

Ealing
Arts &
Leisure

AUGUST - SEPTEMBER 2026

What's On



Arts and leisure
activities across the
borough of Ealing

EVENTS INSIDE THIS ISSUE

Music, Art, Crafts, Culture,
Education, Dance, Movement,
Drama, Poetry, Leisure,
Younger Years

ealingarts.org.uk

ISSUE NO. 235

REGISTERED CHARITY NO. 290432

What's On – so much to do in Ealing

Let's admit it: August is a quiet month for one-off events, so full marks to the Impact Theatre (see p18), and the Festival of Biblical Literature (p11 and the back cover), who have the month more or less to themselves. But you'll want to get outdoors, so do take a look at the Ramblers (p17) and Vitality Leap (pp13&14). And many of our special-interest groups keep going through the summer, so there's plenty to get you out of the house.

Then in September everything springs back into life, and it can be a great time for something new. There's so much going on in Ealing!

All of our members are listed on the back cover, and you can find out about them via their entries here, via our website Members section, or by phoning EA&L on 020 8567 4075 if the internet is not for you.

Copies of *What's On* can go quickly. See the inside back cover if you'd like to have it delivered to you.

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Find us online at
ealingarts.org.uk

 facebook.com/EalingArts

Want to know how to list an event
or advertise here?

Visit ealingarts.org.uk/join
or phone 020 8567 4075

EA&L, 68 ELMERS ROAD, LONDON W13 9QD

Chairman: Gill Rowley Secretary: Dorrie Baker Treasurer: Colin Easton

Membership Secretary & Diary Editor: Richard Partridge

NOTE TO MEMBERS: Final entry for the October-November issue is 1 September.

NB: Display ads may also be placed by non-members. See www.ealingarts.org.uk/help

Ealing Arts & Leisure

Music



MUSIC AT ST MARY'S PERIVALE

Concerts by world-class soloists and ensembles at **2pm** each **Tuesday** and some **Thursdays (Sundays at 3pm)** at this 12th-century church, West London's foremost classical music venue. Plus a **jazz session** once a month.

Perivale Lane, UB6 8SS

All concerts livestreamed in high definition: full details, plus links to previous concerts, at www.st-marys-perivale.org.uk



SEPTEMBER

Ealing Voices

THURSDAY 3 SEPTEMBER

OPEN REHEARSAL FOR HANDEL'S DIXIT DOMINUS

Our first rehearsal of the Autumn term – come and run through some of the pieces we are singing this term, which include Pergolesi's *Stabat Mater* and Purcell's *Hear My Prayer*, then join us for a social drink in the church afterwards.

7.30pm. *St Matthew's Church, North Common Road, Ealing, W5 2QA*

info@ealingvoices.org.uk • www.ealingvoices.org.uk • www.facebook.com/groups/18533554000

Ealing Symphony Orchestra

THURSDAY 3 SEPTEMBER

NEW SEASON

If you're a good amateur player looking for an orchestra with an interesting repertoire, take a look at our website; there's usually room for more strings. We'll be preparing for Averil Coleridge-Taylor, Rachmaninov and Franz Schmidt on 10 October.

Rehearsals on Thursdays in central Ealing

www.ealingso.org.uk

HEOS Musical Theatre

NEW SEASON LAUNCH NIGHT

MONDAY 7 SEPTEMBER

Join one of the premier musical theatre groups in West London for our exciting new season.

Perform in *The Great British Bake Off Musical* next spring at Questors Theatre, or appear in our traditional family pantomime this December.

Great British Bake Off rehearsals are on Monday (ensemble) and Thursday evenings (principals), with everyone called for both evenings and Sunday afternoons leading up to the show. Pantomime rehearsals are on Sunday afternoons, plus Tuesday evenings near performance time.

Principals' auditions are in September/October. There are no auditions to join the chorus, and no previous experience is necessary. Learn more at our launch night.

7.30 for 8pm. Northolt Methodist Church Hall, UB5 5AE

07708 277327 • info@heos.org.uk • www.heos.org.uk • Facebook: @heosmusicaltheatre

Looking ahead: OCTOBER

Gloc Musical Theatre

GLOCTAIL HOUR

WEDNESDAY - SATURDAY 21-24 OCTOBER

Save the date: Ealing musical theatre company Gloc returns this October with *Gloctail Hour*, a fresh cabaret-style twist on its annual compilation show.

Following recent, award-winning productions of Disney's *Beauty and the Beast* and *We Will Rock You*, this talented bunch is turning St Benedict's into its very own cabaret room for four nights only, with songs from the most amazing musicals including *Cabaret*, *Chicago*, *A Chorus Line* and *Waitress*, plus a touch of Bond glamour with *Skyfall*. Pop the dates in your diary so you won't miss this!

7.30pm. St Benedict's School, 54 Eaton Rise, W5 2ES. Box office details to be released soon.

www.glocmt.co.uk

REGULAR EVENTS

The Hanwell Voice Studio

SINGING LESSONS

Singing lessons with a professional opera singer from English National Opera. Master a solid vocal technique, essential for success in performance. Tuition for all musical styles. Beginners welcome. Virtual singing lessons also now available.

