

**Ealing
Flower Festival**
Ealing Flower Club
in partnership with St. Barnabas Church
and Pishanger Pictures
16-18 July 2026
See page 13

**Ealing
Arts &
Leisure**

JUNE - JULY 2026

What's On



**Arts and leisure
activities across the
borough of Ealing**

EVENTS INSIDE THIS ISSUE

**Music, Art, Crafts, Culture,
Education, Dance, Movement,
Drama, Poetry, Leisure,
Younger Years**

ealingarts.org.uk

ISSUE NO. 234

REGISTERED CHARITY NO. 290432

What's On – so much to do in Ealing

June and July, and most of our performing members (and not only the performers) have an end-of-season event. They'll be hoping for weather which is not so good that you won't contemplate a bit of time indoors. Do include a look at the impressive offerings from our new members at St Peter's and St Michael & All Angels' Churches.

It doesn't have to be a performance to be worth a look, though; there's plenty which goes on quietly all year round. How about the Ramblers, for instance, now summer's here?

All of our members are listed on the back cover, and you can find out about them via their entries here, by visiting our website Members section, or by phoning EA&L on 020 8567 4075 if the internet is not for you.

Copies of *What's On* can go quickly. See the back cover if you'd like to have it delivered to you.

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Find us online at
ealingarts.org.uk

 [facebook.com/EalingArts](https://www.facebook.com/EalingArts)

Want to know how to list an event
or advertise here?

Visit ealingarts.org.uk/join
or phone 020 8567 4075

EA&L, 68 ELMERS ROAD, LONDON W13 9QD

Chairman: Gill Rowley Secretary: Dorrie Baker Treasurer: Colin Easton
Membership Secretary & Diary Editor: Richard Partridge

NOTE TO MEMBERS: Final entry for the August-September issue is 1 July.

NB: Display ads may also be placed by non-members. See www.ealingarts.org.uk/help

Music



MUSIC AT ST MARY'S PERIVALE

Concerts by world-class soloists and ensembles at **2pm** each **Tuesday** and some **Thursdays (Sundays at 3pm)** at this 12th-century church, West London's foremost classical music venue. Plus a **jazz session** once a month.

Perivale Lane, UB6 8SS

All concerts livestreamed in high definition: full details, plus links to previous concerts, at www.st-marys-perivale.org.uk



JUNE

St Peter's Acton Green

FRIDAY 5 JUNE

PIANO RECITAL: ANTONIO MORABITO

International concert pianist Antonio Morabito in a programme of works by Mozart, Scarlatti, Scriabin, Chopin and Liszt.

7.30pm. *St Peter's Acton Green, Southfield Road, W4 1BB (on E3 bus route)*

£15 (under-25/students/unwaged £7.50, under-18 free) OR choose to Pay What You Can

020 8994 4281 • stpetersactongreen@gmail.com • www.stpetersactongreen.co.uk

St Michael & All Angels Bedford Park

FRIDAY 12 - SUNDAY 28 JUNE

BEDFORD PARK FESTIVAL CONCERTS*A two-week arts and community festival including:*

Friday 12 June, 12.30pm: D'Arcy Trinkwon organ recital

Monday 15 June, 7pm: Braimah Kanneh-Mason (violin) and Jâms Coleman (piano). *Under-18 free.*Wednesday 17 June, 7pm: Allyn Wu (baritone) and Louis Moisan (theorbo/guitar). *Under-18 free.*

Thursday 18 June: Music for the Community with Poppy McGhee and friends

11am: Relaxed Coffee Concert - inclusive to all (free)

4.15pm: Children's Cushion Concert for under-5s

5pm: Children's Musical Experience for 5-9s

Friday 19 June, 7pm: Ensemble Renard (wind quintet). *Under-18 free.*

Saturday 20 June, 7.30pm: The Perspective Quartet Jazz Concert

Thursday 25 June, 7.30pm: 60th Bedford Park Festival Concert with Milly Forrest (soprano), David Juritz (violin) and Mark Viner (piano)

*Times as shown. St Michael & All Angels Bedford Park, Bath Road, Chiswick W4 1TT**See Tickets website for prices and full festival programme*Tickets and information: www.bedfordparkfestival.orgChurch: 020 8994 1380 • parishoffice@smaaa.org.uk • www.smaaa.org.ukThe Chamber Music Collective

SATURDAY 13 JUNE

JUNE AT EALING GREEN

A stunning line-up of world-class musicians perform chamber music masterpieces in the heart of Ealing!

R. SCHUMANN: Piano Quintet in E flat major, Op. 44

F. SCHUBERT: String Trio in B flat major, D581

Patrick Savage (violin), Markella Vandoros (violin), Yuri Zhislin (viola), Kirsten Jenson (cello), Julian Gallant (piano)

*3-4pm. Ealing Green Church, Ealing Green W5 5QT**£15 (concessions £12, under-18 £7)*07852 690426 • thechambermusiccollective@gmail.com • www.thechambermusiccollective.comEaling Choral Society

SATURDAY 20 JUNE

SONGS OF THE SEA

Join us for a summer's evening of music both sacred and profane, celebrating the sea and the people who love her. With music by Monteverdi, McDowall, Stanford, Campion, Ireland and more.

