

JUNE - JULY 2024

What's On



**Arts and leisure
activities across the
borough of Ealing**

EVENTS INSIDE THIS ISSUE

Music, Art, Crafts, Culture,
Education, Dance, Movement,
Drama, Poetry, Leisure,
Younger Years

What's On – so much to do in Ealing

The long, warm(?) days of summer! What better than a country walk? There's a choice on page 15. Or maybe a concert with a picnic: see page 3. But if the lure of the outdoors isn't too much for you, summer concerts and plays abound: Ealing really is blessed with high-class performances on our doorsteps.

And as always you'll find many activities to be part of, from improving your fitness, or sharing an interest with like-minded people, to simple socialising.

All our members are shown on the back page, whether or not they have listed events in this edition; there's more detail plus contact info at www.ealingarts.org.uk/members. Get in touch with them directly, or you can phone us on 020 8567 4075 if you're in difficulty. The *What's On* section of our website at www.ealingarts.org.uk/events has events further ahead and any which arrived too late to get into print.

Copies of *What's On* can go quickly. See page 17 if you'd like to have it delivered to you.

Contents

- 1 MUSIC
- 8 ART & CRAFTS
- 10 CULTURE & LEARNING
- 12 DANCE & MOVEMENT
- 14 DRAMA
- 15 LEISURE
- 16 YOUNGER YEARS
- 18 OUR MEMBERS

Find us online at
ealingarts.org.uk

 facebook.com/EalingArts

Want to know how to list an event
or advertise here?

Visit ealingarts.org.uk/join
or phone 020 8567 4075

Music



MUSIC AT ST MARY'S PERIVALE

Concerts by world-class soloists and ensembles are held at **2pm** each **Tuesday** and **Thursday (Sundays at 3pm)** at this 12th-century church, West London's foremost classical music venue. Plus a **jazz session** once a month. The church is in Perivale Lane, UB6 8SS.

All concerts are livestreamed in high definition: full details, plus links to previous concerts, at www.st-marys-perivale.org.uk



JUNE

West London Sinfonia WEST LONDON SINFONIA CONCERT

SATURDAY 8 JUNE

MAHLER: Symphony No.5
Conductor Philip Hesketh
7.30pm. *St Barnabas Church, Pitshanger Lane, W5 1QG*
£15 (concessions £12, child/student £5)

020 3475 4200 • info@westlondonsinfonia.org • www.westlondonsinfonia.org

Facebook: www.facebook.com/westlondonsinfonia

The Chamber Music Collective SUMMER SHOWCASE

SATURDAY 22 JUNE

Younger Years

A stunning line-up of world-class musicians in the heart of Ealing!

W. A. MOZART: Duo for violin and viola in G major, K 423

P. I. TCHAIKOVSKY: String Sextet in D minor Op. 70, *Souvenir de Florence*

Natalia Lomeiko and Markella Vandoros (violin), Yuri Zhislin and Alexandros Koustas (viola),

Ben Tarlton and Alisa Liubarskaya (cello)

Advance booking essential; Eventbrite link on our website.

3pm. Ealing Green Church, Ealing Green, W5 5QT

£13 (concessions £10, under-18s £5)

07852 690426 • thechambermusiccollective@gmail.com • www.thechambermusiccollective.com

Facebook: www.facebook.com/the_chamber_music_collective

the chamber music collective
Summer Showcase!

Tickets:
Adults: £13
Concessions: £10
under 18s: £5
tinyurl.com/cmc22june

Scan me to book!

www.thechambermusiccollective.com

Saturday
22
June
3.00pm
Ealing
Green
Church

A stunning line-up
of world-class musicians
in the heart of Ealing!
Don't miss it!

The programme:
TCHAIKOVSKY
String sextet in D minor
op. 70, 'Souvenir de
Florence'
MOZART
Duo for violin and viola
in G major K 423

Ealing Choral Society

SUMMER CONCERT: CHILCOTT, SHEARING, SWAYNE, TALLIS

SATURDAY 22 JUNE

Please join Ealing Choral Society for our jazz-flavoured summer concert featuring Chilcott's *A Little Jazz Mass*, Shearing's *Songs and Sonnets from Shakespeare*, Swayne's *Missa Tiburtina* and Tallis's *Songs from Archbishop Parker's Psalter*. Peter Asprey conducts.