The Hanwell Voice Studio, W7

Enquiries (Lydia Marchione, AGSM): 07791 170662 • www.lydiamarchione.com

Questors Young Musicians Club

MUSIC LESSONS FOR AGES 18 MONTHS - 18 YEARS

SATURDAYS IN TERM-TIME

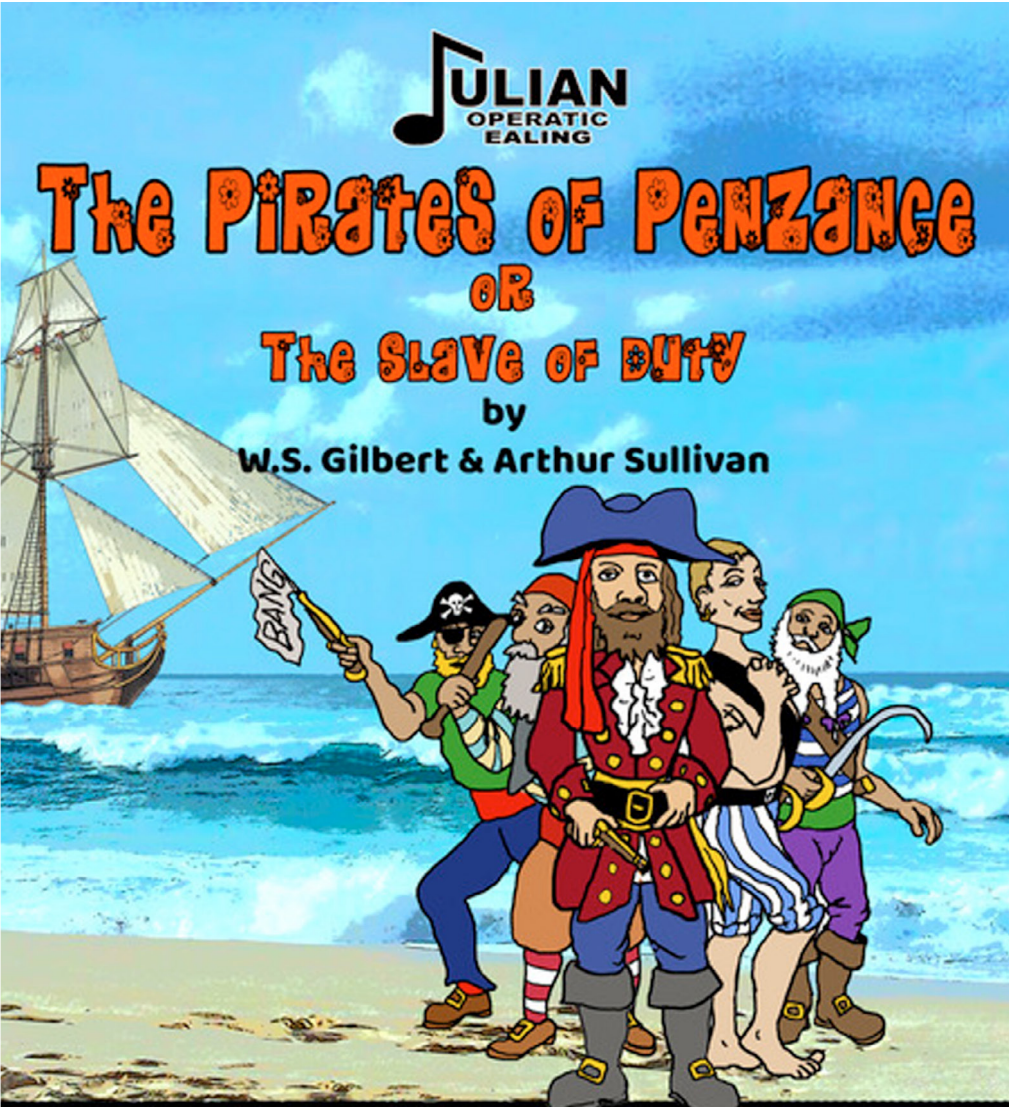
Younger Years

We offer a variety of music lessons to students aged 18 months - 18 years, including introduction to music group classes for Early Years, a wide range of ensembles, instrumental lessons and group classes for students with SEND.

8.30am-1pm. Little Ealing Primary School, Weymouth Avenue W4 5EA

Prices vary according to classes. See website for details.

Archie.qymc@gmail.com • www.qymc.org



JULIAN
OPERATIC
EALING

The Pirates of Penzance

OR

The Slave of Duty

by
W.S. Gilbert & Arthur Sullivan

The Questors Theatre Ealing
8 - 10 October 2026 at 7.30pm
Saturday Matinée at 2.30pm

Tickets £25 + concessions: The Questors Theatre Box Office
020 8567 0011 or www.questors.org.uk
or visit www.julianoperatic.org for further details

NODA
for every stage

Julian Light Operatic Society: Registered Charity No 1103764

Music at St Mary's Perivale

SUNDAY AFTERNOON CONCERTS AT ST MARY'S PERIVALE

13 September: Julia Blachuta (violin)
 27 September: Elsa Grether (violin)
 3pm. St Mary's Perivale, Perivale Lane, UB6 8SS
 Free with voluntary donations

020 8997 7691 • hmath@btopenworld.com • www.st-marys-perivale.org.uk

Ealing Chamber Music Club

The club allows amateur players to find other people with similar interests and abilities, and then to put together groups for works they'd like to play. Players can perform to other club members at the monthly meeting, which takes place at 8pm on the second Monday of every month except January and August at St Mary's Perivale, Perivale Lane, UB6 8SS.