*7.30pm. St Barnabas Church, Pitshanger Lane, Ealing, W5 1QG**£19 (concessions £15, under-17 £3)*Box office: www.ticketsource.com/booking/t-glqxnaeInformation: 07957 923341 • enquiries@ealingchoralsociety.org.uk • www.ealingchoralsociety.org.ukFacebook: [ealingchoralsoc](https://www.facebook.com/ealingchoralsoc)West London Sinfonia

SATURDAY 27 JUNE

WEST LONDON SINFONIA CONCERT

SHOSTAKOVICH: Festival Overture

SHOSTAKOVICH: Piano Concerto No 2 (piano Viv McLean)

SHOSTAKOVICH: Symphony No 7

*7.30pm. St Barnabas Church, Pitshanger Lane, W5 1QG**£17 (concessions £14, child/full time student £5)*info@westlondonsinfonia.org • www.westlondonsinfonia.org • www.facebook.com/westlondonsinfoniathe
chamber
music
collectiveEALING
GREEN
CHURCH*A stunning line-up of world-class musicians perform chamber music masterpieces in the heart of Ealing!*

Julian Gallant

Kirsten Jenson

Yuri Zhislin

Markella Vandoros

Patrick Savage

SATURDAY 13 JUNE, 3.00PM

R. SCHUMANN

Piano quintet in E flat major, op. 44

F. SCHUBERT

String trio in B flat major, D 581

To book tickets visitwww.thechambermusiccollective.com



EALING CHORAL SOCIETY

@EalingChoralSoc
ealingchoralsociety.org.uk
Registered Charity 278174

EALING CHORAL SOCIETY • PETER ASPREY, CONDUCTOR
SONGS OF THE SEA
20 JUNE, 2026 • 7:30 PM
ST BARNABAS CHURCH, PITSHANGER LANE, EALING, W5 1QG

Including works by Grieg, McDowell, Monteverdi, Stanford, Ireland and more.

TICKETS £19, £15 (conc.), £3 (under 18)
ticketsource.co.uk/booking/t.glxqnae NO BOOKING FEE

Ealing Symphony Orchestra

CHAMBER CONCERT

SATURDAY 27 JUNE

Instrumental and vocal music for small groups from ESO members and the Voice Section
7.30pm. St Mary's Perivale, Perivale Lane, UB6 8SS
Free entry; donations invited

020 8567 4075 • secretary@ealingso.org.uk • www.ealingso.org.uk

Ealing Voices

WHETHER THE WEATHER

SATURDAY 27 JUNE

Ealing Voices present their popular summer concert and picnic. Our theme this time is Weather, and we're hoping it will be kind to us once more! Our programme is a mixture of classical, pop and musical theatre, ranging from *Stormy Weather* and *Summertime* to Elgar's *Torrents in Summer*.

7.30pm. St Matthew's Church, North Common Road, W5 2QA
£18 (advance), £20 (door), under-16s £5

Tickets: /www.ticketsource.com/ealing-voices/
Enquiries: info@ealingvoices.org.uk • www.ealingvoices.org.uk
Facebook: www.facebook.com/groups/18533554000

Ealing Symphony Orchestra

HIGH STAKES

SATURDAY 11 JULY

MAXWELL DAVIES: Mavis in Vegas
MAHLER: Symphony No. 7
7pm. St Barnabas Church, Pitshanger Lane, W5 1QG
£17 (under-25 £6, under-18 free) including programme

020 8567 4075 • secretary@ealingso.org.uk • www.ealingso.org.uk

Questors Choir

SUNDAY 12 JULY

FOOD, GLORIOUS FOOD (AND DRINK)

Questors Choir presents choral music and songs on an epicurean theme – a feast of musical delights!

Banquet Fugue, Drink to me only, Tea for Two, Panis Angelicus, I am a cider drinker, Satsumas are the Only Fruit, Cool Water, The Teddy Bears' Picnic... with plenty of opportunities for the audience to sing along.

6pm. St Barnabas Church, Pitshanger Lane, Ealing W5 1QG
£15 (under-18 £7.50, under-12 free)

07821 587670 • more@questorschoir.org • www.questorschoir.org
Facebook: www.facebook.com/QuestorsChoir

HEOS Musical Theatre

THURSDAY-SATURDAY 23-25 JULY

PAGE TO STAGE

A celebration of stories which started life as books and made the transition into musical gems
Thursday & Friday 7.30pm, Saturday 2.30pm.

St Thomas The Apostle Church Hall, 182 Boston Road, Hanwell, W7 2AD
Early bird £16, standard £18

07727 448760 • info@heos.org.uk • www.heos.org.uk • Facebook: @heosmusicaltheatre

Dalcroze Eurhythmics Ealing

MONDAY-WEDNESDAY 27-29 JULY

DALCROZEMOVES SUMMER SCHOOL 2026

Immerse yourself in three days of music and movement. Discover the joy of music through movement with exercises and games created with the Dalcroze method. No previous experience necessary.

9-5pm. St Andrew's Church Centre, Mount Park Road, Ealing, London W5 2RS
£300 (£270 seniors & students) or for one day £110 (£100 seniors & students)

dalcrozemoves@gmail.com • www.dalcrozemoves.com

St Peter's Acton Green

FRIDAY 31 JULY

RUSH HOUR CONCERT: SCHUBERT STRING QUINTET

The 'strikingly intelligent and expressive' (*The Strad*) Salomé Quartet are joined by Shizuku Tatsuno to perform Schubert's great late masterpiece, the String Quintet in C major, D.956. Haim Choi and Zea Hunt (violin), Kasia Zimińska (viola), William Clark-Maxwell and Shizuku Tatsuno (cello).

6pm. St Peter's Acton Green, Southfield Road, W4 1BB (on E3 bus route)
£15 (under-25/students/unwaged £7.50, under-18 free) OR choose to Pay What You Can

020 8994 4281 • stpetersactongreen@gmail.com • www.stpetersactongreen.co.uk

REGULAR EVENTS

The Hanwell Voice Studio

SINGING LESSONS

Singing lessons with a professional opera singer from English National Opera. Master a solid vocal technique, essential for success in performance. Tuition for all musical styles. Beginners welcome. Virtual singing lessons also now available.