7.30pm. St Barnabas Church, Pitshanger Lane, Ealing, W5 1QG

£17 (concessions £15, under-18 £3)

Box office: wegottickets.com/event/582430

Enquiries: 07957 923341 • tickets@ealingchoralsociety.org.uk • www.ealingchoralsociety.org.uk

Facebook: EalingChoralSoc

EALING
CHORAL
SOCIETY

SWAYNE
Missa Tiburtina
CHILCOTT
A Little Jazz Mass
SHEARING
Songs and Sonnets
from Shakespeare

**SUMMER
CONCERT**

Saturday 22 June 2024, 7:30pm
St Barnabas Church
Pitshanger Lane, Ealing, W5 1QG
Tickets: £17/£15 (conc.)/£3 under 18
wegottickets.com/event/582430
t: 07957 923 341
tickets@ealingchoralsociety.org.uk

ealingchoralsociety.org.uk • registered charity 278174

West London Sinfonia

WEST LONDON SINFONIA CONCERT

SATURDAY 29 JUNE

SIBELIUS: Valse Triste

VASKS: Concerto for English Horn

BEETHOVEN: Symphony No.7

Conductor Philip Hesketh, soloist Bruno Bower, leader Iwona Boesche

7.30pm. St Anne's Church, Kew Green, TW9 3AA

£15 (concessions £12, child/student £5)

020 3475 4200 • info@westlondonsinfonia.org • www.westlondonsinfonia.org

Facebook: www.facebook.com/westlondonsinfonia

Ealing Voices

SUMMER CONCERT AND PICNIC

SATURDAY 29 JUNE

Our Italian-themed evening features Vivaldi's Gloria, the Pergolesi/Durante Magnificat and Vivaldi's Credo. This will be our traditional summer event – a good concert and a picnic in the garden (weather permitting!)

6.30pm. St Matthew's Church, North Common Road, W5 2QA

£15 in advance from our website, £18 on the door. Paying bar.

info@ealingvoices.org.uk • www.ealingvoices.org.uk

St Peter's Ealing LUNCHTIME PIANO RECITAL

SUNDAY 30 JUNE

A 30-minute recital with music by Chopin, Ravel, Schubert, and Schumann performed by Japanese pianist Maho Ito

1pm. St Peter's Church, Mount Park Road, W5 2RU. Free, with retiring collection

020 8997 3655 • musical_markj@yahoo.co.uk • www.stpeterealing.org.uk

Facebook: www.facebook.com/groups/644813947643863

JULY

Ealing Symphony Orchestra

SATURDAY 13 JULY

Morfydd Llwyn OWEN: Nocturne

RAVEL: Piano Concerto in G

RIMSKY-KORSAKOV: Scheherazade

Firoze Madon (piano: Ealing Festival/ESO award winner 2023), Ealing SO / John Gibbons

7pm. St Barnabas Church, Pitshanger Lane, W5 1QG

£16 (under-25 or full-time student £6, accompanied children free), including programme

020 8567 4075 • secretary@ealingso.org.uk • www.ealingso.org.uk

Questors Choir

SATURDAY 13 JULY

QUESTORS CHOIR'S SUMMER CONCERT – SPORTING SONGS

Join Questors choir to enjoy a selection of music connected to various sports, games, leisure activities and outdoor pursuits. There will be opportunities for the audience to sing along!

7.30pm. St Thomas Church, Hanwell, W7 2AD

£16 (under-12 free). Tickets via website.

07821 587670 (music director) • more@questorschoir.org • www.questorschoir.org

Facebook: www.questorschoir.com/QuestorsChoir

HEOS Musical Theatre FROM STAGE AND SCREEN

THURSDAY - SATURDAY 25-27 JULY

Exploring stories told on stage and screen, with songs from films that became musicals, and from shows that were converted to the big screen.

Thursday & Friday 7.30pm, Saturday matinee 2.30pm: no Saturday evening performance

St Thomas the Apostle Church Hall, 182 Boston Road, Hanwell, W7 2AD

£16 (£14 if booked by 22 June)

Box office: 07727 448760

Enquiries: 020 8567 4075 • info@heos.org.uk • www.heos.org.uk • Facebook: @heosmusicaltheatre

REGULAR EVENTS

The Hanwell Voice Studio

SINGING LESSONS

Singing lessons with a professional opera singer from English National Opera. Master a solid vocal technique, essential for success in performance. Tuition for all musical styles. Beginners welcome. **VIRTUAL SINGING LESSONS ALSO NOW AVAILABLE.**

The Hanwell Voice Studio, W7

Enquiries (Lydia Marchione, AGSM): 07791 170662 • www.lydiamarchione.com

Music at St Mary's Perivale

SUNDAYS

ST MARY'S PERIVALE CONCERTS – AUDIENCE WELCOME, AND ONLINE

Sunday 2 June: The Odysseus Piano Trio

Sunday 9 June: The Paul Reade Ensemble

Sunday 23 June: The Paddington Piano Trio

Sunday 30 June: Madeline Grambow (violin), John Lenehan (piano)

Sunday 7 July: Julian Gallant (piano)

Sunday 14 July: Simon Mulligan (piano)

Sunday 21 July: The Chloe Trio

3pm. St Mary's Perivale, Perivale Lane, Middlesex, UB6 8SS

Free but donations invited, whether at the church or watching online.

