

DECEMBER 2025 - JANUARY 2026

# What's On



**Arts and leisure  
activities across the  
borough of Ealing**

EVENTS INSIDE THIS ISSUE  
Music, Art, Crafts, Culture,  
Education, Dance, Movement,  
Drama, Poetry, Leisure,  
Younger Years

# What's On – so much to do in Ealing

This is an issue of two halves. First comes December, with seasonal offerings in our Music and Drama sections (plus Younger Years for the pantos, of course). Do try to make time to enjoy some of it at this busy time of year. Then suddenly it's January, and our performing societies take a breather – though the music continues at St Mary's, Perivale.

New Year is no barrier to our members who meet regularly, though. Why not think about joining one of them? There's almost bound to be something which would interest you and enhance your social life.

All of our members are listed on the back cover, and you can find out about them via our website Members section, or by phoning 020 8567 4075 if the internet is not for you and they don't have an entry here with their contact details.

Copies of *What's On* can go quickly. See the back cover if you'd like to have it delivered to you.

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Find us online at  
[ealingarts.org.uk](http://ealingarts.org.uk)

 [facebook.com/EalingArts](https://facebook.com/EalingArts)

Want to know how to list an event  
or advertise here?  
Visit [ealingarts.org.uk/join](http://ealingarts.org.uk/join)  
or phone 020 8567 4075

EA&L, 68 ELERS ROAD, LONDON W13 9QD

Chairman: Gill Rowley Secretary: Dorrie Baker Treasurer: Colin Easton

Membership Secretary & Diary Editor: Richard Partridge

NOTE TO MEMBERS: Final entry for the February-March issue is 1 January.  
NB: Display ads may also be placed by non-members. See [www.ealingarts.org.uk/help](http://www.ealingarts.org.uk/help)

## Ealing Arts & Leisure

# Music



### MUSIC AT ST MARY'S PERIVALE

Concerts by world-class soloists and ensembles at **2pm** each **Tuesday** and some **Thursdays (Sundays at 3pm)** at this 12th-century church, West London's foremost classical music venue. Plus a **jazz session** once a month.



**Perivale Lane, UB6 8SS**

All concerts livestreamed in high definition: full details, plus links to previous concerts, at [www.st-marys-perivale.org.uk](http://www.st-marys-perivale.org.uk)

## DECEMBER

### Questors Choir

SATURDAY 6 DECEMBER

#### QUESTORS CHOIR CHRISTMAS CONCERT

Questors Choir presents beautiful seasonal music for choir, harp, piano and organ – we're singing everything from plainsong to Wham! Our guest artist will be harpist Llywelyn Ifan Jones, and Tammas Slater will accompany on organ and piano in the wonderful acoustic of St Barnabas. Our programme features music by Victoria, Bach and Stainer, new compositions by Philip Godfrey, Nick O'Neill and Alison Willis, and holiday classics like *Chestnuts Roasting*, *Winter Wonderland* and *Last Christmas*. There's a multi-lingual round in which the choir sings 'Peace to all people on earth: Glory to God in the highest' in English, French, Latin, Greek, Arabic and Hebrew. Well-known carols for audience include *In the bleak midwinter*, *O come all ye faithful* and *While shepherds watched*. Join us to celebrate and sing!

Doors open 7pm. St Barnabas Church, Pitshanger Lane, W5 1QG  
£16 (under-18 £8, under-12 free)

Box office: [www.questorschoir.org/202512concert](http://www.questorschoir.org/202512concert)

07821 587670 • [more@questorschoir.org](mailto:more@questorschoir.org) • [www.questorschoir.org](http://www.questorschoir.org) • [www.facebook.com/QuestorsChoir](http://www.facebook.com/QuestorsChoir)

## Chiswick Chamber Orchestra CHILDREN'S CHRISTMAS CONCERT

KLEINSINGER: Tubby the Tuba  
PROKOFIEV: Peter and the Wolf  
Narrator: Quentin Maxwell-Jackson, Tuba: Callum McWalters, Conductor: Peter Robertson  
3.30pm. St Michael and All Angels Church, Bedford Park, London W4  
£12 (under-16 £6) [www.chiswickchamberorchestra.org](http://www.chiswickchamberorchestra.org)

SUNDAY 7 DECEMBER

## Ealing Symphony Orchestra FAMILY CHRISTMAS CONCERT

A short concert of seasonal music with families in mind  
The Voice Section / Melanie Crompton, Ealing Symphony Orchestra / Peter Robertson  
5.30-6.30pm approx. Ealing Green Church, Ealing Green, W5 5QT  
Free entry. Retiring collection in aid of the ESO and Ealing Green Church, which runs a winter night shelter for the homeless 020 8567 4075 • [secretary@ealingso.org.uk](mailto:secretary@ealingso.org.uk) • [www.ealingso.org.uk](http://www.ealingso.org.uk)