The Hanwell Voice Studio, W7

Enquiries (Lydia Marchione, AGSM): 07791 170662 • www.lydiamarchione.com

Questors Young Musicians Club

MUSIC LESSONS FOR AGES 18 MONTHS - 18 YEARS

SATURDAYS IN TERM-TIME

Younger Years

We offer a variety of music lessons to students aged 18 months - 18 years, including introduction to music group classes for Early Years, a wide range of ensembles, instrumental lessons and group classes for students with SEND.

8.30am - 1pm. Little Ealing Primary School, Weymouth Avenue W4 5EA

Prices vary according to classes. See website for details.

Archie.qymc@gmail.com • www.qymc.org

Music at St Mary's Perivale

SUNDAY AFTERNOON CONCERTS AT ST MARY'S PERIVALE

SUNDAYS

7 June: The Cygnus Piano Trio

14 June: Natalia Lomeiko, Yuri Zhislin (violins) and friends

21 June: Robert Markham and John Humphreys (piano duo)

28 June: Madeline Grambow (violin), John Lenehan (piano)

5 July: Daniel Lehardt (piano)

12 July: Charles Economou (piano)

19 July: Fenella Humphreys (violin), Viv McLean (piano), Jessica Duchon (narrator)

3pm. St Mary's Perivale, Perivale Lane, UB6 8SS

Free with voluntary donations

020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

Ealing Chamber Music Club

MONDAYS

The club allows amateur players to find other people with similar interests and abilities, and then to put together groups for works they'd like to play. Players can perform to other club members at the monthly meeting, which takes place at 8pm on the second Monday of every month except January and August at St Mary's Perivale, Perivale Lane, UB6 8SS.

Please check our website nearer the time for further details.

djrsmith@aol.com • www.ealingchambermusic.wordpress.com

West London Sinfonia

SYMPHONY ORCHESTRA

TUESDAYS

Weekly rehearsal, 6 concerts per year; see website for repertoire. New members welcome to apply, especially upper strings.

Tuesdays, 7.30-10pm. Haven Green Baptist Church, Castlebar Road, W5 2UP

info@westlondonsinfonia.org • www.westlondonsinfonia.org

Music at St Mary's Perivale

WEEKDAY CONCERTS AT ST MARY'S PERIVALE

TUESDAYS, THURSDAYS, etc

Tuesday 2 June: Nikita Lukinov (piano)

Tuesday 9 June: Firoze Madon (piano)

Friday 12 June, 7.30 pm: Tamila Salimdzanova (piano)

Tuesday 16 June: Gabriele Sutkute (piano)

Thursday 18 June: The Rob Barron Jazz Trio

Tuesday 23 June: Mariamna Sherling (piano)

Saturday 27 June 7.30 pm: Ealing Symphony Orchestra Ensembles

Tuesday 30 June: Yuanfan Yang (piano)

Friday 3 July 7.30 pm: Ealing Youth Orchestra ensembles

Tuesday 7 July: Paul Mnatsakanov (piano)

Thursday 9 July: Henry Tozer (jazz piano and vocals)

Tuesday 14 July: Dida Condria (piano)

Friday 17 July, 7.30 pm: Simon Mulligan (piano)

Tuesday 21 July: MinJung Baek (piano), Nikita Lukinov (piano)

2pm unless stated otherwise. St Mary's Perivale, Perivale Lane, UB6 8SS

Free with voluntary donations.

020 8997 7691 • hmather@btopenworld.com • www.st-marys-perivale.org.uk

Gloc Musical Theatre

DON'T JUST JOIN A GROUP, JOIN THE SHOW

WEDNESDAYS

Looking for something local that lifts your mood and brings you into a friendly group of people? Gloc Musical Theatre could be your next thing. You do not need to be a seasoned performer. Come to a free taster, meet us, and try singing, dancing and acting in a relaxed, welcoming room. After *We Will Rock You*, the sold-out Disney's *Beauty and the Beast* and many award-winning productions, we're now preparing for an exciting cabaret-style show with unmissable gems this autumn and *Wonderland*, a riveting spin to a classic that will take you to Questors Theatre's stage in 2027.

Every Wednesday 8pm-10pm. Rehearsal venues in Hanwell

Book a free taster here: www.glocmt.co.uk/contact

Ealing Voices

SING WITH US

THURSDAYS

Join our friendly, un-auditioned choir! We welcome new singers with some choral experience in all voice parts. We perform three concerts per year in Ealing – please see the website for our current programme and schedule. Music Director: Michael Veazey.

Term-time, 7.30-9.30pm. St Matthew's Church, North Common Road, W5 2QA

£65 per term (concessions available)

info@ealingvoices.org.uk • www.ealingvoices.org.uk

Brentham Ladies' Choir

THURSDAYS

Brentham Ladies' Choir is a small, friendly choir that always welcomes new members. We sing a variety of music including folk songs, light classical, and songs from the musicals. This choir has existed for more than 40 years, and is now under the enthusiastic direction of John Hudson. There is no formal audition, and we do not require previous experience or for you to read music, but you must be able to sing in tune! We offer a free three-week trial period, so why not find that voice again?

Next concert: 1.30pm, Thursday 9 July. St Barnabas Church Hall.

1.30-3pm in school term time. St Barnabas Church Hall, Pitshanger Lane, W5 1QG (on E2 and E9 bus routes)

£40 per term.

