

DECEMBER 2024 - JANUARY 2025

What's On



**Arts and leisure
activities across the
borough of Ealing**

EVENTS INSIDE THIS ISSUE

Music, Art, Crafts, Culture,
Education, Dance, Movement,
Drama, Poetry, Leisure,
Younger Years

What's On – so much to do in Ealing

The dark months! Christmas brings seasonal music – you'll find a good choice in these pages – and of course pantomimes. Do take your courage in both hands if necessary and venture out after dark to enjoy these.

In the New Year, there aren't as many performances, but our societies are always after new friends, and so are our activities in the Art & Crafts, Culture, Dance & Movement and Leisure sections. How about a New Year's resolution to branch out into something new?

See our website for the latest updates and for information, including contact details, on all our members. Give Richard a ring on 020 8567 4075 if the internet isn't for you, and he'll be able to help.

Copies of *What's On* can go quickly. See the back cover if you'd like to have it delivered to you.

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Find us online at
ealingarts.org.uk

 facebook.com/EalingArts

Want to know how to list an event
or advertise here?

Visit ealingarts.org.uk/join
or phone 020 8567 4075

EA&L, 68 ELMERS ROAD, LONDON W13 9QD

Chairman: Gill Rowley Secretary: Dorrie Baker Treasurer: Colin Easton
Membership Secretary & Diary Editor: Richard Partridge

NOTE TO MEMBERS: Final entry for the February-March 2025 issue is 1 January 2025.
NB: Display ads may also be placed by non-members. See www.ealingarts.org.uk/help

Music



MUSIC AT ST MARY'S PERIVALE

Concerts by world-class soloists and ensembles are held at **2pm** on **Tuesdays** and **Thursdays (Sundays at 3pm)** at this 12th-century church, West London's foremost classical music venue. Plus a **jazz session** once a month. The church is in Perivale Lane, UB6 8SS.

All concerts are livestreamed in high definition: full details, plus links to previous concerts, at www.st-marys-perivale.org.uk



late **NOVEMBER**

Ealing Symphony Orchestra

SATURDAY 23 NOVEMBER

DEBUSSY: La Mer

Paul CARR: Saxophone Concerto

George LLOYD: Symphony No. 5

Rob Burton (saxophone), Ealing SO / John Gibbons

7pm. St Barnabas Church, Pitshanger Lane, W5 1QG

Tickets via website or at the door

£17 (under-25/student £6, accompanied under-18 free), including programme

020 8567 4075 • secretary@ealingso.org.uk • www.ealingso.org.uk

West London Sinfonia

WEST LONDON SINFONIA CONCERT

SATURDAY 30 NOVEMBER

RAVEL: Ma Mere l'Oye Suite
 Cecilia MCDOWALL: Rain, Steam and Speed
 VAUGHAN WILLIAMS: Symphony No. 5
 conductor Philip Hesketh, leader Iwona Boesche
 7.30pm. *St Michael and All Angels' Church, Bath Road, Chiswick W4 1TT*
 £15 (concessions £12, child/student £5)
 020 3475 4200 • info@westlondonsinfonia.org • www.westlondonsinfonia.org
 Facebook: www.facebook.com/westlondonsinfonia

DECEMBER

Questors Choir

QUESTORS CHOIR CHRISTMAS CONCERT

SATURDAY 7 DECEMBER

Questors Choir presents a mixed programme of seasonal music old and new, sacred and secular, formal and informal, accompanied by professional brass quintet and organ. Come and join us. There will be plenty of opportunities for the audience to join in with well-known carols.
 7.30pm. *St Barnabas Church, Pitshanger Lane, London W5 1QG*
 Adult £16, under-12 free. Box office via website.
 07821 587670 (musical director) • more@questorschoir.org • www.questorschoir.org
 Facebook: www.facebook.com/QuestorsChoir

Ealing Voices

IT'S BEGINNING TO LOOK A LOT LIKE – THE BACH CHRISTMAS ORATORIO!