020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

Music at St Mary's Perivale

WEEKDAYS

ST MARY'S PERIVALE CONCERTS – AUDIENCE WELCOME, AND ONLINE

Thursday 30 May: Denis Javorsky (piano)

Tuesday 4 June: Patrick Hemmerle (piano)

Thursday 6 June: Zvezdan Vojvodic (piano)

Tuesday 11 June: Mark Viner (piano)

Thursday 13 June: Mathilde Milwidsky (violin)

Tuesday 18 June: Salome Jordania (piano)

Thursday 20 June: Julian Costello jazz quartet

Tuesday 25 June: Lara Melda (piano)

Thursday 27 June: Kerry Waller (piano)

Tuesday 2 July: Florian Mitrea & Daria Tudor (piano duo)

Thursday 4 July: Jack Hancher (guitar)

Tuesday 9 July: Roman Kosyakov (piano)

Thursday 11 July: Henry Tozer (jazz piano)

Tuesday 16 July: Tyler Hay (piano)

Thursday 18 July: Ariana Kashafi (cello)

Tuesday 23 July: Bocheng Wang (piano)

2pm. St Mary's Perivale, Perivale Lane, Middlesex, UB6 8SS

Free but donations invited, whether at the church or watching online.

020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

Ealing Chamber Music Club

MONDAYS

The club allows amateur players to find other people with similar interests and abilities, and then to put together groups for works they'd like to play. Players can perform to other club members at the monthly meeting, which takes place at 8pm on the second Monday of every month except January and August at St Mary's Perivale, Perivale Lane, UB6 8SS.

Please check our website nearer the time for further details.

020 8840 8641 • djrsmith@aol.com • www.ealingchambermusic.wordpress.com

West London Sinfonia

TUESDAYS

WEST LONDON SINFONIA 2023-2024 SEASON

Ambitious and friendly full symphony orchestra performing six concerts per year. New members welcome, especially in upper strings. Contact us via our website or phone for information. Rehearsals weekly on Tuesdays.

7.30-10pm. Haven Green Baptist Church Hall, Castlebar Road, W5 2UP (unless notified on website)

020 3475 4200 • info@westlondonsinfonia.org • www.westlondonsinfonia.org

Facebook: www.facebook.com/westlondonsinfonia

Questors Choir

WEDNESDAYS

TRY OUT YOUR VOCAL SKILLS IN OUR VARIED PROGRAMME

We are a friendly mixed voice group of around 70 singers. Led by our inspiring MD Paul Ayres, we love to learn and perform everything from folk to classical including opera, musical theatre, popular songs and much else besides. There are no auditions, and no previous experience is required – only enthusiasm!

Come and join us on Wednesday evenings.

8-10pm. St Martin's Church Hall, Hale Gardens, W3 9SQ

First 3 sessions free of charge

07821 587670 (musical director) • more@questorschoir.org • www.questorschoir.org

www.facebook.com/QuestorsChoir

Julian Light Operatic Society

THURSDAYS

WEEKLY REHEARSAL

The Julian Light Operatic Society put on a yearly production at Questors Theatre. We always welcome new singers, and we believe this is a fantastic opportunity to perform with a full orchestra at a high-quality venue as a principal or in the chorus.

Now every Thursday, 7.45pm. Haven Green Baptist Church, Castlebar Road, W5 2UP

inform@julianoperatic.org • www.julianoperatic.org

Ealing Voices

THURSDAYS

SING WITH US

Join our friendly, un-auditioned choir! We welcome new singers with some choral experience in all voice parts. We perform three concerts per year in Ealing – please see the website for our current programme and schedule. Music Director: Michael Veazey.

Term-time, 7.30-9.30pm. St Matthew's Church, North Common Road, W5 2QA

£60 per term (concessions available)

info@ealingvoices.org.uk • ealingvoices.org.uk

Brentham Ladies' Choir

THURSDAYS

Brentham Ladies' Choir is a small, friendly choir that always welcomes new members. We sing a variety of music including folk songs, light classical, and songs from the musicals. This choir has existed for more than 40 years, and is now under the enthusiastic direction of John Hudson. There is no formal audition, and we do not require previous experience or for you to read music, but you must be able to sing in tune! We offer a free three-week trial period, so why not find that voice again?

Next concert: 2pm Thursday 18 July, Pitshanger Methodist Church.

2-3.30pm in school term time. Pitshanger Methodist Church Hall, W5 1QS (on E2 and E9 bus routes)

£35 per term.

Secretary (Genevieve Ellis): 079797 52424

Capital Concert Brass

THURSDAYS

COME AND PLAY BRASS!