Please check our website nearer the time for further details.

djrsmith@aol.com • www.ealingchambermusic.wordpress.com

Ealing Choral Society

SING WITH US!

Rehearsals begin 7 September 2026. Concerts this season include: Duruflé Requiem, our annual charity carol concert, Chilcott's *Five Days that Changed the World*, and a very special summer concert: Verdi's Requiem at the Royal Festival Hall.

7.35-9.45pm. Ealing Green Church Hall, Ealing Green, W5 5QT

Free membership for 16-23, substantial reductions for under 30 years, and 50% reduction for new tenors and basses!

07932 460388 • membership@ealingchoralsociety.org.uk • www.ealingchoralsociety.org.uk
 Facebook: EalingChoralSoc

Music at St Mary's Perivale

WEEKDAY AFTERNOON CONCERTS AT ST MARY'S PERIVALE

Tuesday 8 September: Jose Navarro-Siberstein (piano)

Thursday 10 September: Jazz – Steve Vintner quartet

Tuesday 15 September: Michal Szymanowski (piano)

Tuesday 22 September: Victoria Wong (piano)

Thursday 24 September: The Perivale Piano Trio

Tuesday 29 September: Roman Kosyakov (piano)

2pm unless stated otherwise. St Mary's Perivale, Perivale Lane, UB6 8SS

Free with voluntary donations.

020 8997 7691 • hmath@btopenworld.com • www.st-marys-perivale.org.uk

Questors Choir

SING IN HARMONY WITH US

We are a friendly mixed-voice group of around 80 singers. Led by our inspiring musical director, Paul Ayres, our repertoire ranges from classical to contemporary, including opera, musical theatre, folk music and popular songs. There are no auditions, and no previous experience is required - only enthusiasm!

7.30-9.30pm. St Barnabas Church, Pitshanger Lane, Ealing, W5 1QG

07821 587670 (musical director) • more@questorschoir.org • www.questorschoir.org
 www.facebook.com/QuestorsChoir

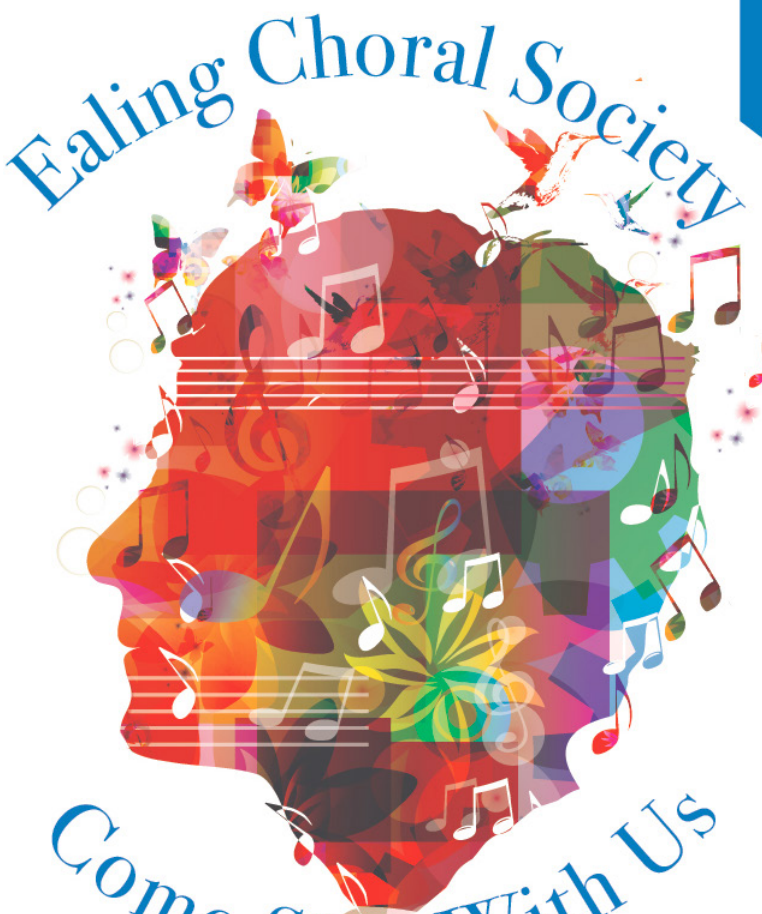
SUNDAYS

MONDAYS

MONDAYS

TUESDAYS, THURSDAYS, ETC

WEDNESDAYS



Ealing Choral Society

Come Sing With Us

www.ealingchoralsociety.org.uk | membership@ealingchoralsociety.org.uk | 07932 460 388

Choral music from Baroque to Contemporary
 In 2026-27: Duruflé Requiem Britten Ceremony of Carols, Charity Carol Concert, Chilcott Five Days that Changed the World, and Verdi Requiem at the Royal Festival Hall

Rehearsals every Monday 7:35-9:45 pm
 Ealing Green Church Hall W5 5QT
 All Voice Parts Welcome

Free membership 16-23 year olds | Reduced membership for under 30s
 50% reduced membership new tenors and basses
 Charity 278174

First Rehearsal
7
September
2026
Come try us out!

Ealing Voices SING WITH US

THURSDAYS

Join our friendly, un-auditioned choir! We welcome new singers with some choral experience in all voice parts. We perform three concerts per year in Ealing – please see the website for our current programme and schedule. Music Director: Michael Veazey.