Secretary (Genevieve Ellis): 079797 52424

Capital Concert Brass

THURSDAYS

COME AND PLAY BRASS!

CCB is a small group mostly playing brass instruments, plus other instruments too sometimes. Our aim is to enjoy ourselves and entertain others. We welcome brass players, including 'rusty' ones, music readers interested in learning brass, and others with compatible instruments.

Weekly at 8pm. Holy Cross Church, Ferrymead Gardens, Greenford, UB6 9NJ

Modest subscription

alan@capitalconcertbrass.co.uk • www.capitalconcertbrass.co.uk

Julian Light Operatic Society

THURSDAYS

Calling all Gilbert & Sullivan fans. We perform one of their wonderful comic operas each October and a selection of their songs and music in early spring in the Playhouse and the Studio at Questors Theatre, Mattock Lane, Ealing. All ages are welcome to join us whether experienced or those starting out, especially sopranos and altos. Registered Charity No 1103764.

Thursdays 7.45-9.45pm. Haven Green Baptist Church, Castlebar Road, Ealing W5 2UP (2 minutes walk from Ealing Broadway station).

Contact: inform@julianoperatic.org • www.julianoperatic.org

Art & Crafts

SEPTEMBER

Borough of Ealing Art Trail (BEAT)

WEEKENDS 5-6, 12-13 SEPTEMBER, ETC

BEAT, now in its 10th year, has become a well-loved fixture in Ealing's cultural diary. In 2026 we will have more than 230 artists exhibiting in a wide range of media at 70 venues around the Borough. Brochure available during August.

11am-6pm on each of the weekend event days, plus opening on Wednesday 9 September evening at a limited number of venues. Please check the brochure.

70 venues spread around Ealing Borough: details in the brochure. Entry is free to every venue.

07934 773098 • info@ealingbeat.org.uk / jorgensenmark1950@gmail.com • www.ealingbeat.org.uk

Facebook: EalingBeat

LONG-TERM AND REGULAR EVENTS

Ealing Art Group

VARIOUS DATES & TIMES

Love art and would like to be part of a lively local group interested in all aspects of art? Ealing Art Group offers the opportunity to exhibit regularly, as well as participate in lectures/demonstrations and occasional visits to places of artistic interest. Visit our website for further information.

Secretary: 020 8998 5662 • ealingartgroup@gmail.com • www.ealingartgroup.co.uk

Facebook: www.facebook.com/ealingartgroup

Pamela Lloyd-Jones Art Classes

SATURDAYS

LIFE DRAWING WORKSHOP

Tutored longstanding friendly supportive group with great models. Three hours of drawing; all materials and refreshments supplied and included in price.

Monthly on Saturday mornings. Confirm dates with Pamela via email.

10am-1pm. The Brentham Club, 38a Meadvale Road, Ealing, W5 1NP (near Pitshanger Lane)

£25 inclusive (payable by card on the day)

Enquiries: 07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

Patricia Burbidge Watercolour Classes

TUESDAYS

WATERCOLOUR PAINTING

A friendly watercolour class. All levels welcome. We paint a variety of subjects including landscape, still life, figure and abstract compositions.

Tuesdays 14 April - 23 June, 9.15am-1pm. £100 for 10 classes.

Northfields Community Centre, 71 Northcroft Road, W13 9SS

07889 502319 • patricia.burbidge@gmail.com • Facebook: Patricia Burbidge

Pamela Lloyd-Jones Art Classes

TUESDAYS

ART CLASSES

Fun, longstanding friendly groups. All experience levels welcome. Taught by experienced tutor, capturing your individuality and creativity.

Periods follow school terms approximately throughout the year.

10am-12noon or 12.45-2.45pm. The Brentham Club, 38a Meadvale Road, Ealing, W5 1NP

£153 for 12-week term or £15.50 for weekly payment (payable by card)

Enquiries: 07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

Ealing Flower Club

FLORAL DESIGN DEMONSTRATIONS

WEDNESDAYS

17 June: *Out of the Button Box* is the title of our very own Bidy Lal's demonstration for this month. We also have a Club Competition titled *Urban Jungle*. All sounds intriguing to me, so why not come and see what it's all about!

15 July: This month is very special. Apart from our Flower Festival as per our advert opposite, we also have, on 15 July, Susan Tausig with her demonstration titled, *Scrumptiously Summer*. Look forward to seeing you at both events.

Wednesdays: 7pm for 7.30 start. St Barnabas Church Hall, Pitshanger Lane, W5 1QG. Buses E2 & E9 go past the door, or roadside parking.

Visitors: first visit free; thereafter £7 per session or you could become a member.

Enquiries: (Jenni) 07772 975554 / 020 8998 0186 • jennisworld48@hotmail.com

www.ealingflowerclub.godaddysites.com • Facebook: Ealing Flower Club

Ealing Quilters

THURSDAYS

18 June: More disappearing designs. Rekha will show us more disappearing 9 patch blocks and disappearing strips. Please bring rotary cutting equipment (mat, cutter and ruler) and several machine-stitched 9 patch blocks to make into new patterns and re-stitch, along with your hand sewing kit.

16 July: Sew and Chat. This will be our last meeting before the summer. We'll discuss the techniques we've tried, and review progress on our A4 calendar pieces.