SATURDAY 13 DECEMBER

early FEBRUARY

## Chiswick Chamber Orchestra AN AFTERNOON OF MOZART

Overture to *Mitridate, re di Ponto*, K87; MOZART: Piano Concerto No 21 in C major, K467 (soloist Viv Maclean); MOZART: Symphony No. 41 in C major, K551 (*Jupiter*)  
Chiswick Chamber Orchestra, Conductor Sandy Burnett  
3.30pm. St Michael and All Angels Church, Bedford Park, London W4  
£12-25 (under-25 25% reduction) [info@chiswickchamberorchestra.org](mailto:info@chiswickchamberorchestra.org) • [www.chiswickchamberorchestra.org](http://www.chiswickchamberorchestra.org)

SUNDAY 1 FEBRUARY

## REGULAR EVENTS (see also *Younger Years*, p15)

### The Hanwell Voice Studio SINGING LESSONS

Singing lessons with a professional opera singer from English National Opera. Master a solid vocal technique, essential for success in performance. Tuition for all musical styles. Beginners welcome. Virtual singing lessons also now available.

*The Hanwell Voice Studio*, W7  
Enquiries (Lydia Marchione, AGSM): 07791 170662 • [www.lydiamarchione.com](http://www.lydiamarchione.com)

### Music at St Mary's Perivale ST MARY'S PERIVALE SUNDAY CONCERTS – AUDIENCE WELCOME, AND ONLINE

Sunday 7 December: The Chamber Music Collective  
Sunday 4 January: Ashley Fripp (piano)  
Sunday 11 January: The Chloe Piano Trio  
Sunday 18 January: Misha Kaploukhii & friends chamber ensemble  
Sunday 25 January: Andrew Yiangou and Joanna Kacperek (piano) & ensemble  
3pm. St Mary's Perivale, Perivale Lane, Middlesex, UB6 8SS  
Free but donations invited, whether at the church or watching online.  
020 8997 7691 • [hmather@btopenworld.com](mailto:hmather@btopenworld.com) • [www.st-marys-perivale.org.uk](http://www.st-marys-perivale.org.uk)

SUNDAYS

## Ealing Chamber Music Club

The club allows amateur players to find other people with similar interests and abilities, and then to put together groups for works they'd like to play. Players can perform to other club members at the monthly meeting, which takes place at 8pm on the second Monday of every month except January and August at St Mary's Perivale, Perivale Lane, UB6 8SS.  
Please check our website nearer the time for further details.

[djrsmith@aol.com](mailto:djrsmith@aol.com) • [www.ealingchambermusic.wordpress.com](http://www.ealingchambermusic.wordpress.com)

MONDAYS

## Ealing Choral Society

### SING WITH US!

MONDAYS

Our new year term starts on 5 January 2026, rehearsing JS Bach's Magnificat and Handel's Dettingen Te Deum for a performance at the Cadogan Hall in March. We welcome singers of all ages with a commitment to learning and performing works to a high standard. We offer free membership to singers aged 16-23; a substantial discount for singers under 30, and a 50% reduced membership subscription for new tenors and basses. If you enjoy singing, come along and join us!

7.35pm. Ealing Green Church, Ealing W5 5QT  
07932 460388 • [membership@ealingchoralsociety.org.uk](mailto:membership@ealingchoralsociety.org.uk) • [www.ealingchoralsociety.org.uk](http://www.ealingchoralsociety.org.uk)  
Facebook: EalingChoralSoc

## Dalcroze Eurhythmics Ealing DALCROZE EURHYTHMICS FOR ADULTS

MONDAYS

Explore music through movement in this fun method developed by Emile Jaques-Dalcroze. Improve your flexibility, balance, coordination and self-expression while learning more about music and meeting others who enjoy moving to music. Your tutor is Kaye Barker (Diplôme Supérieur, Institut Jaques-Dalcroze, Geneva, BA (Oxon), PGCE). Visit her website [www.dalcrozemoves.com](http://www.dalcrozemoves.com) for further information.

29 September - 8 December except for 27 October. 6.30-8pm.  
St Andrew's Church Centre, Mount Park Road, Ealing, London W5 2RS  
Drop-in £15 (seniors or students £13)  
£88 for any 6 sessions (students or seniors £68). No need to be on consecutive weeks.  
07773 461087 • [dalcrozemoves@gmail.com](mailto:dalcrozemoves@gmail.com) • [www.dalcrozemoves.com](http://www.dalcrozemoves.com)