Term-time, 7.30-9.30pm. St Matthew's Church, North Common Road, W5 2QA

£65 per term (concessions available) info@ealingvoices.org.uk • www.ealingvoices.org.uk

Brentham Ladies' Choir

THURSDAYS

Brentham Ladies' Choir is a small, friendly choir that always welcomes new members. We sing a variety of music including folk songs, light classical, and songs from the musicals. This choir has existed for more than 40 years, and is now under the enthusiastic direction of John Hudson. There is no formal audition, and we do not require previous experience or for you to read music, but you must be able to sing in tune! We offer a free three-week trial period, so why not find that voice again?

Next concert: 1.30pm, Thursday 10 December. St Barnabas Church Hall.

1.30-3pm in school term time. St Barnabas Church Hall, Pitshanger Lane, W5 1QG (on E2 and E9 bus routes)

£40 per term.

Secretary (Genevieve Ellis): 079797 52424

Capital Concert Brass COME AND PLAY BRASS!

THURSDAYS

CCB is a small group mostly playing brass instruments, plus other instruments too sometimes. Our aim is to enjoy ourselves and entertain others. We welcome brass players, including 'rusty' ones, music readers interested in learning brass, and others with compatible instruments.

Weekly at 8pm. Holy Cross Church, Ferrymead Gardens, Greenford, UB6 9NJ

Modest subscription

alan@capitalconcertbrass.co.uk • www.capitalconcertbrass.co.uk

Julian Light Operatic Society

THURSDAYS

Calling all Gilbert & Sullivan fans. We perform one of their wonderful comic operas each October and a selection of their songs and music in early spring in the Playhouse and the Studio at Questors Theatre, Mattock Lane, Ealing. All ages are welcome to join us whether experienced or those starting out, especially sopranos and altos. Registered Charity No 1103764.

Thursdays 7.45-9.45pm. Haven Green Baptist Church, Castlebar Road, Ealing W5 2UP (2 minutes walk from Ealing Broadway station).

Contact: inform@julianoperatic.org • www.julianoperatic.org

Art & Crafts

SEPTEMBER

Borough of Ealing Art Trail (BEAT)

WEEKENDS 5-6, 12-13 SEPTEMBER, ETC

2026 is BEAT's 10th year. BEAT has now become an eagerly-awaited fixture in Ealing's cultural diary, and this year we will have more than 230 artists exhibiting in a wide range of media at 70 venues around the borough. In addition we will be running a Small Canvas (20cm x 20cm) Exhibition at Ealing Central Library between 23 August and 20 September; work for sale there will come exclusively from BEAT artists, and all the proceeds go to our chosen local charity, Ealing Food Bank. Look for our handy pocket-sized brochure, which becomes available during August, or check out our website for full details of the event.

11am-6pm on each of the weekend event days, plus opening on Wednesday 9 September evening at a limited number of venues. Please check the brochure.

70 venues spread around Ealing Borough: details in the brochure. Entry is free to every venue.

07934 773098 • info@ealingbeat.org.uk / jorgensenmark1950@gmail.com • www.ealingbeat.org.uk

Facebook: EalingBeat

Ealing Art Group

SATURDAYS & SUNDAYS 5-6 & 12-13 SEPTEMBER

EALING ART GROUP AT BEAT

Ealing Art Group will be taking part in BEAT at two venues.

10am-6pm both weekends. The Potting Shed, Boston Manor Park, Brentford, TW8 9JU

10am-6pm 12-13 September only. St Barnabas Church, Pitshanger Lane, W5 1QG

LONG-TERM AND REGULAR EVENTS

Ealing Art Group

VARIOUS DATES & TIMES

Love art and would like to be part of a lively local group interested in all aspects of art? Ealing Art Group offers the opportunity to exhibit regularly, as well as participate in lectures/demonstrations and occasional visits to places of artistic interest. Visit our website for further information.

Secretary: 020 8998 5662 • ealingartgroup@gmail.com • www.ealingartgroup.co.uk

Facebook: www.facebook.com/ealingartgroup

Pamela Lloyd-Jones Art Classes

SATURDAYS

LIFE DRAWING WORKSHOP

Tutored longstanding friendly supportive group with great models. Three hours of drawing; all materials and refreshments supplied and included in price.

Monthly on Saturday mornings. Confirm dates with Pamela via email.

10am-1pm. The Brentham Club, 38a Meadvale Road, Ealing, W5 1NP (near Pitshanger Lane)

£25 inclusive (payable by card on the day)

Enquiries: 07941 938466 • pamelalloydjones@hotmail.com • www.pamelalloydjones.com

Patricia Burbidge Watercolour Classes

WATERCOLOUR PAINTING

TUESDAYS

A friendly watercolour class. All levels welcome. We paint a variety of subjects including landscape, still life, figure and abstract compositions.

Tuesdays 15 September - 1 December, 9.15am-12.30pm. £100 for 10 classes.

Northfields Community Centre, 71 Northcroft Road, W13 9SS

07889 502319 • patricia.burbidge@gmail.com

Ealing Flower Club

FLORAL DESIGN DEMONSTRATIONS

WEDNESDAYS

19 August: In-house workshop titled *Ready, Steady, Flower Arrange*. Come and join us and see what you can do!

16 September: *Sweet Tooth* is our guest demonstrator Alison Gillott's title for tonight. Come see what she will do, and you could win one of her creations in our raffle.

7pm for 7.30 start. St Barnabas Church Hall, Pitshanger Lane, W5 1QG. Buses E2 & E9 go past the door, or roadside parking.