SATURDAY 14 DECEMBER

Our Christmas concert is a mixture of choral classics and carols, featuring extracts from Bach's Christmas Oratorio, Bruckner's *Christus Factus Est*, and Mendelssohn's *Verleih uns Frieden*, as well as carols for choir and audience..
 7.30. *St Matthew's Church, North Common Road, W5 2QA*
 £15 in advance, £17 on the day (includes mince pie). Paying bar. Tickets via website or on the door
 info@ealingvoices.org.uk • www.ealingvoices.org.uk

Ealing Choral Society

CHARITY CAROL CONCERT in support of THE STORE CUPBOARD

SATURDAY 14 DECEMBER

Please join us for a special evening of music and readings for Christmas, performed by Ealing Choral Society. All proceeds to benefit the Store Cupboard, Ealing.
 7pm. *St Barnabas Church, Pitshanger Lane, W5 1QG*
 Adult £12 (no concessions), under-18 £6
 Tickets and information: www.ealingchoralsociety.org.uk/concert/charity-christmas-carol-concert-3/
 Enquiries: 07957 923341 • tickets@ealingchoralsociety.org.uk
 Facebook: www.facebook.com/EalingChoralSoc/

JANUARY 2025

Ealing Voices

OPEN REHEARSAL

THURSDAY 9 JANUARY

Come and try our friendly, un-auditioned choir as we begin rehearsing Verdi's *Stabat Mater* and Puccini's *Messa di Gloria* for our spring concert.
 7.30-9.30pm. *St Matthew's Church, North Common Road, W5 2QA*
 info@ealingvoices.org.uk • www.ealingvoices.org.uk

REGULAR EVENTS

The Hanwell Voice Studio

SINGING LESSONS

Singing lessons with a professional opera singer from English National Opera. Master a solid vocal technique, essential for success in performance. Tuition for all musical styles. Beginners welcome. **VIRTUAL SINGING LESSONS ALSO NOW AVAILABLE.**
The Hanwell Voice Studio, W7
 Enquiries (Lydia Marchione, AGSM): 07791 170662 • www.lydiamarchione.com

Music at St Mary's Perivale

ST MARY'S PERIVALE SUNDAY CONCERTS – AUDIENCE WELCOME, AND ONLINE

SUNDAYS

Sunday 8 December: The De Beauvoir piano
 Sunday 15 December: St Mary's Perivale Carol Service
 Sunday 5 January 2025: Ashley Fripp (piano)
 Sunday 12 January: The Bridge Quartet and Christopher Kent (actor)
 Sunday 19 January: Andrew Yiangou and Joanna Kacperek (piano)
 Sunday 26 January: Fenella Humphreys (violin), Viv McLean (piano), Anthony Pinching (narrator)
 3pm. *St Mary's Perivale, Perivale Lane, Middlesex, UB6 8SS*
 Free but donations invited, whether at the church or watching online.
 020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

Ealing Choral Society

SING WITH US!

MONDAYS

Our new year term starts on 6 January 2025 rehearsing Haydn's joyous *Creation* for performance at Chelsea's Cadogan Hall in March, with a concert of music from the British Isles to come in June.
 We welcome all voices committed to making excellent choral music. Current members range in age from 20s to 80s. Ages 16 to 23 may enjoy free membership. Singers under 30 years benefit from a substantially reduced membership subscription. We currently offer a 50% reduced membership subscription for new tenors and basses joining us.
 7.35-9.45pm. *Ealing Green Church Hall, Ealing W5 5QT*
 07932 460388 • membership@ealingchoralsociety.org.uk • www.ealingchoralsociety.org.uk
 Facebook: www.facebook.com/EalingChoralSoc/

Ealing Chamber Music Club

MONDAYS

The club allows amateur players to find other people with similar interests and abilities, and then to put together groups for works they'd like to play. Players can perform to other club members at the monthly meeting, which takes place at 8pm on the second Monday of every month except January and August at St Mary's Perivale, Perivale Lane, UB6 8SS.

Please check our website nearer the time for further details.

