Musical Theatre

Hanwell Voice Studio

HEOS Musical Theatre

Julian Light Operatic Society

Music at St Mary's Perivale

Questors Choir

West London Sinfonia

MORE THAN ONE ACTIVITY

Ealing Yoga, Meditation & Philosophy Centre

**Interested in listing your club or event in Ealing Arts & Leisure?
Visit ealingarts.org.uk/join or call 020 8567 4075**

68 ELMERS ROAD, LONDON W13 9QD

Chairman: Gill Rowley

Secretary: Dorrie Baker

Treasurer: Colin Easton

Membership Secretary: Richard Partridge

Diary Editor: Richard Partridge

NOTE TO MEMBERS:

Final entry for the June - July 2024 issue is 1 May 2024.

NB: Display ads may also be placed by non-members.

See www.ealingarts.org.uk/help