7.30-9.30pm. 1st floor Training Room, St Andrew's Church Centre, Mount Park Road, W5 2RS
£4 (members free)

Enquiries: 07929 801724 (Jackie Foreman) • kayetelford@hotmail.com

EALING FLOWER CLUB in partnership with ST BARNABAS CHURCH and PITSHANGER PICTURES

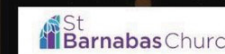
Celebrating the 110th Anniversary of St Barnabas church and
Ealing's Rich Cinema History with a three day Flower Festival



ST BARNABAS CHURCH
PITSHANGER LANE
EALING W5 1QG



OPENING TIMES
THUR & FRI: 12 NOON TO 6PM
SATURDAY: 10AM TO 4PM



Friends of Marcq-en-Baroeul EALING'S TWIN TOWN IN FRANCE

The Friends of Marcq is a local group promoting friendship and activities between Ealing and Marcq-en-Baroeul, which is close to Lille, so easily accessible. Knowledge of French is not necessary for many of the organised events. We offer exchange visits to France for language and cultural weekends. There are also French classes at various levels, and a variety of activities throughout the year in Ealing.

Enquiries: 07887 877630 • 020 8568 6159 • info@fomeb.eu • www.fomeb.eu
Facebook: Les Amis d'Ealing/Friends of Marcq • www.facebook.com/groups/3139986216275513

REGULAR & CONTINUING EVENTS

Ealing Readers

MONDAYS

We are an informal book group, and we welcome new members. Our reading list covers a wide range of genres with a focus on contemporary fiction. We meet at 7.30 for a 7.45 start, beginning with an introduction to the book of the month followed by a lively discussion.

7.30 for 7.45pm. Castle Inn, 36 St Mary's Road, W5 5EU.

Enquiries: hazannewilliams@gmail.com

Ealing Over 60 Network (EON)

MONDAYS

FRIENDLY INFORMAL OLDER PERSONS' SOCIAL CLUB

We offer a regular, varied programme every Monday except Bank Holidays and in August: social gatherings, discussions, talks by outside speakers, quizzes, films, art/craft sessions, music, poetry appreciation, etc. Disabled-friendly venue near Ealing Broadway station. Free car park.

1.30 for 2pm. Ealing Quaker Meeting House, 17 Woodville Road W5 2SE

Door donation up to £5 to cover room hire, etc.

020 8810 6753 • arratoon.arratoon@gmail.com

Historical Association: Ealing Branch

TUESDAYS

Our talks are open to everyone who is interested in history – world, national and local – and its relevance to our own times. We meet on the 2nd Tuesday of the month. Please see our website www.ealinghistory.org.uk for up-to-date details and access to meetings.

9 June: Professor Heather Jones, University College London – *The First World War in the Mediterranean*

7.30pm. Ealing Green Church, The Green, W5 5QT

Free for Historical Association members and students. Visitors £5.

Enquiries: philipwoods@outlook.com • www.ealinghistory.org.uk

Rainbow Poetry Group

TUESDAYS

Alfred, Lord Tennyson will be our subject on 9 June, and any poems from the 1930's will be your choice for 14 July. Bring two poems to read, and join in the discussion of the group's selection.

2.30pm. Hanwell Community Library, Cherington Road, W7 3HL

First visit free, donation for the Library upkeep thereafter

Enquiries: smtpearce@btinternet.com

Ealing Yoga, Meditation & Philosophy Centre

WEDNESDAYS & THURSDAYS

MIXED-LEVEL MEDITATION

This is a mixed-level class, suitable for those who have experience of meditation and those new who wish to learn how to meditate. For new students, the first session is a 'taster'. Thereafter, it is recommended that new students commit to and pay in advance for all the remaining five sessions in the first half of term, to gain maximum benefit.

6-7.30pm Wednesdays 15 April - 15 July (no class on 27 May)

PHILOSOPHY & MEDITATION

This class is suitable for those who have some knowledge of Yoga Philosophy in its various forms, and also experience of meditation and Pranayama techniques.

8-9.30pm. Thursdays 16 April - 16 July (no class on 28 May)

All above: Block booking 5+ sessions £12 (members £10) per session, or £13 per session drop-in
Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

07918 622995 • enquiries@ealingyogamedpc.org.uk • www.ealingyogamedpc.org.uk

Facebook: Ealing Yoga Meditation & Philosophy Centre

Ealing u3a

THURSDAYS & OTHER DAYS

TALKS PROGRAMME and 55 INTEREST GROUPS

U3A is an organisation for those retired or no longer in full-time work. Members organise activities for each other. U3A offers the opportunity for those with a thirst for knowledge and learning to continue their educational, creative and social interests in a friendly, encouraging atmosphere.

Talks programme, visits and 55 interest groups meeting in venues around Ealing.

Talks: most Thursdays 10am. Ealing Green Church, W5 5QT

Visitors £3

07504 667005 • membership@u3aealing.org.uk • www.u3aealing.org.uk

Dance & Movement

REGULAR EVENTS

Suzanne Gribble – Iyengar Yoga

YOGA CLASSES

MOST DAYS

Younger Years

Iyengar yoga classes help improve flexibility, alignment, strength and stamina and help quieten the mind, using props to help students access the poses safely. All ages and abilities welcome. Suzanne teaches a variety of classes in Ealing open to beginners, and a Saturday class for children/teenagers. See her website for details and booking and do get in touch with any queries.

Monday, Tuesday, Wednesday and Saturday mornings in Ealing

Tuesday evenings

Children / Teenagers – Saturday mornings

Venues: Northfields Community Centre W13, The Garden Studio W5, The Bhavan W14

07916 145786 • suzanne.gribble@gmail.com • suzannegribbleyoga.com

www.facebook.com/SuzanneGribbleIyengarYogaTeacher/

Vitality Leap

NORDIC WALKING COURSE

SATURDAYS

A full-body workout in nature, invented by the Finnish Olympic cross-country team. Great for heart health, agility, balance, muscle strength, mental well-being and general fitness. Private lessons available. After the 2-hour course you may join our weekly walking groups.