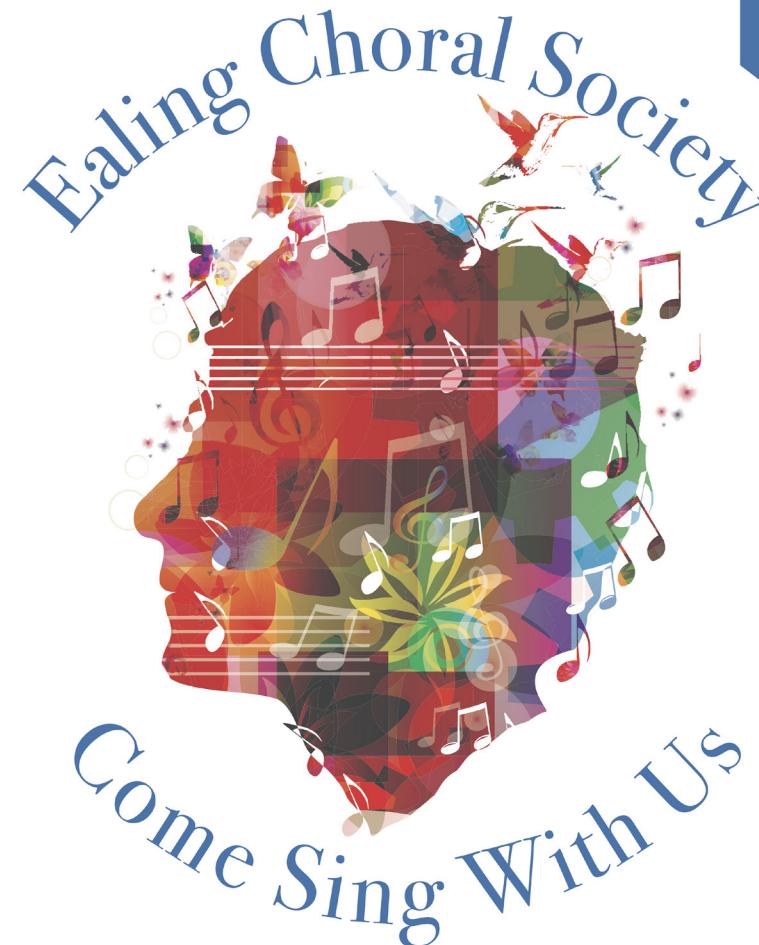
## West London Sinfonia

### SYMPHONY ORCHESTRA

TUESDAYS

Weekly rehearsal, 6 concerts per year; see website for repertoire. New members welcome to apply, especially upper strings.

Tuesday, 7.30-10pm. Haven Green Baptist Church, Castlebar Road, W5 2UP  
[info@westlondonsinfonia.org](mailto:info@westlondonsinfonia.org) • [www.westlondonsinfonia.org](http://www.westlondonsinfonia.org)



### Choral music from Baroque to Contemporary

2025/26 season: JS Bach Magnificat, Handel Dettingen te Deum,  
Songs of the Sea: Monteverdi, Stanford, McDowell, Grieg, Parry, Ireland and more

**Rehearsals every Monday 7:35-9:45 pm**

Ealing Green Church Hall W5 5QT  
All Voice Parts Welcome

[www.ealingchoralsociety.org.uk](http://www.ealingchoralsociety.org.uk) | [membership@ealingchoralsociety.org.uk](mailto:membership@ealingchoralsociety.org.uk) | 07932 460 388

Free membership 16-23 year olds | Reduced membership for under 30s  
50% reduced membership new tenors and basses

Charity 278174

### Music at St Mary's Perivale

#### ST MARY'S PERIVALE WEEKDAY CONCERTS – AUDIENCE WELCOME, AND ONLINE

TUESDAYS, THURSDAYS, etc  
Tuesday 2 December: Luke Jones (piano)

Friday 5 December, 7.30 pm: Peter Donohoe (piano)

Tuesday 9 December: Julian Trevelyan (piano)

Thursday 11 December: Indira Grier (cello), Francis Grier (piano)

Tuesday 16 December: Andrea Bacchetti (piano)

Thursday 18 December, 7.30 pm: Mark Viner (piano)

Tuesday 6 January: William Bracken (piano)

Tuesday 13 January: Edward Leung (piano)

Tuesday 20 January: Mengyang Pan (piano)

Tuesday 27 January: Piotr Pawlak (piano)

Except as shown, 2pm. St Mary's Perivale, Perivale Lane, Middlesex, UB6 8SS

Free but donations invited, whether at the church or watching online.

020 8997 7691 • [hmather@btopenworld.com](mailto:hmather@btopenworld.com) • [www.st-marys-perivale.org.uk](http://www.st-marys-perivale.org.uk)

### Questors Choir

WEDNESDAYS

#### TRY OUT YOUR VOCAL SKILLS IN OUR VARIED PROGRAMME

We are a friendly mixed voice group of around 70 singers. Led by our inspiring MD Paul Ayres, we love to learn and perform everything from folk to classical including opera, musical theatre, popular songs and much else besides. There are no auditions, and no previous experience is required – only enthusiasm!

Come and join us on Wednesday evenings.

8-10pm. St Barnabas Church, Pitshanger Lane, London W5 1QG

First 3 sessions free of charge

07821 587670 (musical director) • [more@questorschoir.org](mailto:more@questorschoir.org) • [www.questorschoir.org](http://www.questorschoir.org)

[www.facebook.com/QuestorsChoir](http://www.facebook.com/QuestorsChoir)

### Brentham Ladies' Choir

THURSDAYS

Brentham Ladies' Choir is a small, friendly choir that always welcomes new members. We sing a variety of music including folk songs, light classical, and songs from the musicals. This choir has existed for more than 40 years, and is now under the enthusiastic direction of John Hudson. There is no formal audition, and we do not require previous experience or for you to read music, but you must be able to sing in tune! We offer a free three-week trial period, so why not find that voice again?

Next concert: 1.30pm. Thursday 11 December, St Barnabas Church Hall.

1.30-3pm in school term time. St Barnabas Church Hall, Pitshanger Lane, W5 1QG (on E2 and E9 bus routes)

£40 per term.