020 8840 8641 • djrsmith@aol.com • www.ealingchambermusic.wordpress.com

Music at St Mary's Perivale

TUESDAYS AND THURSDAYS

ST MARY'S PERIVALE WEEKDAY CONCERTS – AUDIENCE WELCOME, AND ONLINE

Tuesday 26 November: Curtis-Phil Hsu (piano)

Thursday 28 November: Kelley Suttentfield (jazz vocalist)

Tuesday 3 December: Julian Trevelyan (piano)

Thursday 5 December: Takashi Kikuchi (viola), Jozef Janik (piano)

Tuesday 10 December: Kyle Hutchings (piano)

Thursday 12 December: Indira Grier (cello), Francis Grier (piano)

Tuesday 17 December: Andrea Molteni (piano)

Thursday 2 January 2025: Finn Mannion (cello) Ke Ma (piano)

Tuesday 7 January: Ellis Thomas (piano)

Tuesday 14 January: Kasparas Mikuzis (piano)

Thursday 16 January: Luba Ulybysheva (cello)

Tuesday 21 January: Ariel Lanyi (piano)

Thursday 23 January: Karen Sharp jazz quartet

Tuesday 28 January: Daniel Lehardt (piano)

2pm. St Mary's Perivale, Perivale Lane, Middlesex, UB6 8SS

Free but donations invited, whether at the church or watching online.

020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

Ealing Voices

THURSDAYS

SING WITH US

Join our friendly, un-auditioned choir! We welcome new singers with some choral experience in all voice parts. We perform three concerts per year in Ealing – please see the website for our current programme and schedule. Music Director: Michael Veazey.

Term-time, 7.30-9.30pm. St Matthew's Church, North Common Road, W5 2QA

£60 per term (concessions available)

info@ealingvoices.org.uk • www.ealingvoices.org.uk

Brentham Ladies' Choir

THURSDAYS

Brentham Ladies' Choir is a small, friendly choir that always welcomes new members. We sing a variety of music including folk songs, light classical, and songs from the musicals. This choir has existed for more than 40 years, and is now under the enthusiastic direction of John Hudson. There is no formal audition, and we do not require previous experience or for you to read music, but you must be able to sing in tune! We offer a free three-week trial period, so why not find that voice again?

Next concert: 2pm Thursday 12 December, Pitshanger Methodist Church.

2-3.30pm in school term time. Pitshanger Methodist Church Hall, W5 1QS (on E2 and E9 bus routes)

£35 per term.

Secretary (Genevieve Ellis): 079797 52424

Ealing Choral Society



Come Sing With Us

www.ealingchoralsociety.org.uk | membership@ealingchoralsociety.org.uk | 07932 460 388

Choral music from Baroque to Contemporary

In 2025: Haydn *Creation* at the Cadogan Hall, British choral classics....and more!

Rehearsals every Monday 7:35-9:45 pm

Ealing Green Church Hall W5 5QT
All Voice Parts Welcome

Free membership 16-23 year olds | Reduced membership for under 30s
50% reduced membership new tenors and basses

Charity 278174

First Rehearsal

6

January 2025

Come try us out!

Art & Crafts

LOOKING AHEAD

Borough of Ealing Art Trail (BEAT)

WEEKENDS IN SEPTEMBER 2025

Following the ongoing success of BEAT 2024 in September, plans are now being made for the 2025 event with dates to be announced in the near future. In the meantime sincere thanks to all our visitors over the two weekends and to the participating artists.

Generally 11am - 6pm at weekends. Likely to be 60-plus venues across the Borough.

Free admission.

07934 773098 • info@ealingbeat.org.uk or jorgensenmark1950@gmail.com • www.ealingbeat.org.uk

JANUARY - MARCH 2025

Ealing Art Group

MONDAY 20 JANUARY - MONDAY 10 MARCH

EALING ART GROUP WINTER EXHIBITION

Exhibition of original affordable art reflecting a theme of *Winter into Spring*

9am - 5pm. Clocktower Cafe, 151 Uxbridge Rd, Hanwell W7 3SP

No charge

Secretary: 020 8998 5662 • ealingartgroup@gmail.com • www.ealingartgroup.org.uk

Facebook: www.facebook.com/ealingartgroup

LONG-TERM AND REGULAR EVENTS

Ealing Art Group

VARIOUS DATES AND TIMES

Love art and would like to be part of a lively local group interested in all aspects of art? Ealing Art Group offers the opportunity to exhibit regularly, as well as participate in lectures/demonstrations and occasional visits to places of artistic interest. Visit our website for further information.

Secretary: 020 8998 5662 • ealingartgroup@gmail.com • www.ealingartgroup.org.uk

Facebook: www.facebook.com/ealingartgroup

Pamela Lloyd-Jones Art Classes

SATURDAYS

LIFE DRAWING WORKSHOP

Friendly and supportive Life Drawing workshops. Excellent models, experienced tutor, all materials and refreshments supplied. All levels welcome. Free parking. Near E2 and E9 buses.