13 June, 27 June, 4 July, 9.30-11.30am. Outdoors in Hanwell

£48 (pole hire included)

07766 464623 (Andrea) • vitalityleap@gmail.com • www.vitalityleap.com/nordiccourses.html

Chair Yoga

MONDAYS

Enjoy the gentle yoga exercises and relaxation from the comfort and safety of your chair.

This yoga class is practised sitting or standing, using the chair for support.

Every Monday, 11.30am-12.45pm. St Andrew's Church Centre, Mount Park Road, Ealing, W5 2RS

£15 per session

07952 668820 • mehran.ghodsi@hotmail.co.uk

Ealing Kung Fu School

SHAOLIN KUNG FU & QIGONG CLASSES

MONDAYS, WEDNESDAYS & THURSDAYS

Younger Years

Discover the power of Shaolin Kung Fu, Tai Chi, and Qigong at Ealing Kung Fu School – where every class is a step toward strength, focus and confidence. Whether you're seeking fitness, self-defence, or simply a fresh challenge, our expert instructors guide you through a rewarding journey that grows with you. Join a welcoming community, and transform training into a lifestyle that energises both body and mind.

Children Kung Fu 6.30-7.30pm Mondays & 5.30-6.30pm Thursdays

Adults Kung Fu 7.30-9.30pm Mondays & Wednesdays

Drayton Manor High School, Drayton Bridge Road W7 1EU

07766 240347 • www.ealingkungfuschool.com • www.facebook.com/ealingkungfuschool

Yoga with Loretta

TUESDAYS

All levels welcome. Leave your cares behind, stretch and re-align your body. I'll help you progress, improve and work on your individual needs.

7.30-9pm. St Peter's Church Hall, 56 Mount Park Road, Ealing W5 2RU

£13 drop-in or £60 for 6 weeks

07866 905128 • LorettaYoga6@gmail.com • www.yogaloretta.co.uk

Greenford & District Caledonian Association

TUESDAYS

SCOTTISH COUNTRY DANCING

All are welcome. Dances are walked through – all you need is a soft pair of shoes and plenty of enthusiasm. Tea / coffee served in the break. Group meets September to June.

8-10 pm. St Thomas the Apostle Church Hall, 182 Boston Road, Hanwell, W7 2AD

£5 for members, £6 for non-members (first session free)

07787 925022 • janetcmacphail54@gmail.com • www.greenfordcaledonian.net

Ealing Yoga, Meditation & Philosophy Centre

TUESDAYS - THURSDAYS

GENERAL YOGA CLASSES

Mixed-ability classes suitable for all levels, including beginners

Either 10-11.30am or 11.30am-1pm, Tuesdays 14 April - 14 July (no class on 26 May)

MIXED-ABILITY YOGA

A general class where beginners and continuing students are welcome. Apart from postures, breathing exercises and guided relaxation are part of the sessions.

8-9.30pm, Wednesdays 15 April - 15 July (no class on 27 May)

GENERAL YOGA CLASS

Yoga postures are a remedy for the whole person. They promote health and energy. There is no achievement level or competition. Everybody is welcome, regardless of age, gender, body shape or previous experience.

6.30-8pm, Thursdays 16 April - 16 July (no class on 28 May)

All of the above at Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

£156 for full course or £78 for each half (£130 or £65 for members) or £13 drop-in

07918 622995 • enquiries@ealingyogamedpc.org.uk • www.ealingyogamedpc.org.uk

Facebook: Ealing Yoga Meditation & Philosophy Centre

Patricia Lajtai – Pilates

MONDAYS, TUESDAYS & FRIDAYS

Would you like to improve your posture, and enhance your mobility and strength? You're welcome to join our friendly group and begin your journey of feeling more at ease and empowered in your body. Classes are suitable for over-60s.

Mondays 10-11am online via Zoom: £10 per class

Tuesdays and Fridays 1-2.15pm in person: £60 for 5 classes or £14 for single class

Innovation Dance Studio, 120 Pitshanger Lane, Ealing, W5 1QX

07816 760502 • patricia.lajtai@btinternet.com

Cath Barnes-Holt Iyengar Yoga

FRIDAYS

Lovely friendly Iyengar yoga class for all levels (beginners welcome) – to help release and realign the body, calm the mind, raise energy levels, ease stiff joints, improve posture and flexibility, plus more! The class is live-streamed so you can join from home if you prefer.

Cath also teaches private sessions on other days at her home studio.

10-11.30am. Ealing Personal Training, 2 St James Avenue, W13 9DJ (above Sainsbury's car park)

07909 995408 • cath@cathbarnesholt.co.uk • www.cathbarnesholt.co.uk

Facebook: <https://www.facebook.com/cathyogabee>

Drama

IMPACT Theatre

IMPACT is a theatre company for performers and artists with learning disabilities. We offer a huge range of performing and creative arts activities, both on stage and behind the scenes.

IMPACT Community Arts Centre, Ealing Central Sports Ground, Horsenden Lane South, UB6 8GP
www.impacttheatre.co • www.facebook.com/impacttheatreuk/

See also Multi-activity section for Impact Theatre event in August

JUNE & JULY

Questors Theatre

TUESDAYS-SUNDAYS 19-27 JUNE & 10-18 JULY

COMING UP AT THE QUESTORS THEATRE

This summer at The Questors Theatre, we're venturing back out into Walpole Park with *Cluedo:*

The Play (19-27 June). Whodunnit? We couldn't say, but bring a picnic and find out.

Then join us for Shakespeare's classic comedy *A Midsummer Night's Dream* (10-18 July).