CCB is a small group mostly playing brass instruments, plus other instruments too sometimes. Our aim is to enjoy ourselves and entertain others. We welcome brass players, including 'rusty' ones, music readers interested in learning brass, and others with compatible instruments.

Weekly at 8pm. Holy Cross Church, Ferrymead Gardens, Greenford, UB6 9NJ

Modest subscription

alan@capitalconcertbrass.co.uk • www.capitalconcertbrass.co.uk

Want to be sure of getting *What's On*?

Would you like to have your copy of *What's On* delivered regularly by post?

If so, you will be more than welcome to join our Supporters' mailing list.

The annual (October - September) subscription is £10, or for April - September it's £5 per household.

You can send a cheque made out to 'Ealing Arts' with your name and address, or phone or email for online bank details.

Contact: Ealing Arts Supporters, 68 Elers Road, London W13 9QD
020 8567 4075 • membership@ealingarts.org.uk

Art & Crafts

JULY

Ealing Art Group EALING ART GROUP SUMMER EXHIBITION

TUESDAY 16 - SUNDAY 28 JULY

This is an excellent opportunity to view and/or purchase a variety of original artwork in different media by local artists. There is also a special section devoted to 'Affordable Art' (all articles offered at a uniform price in this section).

10am - 4.30pm daily (except Monday 22 July).

Gunnersbury Park Mansion, Gunnersbury House, Popes Lane, W5 4NH

Free entry

07778 351118 / 0208 997 7169 • ealingartgroup@gmail.com • www.ealingartgroup.org.uk

Facebook: www.facebook.com/ealingartgroup

SEPTEMBER

Borough of Ealing Art Trail (BEAT)

SATURDAY 14 - SUNDAY 22 SEPTEMBER

235 Ealing artists displaying their artwork in 68 venues are now confirmed for BEAT 2024. Venues (some in public buildings, others in private homes and studios) will be found across the Borough as a whole showing art of all kinds. Look out in August for the BEAT brochure becoming available.

Two weekends: 14-15 & 21-22 September, generally 11am to 6pm.

Confirm venue opening times on our website. 68 venues across the Borough.

Free admission

07934 773098 / 020 8992 0366 (Mark Jorgensen) •

info@ealingbeat.org.uk / jorgensenmark1950@gmail.com • www.ealingbeat.org.uk

LONG-TERM AND REGULAR EVENTS

Ealing Art Group

VARIOUS DATES AND TIMES

Love art and would like to be part of a lively local group interested in all aspects of art? Ealing Art Group offers the opportunity to exhibit regularly, as well as participate in lectures/demonstrations and occasional visits to places of artistic interest. Visit our website for further information.

Secretary: 020 8998 5662 • ealingartgroup@gmail.com • www.ealingartgroup.org.uk

Facebook: www.facebook.com/ealingartgroup

Pamela Lloyd-Jones Art Classes

SATURDAYS

LIFE DRAWING WORKSHOP

Three hours of tutored life drawing with great models. Materials all included as well as refreshments. Fun, friendly group suitable for all levels of experience.

Saturdays 6 April and monthly thereafter

10am-1pm. The Brentham Club, 38a Meadvale Road, Ealing, W5 1NP

£25 inclusive, payable by cash or card

Enquiries: 07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

Patricia Burbidge Watercolour Classes

TUESDAYS

WATERCOLOUR PAINTING

Enjoy mixing colour, composing landscapes and working from still-life. A mixed-ability and friendly group of watercolour painters.

Tuesdays 17 September - 10 December, 10.15am-12.30pm and 1.15-4pm. £100 for 10 classes.

Northfields Community Centre, 71 Northcroft Road, W13 9SS

020 8891 5115 • patricia.burbidge@gmail.com

Pamela Lloyd-Jones Art Classes

TUESDAYS

ART CLASSES FOR ADULTS

Longstanding tutored programmes of art education in a fun, friendly environment. It is possible to move between classes to accommodate life events. Happy, comfortable environment for genuine learning.

Classes run in 3 terms, and follow school terms approximately.

10am-12 noon or 1-3pm on Tuesdays. The Brentham Club, 38a Meadvale Road, Ealing, W5 1NP

£162 for 12-week term or £16 weekly

07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

Ealing Flower Club

WEDNESDAYS

FLORAL DESIGN DEMONSTRATIONS

19 June: *Full of Eastern Promise* is the title chosen by our guest demonstrator, Sandie Draper.

17 July: *The Three F's* is the title of Sally Hardy's demonstration, so why not come and discover what the 'Three F's' represent?

7pm for 7.30 start. St Barnabas Hall, Pitshanger Lane, W5 1QG (buses E2 & E9 go past the door, or roadside parking).

Visitors: First visit free; thereafter £7 per session, or you could become a member.