Saturday once a month, 10am-1pm. Please contact Pamela for upcoming dates.

The Brentham Club, 38a Meadvale Road (near Pitshanger Lane), Ealing, W5 1NP

£25 including all materials and refreshments

Enquiries: 07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

Patricia Burbidge Watercolour Classes

TUESDAYS

WATERCOLOUR PAINTING

Enjoy mixing colour, composing landscapes and working from still-life. A mixed-ability and friendly group of watercolour painters.

Tuesdays 14 January - 25 March, 10.15am-12.30pm and 1.15-4pm. £100 for 10 classes.

Northfields Community Centre, 71 Northcroft Road, W13 9SS

020 8891 5115 • patricia.burbidge@gmail.com

Ealing Flower Club

WEDNESDAYS

FLORAL DESIGN DEMONSTRATIONS

11 December: Stephen McDonnell is our Christmas guest demonstrator with his title *Paint the Sky with Stars*

15 January: The title of Jennifer Thomson's demonstration for January is *A Good Read*.

7pm for 7.30 start. St Barnabas Church Hall, Pitshanger Lane, W5 1QG

Visitors: First visit free; thereafter £7 per session, or you could become a member.

Enquiries: (Jenni) 07772 975554 / 020 8998 0186 • jennisworld48@hotmail.com

www.flowerarranginglondon.org.uk/area-clubs • Facebook: Ealing Flower Club

Ealing Quilters

THURSDAYS

12 December: Christmas Party with small Christmas project

16 January: Sew and Chat – bring your own project to stitch

7.30pm. St Andrew's Church Centre (1st floor Training Room), Mount Park Road, Ealing, W5 2RS

£4 (members free)

07929 801724 • kayetelford@hotmail.com

Culture & Learning

Friends of Marcq-en-Baroeul

EALING'S TWIN TOWN IN FRANCE

The Friends of Marcq is a local group promoting friendship and activities between Ealing and Marcq-en-Baroeul, which is close to Lille, so easily accessible. Knowledge of French is not necessary for many of the organised events. We offer exchange visits to France for language and cultural weekends. There are also French classes at various levels, and a variety of activities throughout the year in Ealing.

Enquiries: 07887 877630 • 020 8568 6159 • info@fomeb.eu • www.fomeb.eu

Facebook: Les Amis d'Ealing/Friends of Marcq • www.facebook.com/groups/3139986216275513

REGULAR & CONTINUING EVENTS

Ealing Readers

MONDAYS

We are an informal book group, and we welcome new members. We read and discuss a wide variety of books, with the majority being contemporary fiction. Once a year we read a play, followed by a theatre visit.

Castle Inn, 36 St Mary's Road, W5 5EU. Please enquire for meeting time.

Hazel Williams: hazanewilliams@gmail.com

Ealing Over 60 Network (EON)

MONDAYS

FRIENDLY INFORMAL OLDER PERSONS' SOCIAL CLUB

We offer a regular, varied programme every Monday except Bank Holidays: social gatherings, discussions, talks by outside speakers, quizzes, films, art/craft sessions, music, poetry appreciation, etc. Disabled-friendly venue near Ealing Broadway station. Free car park.

1.30 for 2pm. Ealing Quaker Meeting House, 17 Woodville Road W5 2SE

Optional door donation up to £5 to cover room hire, etc.

020 8810 6753 • arratoon.arratoon@gmail.com

Historical Association: Ealing Branch

TUESDAYS

Our talks are open to everyone who is interested in history – world, national and local – and its relevance to our own times. We meet on the 2nd Tuesday of the month. Please see our website <https://ealinghistory.org.uk> for up-to-date details and access to meetings.

14 January: Dr Andrew Lownie, Senior Research Fellow in Modern British History at the University of Buckingham – *Issues in Writing Modern Political Biographies*

7.30pm. Ealing Green Church, W5 5QT

All welcome: members £15 per annum, visitors £5 per talk (students free)

Enquiries (secretary): 020 8579 2174 • philipgwoods@outlook.com • www.ealinghistory.org.uk

Rainbow Poetry Group

TUESDAYS

If you enjoy poetry on a wide range of subjects, we invite you to our informal monthly meetings (on the second Tuesday). We bring, read and discuss published poems, with a specific theme each month. Next meetings: 12 November (*Edward Thomas and Eleanor Farjeon*), 10 December (*Family*), 14 January (*Matthew Arnold*).