Secretary (Genevieve Ellis): 079797 52424

### Capital Concert Brass

THURSDAYS

#### COME AND PLAY BRASS!

CCB is a small group mostly playing brass instruments, plus other instruments too sometimes. Our aim is to enjoy ourselves and entertain others. We welcome brass players, including 'rusty' ones, music readers interested in learning brass, and others with compatible instruments.

Weekly at 8pm. Holy Cross Church, Ferrymead Gardens, Greenford, UB6 9NJ

Modest subscription

[alan@capitalconcertbrass.co.uk](mailto:alan@capitalconcertbrass.co.uk) • [www.capitalconcertbrass.co.uk](http://www.capitalconcertbrass.co.uk)

## Julian Light Opera

THURSDAYS

Calling all Gilbert & Sullivan fans. We perform one of their wonderful comic operas each October and a selection of their songs and music in early spring in the Playhouse and the Studio at Questors Theatre, Mattock Lane, Ealing. All ages are welcome to join us whether experienced or those starting out, especially sopranos and altos. Registered Charity No 1103764.

Thursdays 7.45-9.45pm. Haven Green Baptist Church, Castlebar Road, Ealing W5 2UP (2 minutes walk from Ealing Broadway station). Contact: [inform@julianoperatic.org](mailto:inform@julianoperatic.org) • [www.julianoperatic.org](http://www.julianoperatic.org)

# Art & Crafts LONG-TERM AND REGULAR EVENTS

## Ealing Art Group

VARIOUS DATES &amp; TIMES

Love art and would like to be part of a lively local group interested in all aspects of art? Ealing Art Group offers the opportunity to exhibit regularly, as well as participate in lectures/demonstrations and occasional visits to places of artistic interest. Visit our website for further information.

Secretary: 020 8998 5662 • [ealingartgroup@gmail.com](mailto:ealingartgroup@gmail.com) • [www.ealingartgroup.co.uk](http://www.ealingartgroup.co.uk)  
Facebook: [www.facebook.com/ealingartgroup](https://www.facebook.com/ealingartgroup)

## Pamela Lloyd-Jones Art Classes

SATURDAYS

### LIFE DRAWING WORKSHOP

Tutored longstanding friendly supportive group with great models. Three hours of drawing; all materials and refreshments supplied and included in price.

Monthly on Saturday mornings. Confirm dates with Pamela via email.

10am-1pm. The Brentham Club, 38a Meadvale Road, Ealing, W5 1NP (near Pitshanger Lane)  
£25 inclusive (payable by card on the day)

Enquiries: 07941 938466 • [pamelalloydjones@hotmail.com](mailto:pamelalloydjones@hotmail.com) • [www.pamelalloydjones.com](http://www.pamelalloydjones.com)

## Patricia Burbidge Watercolour Classes

TUESDAYS

### WATERCOLOUR PAINTING

A friendly watercolour class. All levels welcome. We paint a variety of subjects including landscape, still life, figure and abstract compositions.

Tuesdays 13 January - 24 March, 10.15am-12.30pm and 1.15-4pm. £100 for 10 classes.

Northfields Community Centre, 71 Northcroft Road, W13 9SS  
07889 502319 • [patricia.burbidge@gmail.com](mailto:patricia.burbidge@gmail.com)

## Pamela Lloyd-Jones Art Classes

TUESDAYS

### ART CLASSES

Fun, longstanding friendly groups. All experience levels welcome. Taught by experienced tutor, capturing your individuality and creativity.

Tuesdays to 16 December, then term starts 13 January and follows approximately school terms throughout the year.

10am-12noon or 12.45-2.45pm. The Brentham Club, 38a Meadvale Road, Ealing, W5 1NP

£153 for 12-week term or £15.50 for weekly payment (payable by card)

Enquiries: 07941 938466 • [pamelalloydjones@hotmail.com](mailto:pamelalloydjones@hotmail.com) • [www.pamelalloydjones.com](http://www.pamelalloydjones.com)

WEDNESDAYS

## Ealing Flower Club

### FLORAL DESIGN DEMONSTRATIONS

10 December (NB: 2nd Wednesday of month): In-house *Christmas Wreath* workshop

21 January: Stefan Carolan will be our guest demonstrator with his title: *Modern Cathedrals*. Come start the 'New Year' with a 'new' interest!

7pm for 7.30 start. St Barnabas Church Hall, Pitshanger Lane, W5 1QG

Visitors: First visit free; thereafter £7 per session (extra charge December), or become a member.

Enquiries: (Jenni) 07772 975554 / 020 8998 0186 • [jennisworld48@hotmail.com](mailto:jennisworld48@hotmail.com)  
[www.ealingflowerclub.godaddysites.com](http://www.ealingflowerclub.godaddysites.com) • Facebook: Ealing Flower Club

## Ealing Quilters

THURSDAYS

11 December: Our AGM will be first, and then we'll celebrate by sharing some festive fare, making a small decoration and holding a Secret Santa.

15 January: Our January meeting is always a relaxed hand sewing post-Christmas catch up. This month we shall also be starting the year with planning our Christmas calendar.