Enquiries: (Jenni) 07772 975554 / 020 8998 0186 • jennisworld48@hotmail.com

www.flowerarranginglondon.org.uk/area-clubs • Facebook: Ealing Flower Club

Ealing Quilters

THURSDAYS

20 June: Tumbling Blocks

18 July: Sew and Chat

7.30pm. St Andrew's Church Centre (1st floor Training Room), Mount Park Road, Ealing, W5 2RS

£4 (members free)

020 8998 6023 • kaisa.mills@blueyonder.co.uk

Culture & Learning

Friends of Marcq-en-Baroeul EALING'S TWIN TOWN IN FRANCE

The Friends of Marcq is a local group promoting friendship and activities between Ealing and Marcq-en-Baroeul, which is close to Lille, so easily accessible. Knowledge of French is not necessary for many of the organised events. We offer exchange visits to France for language and cultural weekends. There are also French classes at various levels, and a variety of activities throughout the year in Ealing.

Enquiries: 07887 877630 • 020 8568 6159 • info@fomeb.eu • www.fomeb.eu

Facebook: Les Amis d'Ealing/Friends of Marcq • www.facebook.com/groups/3139986216275513

REGULAR & CONTINUING EVENTS

Ealing Over 60 Network (EON)

MONDAYS

FRIENDLY INFORMAL OLDER PERSONS' SOCIAL CLUB

We offer a varied programme of talks, films, discussions, arts/crafts, poetry appreciation, quizzes, etc. Disabled-friendly venue near Ealing Broadway. Free car park. Free tea/coffee from 1.30pm. Main Event 2-3.15pm followed by tea/coffee and informal social time. Everyone welcome. Email or phone for latest programme.

1.30 for 2pm. Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

£5 optional donation to cover expenses

07714 696318 • arratoon.arratoon@gmail.com

Historical Association: Ealing Branch

TUESDAYS

11 June: Dr James Crossland, Reader in International History, Liverpool John Moores University, *Anarchists, Fenians, Nihilists: London and the First 'Age of Terror', 1867-1909*
7.30pm. Ealing Green Church, W5 5QT

Members £15 annual fee, visitors £5 per talk, students free. Talks will resume in September.

Enquiries: 07922 046578 • philipgwoods@outlook.com • www.ealinghistory.org.uk

Rainbow Poetry Group

TUESDAYS

If you enjoy poetry on a wide range of subjects, we invite you to our informal monthly meetings (on the second Tuesday). We bring, read and discuss published poems, with a specific theme each month. Next meetings: 11 June (*People and Nature in Summer*), 9 July (*Thomas Hardy*).

2.30pm. Hanwell Community Library, Cherington Road, W7 3HL

Enquiries: 020 8567 4397 • donkennedy@f2s.com

Ealing Yoga, Meditation & Philosophy Centre

WEDNESDAYS & THURSDAYS

MEDITATION AND PHILOSOPHY

Learn to relax your body and breath, focus your mind, and rest in a place of stillness. Meditation is an inward journey and a systematic process to calm mental chatter and manage the stress of everyday life.

6-7.30pm Wednesdays 17 April - 3 July (no class on 29 May)

£132 for full course or £66 either half (£110 or £55 for members) or £13 drop-in

Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

MEDITATION AND PHILOSOPHY

How to relax, breathe and meditate; the causes of stress and how to reduce it. Yoga's view of mind, emotions, breath and body. Some experience of meditation desirable. This class is live and on Zoom. Details on our website.

8-9.30pm, Thursdays 18 April - 4 July (no class on 30 May)

£132 for full course or £66 either half (£110 or £55 for members) or £13 drop-in

Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

07918 622995 • enquiries@ealingyogamedpc.org.uk • www.ealingyogamedpc.org.uk

Facebook: Ealing Yoga Meditation & Philosophy Centre

Ealing u3a

THURSDAYS & OTHER DAYS

TALKS PROGRAMME and 40 INTEREST GROUPS

U3A is an organisation for those retired or no longer in full-time work. Members organise activities for each other. U3A offers the opportunity for those with a thirst for knowledge and learning to continue their educational, creative and social interests in a friendly, encouraging atmosphere.

Talks programme, visits and 55 interest groups meeting in venues around Ealing.

Talks: most Thursdays 10am. Ealing Green Church, W5 5QT

Visitors £3

07504 667005 • membership@u3aealing.org.uk • www.u3asites.org.uk/ealing/home

Dance & Movement

REGULAR & CONTINUING EVENTS

StayActive4Life

MONDAYS - FRIDAYS

At StayActive4Life we believe that everybody deserves the help and support to live a more active and healthy life. We know you want to stay fit, healthy and active for longer.