2.30pm. Hanwell Community Library, Cherington Road, W7 3HL

Enquiries: 020 8567 4397 • donkennedy@f2s.com

Ealing Yoga, Meditation & Philosophy Centre

WEDNESDAYS & THURSDAYS

MEDITATION AND PHILOSOPHY

This is a mixed-level class, suitable for those who have experience of meditation practice, and those new who wish to learn how to meditate.

6-7.30pm Wednesdays 8 January - 2 April 2025 (no class on 19 February)

Payment in advance (half or whole term) £12 per session; drop-ins £13 per session.

MEDITATION AND PHILOSOPHY

How to relax, breathe and meditate, focus your mind, and rest in a place of stillness. Meditation is an inward journey and a process to calm mental chatter and manage the stress of everyday life. Some experience of meditation is desirable. Details on our website.

8-9.30pm Thursdays 9 January - 3 April 2025 (no class on 20 February)

£144 for full course or £72 either half (£120 or £60 for members) or £13 drop-in

Both of the above at Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

07918 622995 • enquiries@ealingyogamedpc.org.uk • www.ealingyogamedpc.org.uk

Facebook: Ealing Yoga Meditation & Philosophy Centre

Ealing u3a

THURSDAYS & OTHER DAYS

TALKS PROGRAMME and 55 INTEREST GROUPS

U3A is an organisation for those retired or no longer in full-time work. Members organise activities for each other. U3A offers the opportunity for those with a thirst for knowledge and learning to continue their educational, creative and social interests in a friendly, encouraging atmosphere.

Talks programme, visits and 55 interest groups meeting in venues around Ealing.

Talks: most Thursdays 10am. Ealing Green Church, W5 5QT

Visitors £3

07504 667005 • membership@u3aealing.org.uk • www.u3asites.org.uk/ealing/home

Dance & Movement

JANUARY 2025

Vitality Leap - Fireside Lodge

SATURDAY 11 OR 25 JANUARY

NORDIC WALKING COURSE

Nordic Walking is a whole-body workout in nature, which was invented as the summer training of the Finnish Olympic Cross Country ski team. It uses 90% of your skeletal muscles, and is gentle on the joints. Positive impact on general fitness, heart health, weight loss and mental well-being. After the 2-hour course, you may join our weekly walking groups.

9.30-11.30am. Outdoors in Hanwell

£48 (pole hire included)

07766 464623 (Andrea) • vitalityleap@gmail.com • www.vitalityleap.com/nordiccourses.html

Vitality Leap

MONDAYS 13 JANUARY - 3 FEBRUARY

TAI CHI CHUAN: 4-WEEK INTRO COURSE

Tai Chi supports general fitness and agility, stress release, balance, and memory. After the course, you may join our regular class (same time/location). No worries if you have never done Tai Chi or start it later in life; we teach in a way that everybody can learn it, and our Tai Chi group is non-competitive and friendly.

10.30-11.30am. St Mary's Church Hall, Hanwell, W7 3QP

£48 for four classes (pay in advance to reserve your place)

07766 464623 (Andrea) • vitalityleap@gmail.com • www.vitalityleap.com/taichibeginner.html

REGULAR & CONTINUING EVENTS

StayActive4Life

MONDAYS - FRIDAYS

At StayActive4Life we believe that everybody deserves the help and support to live a more active and healthy life. We know you want to stay fit, healthy and active for longer.

We deliver a range of exercise classes to help:

- Strengthen your muscles and become more flexible
- Improve your fitness and have greater stamina and more energy so that you can live your life to the full.
- Maintain your balance so that you feel steady on your feet and reduce your risk of falls

We deliver classes across the borough so please contact us for your local class and current prices.

The class times vary as we have so many classes.

We deliver classes in Acton, Ealing, Greenford and Northolt.