7.30-9.30pm. St Andrew's Church Centre (1st floor Training Room), Mount Park Road, W5 2RS  
£4 (members free)

07929 801724 (Jackie Foreman) • [kayetelford@hotmail.com](mailto:kayetelford@hotmail.com)

# Culture & Learning

MANY DATES

## Friends of Marcq-en-Baroeul

### EALING'S TWIN TOWN IN FRANCE

The Friends of Marcq is a local group promoting friendship and activities between Ealing and Marcq-en-Baroeul, which is close to Lille, so easily accessible. Knowledge of French is not necessary for many of the organised events. We offer exchange visits to France for language and cultural weekends. There are also French classes at various levels, and a variety of activities throughout the year in Ealing.

Enquiries: 07887 877630 • 020 8568 6159 • [info@fomeb.eu](mailto:info@fomeb.eu) • [www.fomeb.eu](http://www.fomeb.eu)  
Facebook: Les Amis d'Ealing/Friends of Marcq • [www.facebook.com/groups/3139986216275513](https://www.facebook.com/groups/3139986216275513)

# REGULAR & CONTINUING EVENTS

## Ealing Readers

MONDAYS

We are an informal book group, and we welcome new members. Our reading list covers a wide range of genres with a focus on contemporary fiction. We meet at 7.30 for a 7.45 start, beginning with an introduction to the book of the month followed by a lively discussion.

7.30 for 7.45pm. Castle Inn, 36 St Mary's Road, W5 5EU. Enquiries: [hazannewilliams@gmail.com](mailto:hazannewilliams@gmail.com)

## Ealing Over 60 Network (EON)

MONDAYS

### FRIENDLY INFORMAL OLDER PERSONS' SOCIAL CLUB

We offer a regular, varied programme every Monday except Bank Holidays and in August: social gatherings, discussions, talks by outside speakers, quizzes, films, art/craft sessions, music, poetry appreciation, etc. Disabled-friendly venue near Ealing Broadway station. Free car park.

1.30 for 2pm. Ealing Quaker Meeting House, 17 Woodville Road W5 2SE

Door donation up to £5 to cover room hire, etc. 020 8810 6753 • [arratoon.arratoon@gmail.com](mailto:arratoon.arratoon@gmail.com)

## Historical Association: Ealing Branch

TUESDAYS

Our talks are open to everyone who is interested in history – world, national and local – and its relevance to our own times. We meet on the 2nd Tuesday of the month. Please see our website [www.ealinghistory.org.uk](http://www.ealinghistory.org.uk) for up-to-date details and access to meetings.

13 January: *Where are the Poles? Redefining National Belonging in Poland after the Second World War* by Professor James Bjork

7.30pm. Ealing Green Church, The Green, W5 5QT

Free for Historical Association members and students. Visitors £5.

Enquiries: [Tony\\_Sullivan@hotmail.com](mailto:Tony_Sullivan@hotmail.com) • [www.ealinghistory.org.uk](http://www.ealinghistory.org.uk)

## Rainbow Poetry Group

TUESDAYS

Expand your poetry repertoire and be inspired. Join us to read published poems with a different theme each month. Next meetings: 9 December (Scottish Poets), 13 January (two of your favourite poems).

2.30pm. Hanwell Community Library, Cherington Road, W7 3HL

First visit free, donation for the Library upkeep thereafter Enquiries: [smtpearce@btinternet.com](mailto:smtpearce@btinternet.com)

## Ealing Yoga, Meditation & Philosophy Centre

### MIXED-LEVEL MEDITATION

WEDNESDAYS &amp; THURSDAYS

This is a mixed-level class, suitable for those who have experience of meditation and those new who wish to learn how to meditate. For new students, the first session is a 'taster'. Thereafter, it is recommended that new students commit to and pay in advance for all the remaining five sessions in the first half of term, to gain maximum benefit from the classes.

6-7.30pm Wednesdays 7 January - 25 March (no class on 18 February)

### PHILOSOPHY & MEDITATION

This class is suitable for those who have some knowledge of Yoga Philosophy in its various forms, and also experience of meditation and Pranayama techniques.

8-9.30pm. Thursdays 8 January - 26 March (no class on 19 February)

All above: Block booking 5+ sessions £12 (members £10) per session, or £13 per session drop-in

Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

07918 622995 • [enquiries@ealingyogamedpc.org.uk](mailto:enquiries@ealingyogamedpc.org.uk) • [www.ealingyogamedpc.org.uk](http://www.ealingyogamedpc.org.uk)  
Facebook: Ealing Yoga Meditation & Philosophy Centre

## Ealing u3a

### TALKS PROGRAMME and 55 INTEREST GROUPS

THURSDAYS &amp; OTHER DAYS

U3A is an organisation for those retired or no longer in full-time work. Members organise activities for each other. U3A offers the opportunity for those with a thirst for knowledge and learning to continue their educational, creative and social interests in a friendly, encouraging atmosphere. Talks programme, visits and 55 interest groups meeting in venues around Ealing.