Visitors: first visit free; thereafter £7 per session or become a member.

Enquiries: (Jenni) 07772 975554 / 020 8998 0186 • jennisworld48@hotmail.com

www.ealingflowerclub.godaddysites.com • Facebook: Ealing Flower Club

Ealing Quilters

THURSDAYS

17 September: We'll look at Bonded Applique – using Bondaweb or Interfacing/Vliesine. Bring scissors and your hand sewing kit along with some background fabric and others to cut up. We're aiming to make a mug rug/coaster or two, one to be swapped at the Christmas meeting.

15 October: The theme is Broderie Perse – either bonded or hand applique for this technique. Bring background fabric and motifs to cut out. Bring some embroidery threads for decorative hand stitching, as well as a hand sewing kit.

7.30-9.30pm. St Andrew's Church Centre (1st floor training room), Mount Park Road, W5 2RS

£4 (members free)

Enquiries: 07929 801724 (Jackie Foreman) • kayetelford@hotmail.com

Culture & Learning

MANY DATES

Friends of Marcq-en-Baroeul

EALING'S TWIN TOWN IN FRANCE

The Friends of Marcq is a local group promoting friendship and activities between Ealing and Marcq-en-Baroeul, which is close to Lille, so easily accessible. Knowledge of French is not necessary for many of the organised events. We offer exchange visits to France for language and cultural weekends. There are also French classes at various levels, and a variety of activities throughout the year in Ealing.

Enquiries: 07887 877630 • 020 8568 6159 • info@fomeb.eu • www.fomeb.eu

Facebook: Les Amis d'Ealing/Friends of Marcq • www.facebook.com/groups/3139986216275513

AUGUST

Festival of Biblical Literature

WEDNESDAY - FRIDAY 12-14 AUGUST

The festival celebrates the Bible as a collection of literature, with seminars, music and poetry. The speakers have an academic background, including the University of Cambridge and the University of Durham. The festival is independent of and does not receive funding from any religious, political or ideological group. It is organised and funded independently by James Priestman, who is a Quaker. The festival does not include any worship or prayer. The purpose of the festival is to bring people together, whether or not they are religious. This year we are pleased to welcome the TS Eliot prizewinning poet Philip Gross. A ticket entitles you to lunch and refreshments.

9.45am - 5pm each day. Ealing Quaker Meeting House, 17 Woodville Road, W5 2SE

Tickets available for full festival or single days: discounts for groups, or under-26; see website.

See advert on back cover.

info@festivalofbiblicalliterature.co.uk • www.festivalofbiblicalliterature.co.uk/

Facebook: Festival of Biblical Literature

REGULAR & CONTINUING EVENTS

Ealing Readers

MONDAYS

We are an informal book group, and we welcome new members. Our reading list covers a wide range of genres with a focus on contemporary fiction. We meet at 7.30 for a 7.45 start, beginning with an introduction to the book of the month followed by a lively discussion.

7.30pm. Castle Inn, 36 St Mary's Road, W5 5EU.

Enquiries: hazannewilliams@gmail.com

Ealing Over 60 Network (EON)

MONDAYS

FRIENDLY INFORMAL OLDER PERSONS' SOCIAL CLUB

Social events, talks, quizzes, films, art/craft, music, poetry appreciation etc. Disabled-friendly venue. Free car park. Near Ealing Broadway.

Most Mondays except bank holidays and August.

1.30 for 2pm. Ealing Quaker Meeting House, 17 Woodville Road, W5 2SE

Door donation up to £5

020 8810 6753 • arratoon.arratoon@gmail.com

Historical Association: Ealing Branch

TUESDAYS

Our talks are open to everyone who is interested in history – world, national and local – and its relevance to our own times. We usually meet on the 2nd Tuesday of the month. Please see our website www.ealinghistory.org.uk for up-to-date details and access to meetings.

8 September: Talk by Ross King, author: *The Bookseller of Florence: Vespasiano da Bisticci and the Manuscripts that Illuminated the Renaissance*

7.30pm. Ealing Green Church, The Green, W5 5QT

Members £20 per annum, visitors £5 per talk, students free.

Enquiries: 07922 046578 • philipgwoods@outlook.com • www.ealinghistory.org.uk

Facebook: Ealing Historical Association

Rainbow Poetry Group

TUESDAYS

August & September: Elizabeth Jennings will be the poet of choice on 11 August. Bring two of her poems to read, or just listen. Fantasy or Dreams may inspire you for 8 September meeting.

2.30-4pm. Hanwell Community Library, Cherington Road, W7 3HL

First visit free, donation for the Library upkeep thereafter

Enquiries: smtpearce@btinternet.com

Ealing Yoga, Meditation & Philosophy Centre

WEDNESDAYS & THURSDAYS

MIXED-LEVEL MEDITATION

This is a mixed-level class, suitable for those who have experience of meditation and those new who wish to learn how to meditate. For new students, there is a 'taster'. Thereafter, it is recommended that students commit to and pay in advance for all the remaining five sessions in the first half of term, to gain maximum benefit.

6-7.30pm Wednesdays 9 September - 9 December (no class on 28 October)

PHILOSOPHY & MEDITATION

This class is suitable for those who have some knowledge of Yoga Philosophy in its various forms, and also experience of meditation and Pranayama techniques.