07715 170207 • 01753 653836 • Admin@StayActive4Life.co.uk • www.bookwhen.com/sa4l

Suzanne Gribble – Iyengar Yoga

YOGA CLASSES

MOST DAYS

Younger Years

Iyengar yoga classes help improve flexibility, alignment, strength and stamina and help quieten the mind, using props to help students access the poses safely. All ages and abilities welcome. Suzanne teaches a variety of classes in Ealing open to beginners and teaches a Saturday class for children/teenagers. See her website for details and booking and do get in touch with any queries.

Monday, Tuesday, Wednesday and Saturday mornings in Ealing

Tuesday evenings and Thursday evenings (also online)

Friday mornings (online)

Children / Teenagers – Saturday mornings

Venues: Northfields Community Centre W13, The Garden Studio W5, The Bhavan W14

07916 145786 • suzanne.gribble@gmail.com • suzannegribbleyoga.com

www.facebook.com/SuzanneGribbleIyengarYogaTeacher/

Chair Yoga

MONDAYS

Enjoy the gentle yoga exercises and relaxation from the comfort and safety of your chair.

This yoga class is practised sitting or standing, using the chair for support.

Every Monday, 11.30am-12.45pm. St Andrew's Church Centre, Mount Park Road, Ealing, W5 2RS

£15 per session 07952 668820 • mehran.ghodsi@hotmail.co.uk

Dalcroze Eurhythmics Ealing

MUSIC AND MOVEMENT FOR ADULTS

MONDAYS

Improve your coordination, flexibility and balance in a creative movement class which uses the Dalcroze principles. Explore music in this fun and joyous method.

6.30-8pm. St Andrew's Church Centre, Mount Park Road, Ealing, W5 2RS

Drop in: £15 (seniors or students £13). £88 (students & seniors £68) for any 6 sessions (no need to be on consecutive weeks) dalcrozemoves@gmail.com • www.dalcrozemoves.com

Yoga with Loretta

TUESDAYS

All levels welcome. Leave your cares behind, stretch and re-align your body. I'll help you progress, improve and work on your individual needs.

7.30-9pm. St Peter's Church Hall, 56 Mount Park Road, Ealing W5 2RU

£12 drop-in or £54 for 6 weeks 020 8845 7873 • LorettaYoga6@gmail.com • www.yogaloretta.co.uk

Patricia Lajtai – Pilates

TUESDAYS, THURSDAYS & FRIDAYS

Would you like to improve your posture, and enhance your mobility and strength? You're welcome to join our friendly group and begin your journey of feeling more at ease and empowered in your body. Classes are suitable for all abilities, including over-60s.

Tuesdays & Fridays 1-2.15pm in person. Innovation Dance Studio, 120 Pitshanger Lane, W5 1QX

£60 for 5 classes or £13 drop-in 07816 760502 • patricia.lajtai@btinternet.com

Ealing Yoga, Meditation & Philosophy Centre

TUESDAYS, WEDNESDAYS & THURSDAYS

MIXED-ABILITY YOGA

Suitable for everyone, although some experience of Yoga is beneficial

• *10-11.15am and 11.30am-1pm, Tuesdays 7 January - 1 April 2025 (no class on 18 February)*

£144 for full course or £72 for either half (£120 or £60 for members) or £13 drop-in

• *8-9.30pm, Wednesdays 8 January - 2 April 2025 (no class on 19 February)*

£144 for full course or £72 either half (£120 or £60 for members) or £13 drop-in

YOGA FOR ALL

Suitable for everyone; no prior experience necessary

6.30-8pm, Thursdays 9 January - 3 April 2025 (no class on 20 February)

£144 for full course or £72 for each half (£120 or £60 for members) or £13 drop-in

All of the above at Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

07918 622995 • enquiries@ealingyogamedpc.org.uk • www.ealingyogamedpc.org.uk

Facebook: Ealing Yoga Meditation & Philosophy Centre

Cath Barnes-Holt Iyengar Yoga

FRIDAYS

Lovely friendly Iyengar yoga class for all levels (beginners welcome) – to help release and realign the body, calm the mind, raise energy levels, ease stiff joints, improve posture and flexibility, plus more! The class is live-streamed so you can join from home if you prefer.

Cath also teaches private sessions on other days at her home studio.