Talks: most Thursdays 10am. Ealing Green Church, W5 5QT

Visitors £3

07504 667005 • [membership@u3aealing.org.uk](mailto:membership@u3aealing.org.uk) • [www.u3aealing.org.uk](http://www.u3aealing.org.uk)

## Dance & Movement

JANUARY &amp; FEBRUARY

MONDAYS 19 JANUARY - 9 FEBRUARY

### VitalityLeap

#### TAI CHI CHUAN: INTRO COURSE

This four-week course enables you to join our regular class (same time/location). Tai Chi fosters health, balance, mental agility and self awareness. Friendly, non competitive group.

10.30-11.30am Mondays 19, 26 January, 2, 9 February. St Mary's Church Hall, Hanwell, W7 3QP

£48 for four classes

[vitalityleap@gmail.com](mailto:vitalityleap@gmail.com) • [www.vitalityleap.com/taichibeginner.html](http://www.vitalityleap.com/taichibeginner.html)

SATURDAY 24 JANUARY

### VitalityLeap

#### NORDIC WALKING COURSE

Nordic Walking is a whole body workout in nature. It is great for fitness, weight loss, heart health, rehab and mental wellbeing. You learn how to use the poles in a specific way, very different from the trekking style that many people know. After the course you may join our group walks.

9.30-11.30am. Outdoors in Hanwell

£48 (pole hire included)

[vitalityleap@gmail.com](mailto:vitalityleap@gmail.com) • [www.vitalityleap.com/nordiccourses.html](http://www.vitalityleap.com/nordiccourses.html)

## REGULAR & CONTINUING EVENTS

### Suzanne Gribble – Iyengar Yoga

MOST DAYS

#### YOGA CLASSES

Younger Years

Iyengar yoga classes help improve flexibility, alignment, strength and stamina and help quieten the mind, using props to help students access the poses safely. All ages and abilities welcome. Suzanne teaches a variety of classes in Ealing open to beginners, and a Saturday class for children/teenagers. See her website for details and booking and do get in touch with any queries.

Monday, Tuesday, Wednesday and Saturday mornings in Ealing

Tuesday evenings

Children / Teenagers – Saturday mornings

Venues: Northfields Community Centre W13, The Garden Studio W5, The Bhavan W14

07916 145786 • [suzanne.gribble@gmail.com](mailto:suzanne.gribble@gmail.com) • [suzannegribbleyoga.com](http://suzannegribbleyoga.com)

[www.facebook.com/SuzanneGribbleIyengarYogaTeacher/](http://www.facebook.com/SuzanneGribbleIyengarYogaTeacher/)

### Chair Yoga

MONDAYS

Enjoy the gentle yoga exercises and relaxation from the comfort and safety of your chair.

This yoga class is practised sitting or standing, using the chair for support.

Every Monday, 11.30am-12.45pm. St Andrew's Church Centre, Mount Park Road, Ealing, W5 2RS

£15 per session

07952 668820 • [mehran.ghodsi@hotmail.co.uk](mailto:mehran.ghodsi@hotmail.co.uk)

### Yoga with Loretta

TUESDAYS

All levels welcome. Leave your cares behind, stretch and re-align your body. I'll help you progress, improve and work on your individual needs.

7.30-9pm. St Peter's Church Hall, 56 Mount Park Road, Ealing W5 2RU

£12 drop-in or £54 for 6 weeks

020 8845 7873 • [LorettaYoga6@gmail.com](mailto:LorettaYoga6@gmail.com) • [www.yogaloretta.co.uk](http://www.yogaloretta.co.uk)

## Greenford & District Caledonian Association SCOTTISH COUNTRY DANCING

TUESDAYS

All are welcome. Dances are walked through – all you need is a soft pair of shoes and plenty of enthusiasm. Tea / coffee served in the break. Group meets September to June.  
**8-10 pm. St Thomas the Apostle Church Hall, 182 Boston Road, Hanwell, W7 2AD**  
**£5 for members, £6 for non-members (first session free)**  
 07787 925022 • [janetcmacphail54@gmail.com](mailto:janetcmacphail54@gmail.com) • [www.greenfordcaledonian.net](http://www.greenfordcaledonian.net)

## Ealing Yoga, Meditation & Philosophy Centre GENERAL YOGA CLASSES

TUESDAYS - THURSDAYS

Mixed-ability classes suitable for all levels, including beginners  
*Either 10-11.15am or 11.30am-12.45pm, Tuesdays 6 January - 24 March (no class on 17 February)*  
**MIXED-ABILITY YOGA**

A general class where beginners and continuing students are welcome. Apart from postures, breathing exercises and guided relaxation are part of the sessions.

*8-9.30pm, Wednesdays 7 January - 25 March (no class on 18 February)*

### GENERAL YOGA CLASS

Yoga postures are a remedy for the whole person. They promote health and energy. There is no achievement level or competition. Everybody is welcome, regardless of age, gender, body shape or previous experience.

*6.30-8pm, Thursdays 8 January - 26 March (no class on 19 February)*

*All of the above at Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE*  
**£143 for full course or £72 for each half (£110 or £55 for members) or £13 drop-in**  
 07918 622995 • [enquiries@ealingyogamedpc.org.uk](mailto:enquiries@ealingyogamedpc.org.uk) • [www.ealingyogamedpc.org.uk](http://www.ealingyogamedpc.org.uk)  
 Facebook: Ealing Yoga Meditation & Philosophy Centre

## Patricia Lajtai – Pilates

MONDAYS, TUESDAYS &amp; FRIDAYS

Would you like to improve your posture, and enhance your mobility and strength? You're welcome to join our friendly group and begin your journey of feeling more at ease and empowered in your body. Classes are suitable for over-60s.