8-9.30pm Thursdays 10 September - 10 December (no class on 29 October)

All above: Block booking 5+ sessions £12 (members £10) per session, or £13 per session drop-in Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

07918 622995 • enquiries@ealingyogamedpc.org.uk • www.ealingyogamedpc.org.uk

Facebook: Ealing Yoga Meditation & Philosophy Centre

Ealing u3a

THURSDAYS & OTHER DAYS

TALKS PROGRAMME and 55 INTEREST GROUPS

U3A is an organisation for those retired or no longer in full-time work. Members organise activities for each other. U3A offers the opportunity for those with a thirst for knowledge and learning to continue their educational, creative and social interests in a friendly, encouraging atmosphere.

Talks programme, visits and 55 interest groups meeting in venues around Ealing.

Talks: most Thursdays 10am. Ealing Green Church, W5 5QT

Visitors £3

07504 667005 • membership@u3aealing.org.uk • www.u3aealing.org.uk

Dance & Movement

REGULAR EVENTS

Suzanne Gribble – Iyengar Yoga

MOST DAYS

YOGA CLASSES

Iyengar yoga classes help improve flexibility, alignment, strength and stamina and help quieten the mind, using props to help students access the poses safely. All ages and abilities welcome. Suzanne teaches a variety of classes in Ealing open to beginners. See her website for details and booking and do get in touch with any queries.

Monday, Tuesday, Wednesday and Saturday mornings in Ealing

Tuesday evenings

Venues: Northfields Community Centre W13, The Garden Studio W5, The Bhavan W14

07916 145786 • suzanne.gribble@gmail.com • suzannegribbleyoga.com

www.facebook.com/SuzanneGribbleIyengarYogaTeacher/

Vitality Leap

SATURDAYS

NORDIC WALKING COURSE

Nordic Walking was invented as the summer training of the Finnish Olympic cross country team. In this sportive way of walking, you drive yourself forward with your poles, achieving a full-body workout; fostering heart health, fitness and agility. Take the 2-hour course either in one go (Active level), or as two single hours (Moderate).

22 August, 5 & 19 September, 9.30-11.30 (Active), or 12-1pm (Moderate). Outdoors in Hanwell

£48

07766 464623 (Andrea) • vitalityleap@gmail.com • www.vitalityleap.com/nordiccourses.html

Chair Yoga

MONDAYS

Enjoy the gentle yoga exercises and relaxation from the comfort and safety of your chair.

This yoga class is practised sitting or standing, using the chair for support.

Every Monday, 11.30am-12.45pm. St Andrew's Church Centre, Mount Park Road, Ealing, W5 2RS

£15 per session

07952 668820 • mehran.ghodsi@hotmail.co.uk

Ealing Kung Fu School

MONDAYS, WEDNESDAYS & THURSDAYS

SHAOLIN KUNG FU & QIGONG CLASSES

Younger Years

Discover the power of Shaolin Kung Fu, Tai Chi, and Qigong at Ealing Kung Fu School – where every class is a step toward strength, focus and confidence. Whether you're seeking fitness, self-defence, or simply a fresh challenge, our expert instructors guide you through a rewarding journey that grows with you. Join a welcoming community, and transform training into a lifestyle that energises both body and mind.

Children Kung Fu 6.30-7.30pm Mondays & 5.30-6.30pm Thursdays

Adults Kung Fu 7.30-9.30pm Mondays & Wednesdays

Drayton Manor High School, Drayton Bridge Road W7 1EU

07766 240347 • www.ealingkungfuschool.com • www.facebook.com/ealingkungfuschool

Vitality Leap

TAI CHI CHUAN - 4 WEEK INTRO COURSE

MONDAYS & FRIDAYS

Tai Chi Chuan is a moving meditation and an ancient martial art. It gives you a gentle workout that fosters general fitness, strength, balance, agility and memory. We are a friendly group and we train with focus, and we also like a good laugh and some social time after class.

Either Fridays from 11 September, 11.30am-12.30pm. Northfields Community Centre, W13 9SS

Or Mondays from 14 September, 10.30-11.30am. St Mary's Church Hall, Hanwell, W7 3QP

£48 for four classes

07766 464623 (Andrea) • vitalityleap@gmail.com • www.vitalityleap.com/taichibeginner.html

Yoga with Loretta

TUESDAYS

All levels welcome. Leave your cares behind, stretch and re-align your body. I'll help you progress, improve and work on your individual needs.

7.30-9pm. St Peter's Church Hall, 56 Mount Park Road, Ealing W5 2RU

£13 drop-in or £60 for 6 weeks

07866 905128 • LorettaYoga6@gmail.com • www.yogaloretta.co.uk

Greenford & District Caledonian Association

SCOTTISH COUNTRY DANCING

TUESDAYS

All are welcome. Dances are walked through – all you need is a soft pair of shoes and plenty of enthusiasm. Tea / coffee served in the break. Group meets September to June.

8-10 pm. St Thomas the Apostle Church Hall, 182 Boston Road, Hanwell, W7 2AD

£5 for members, £6 for non-members (first session free)

07787 925022 • janetcmacphail54@gmail.com • www.greenfordcaledonian.net

Ealing Yoga, Meditation & Philosophy Centre

TUESDAYS, WEDNESDAYS & THURSDAYS

GENERAL YOGA CLASSES

Mixed-ability classes suitable for all levels, including beginners

10-11.15am or 11.30am-12.45pm, Tuesdays 8 September - 8 December (no class on 27 October)

MIXED-ABILITY YOGA

A general class where beginners and continuing students are welcome. Apart from postures, breathing exercises and guided relaxation are part of the sessions.