We deliver a range of exercise classes to help:

- Strengthen your muscles and become more flexible
- Improve your fitness and have greater stamina and more energy so that you can live your life to the full.

- Maintain your balance so that you feel steady on your feet and reduce your risk of falls

We deliver classes across the borough so please contact us for your local class and current prices.

The class times vary as we have so many classes.

We deliver classes in Acton, Ealing, Greenford and Northolt.

07715 170207 • 01753 653836 • Admin@StayActive4Life.co.uk • www.bookwhen.com/sa4l

Suzanne Gribble – Iyengar Yoga

MOST DAYS

YOGA CLASSES

Younger Years

Iyengar yoga classes to help improve flexibility, strength and stamina and a quieter mind. Suzanne teaches a general level class in Ealing and West Kensington. Please visit her website for details and booking.

Monday, Tuesday, Wednesday and Saturday mornings in Ealing

Tuesday evenings and Thursday evenings (also online)

Friday mornings (online)

Teenagers – Monday afternoons and Saturday mornings

Venues: Northfields Community Centre W13, The Garden Studio W5, The Bhavan W14

07916 145786 • suzanne.gribble@gmail.com • suzannegribbleyoga.com

www.facebook.com/SuzanneGribbleIyengarYogaTeacher/

Chair Yoga

MONDAYS

Enjoy the gentle yoga exercises and relaxation from the comfort and safety of your chair.

This yoga class is practised sitting or standing, using the chair for support.

Every Monday, 11.30am-12.45pm. St Andrew's Church Centre, Mount Park Road, Ealing, W5 2RS

£12 per session

07952 668820 • mehran.ghodsi@hotmail.co.uk

Yoga with Loretta

TUESDAYS

We are a friendly group of all levels. You will leave the cares of the day behind and just let any tension roll off your shoulders. Then do some wonderful work to stretch and re-align your body.

I'll help you progress and improve your postures and focus on your individual needs.

7.30-9pm. St Peter's Church Hall, 56 Mount Park Road, Ealing W5 2RU

EXCEPT, while St Peter's is closed for roof repairs:

16 July - 23 September: St Andrew's Church Centre, Mount Park Road, Ealing, W5 2RS

No class at either venue 13 or 20 August.

At St Peter's: £9 per class paid in a block or £11 drop-in

At St Andrew's: £11 per class if paid in a block or £13 drop-in

020 8845 7873 • LorettaYoga6@gmail.com • www.yogaloretta.co.uk

Ealing Yoga, Meditation & Philosophy Centre

TUESDAYS, WEDNESDAYS & THURSDAYS

MIXED-ABILITY YOGA

Suitable for everyone, although some experience of Yoga is beneficial

- 10-11.15am and 11.30am-1pm, Tuesdays 16 April - 16 July (no class on 28 May)

£144 for full course or £72 for either half (£120 or £60 for members) OR £13 drop-in

- 8-9.30pm, Wednesdays 17 April - 3 July (no class on 29 May)

£132 for full course or £66 either half (£110 or £55 for members) or £13 drop-in

Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

YOGA FOR ALL

Suitable for everyone; no prior experience necessary

6.30-8pm, Thursdays 18 April - 4 July (no class on 30 May)

£132 for full course or £66 for each half (£110 or £55 for members) or £13 drop-in

Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

07918 622995 • enquiries@ealingyogamedpc.org.uk • www.ealingyogamedpc.org.uk

Facebook: Ealing Yoga Meditation & Philosophy Centre

Patricia Lajtai – Pilates

TUESDAYS, THURSDAYS & FRIDAYS

Would you like to improve your posture, and enhance your mobility and strength? You're welcome to join our friendly group and begin your journey of feeling more at ease and empowered in your body. Classes are suitable for over-60's.

Tuesdays & Fridays 1-2.15pm in person, £60 for 5 classes or £13 drop in.

Innovation Dance Studio, Pitshanger Lane, W5 1QX

Thursdays 11am-12pm online via Zoom. £10 per class.

07816 760502 • patricia.lajtai@btinternet.com

Cath Barnes-Holt Iyengar Yoga

FRIDAYS

Lovely friendly Iyengar yoga class for all levels (beginners welcome) – to help release and re-align the body, calm the mind, raise energy levels, ease stiff joints, improve posture and flexibility, plus more! The class is live-streamed so you can join from home if you prefer.

Cath also teaches private sessions on other days at her home studio.

10-11.30am. Ealing Personal Training, 2 St James Avenue, W13 9DJ (above Sainsbury's car park)

07909 995408 • cath@cathbarnesholt.co.uk • www.cathbarnesholt.co.uk

Facebook: <https://www.facebook.com/cathyogabee>

Drama

SPRING and AUTUMN

Drama Studio London

MONDAYS - SATURDAYS

ADULT ACTING CLASSES AND SUMMER SCHOOLS

Spring and Autumn adult evening classes for 18+, and 1- or 2-week Summer Schools for both 16-18 years and 18+, all delivered by industry professionals. Details and booking online.