*Mondays 10-11am online via Zoom: £10 per class*

*Tuesdays and Fridays 1-2.15pm in person: £60 for 5 classes or £14 for single class*

*Innovation Dance Studio, 120 Pitshanger Lane, Ealing, W5 1QX*

07816 760502 • [patricia.lajtai@btinternet.com](mailto:patricia.lajtai@btinternet.com)

## Cath Barnes-Holt Iyengar Yoga

FRIDAYS

Lovely friendly Iyengar yoga class for all levels (beginners welcome) – to help release and realign the body, calm the mind, raise energy levels, ease stiff joints, improve posture and flexibility, plus more! The class is live-streamed so you can join from home if you prefer. Cath also teaches private sessions on other days at her home studio.  
*10-11.30am. Ealing Personal Training, 2 St James Avenue, W13 9DJ (above Sainsbury's car park)*  
 07909 995408 • [cath@cathbarnesholt.co.uk](mailto:cath@cathbarnesholt.co.uk) • [www.cathbarnesholt.co.uk](http://www.cathbarnesholt.co.uk)  
 Facebook: <https://www.facebook.com/cathyogabee>

## Drama

## SPRING & AUTUMN

MONDAYS - SATURDAYS

### Drama Studio London ADULT ACTING CLASSES AND SUMMER SCHOOLS

Spring and Autumn adult evening classes for 18+, and 1- or 2-week Summer Schools for both 16-18 years and 18+, all delivered by industry professionals. Details and booking online.  
*Drama Studio London, Grange Court, Grange Road, Ealing, W5 5QN*

020 8579 3897 • [info@dramastudiolondon.co.uk](mailto:info@dramastudiolondon.co.uk) • [www.dramastudiolondon.co.uk/part-courses/](http://www.dramastudiolondon.co.uk/part-courses/)  
 Facebook: [www.facebook.com/dramastudiolondon](https://www.facebook.com/dramastudiolondon)

## DECEMBER

### The Questors Theatre

#### COMING UP AT THE QUESTORS THEATRE

Younger Years

This festive season the Questors Theatre has something for everyone. For families, this year's annual pantomime is *Cinderella* with a 1980s twist. For something more grown-up, our alternative Christmas show is the classic thriller, *Gaslight*. Tickets on sale now!

*The Questors Theatre, 12 Mattock Lane, W5 5BQ*

020 8567 0011 • [www.questors.org.uk](http://www.questors.org.uk) • Facebook: The Questors Theatre

MONDAY &amp; TUESDAY 29 &amp; 30 DECEMBER

Younger Years

### HEOS Musical Theatre

#### SNOW WHITE

A traditional family-friendly pantomime packed with excitement, romance, a ghost scene, stunning costumes, song and dance. We need participation from you, the audience, to help the Prince find Snow White, and boo her wicked step-mother.

*2 & 6.30pm each day. The Greenford Hall, Ruislip Road, UB6 9QN.*

**£9.50 - £16.50**

07727 448760 • [boxoffice@heos.org.uk](mailto:boxoffice@heos.org.uk) • [www.heos.org.uk](http://www.heos.org.uk) • Facebook: @heosmusicaltheatre

# Leisure

## JANUARY

### Charlemagne Wine Club

#### FINE WINES AND VINOUS TALES

Please join us for a convivial evening. Details on website or facebook.

8pm. *The Forester, Leighton Road, W13 9EP*

£25 by prior application

cwc@charlemagnewineclub.co.uk • www.charlemagnewineclub.co.uk

Facebook: www.facebook.com/charlemagnewineclub

## REGULAR EVENTS

### West London Group of Ramblers Association

SATURDAYS, SOME SUNDAYS & VARIOUS WEEKDAYS

Make new friends, improve your health and enjoy our lovely town and countryside. Walks are 4-14+ miles, led by volunteers and carefully graded. Railway station start, usually lunchtime pub/ cafe stop. No charge, but after a couple of 'tasters' you will need to join the RA. For details see website, phone or email.

Please see our website for our current programme of local small group walks.

020 8863 6523 • westlondongroup@yahoo.co.uk • www.westlondonramblers.org.uk

### Club West

TUESDAYS, FRIDAYS & SUNDAYS

#### COFFEE MORNINGS AND PUB LUNCHES FOR UNATTACHED OVER-50s

We meet every Tuesday and Friday for coffee and lunch in various places in Ealing, Chiswick, Richmond and Hanwell. We also meet for Sunday lunch. There is no need to book – just turn up. Contact us for more details.

11.00 or 12.15. Various venues 020 8992 6134 • mike@miketyzack1.plus.com • www.clubwest.org.uk

### Perivale Social Group

THURSDAYS

We are a recent welcoming, happy group – not just in Perivale, but all surrounding areas. Would you like to join us? We feature important, gentle, healthy exercise, health checks, friendship, quizzes, bingo, games, refreshments, speakers, and annual seaside trips.