8-9.30pm, Wednesdays 9 September - 9 December (no class on 28 October)

GENERAL YOGA CLASS

Yoga postures are a remedy for the whole person. They promote health and energy. There is no achievement level or competition. Everybody is welcome, regardless of age, gender, body shape or previous experience.

6.30-8pm, Thursdays 10 September - 10 December (no class on 29 October)

All of the above at Ealing Quaker Meeting House, 17 Woodville Road, Ealing, W5 2SE

£156 for full course or £78 for each half (£130 or £65 for members) or £13 drop-in

07918 622995 • enquiries@ealingyogamedpc.org.uk • www.ealingyogamedpc.org.uk

Facebook: Ealing Yoga Meditation & Philosophy Centre

Patricia Lajtai – Pilates

MONDAYS, TUESDAYS & FRIDAYS

Would you like to improve your posture, and enhance your mobility and strength? You're welcome to join our friendly group and begin your journey of feeling more at ease and empowered in your body. Classes are suitable for over-60s.

Mondays 10-11am online via Zoom: £10 per class

Tuesdays and Fridays 1-2.15pm in person: £60 for 5 classes or £14 for single class

Innovation Dance Studio, 120 Pitshanger Lane, Ealing, W5 1QX

07816 760502 • patricia.lajtai@btinternet.com

Cath Barnes-Holt Iyengar Yoga

FRIDAYS

Lovely friendly Iyengar yoga class for all levels (beginners welcome) – to help release and realign the body, calm the mind, raise energy levels, ease stiff joints, improve posture and flexibility, plus more! The class is live-streamed so you can join from home if you prefer.

Cath also teaches private sessions on other days at her home studio.

10-11.30am. Ealing Personal Training, 2 St James Avenue, W13 9DJ (above Sainsbury's car park)

07909 995408 • cath@cathbarnesholt.co.uk • www.cathbarnesholt.co.uk

Facebook: <https://www.facebook.com/cathyogabee>

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Contact: Ealing Arts Supporters, 68 Elers Road, London W13 9QD
020 8567 4075 • membership@ealingarts.org.uk

Drama

IMPACT Theatre

IMPACT is a theatre company for performers and artists with learning disabilities. We offer a huge range of performing and creative arts activities, both on stage and behind the scenes.

IMPACT Community Arts Centre, Ealing Central Sports Ground, Horsenden Lane South, UB6 8GP
www.impacttheatre.co.uk • www.facebook.com/impacttheatreuk/

See also Multi-activity section for Impact Theatre event in August

SEPTEMBER & OCTOBER

Questors Theatre

TUESDAYS-SUNDAYS 18 SEPTEMBER - 3 OCTOBER

COMING UP AT THE QUESTORS THEATRE

The Questors Theatre kicks off its season with a double bill of Pinter's short plays, *The Lover* and *A Slight Ache* (18 - 26 September). Then for something completely different, the 'funniest farce ever written', *Noises Off*, comes to The Playhouse (25 September - 3 October).

The Questors Theatre, 12 Mattock Lane, W5 5BQ

£8-£20

020 8567 0011 • boxoffice@questors.org.uk • www.questors.org.uk/whatson

SPRING & AUTUMN

Drama Studio London

MONDAYS - SATURDAYS

ADULT ACTING CLASSES AND SUMMER SCHOOLS

Spring and Autumn adult evening classes for 18+, and 1- or 2-week Summer Schools for both 16-18 years and 18+, all delivered by industry professionals. Details and booking online.

Drama Studio London, Grange Court, Grange Road, Ealing, W5 5QN

020 8579 3897 • info@dramastudiolondon.co.uk • www.dramastudiolondon.co.uk/part-courses/

Facebook: www.facebook.com/dramastudiolondon

Leisure

SEPTEMBER

Charlemagne Wine Club

MONDAY 21 SEPTEMBER

A tasting of fine wines from around the world. See website/Facebook for further details.

8pm. *The Forester, 2 Leighton Road, W13 9EP*

£25 by prior application

cwc@charlemagnewineclub.co.uk • www.charlemagnewineclub.co.uk

Facebook: www.facebook.com/charlemagnewineclub

REGULAR EVENTS

West London Group of Ramblers Association

SATURDAYS, SOME SUNDAYS & VARIOUS WEEKDAYS

MAKE NEW FRIENDS, IMPROVE YOUR HEALTH AND ENJOY OUR LOVELY TOWN AND COUNTRYSIDE

Walks are 4-12 miles, led by volunteers and carefully graded. Almost all our walks are accessible by public transport and have a lunchtime picnic/pub/cafe stop. There is usually no need to book - just turn up and introduce yourself to the leader.

Please see website details for each walk.

No charge, but after a couple of 'taster' walks you will need to join the RA.

secretary@westlondonramblers.org.uk • www.westlondonramblers.org.uk

Facebook: West London Ramblers

Perivale Social Group

THURSDAYS

We are a recent welcoming, happy group – not just in Perivale, but all surrounding areas. Would you like to join us? We feature important, gentle, healthy exercise, health checks, friendship, quizzes, bingo, games, refreshments, speakers, and annual seaside trips.

11am - 2pm. *Perivale Community Centre, Horsenden Lane South, UB6 7NP*

£3 per session.