Drama Studio London, Grange Court, Grange Road, Ealing, W5 5QN

020 8579 3897 • info@dramastudiolondon.co.uk • www.dramastudiolondon.co.uk/part-courses/

Facebook: www.facebook.com/dramastudiolondon

JUNE

The Questors Theatre

FRIDAY 31 MAY - SATURDAY 8 JUNE

MEDEA

Exiled with her children, Medea manages the challenges of motherhood alone. But when she suffers the ultimate betrayal by her husband Jason and his new bride-to-be, she takes righteous revenge to a terrifying conclusion.

7.30pm (2.30pm Sunday; not Monday). The Questors Theatre Studio

£10 - £20 (season pass, children's and concession prices available)

020 8567 5184 • boxoffice@questors.org.uk • www.questors.org.uk/whatson.aspx

Facebook: www.facebook.com/questorstheatre/

JULY

The Beaufort Players

WEDNESDAY - SATURDAY 10-13 JULY

AN EVENING WITH LITTLE GRIMLEY

Two short comic plays about antics of a hapless amateur dramatic society; *Lockdown in Little Grimley* and *Murder in Little Grimley*.

10-12 July 8pm, 13 July 7pm. Church of the Ascension Hall, Beaufort Road, London W5 3EB

£12-£15

boxoffice@beaufortplayers.co.uk • 07730 572389 • www.beaufortplayers.org.uk

The Questors Theatre

SATURDAY - SATURDAY 13-20 JULY

LONDON WALL

A glimpse into the double standards of being a woman in a 1930's workplace.

After accepting a role as a typist in a solicitor's office, fresh-faced Pat is soon exposed to the harsh reality of the 1930s workplace – and specifically the attentions of slimy Office Manager, Brewer. Gender and sex politics come to the fore in John Van Druten's prescient comedy. Revived by the Finborough in 2013, the Guardian's four-star review described London Wall as a play 'with a social purpose' that 'still has some pertinent things' to say about 'sexual double standards and the exploitation of women'.

7.45pm (2.30pm Sunday; not Monday). The Questors Theatre Judi Dench Playhouse

020 8567 5184 • boxoffice@questors.org.uk • www.questors.org.uk/event.aspx?id=1192

early AUGUST

IMPACT Theatre

SATURDAY 3 AUGUST

IMPACT SUMMER SHOWCASE

Live performances by local bands, free and open to the community

12 noon - 4pm (tbc). IMPACT Community Arts Centre, Ealing Central Sports Ground, Horsenden

Lane South, Perivale UB6 8GP

020 8997 8979 • info@impacttheatre.co • www.impacttheatre.co

Facebook: www.facebook.com/impacttheatreuk/

Leisure

JUNE

Charlemagne Wine Club

MONDAY 17 JUNE

LA DOLCE VITA

Join us for a 'walk around' tasting of Mediterranean wine regions.

8pm. The Forester, 2 Leighton Road, W13 9EP

£25 by prior application

cwc@charlemagnewineclub.co.uk • www.charlemagnewineclub.co.uk

www.facebook.com/charlemagnewineclub

REGULAR EVENTS

Ealing Outdoor Club

SUNDAYS

Walk in the countryside, experience wild places and connect up with nature. Organised walks on most Sundays of typically 8 to 12 miles. Several residential walking trips every year in the UK and sometimes abroad. Regular social events, for example pub nights, meals, theatre trips, climbing wall visits.

Please see our website for more information and our current programme of events.

ealingoutdoorclub@hotmail.com • www.ealingoutdoorclub.org.uk

West London Group of Ramblers Association

SATURDAYS, SOME SUNDAYS & VARIOUS WEEKDAYS

Make new friends, improve your health and enjoy our lovely town and countryside. Walks are 4-14+ miles, led by volunteers and carefully graded. Railway station start, usually lunchtime pub/ cafe stop. No charge, but after a couple of 'tasters' you will need to join the RA. For details see website, phone or email.

Please see our website for our current programme of local small group walks.

020 8863 6523 • westlondongroup@yahoo.co.uk • www.westlondonramblers.org.uk

Club West

SUNDAYS

PUB LUNCHEAS AND COFFEE MORNINGS FOR UNATTACHED OVER-50s

We meet every Sunday for lunch and drinks in a pub somewhere in Ealing, Chiswick, Hammersmith or Richmond. We also meet midweek for coffee and other activities. The *Club West* sign will be on one of our tables. No need to book.