11am - 2pm. *Perivale Community Centre, Horsenden Lane South, UB6 7NP*

£3 per session. Irene McQuillan: 07958 707253

# Multi-activity

### Northfields Community Library

VARIOUS DAYS AND TIMES

Come along to Northfields Community Library – your welcoming community hub run by volunteers. We host a variety of regular events & activities for all ages. These include:

Author talks, Rhyme time, Digital Skills training, Knit & Natter, Book Clubs, Ealing Repair Cafe, Shared Reading Group ... amongst others. There is something for everyone. Just get in touch!

*Northfields Community Library, 255a Northfield Avenue, W5 4UA*

020 8579 2394 • getintouch@northfieldscommunitylibrary.org.uk

www.northfieldscommunitylibrary.org.uk • Facebook: @northfieldscommunitylibrary

# Younger Years

## DECEMBER

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£9.50 - £16.50

07727 448760 • boxoffice@heos.org.uk • www.heos.org.uk • Facebook: @heosmusicaltheatre

## REGULAR EVENTS

### Suzanne Gribble – Iyengar Yoga

MOST DAYS

#### YOGA CLASSES

Younger Years

Iyengar yoga classes help improve flexibility, alignment, strength and stamina and help quieten the mind, using props to help students access the poses safely. All ages and abilities welcome. Suzanne teaches a variety of classes in Ealing open to beginners, and a Saturday class for children/teenagers. See her website for details and booking and do get in touch with any queries.

*Monday, Tuesday, Wednesday and Saturday mornings in Ealing*

*Tuesday evenings*

*Children / Teenagers – Saturday mornings*

*Venues: Northfields Community Centre W13, The Garden Studio W5, The Bhavan W14*

07916 145786 • suzanne.gribble@gmail.com • suzannegribbleyoga.com

www.facebook.com/SuzanneGribbleIyengarYogaTeacher/

### Questors Young Musicians Club

SATURDAYS IN TERM-TIME

#### MUSIC LESSONS FOR AGES 18 MONTHS - 18 YEARS

We offer a variety of music lessons to students aged 18 months - 18 years, including introduction to music group classes for Early Years, a wide range of ensembles, instrumental lessons and group classes for students with SEND.

8.30am - 1pm. *Little Ealing Primary School, Weymouth Avenue W4 5EA*

Prices vary according to classes. See website for details. cara.qymc@gmail.com • www.qymc.org

# EA&L Members

## ART & CRAFTS

- Borough of Ealing Art Trail (BEAT)
- Ealing Art Group
- Ealing Flower Club
- Ealing Quilters
- Pamela Lloyd-Jones Art Classes
- Patricia Burbidge Watercolour Classes

## CULTURE & LEARNING

- CEPAC - Campaign for an Ealing Performance and Arts Centre
- Ealing Over-60 Network (EON)
- Ealing Readers
- Ealing u3a
- Friends of Marcq-en-Baroeul
- Historical Association: Ealing Branch
- Northfields Community Library
- Rainbow Poetry Group

## DANCE & MOVEMENT

- Cath Barnes-Holt Iyengar Yoga
- Dalcroze Eurhythmics Ealing
- Greenford & District Caledonian Association
- Mehran Ghodsi Chair Yoga
- Patricia Lajtai – Pilates
- Suzanne Gribble - Iyengar Yoga
- Vitality Leap / Fireside Lodge
- Yoga with Loretta

## DRAMA & FILM

- Beaufort Players
- Drama Studio London
- Impact Theatre
- Pisces Players (Popup Theatre)
- The Questors Theatre

## LEISURE

- Charlemagne Wine Club
- Perivale Social Group
- Shadow Warriors
- West London Ramblers

## MUSIC

- Brentham Ladies' Choir
- Capital Concert Brass
- The Chamber Music Collective
- Chiswick Chamber Orchestra
- Ealing Chamber Music Club
- Ealing Choral Society
- Ealing Junior Music School
- Ealing Symphony Orchestra
- Ealing Voices

## GLOC Musical Theatre

- Hanwell Voice Studio
- HEOS Musical Theatre
- Julian Light Operatic Society
- Music at St Mary's Perivale
- Questors Choir
- Questors Young Musicians Club
- West London Sinfonia

## MORE THAN ONE ACTIVITY

- Ealing Yoga, Meditation & Philosophy Centre

Interested in listing your club or event in Ealing Arts & Leisure?  
You'll need to join. Visit [ealingarts.org.uk/join](http://ealingarts.org.uk/join) or call 020 8567 4075

## Want to be sure of getting *What's On*?

Would you like to have your copy of *What's On* delivered regularly by post?  
If so, you will be more than welcome to join our Supporters' mailing list.  
The annual (October - September) subscription is £10, or for April - September it's £5 per household.

You can send a cheque made out to 'Ealing Arts' with your name and address, or phone or email for online bank details.

Contact: Ealing Arts Supporters, 68 Elers Road, London W13 9QD  
020 8567 4075 • [membership@ealingarts.org.uk](mailto:membership@ealingarts.org.uk)