10-11.30am. Ealing Personal Training, 2 St James Avenue, W13 9DJ (above Sainsbury's car park)

07909 995408 • cath@cathbarnesholt.co.uk • www.cathbarnesholt.co.uk

Facebook: <https://www.facebook.com/cathyogabee>

Drama

SPRING and AUTUMN

Drama Studio London

MONDAYS - SATURDAYS

ADULT ACTING CLASSES AND SUMMER SCHOOLS

Spring and Autumn adult evening classes for 18+, and 1- or 2-week Summer Schools for both 16-18 years and 18+, all delivered by industry professionals. Details and booking online.

Drama Studio London, Grange Court, Grange Road, Ealing, W5 5QN

020 8579 3897 • info@dramastudiolondon.co.uk • www.dramastudiolondon.co.uk/part-courses/

Facebook: www.facebook.com/dramastudiolondon

NOVEMBER-DECEMBER

Beaufort Players

FRIDAYS & SATURDAYS 29-30 NOVEMBER, 6 -7 DECEMBER

CINDERELLA IN SPACE

It's panto time! An exciting new version of the much-loved *Cinderella* set in space by Alan Robinson. Lots of fun for all ages! Come and join the festive fun.

Fridays 8pm, Saturdays 2pm & 7pm. Church of the Ascension Hall, Beaufort Road, Ealing, W5 3EB

Tickets via website or phone; prices to be confirmed.

07730 572389 • boxoffice@beaufortplayers.org.uk • www.beaufortplayers.org.uk

Facebook: Beaufort Players

The Questors Theatre

JACK AND THE BEANSTALK

FRIDAY 6 - TUESDAY 31 DECEMBER

Join Jack on his quest up into the clouds to defeat the Giant in this feel-good family pantomime. Get ready for some Fee Fi Fo FUN with a show full of music, magic and mayhem.
 1pm / 2pm / 7pm. *The Questors Theatre, 12 Mattock Lane, Ealing W5 5BQ*
 Tickets from £10 020 8567 5184 • boxoffice@questors.org.uk • www.questors.org.uk/jack_beanstalk
 Facebook: www.facebook.com/questorstheatre

HEOS Musical Theatre

BEAUTY AND THE BEAST

SUNDAY & MONDAY 29-30 DECEMBER

Younger Years

It's pantomime time – oh yes it is! This traditional family-friendly pantomime is packed with excitement, slapstick, romance, a ghost scene, beautiful costumes, jokes galore, song and dance. A perfect festive treat. All we need is participation from you, the audience.
 2 & 6.30pm each day. *The Greenford Hall, Ruislip Road, UB6 9QN*
 £16 (concessions £12, rear stalls £9)
 07727 488760 • info@heos.org.uk • www.heos.org.uk • Facebook: @heosmusicaltheatre

Leisure

DECEMBER

Charlemagne Wine Club

MONDAY 9 DECEMBER

BORDEAUX: ST EMILION AND RIGHT BANK WINES

Wine with light bites from Harrison's Deli of Pitshanger Lane
 8pm. *The Forester, 2 Leighton Road, W13 9EP*
 £30

cwc@charlemagnewineclub.co.uk • www.charlemagnewineclub.co.uk
www.facebook.com/charlemagnewineclub

JANUARY 2025

Charlemagne Wine Club

MONDAY 20 JANUARY

FOOD AND WINE MATCHING

A sommelier-tutored tasting at a local restaurant
 8pm. *Venue and cost to be confirmed. Check our social media pages.*

cwc@charlemagnewineclub.co.uk • www.charlemagnewineclub.co.uk
www.facebook.com/charlemagnewineclub

REGULAR EVENTS

Ealing Outdoor Club

SUNDAYS

Walk in the countryside, experience wild places and connect up with nature. Organised walks on most Sundays of typically 8 to 12 miles. Several residential walking trips every year in the UK and sometimes abroad. Regular social events, for example pub nights, meals, theatre trips, climbing wall visits. Please see our website for more information and our current programme of events.
ealingoutdoorclub@hotmail.com • www.ealingoutdoorclub.org.uk

West London Group of Ramblers Association

SATURDAYS, SOME SUNDAYS & VARIOUS WEEKDAYS

Make new friends, improve your health and enjoy our lovely town and countryside. Walks are 4-14+ miles, led by volunteers and carefully graded. Railway station start, usually lunchtime pub/ cafe stop. No charge, but after a couple of 'tasters' you will need to join the RA. For details see website, phone or email.
 Please see our website for our current programme of local small group walks.
 020 8863 6523 • westlondongroup@yahoo.co.uk • www.westlondonramblers.org.uk