The Questors Theatre, 12 Mattock Lane, W5 5BQ

£7-£20

020 8567 0011 • boxoffice@questors.org.uk • www.questors.org.uk/whatson

Beaufort Players

FRIDAY-SATURDAY 10-11 & THURSDAY-SATURDAY 16-18 JULY

VETTING PROCEDURES

A pawsome new play, full of mix-ups and misunderstandings at Little Paws Pet Clinic. Don't miss the tail-spinning chaos in this original comedy by Thomas Cobb.

7pm & 8pm (check box office for details). *Church of the Ascension, Beaufort Road, W5 3EB*

£12 - £15

Tickets: boxoffice@beaufortplayers.org.uk • 07730 572389

Enquiries: 07803 091348 • contact@beaufortplayers.org.uk • www.beaufortplayers.org.uk

SPRING & AUTUMN

Drama Studio London

MONDAYS - SATURDAYS

ADULT ACTING CLASSES AND SUMMER SCHOOLS

Spring and Autumn adult evening classes for 18+, and 1- or 2-week Summer Schools for both 16-18 years and 18+, all delivered by industry professionals. Details and booking online.

Drama Studio London, Grange Court, Grange Road, Ealing, W5 5QN

020 8579 3897 • info@dramastudiolondon.co.uk • www.dramastudiolondon.co.uk/part-courses/

Facebook: www.facebook.com/dramastudiolondon

Leisure

REGULAR EVENTS

West London Group of Ramblers Association

SATURDAYS, SOME SUNDAYS & VARIOUS WEEKDAYS

MAKE NEW FRIENDS, IMPROVE YOUR HEALTH AND ENJOY OUR LOVELY TOWN AND COUNTRYSIDE

Walks are 4-12 miles, led by volunteers and carefully graded. Almost all our walks are accessible by public transport and have a lunchtime picnic/pub/cafe stop. There is usually no need to book - just turn up and introduce yourself to the leader.

Please see website details for each walk.

No charge, but after a couple of 'taster' walks you will need to join the RA.

secretary@westlondonramblers.org.uk • www.westlondonramblers.org.uk

Facebook: West London Ramblers

Perivale Social Group

THURSDAYS

We are a recent welcoming, happy group - not just in Perivale, but all surrounding areas. Would you like to join us? We feature important, gentle, healthy exercise, health checks, friendship, quizzes, bingo, games, refreshments, speakers, and annual seaside trips.

11am - 2pm. *Perivale Community Centre, Horsenden Lane South, UB6 7NP*

£3 per session.

Irene McQuillan: 07958 707253

Multi-activity

AUGUST

IMPACT Theatre

MONDAY 3 - FRIDAY 14 AUGUST

RED ROPE LIVE, SUMMER SHOWCASE, HARMONY AND NATURE FESTIVAL

Prepare for two weeks of activities celebrating the talents of neurodivergent performers and artists. There will be screenings of immersive film *Red Rope* with a live performance aspect from 3 to 7 August, a musical Summer Showcase on 8th August, and a Harmony in Nature festival from 10 to 14 August.

All day. *IMPACT Community Arts Centre, Ealing Central Sports Ground, Horsenden Lane South, Perivale, UB6 8GP*

www.impacttheatre.co • www.facebook.com/impacttheatreuk/

HARMONY AND NATURE FESTIVAL

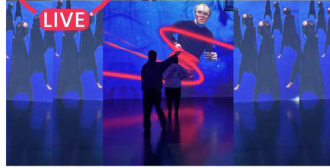
SUMMER
SHOWCASE



8TH AUGUST 2026
12PM-6PM

- LIVE MUSIC
- COSTUME & CLOTHING SALE
- SWEET CHARITY SHOP OPEN
- CAFÉ OPEN
- CORAL REEF WORKSHOP
- TOMBOLA
- CRAFT & INFO STALLS
- HAND MASSAGE
- FLOWER ARRANGING