Irene McQuillan: 07958 707253

Multi-activity

AUGUST

IMPACT Theatre

MONDAY 3 - FRIDAY 14 AUGUST

RED ROPE LIVE, SUMMER SHOWCASE, HARMONY AND NATURE FESTIVAL

Prepare for two weeks of activities celebrating the talents of neurodivergent performers and artists. There will be screenings of immersive film *Red Rope* with a live performance aspect from 3 to 7 August, a musical Summer Showcase on 8th August, and a Harmony in Nature festival from 10 to 14 August.

All day. IMPACT Community Arts Centre, Ealing Central Sports Ground, Horsenden Lane South, Perivale, UB6 8GP

www.impacttheatre.co • www.facebook.com/impacttheatreuk/

Younger Years

REGULAR EVENTS

Questors Young Musicians Club

SATURDAYS IN TERM-TIME

MUSIC LESSONS FOR AGES 18 MONTHS - 18 YEARS

We offer a variety of music lessons to students aged 18 months - 18 years, including introduction to music group classes for Early Years, a wide range of ensembles, instrumental lessons and group classes for students with SEND.

8.30am - 1pm. Little Ealing Primary School, Weymouth Avenue W4 5EA

Prices vary according to classes. See website for details.

Archie.qymc@gmail.com • www.qymc.org

Ealing Kung Fu School

MONDAYS, WEDNESDAYS & THURSDAYS

SHAOLIN KUNG FU & QIGONG CLASSES

Discover the power of Shaolin Kung Fu, Tai Chi, and Qigong at Ealing Kung Fu School – where every class is a step toward strength, focus and confidence. Whether you're seeking fitness, self-defence, or simply a fresh challenge, our expert instructors guide you through a rewarding journey that grows with you. Join a welcoming community, and transform training into a lifestyle that energises both body and mind.

Children Kung Fu 6.30-7.30pm Mondays & 5.30-6.30pm Thursdays

Adults Kung Fu 7.30-9.30pm Mondays & Wednesdays

Drayton Manor High School, Drayton Bridge Road W7 1EU

07766 240347 • www.ealingkungfuschool.com • www.facebook.com/ealingkungfuschool

EA&L Members

ART & CRAFTS

Borough of Ealing Art Trail (BEAT)

Ealing Art Group

Ealing Flower Club

Ealing Quilters

Pamela Lloyd-Jones Art Classes

Patricia Burbidge

Watercolour Classes

CULTURE & LEARNING

CEPAC - Campaign for an Ealing Performance and Arts Centre

Ealing Over-60 Network (EON)

Ealing Readers

Ealing u3a

Festival of Biblical Literature

Friends of Marcq-en-Baroeul

Historical Association: Ealing Branch

Rainbow Poetry Group

DANCE & MOVEMENT

Cath Barnes-Holt Iyengar Yoga

Dalcoze Eurhythmics Ealing

Ealing Kung Fu School

Greenford & District Caledonian Association

Mehran Ghodsi Chair Yoga

Patricia Lajtai – Pilates

Suzanne Gribble - Iyengar Yoga

Vitality Leap / Fireside Lodge

Yoga with Loretta

DRAMA & FILM

Beaufort Players

Drama Studio London

Impact Theatre

Pisces Players (PopUp Theatre)

The Questors Theatre

LEISURE

Charlemagne Wine Club

Perivale Social Group

West London Ramblers

MUSIC

Brentham Ladies' Choir

Capital Concert Brass

The Chamber Music Collective

Chiswick Chamber Orchestra

Ealing Chamber Music Club

Ealing Choral Society

Ealing Junior Music School

Ealing Symphony Orchestra

Ealing Voices

Gloc Musical Theatre

Hanwell Voice Studio

HEOS Musical Theatre

Julian Light Operatic Society

Music at St Mary's Perivale

Questors Choir

Questors Young Musicians Club

West London Sinfonia

MORE THAN ONE ACTIVITY

Ealing Yoga, Meditation & Philosophy Centre

**Interested in listing your club or event in Ealing Arts & Leisure?
You'll need to join. Visit ealingarts.org.uk/join or call 020 8567 4075**

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020 8567 4075 • membership@ealingarts.org.uk

Festival of
Biblical Literature

Ealing

**12-14
AUGUST
2026**

JOIN US IN EALING TO ENJOY SEMINARS BY RESPECTED ACADEMICS AND A PROGRAMME OF POETRY AND MUSIC.

The festival is for everyone who is interested in the Bible as a collection of literature. There will be no worship or preaching.

The theme for this year is “The fish of the sea, the birds of the air, every living thing that moves upon the earth, every plant and every tree”.

Speakers include:

- Doctor Ahreum Kim, University of Cambridge (MDiv, MPhil, PhD)
- Doctor Elizabeth R Hare, Cranmer Hall, University of Durham (MPhil, PhD)
- Professor Deborah Kahn-Harris, Principal, Leo Baeck College
- Doctor Ronan McLaverty-Head, Head of Religion and Philosophy at King's School, Worcester (MPhil, PhD)

Artists include:

- Philip Gross, Winner of the TS Eliot prize in 2009
- James Pendle, the Poet of Paddington Station

Tickets include lunch and refreshments.

Ealing Quaker Meeting House, 17 Woodville Rd, London W5 2SE

For more information on the programme,
speakers and artists, and to book tickets, go to:
<https://www.festivalofbiblicalliterature.co.uk>