12.30pm. A pub in West London

020 8992 6134 • www.clubwest.org.uk

Perivale Social Group

THURSDAYS

We are a recent welcoming, happy group – not just in Perivale, but all surrounding areas. Would you like to join us? We engage in important, gentle, healthy exercise, friendship, quizzes, bingo, games and refreshments.

11am - 2pm. Perivale Community Centre, Horsenden Lane South, UB6 7NP

£3 per session.

Irene McQuillan: 07958 707253

Younger Years

JUNE

The Chamber Music Collective

SATURDAY 22 JUNE

SUMMER SHOWCASE

A stunning line-up of world-class musicians in the heart of Ealing!

W. A. MOZART: Duo for violin and viola in G major, K 423

P. I. TCHAIKOVSKY: String Sextet in D minor Op. 70, *Souvenir de Florence*

Natalia Lomeiko and Markella Vandoros (violin), Yuri Zhislin and Alexandros Koustas (viola),

Ben Tarlton and Alisa Liubarskaya (cello)

Advance booking essential; Eventbrite link on our website.

3pm. Ealing Green Church, Ealing Green, W5 5QT

£13 (concessions £10, under-18s £5)

07852 690426 • thechambermusiccollective@gmail.com • www.thechambermusiccollective.com

Facebook: www.facebook.com/the_chamber_music_collective

REGULAR EVENTS

Suzanne Gribble – Iyengar Yoga

MOST DAYS

YOGA CLASSES

Iyengar yoga classes to help improve flexibility, strength and stamina and a quieter mind. Suzanne teaches a general level class in Ealing and West Kensington. Please visit her website for details and booking.

Monday, Tuesday, Wednesday and Saturday mornings in Ealing

Tuesday evenings and Thursday evenings (also online)

Friday mornings (online)

Teenagers – Monday afternoons and Saturday mornings

Venues: Northfields Community Centre W13, The Garden Studio W5, The Bhavan W14

07916 145786 • suzanne.gribble@gmail.com • suzannegribbleyoga.com

www.facebook.com/SuzanneGribbleIyengarYogaTeacher/ .

Want to be sure of getting *What's On*?

Would you like to have your copy of *What's On* delivered regularly by post?

If so, you will be more than welcome to join our Supporters' mailing list.

The annual (October - September) subscription is £10, or for April - September it's £5 per household.

You can send a cheque made out to 'Ealing Arts' with your name and address, or phone or email for online bank details.

Contact: Ealing Arts Supporters, 68 Elers Road, London W13 9QD

020 8567 4075 • membership@ealingarts.org.uk

EA&L Members

ART & CRAFTS

Borough of Ealing Art Trail (BEAT)
Ealing Art Group
Ealing Flower Club
Ealing Quilters
Pamela Lloyd-Jones Art Classes
Patricia Burbidge Watercolour Classes

CULTURE & LEARNING

CEPAC - Campaign for an Ealing Performance and Arts Centre
Ealing Over-60 Network (EON)
Ealing u3a
Friends of Marcq-en-Baroeul
Historical Association: Ealing Branch
Rainbow Poetry Group

DANCE & MOVEMENT

Cath Barnes-Holt Iyengar Yoga
Dalcroze Eurhythmics Ealing

Mehran Ghodsi Chair Yoga
Patricia Lajtai – Pilates
StayActive4Life LLP
Suzanne Gribble - Iyengar Yoga
Vitality Leap / Fireside Lodge
Yoga with Loretta

DRAMA & FILM

Beaufort Players
Drama Studio London
Impact Theatre
Pisces Players (Popup Theatre)
The Questors Theatre

LEISURE

Charlemagne Wine Club
Club West
Ealing Outdoor Club
Perivale Social Group
West London Ramblers

MUSIC

Brentham Ladies' Choir
Capital Chorus
Capital Concert Brass
The Chamber Music Collective
Ealing Chamber Music Club
Ealing Choral Society
Ealing Junior Music School
Ealing Symphony Orchestra
Ealing Voices
Ealing Youth Orchestra
GLOC Musical Theatre
Hanwell Voice Studio
HEOS Musical Theatre
Julian Light Operatic Society
Music at St Mary's Perivale
Questors Choir
St Peter's Church Music
West London Sinfonia

MORE THAN ONE ACTIVITY

Ealing Yoga, Meditation & Philosophy Centre

**Interested in listing your club or event in Ealing Arts & Leisure?
Visit ealingarts.org.uk/join or call 020 8567 4075**

68 ELMERS ROAD, LONDON W13 9QD
Chairman: Gill Rowley
Secretary: Dorrie Baker
Treasurer: Colin Easton
Membership Secretary: Richard Partridge
Diary Editor: Richard Partridge

NOTE TO MEMBERS:

Final entry for the August-September 2024 issue is 1 July 2024.
NB: Display ads may also be placed by non-members.
See www.ealingarts.org.uk/help