Red Rope
LIVE



IMMERSIVE LIVE SHOW
RED ROPE

MON 3RD & TUES 4TH AUGUST
11AM
SCHOOLS VIEWING

WEDS 5TH AUGUST*
11.30AM & 5.30PM

THURS 6TH* & FRI 7TH AUGUST*
2PM

SAT 8TH AUGUST*
1PM

IMagine Perform And Create Together



*MOST ACTIVITIES ARE FREE. HOWEVER, PLACES ON SOME ACTIVITIES ARE LIMITED. BOOK VIA WEBSITE, OR SCAN THE QR CODE

0208 997 8979

WWW.IMPACTTHEATRE.CO

IMPACT COMMUNITY ARTS CENTRE
EALING CENTRAL SPORTS GROUND
HORSENDEN LANE SOUTH
PERIVALE UB6 8GP

CREATIVE WORKSHOPS

MON 10 TH AUGUST	TUE 11 TH AUGUST	WED 12 TH AUGUST	THU 13 TH AUGUST	FRI 14 TH AUGUST
PHOTOGRAPHY DISPLAY POETRY AND CREATIVE WRITING DISPLAY CREATIVE HEALTH WORKSHOP* 10.30-11.30	PHOTOGRAPHY DISPLAY POETRY AND CREATIVE WRITING DISPLAY ENVIRONMENTAL DRAMA 10.30-11.30AM	PHOTOGRAPHY DISPLAY POETRY AND CREATIVE WRITING DISPLAY FASHION SHOW* 11.30AM	PHOTOGRAPHY DISPLAY POETRY AND CREATIVE WRITING DISPLAY YOGA DEMONSTRATION 11.30AM	PHOTOGRAPHY DISPLAY POETRY AND CREATIVE WRITING DISPLAY LIVE DRAMA PERFORMANCE 10.30-11.30AM
DRAMA WORKSHOP* 11.45-1.15PM	DRUMMING WORKSHOP* 1.30-2.30PM	SCREENING OF MUSIC VIDEOS IN THEATRE	DRAMA WORKSHOP*	TAI CHI DEMONSTRATION 11.30AM
SIGN DANCE WORKSHOP* 1.30-2.30PM	CREATIVE HEALTH WORKSHOP* 2.30-3.30PM	FLOWER ARRANGING*	CRAFT WORKSHOP*	ALL ACTIVITIES END AT 12.30PM
MUSIC PRESENTATION WITH CHOIR 3.00PM		4.30PM BAND PERFORMANCE FASHION SHOW* 5.30PM	YOGA DEMONSTRATION 2.30PM	

Younger Years

REGULAR EVENTS

Suzanne Gribble – Iyengar Yoga
YOGA CLASSES

MOST DAYS

Iyengar yoga classes help improve flexibility, alignment, strength and stamina and help quieten the mind, using props to help students access the poses safely. All ages and abilities welcome. Suzanne teaches a variety of classes in Ealing open to beginners, and a Saturday class for children/teenagers. See her website for details and booking and do get in touch with any queries. *Monday, Tuesday, Wednesday and Saturday mornings in Ealing Tuesday evenings*

Children / Teenagers – Saturday mornings

Venues: Northfields Community Centre W13, The Garden Studio W5, The Bhavan W14

07916 145786 • suzanne.gribble@gmail.com • suzannegribbleyoga.com

www.facebook.com/SuzanneGribbleIyengarYogaTeacher/

Questors Young Musicians Club

SATURDAYS IN TERM-TIME

MUSIC LESSONS FOR AGES 18 MONTHS - 18 YEARS

We offer a variety of music lessons to students aged 18 months - 18 years, including introduction to music group classes for Early Years, a wide range of ensembles, instrumental lessons and group classes for students with SEND.

8.30am - 1pm. Little Ealing Primary School, Weymouth Avenue W4 5EA

Prices vary according to classes. See website for details.

Archie.qymc@gmail.com • www.qymc.org

Ealing Kung Fu School

MONDAYS, WEDNESDAYS & THURSDAYS

SHAOLIN KUNG FU & QIGONG CLASSES

Discover the power of Shaolin Kung Fu, Tai Chi, and Qigong at Ealing Kung Fu School – where every class is a step toward strength, focus and confidence. Whether you're seeking fitness, self-defence, or simply a fresh challenge, our expert instructors guide you through a rewarding journey that grows with you. Join a welcoming community, and transform training into a lifestyle that energises both body and mind.

Children Kung Fu 6.30-7.30pm Mondays & 5.30-6.30pm Thursdays

Adults Kung Fu 7.30-9.30pm Mondays & Wednesdays

Drayton Manor High School, Drayton Bridge Road W7 1EU

07766 240347 • www.ealingkungfuschool.com • www.facebook.com/ealingkungfuschool

Want to be sure of getting *What's On*?

Would you like to have your copy of *What's On* delivered regularly by post?

If so, you will be more than welcome to join our Supporters' mailing list.

The annual (October - September) subscription is £10, or for April - September it's £5 per household.

You can send a cheque made out to 'Ealing Arts' with your name and address, or phone or email for online bank details.

Contact: Ealing Arts Supporters, 68 Elers Road, London W13 9QD
020 8567 4075 • membership@ealingarts.org.uk

EA&L Members

ART & CRAFTS

Borough of Ealing Art Trail (BEAT)
 Ealing Art Group
 Ealing Flower Club
 Ealing Quilters
 Pamela Lloyd-Jones Art Classes
 Patricia Burbidge Watercolour Classes

CULTURE & LEARNING

CEPAC - Campaign for an Ealing Performance and Arts Centre
 Ealing Over-60 Network (EON)
 Ealing Readers
 Ealing u3a
 Friends of Marcq-en-Baroeul
 Historical Association: Ealing Branch
 Rainbow Poetry Group

DANCE & MOVEMENT

Cath Barnes-Holt Iyengar Yoga
 Dalcroze Eurhythmics Ealing
 Ealing Kung Fu School
 Greenford & District Caledonian Association
 Mehran Ghodsi Chair Yoga
 Patricia Lajtai – Pilates
 Suzanne Gribble - Iyengar Yoga
 Vitality Leap / Fireside Lodge
 Yoga with Loretta

DRAMA & FILM

Beaufort Players
 Drama Studio London
 Impact Theatre
 Pisces Players (Popup Theatre)
 The Questors Theatre

LEISURE

Charlemagne Wine Club
 Perivale Social Group
 West London Ramblers

MUSIC

Brentham Ladies' Choir
 Capital Concert Brass
 The Chamber Music Collective
 Chiswick Chamber Orchestra
 Ealing Chamber Music Club
 Ealing Choral Society
 Ealing Junior Music School
 Ealing Symphony Orchestra
 Ealing Voices
 Gloc Musical Theatre
 Hanwell Voice Studio
 HEOS Musical Theatre
 Julian Light Operatic Society
 Music at St Mary's Perivale
 Questors Choir
 Questors Young Musicians Club
 St Michael & All Angels Bedford Park
 St Peter's Acton Green
 West London Sinfonia

MORE THAN ONE ACTIVITY

Ealing Yoga, Meditation & Philosophy Centre

**Interested in listing your club or event in Ealing Arts & Leisure?
 You'll need to join. Visit ealingarts.org.uk/join or call 020 8567 4075**

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