Club West

TUESDAYS, FRIDAYS AND SUNDAYS

COFFEE MORNINGS AND PUB LUNCHES FOR UNATTACHED OVER-50s

We meet every Tuesday and Friday for coffee and lunch in various places in Ealing, Chiswick, Richmond and Hammersmith. We also meet for Sunday lunch and other activities. The *Club West* sign will be on one of our tables. No need to book.
 12.30pm in West London 020 8992 6134 • www.clubwest.org.uk

Perivale Social Group

THURSDAYS

We are a recent welcoming, happy group – not just in Perivale, but all surrounding areas. Would you like to join us? We engage in important, gentle, healthy exercise, friendship, quizzes, bingo, games and refreshments.
 11am - 2pm. *Perivale Community Centre, Horsenden Lane South, UB6 7NP*
 £3 per session. Irene McQuillan: 07958 707253

Younger Years

DECEMBER

HEOS Musical Theatre

SUNDAY & MONDAY 29-30 DECEMBER

BEAUTY AND THE BEAST

Full details in Drama section.
 2 & 6.30pm each day. *The Greenford Hall, Ruislip Road, UB6 9QN*
 £16 (concessions £12, rear stalls £9)

07727 488760 • info@heos.org.uk • www.heos.org.uk • Facebook: @heosmusicaltheatre

REGULAR EVENTS

Suzanne Gribble – Iyengar Yoga

YOGA CLASSES

MOST DAYS

Full details in Dance & Music section, including weekday classes.
Children / Teenagers – Saturday mornings
Venues: Northfields Community Centre W13, The Garden Studio W5, The Bhavan W14
 07916 145786 • suzanne.gribble@gmail.com • suzannegribbleyoga.com
www.facebook.com/SuzanneGribbleIyengarYogaTeacher/

EA&L Members

ART & CRAFTS

Borough of Ealing Art Trail (BEAT)
Ealing Art Group
Ealing Flower Club
Ealing Quilters
Pamela Lloyd-Jones Art Classes
Patricia Burbidge Watercolour Classes

CULTURE & LEARNING

CEPAC - Campaign for an Ealing Performance and Arts Centre
Ealing Over-60 Network (EON)
Ealing Readers
Ealing u3a
Friends of Marcq-en-Baroeul
Historical Association: Ealing Branch
Rainbow Poetry Group

DANCE & MOVEMENT

Cath Barnes-Holt Iyengar Yoga
Dalcroze Eurhythmics Ealing
Mehran Ghodsi Chair Yoga
Patricia Lajtai – Pilates
StayActive4Life LLP
Suzanne Gribble - Iyengar Yoga
Vitality Leap / Fireside Lodge
Yoga with Loretta

DRAMA & FILM

Beaufort Players
Drama Studio London
Impact Theatre
Pisces Players (Popup Theatre)
The Questors Theatre

LEISURE

Charlemagne Wine Club
Club West
Perivale Social Group
West London Ramblers

MUSIC

Brentham Ladies' Choir
Capital Concert Brass
The Chamber Music Collective
Ealing Chamber Music Club
Ealing Choral Society
Ealing Junior Music School
Ealing Symphony Orchestra
Ealing Voices
GLOC Musical Theatre
Hanwell Voice Studio
HEOS Musical Theatre
Julian Light Operatic Society
Music at St Mary's Perivale
Music at St Peter's Church
Questors Choir
West London Sinfonia

MORE THAN ONE ACTIVITY

Ealing Yoga, Meditation & Philosophy Centre

**Interested in listing your club or event in Ealing Arts & Leisure?
You'll need to join. Visit ealingarts.org.uk/join or call 020 8567 4075**

Want to be sure of getting *What's On*?

Would you like to have your copy of *What's On* delivered regularly by post? If so, you will be more than welcome to join our Supporters' mailing list. The annual (October - September) subscription is £10, or for April - September it's £5 per household.

You can send a cheque made out to 'Ealing Arts' with your name and address, or phone or email for online bank details.

Contact: Ealing Arts Supporters, 68 Elers Road, London W13 9QD
020 8567 4075 • membership@ealingarts.org.uk